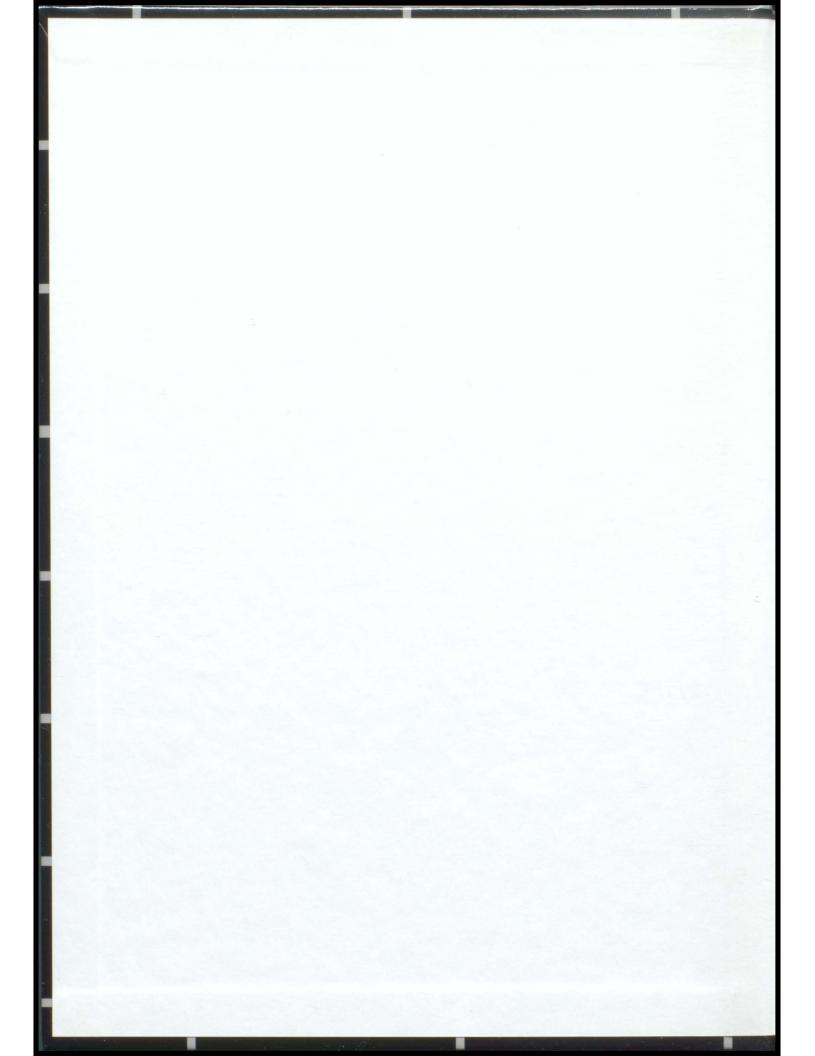
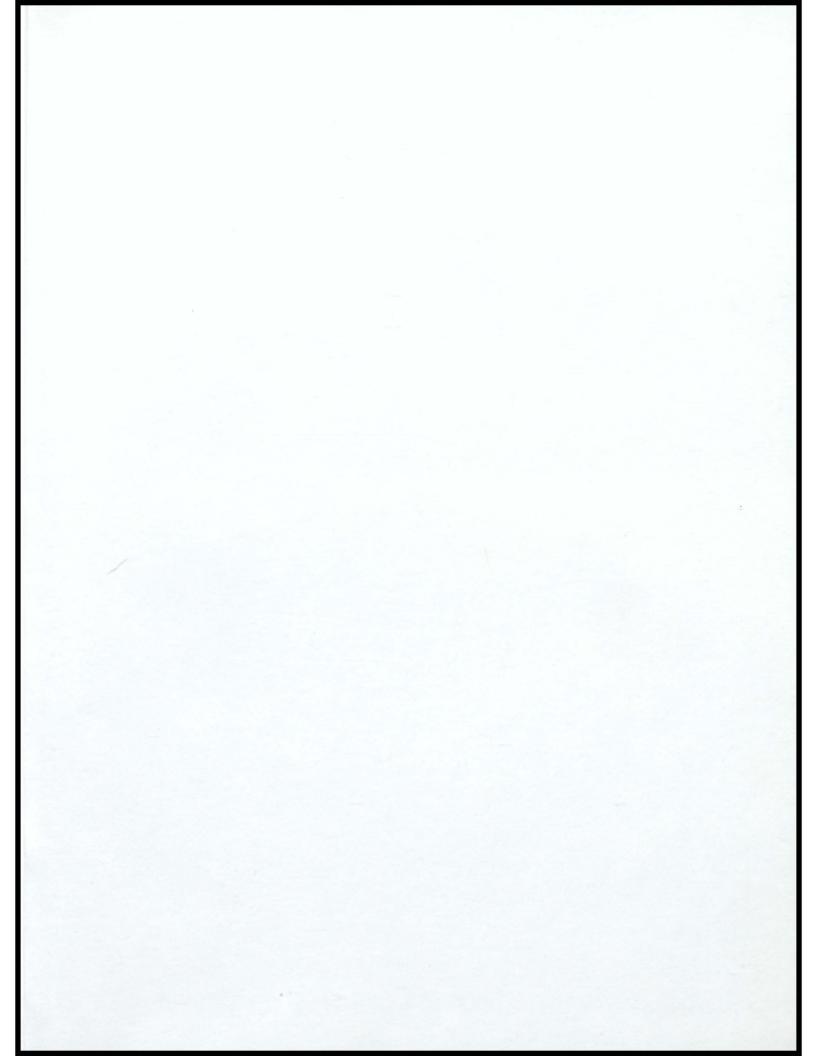
# Another Brick in the Wall

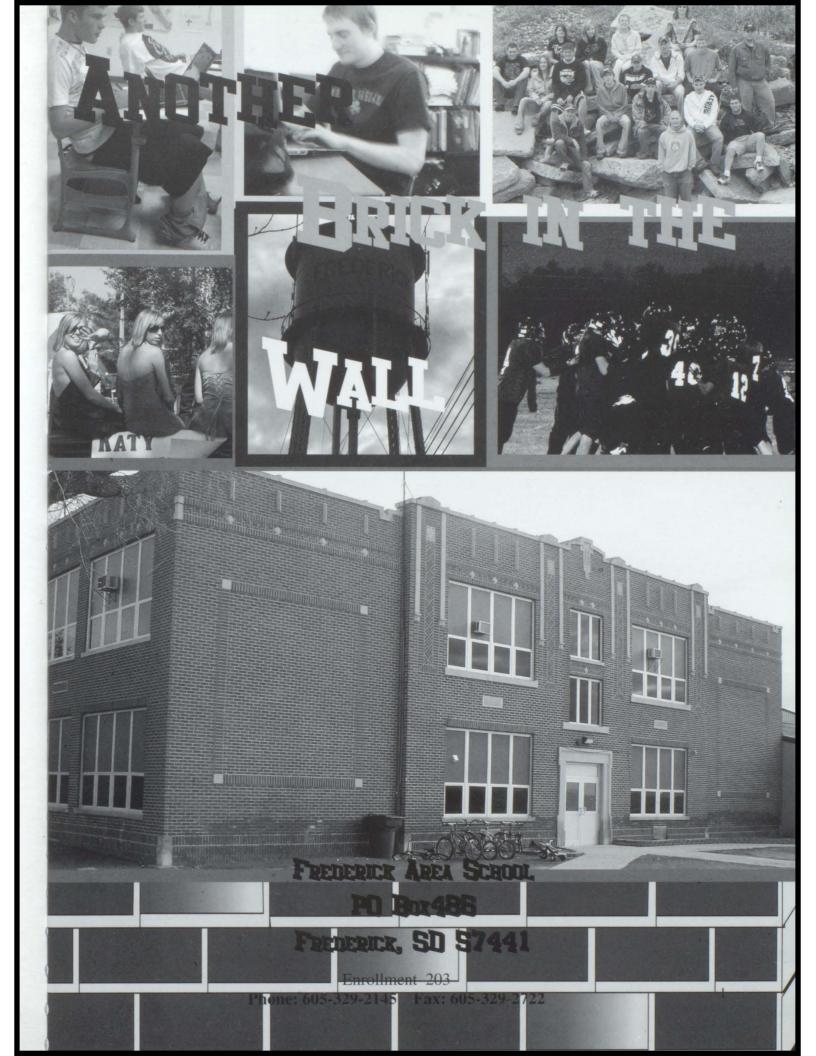


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## ANOTHER BRICK IN THE WALL

By the time you read this the seniors in the Class of '09 will have already left the halls, classrooms, gym and locker rooms of Frederick High School, adding the experience of another brick in the wall. Not an actual brick in a real wall, but a wall that represents the unique qualities, experiences, values, beliefs and memories of the Class of 2009. The '09 seniors' walls have been built up on a lot of good times, some bad times, even a few hard times, but we live today proving we survived them all as individuals, a class, and friends. We look now ahead of us to our futures, but when it's all said and done we can always look back at the brick that includes our friends and memories of senior year. This is our story.

#### Trends, Fads and Favorites

musse COUNTRY ROCK RAP

TV Show

Sport **Footb** Basketball

Volley

Two and Half Men

Restraunt Applebee's Olive Garden Maverick's

Madden

TWINS

PACKERS

riends That 70's Show Video game Rerun TV Show Seinfield

> DR PEPPER MOUNTAIN DEW LOCA-LOLA

> > SPORTS TEAM

VICKINGS

Actor

Will Ferrel **Brad Pitt** 

Sean William Scott

Jessica Alba

Jennifier Aniston

SUPERBAD

MOVIE STEP BROTHERS

TWILIGHT

SNICKERS CANDY BA

LEYWAY

BUTTERFINGERS

Clothing Brand

Hollister American Eagle Actress Angelinia Jolie Aeropostale

Radio Station 105.5

Magazine Cosmopolitan

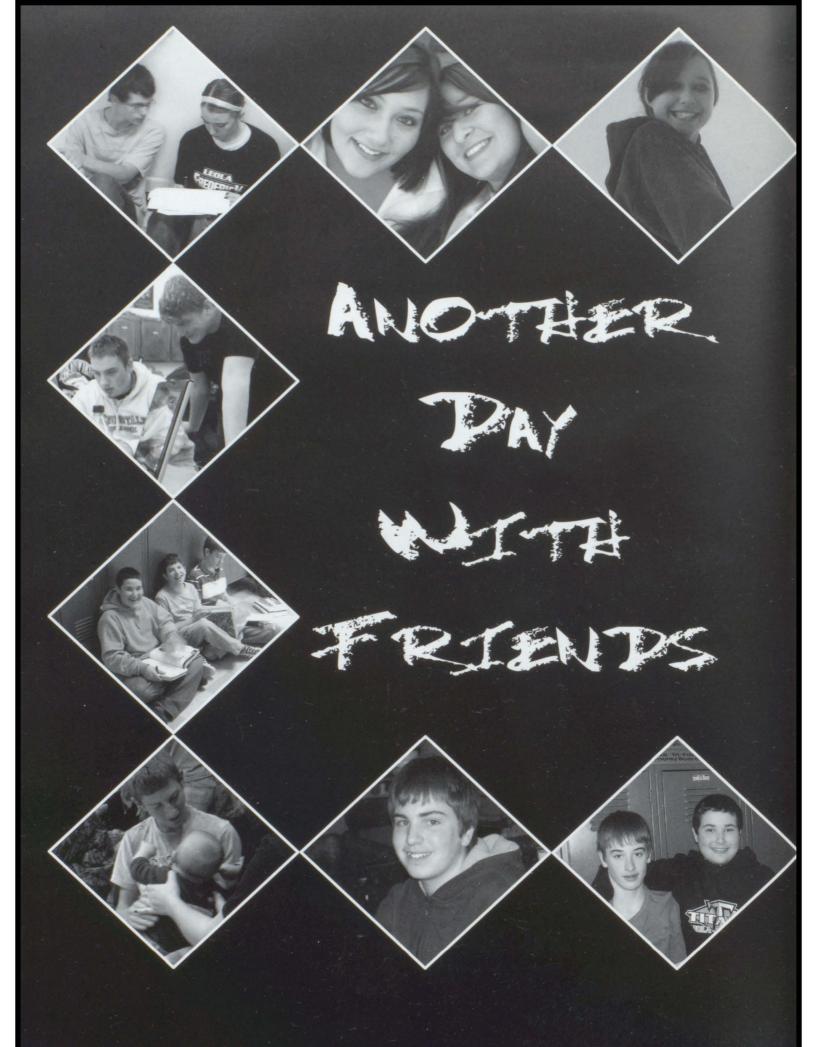
Field & Stream

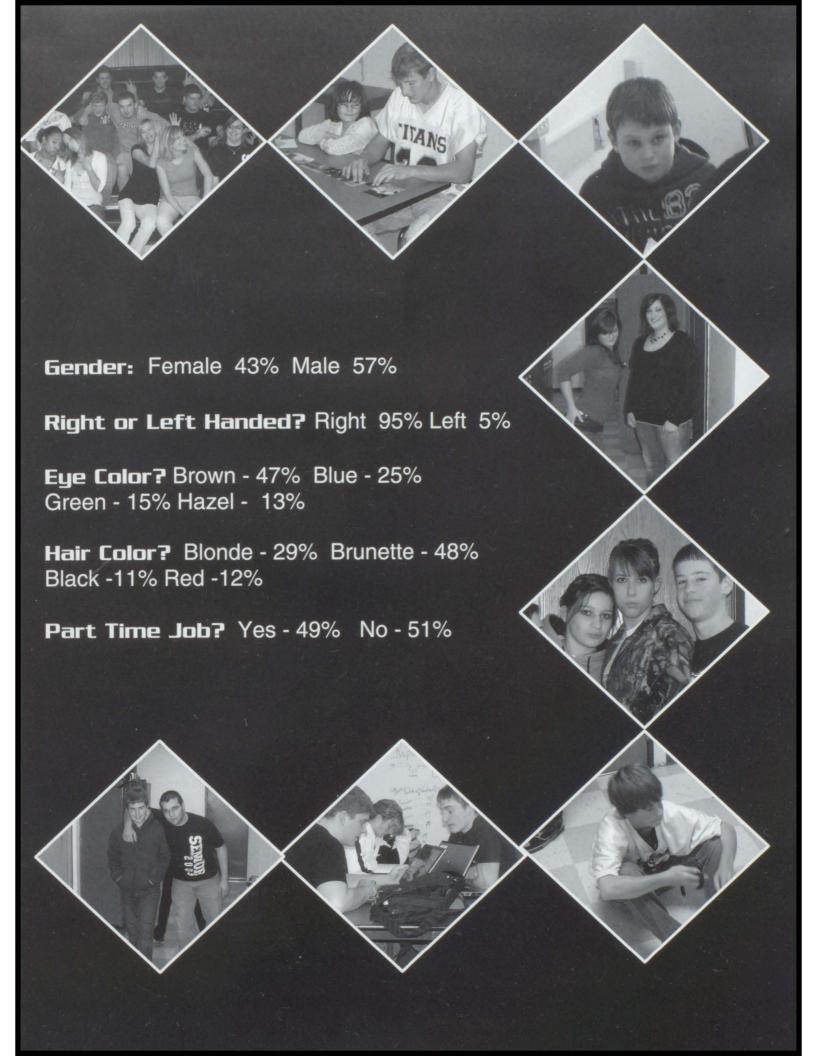
SEVENTER



Band

Nickelback Taylor Swift AC/DC





### SENIORS 09



John Francis Brixey



Ellwein



Martina Ellen Elliott



**Forsting** 



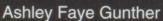
Carson Cole

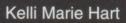


Taylor William

Christianson

Kathryn Rachel Groop







Matthew Mark Jung





Nathan Welton Maunu



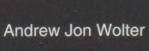
Samuel Adam Reimer



Christopher Dale Paulson



Wyatt Sawyer Sumption





Michael Bradley

Newcomb

Tyler Scott West





#### SENIORS FACE DECISIONS

For the 2009 seniors, making decisions as a class was never their specialty, considering it took them until November to pick their class motto and flower. This is usually decided in August. Part of the reason for the delay may have been because of the drama involved in choosing class colors. The class first chose purple and pink to be their class colors, but when Jostens came, the class took a vote and black and light blue ended up winning.

Not only were the seniors faced with hard decisions, they also had to deal with the fact that three-fourths of the class went to vo-tech, so the whole group was seldom together. The six students that decided not to make the daily trip to Aberdeen, ended up being close to one



Peek: Caitlin Zinter peeks from beneath the paper, which was read every day in fifth hour study hall.

another, as they spent time together in classes and study halls.

"Fifth hour study hall is great. There's only three of us in it and when we don't have anything to work on, we can simply relax and shoot the breeze. It's really like an hour break from school while still being in school," said Michael Newcomb.

The 11 students who made the daily trip to Hub Area said that what they learned in their classes made it worth the travel time.

"It's a good experience to give us real life skills," said Carson Ellwein, who was enrolled in building trades.

Classes and decisions aside, the 17 member of the Class of 2009 found time to savor their last year together.

"It's bittersweet. I can hardly wait to graduate, but at the same time it will be scary to leave," explained Katy Groop.



Class of 2009: Back Row: Taylor Christianson, John Brixey, Andrew Wolter, Sam Reimer, Chris Paulson, Nathan Maunu. Middle Row: Tyler West, Carson Ellwein, Wyatt Sumption, Matt Jung, Michael Newcomb, Mathew Foresting Front Row: Allie Worthy, Katy Groop, Kelli Hart, Caitlin Zinter and Ashley Gunther. (Allie Worthdy transferred to Central at semester break and Martina Elliot joined the class.)

"I think \_\_\_are the greatest things in the world because \_\_\_\_"



Guitars because they help you express your feelings.

- Sam Reimer



# Seniors-9]

TE IMANTO

It's Already Time?: Wyatt Sumption, Matt Forsting and Mke Newcomb check details with Elaine Hoerner, Josten's representative, as they complete forms for their caps, gowns and other senior memoribilia. These decisions were made and finalized during the first couple of weeks of senior year.

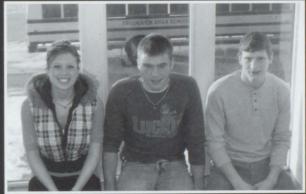


Stuck on Me: Sam Reimer struggles with walking after a tube of super glue came open in his pocket.
Fortunatly the incedent ended with ltttle damage.

**Need a Ride?:** Katy Groop gives Kelli Hart a lift to her next class.







Leading the Way: Senior class officers include Caitlin Zinter, secretary/treasurer, Carson Ellwein, president, and Wyatt Sumption, vice president.

**Bringing Back the Blues**: Michael Newcomb displays his love for the Jazz Age.



Helping Hand: Matt Forsting aids first grader Irelande Podoll in making her Christmas cards. Journalism III students and first graders teamed up on a variety of projects during the year.

Girlfriends because you can talk to them about anything good or bad.

Nathan Maunu



XBox 360 because it's better than a girlfriend.

 Matthew Forsting



Friends because they help you through everything.

-Martina Elliott

# JUNIORS !

[Juniors-12]

Lee Brixey, Micah Christianson, Timothy Engelhart, Bryson Geffre, Matthew Haas, Mattew Heine, Rance Maddocks



Jamie Parsons, Chelsy Podoll, Allyssa Robertson, Cole Truebenbach, Kristofer Tunby





















### JUNIORS MAKE MAJOR DECISIONS

Juniors overcame all challenges they faced and one of the biggest challenges was trying to get everyone's input on plans.

Class president Chelsy Podoll said,
"Pretty much my only concern this year is
making enough money. Other than that, I just
want to keep my grades up and keep things
running smoothly."

Two of the major responsibilities for juniors were running concession stands and trying to make enough money for prom. Concessions were offered at every home game.

Jamie Parsons noted, "Concession stands taught me a lot and I had fun at the same time."

This year wasn't all work for the class. Ally Robertson said, "The highlights of my junior year would have to be spending it here at Frederick, because I like it here a lot better than I did in Milbank."

Another would be coming to a school with only two other girls in my grade; they are amazing people!"

One responsibility that the juniors look forward to throughout the year is setting up for prom and planning the event.

The classes open to juniors are American literature, P.E., government, band/chorus, trigonometry, Spanish II, Journalism II, Lakota Arts and Biology II.





**Taking a Break**: Micah Christianson rests while waiting for the votech bus to leave.

Paying attention: Chelsy Podoll works on getting her homework done in class.

What song will always remind you of high school?



"Give you \*\*\*\*" by American Rejects. You'll just have to listen to it to see what i mean. I love that song.

- Ally Robertson



# class of all and a second a second and a second a second and a second

Having Fun: Ally Robertson, Chelsy Podoll and Jamie Parson use shaving cream to practice new Spanish vocabulary. The class originated at NSU in Aberdeen and was broadcast to Frederick over the DDN (Dakota Digital Network) system. This was one of several offerings the state provided through DDN.



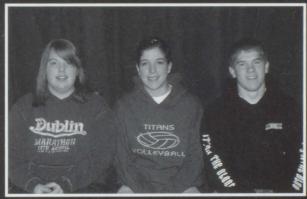
Filling in the Dates: Bryson-Geffre creates a calendar for the school newsletter.

[Juniors-12]

Catching up: Kristofer Tunby and Lee Brixey utilize their laptops. This was the third year for students to each have a laptop for school work.







**Class Officers:** Jamie Parsons, vice president, Chelsy Podoll, president, and Matt Haas, secretary/treasurer.

Working Hard: Matthew Heine diligently works to get his assignment done.



**Smile:** Rance Maddocks shows off his pearly whites to the camera while working on mass media.

"When the Stars Go Red". - Cole Truebenbach



"Stacy's Mom" because she is hott!

- Matthew Haas



"Sweet Home Alabama". - Timothy Engelhart

[Sophomores-12]

Derek Barondeau **Justin Bock** Casson Campbell Calli Crawford Ashley Feser-Kassa Angela Goodall **Austin Gunther** 



**Austin Menard** Erin Wolter













































#### OPHOMORE FACE CHALLENGES

As the biggest class in Frederick High School the sophomores noted that their biggest challenge was to find a way to get along. They had to decide between certain issues, ranging from deciding who they wanted to be class president to what they wanted to do for their Homecoming float.

"Our biggest challenge as a class was making decisions that everybody was okay with and then putting together a plan to actually follow through with the decision," said Breanna Helland, class president.

When they thought about what the highlights of their sophomore year were, Homecoming, various sports games, practices and bus rides.

A change for being a sophomore was that they got to choose to take the foreign language class, Spanish I, where in the past they only have had the choice of taking band and chorus or not.

Breanna noted, "We will always have the concern of just getting through the year." exclaimed Breanna.

Sophomores were faced with even more homework than usual. However, they learned to cope with all of their homework from classes like English, history, geometry and Biology I.



Chelsey Zinter

without



My cell phone, because I don't do anything with out it.

-Spencer Rall

Music. because it helps me express my feelings. -Calli Crawford



# Classical Control of the control of

[Sophomores-13]



Faces of Sophomore Girls: Based on the looks on the faces of Krista Stoddard and Calli Crawford sophomore year truly is filled with challenges!



Searching?: Caylee Hertel gets feisty after searching for information to complete her next speech assignment.

Study Time: Tyler Sumption reviews for a science test.

The shirt and tie mean the boys have a game, as all players dressed up for school on game days.







Leading the Way: Angela Goodall, Tyler Sumption and Breanna Helland serve as class officers for the sophomores.

**Look it Up:** Sophomores utilize their research skills to gather information for a persuasive speech. The sophomores presented a variety of speeches during the first semester of their English class.



Noon Free Throw Practice: Caylee Hertel, Chelsey Zinter and Angela Goodall squeeze in some extra practice during noon hour, while the elementary students enjoy recess. Coach Barondeau had the girls shoot 35 free throws during their lunch break before the team headed to Northwestern for an evening doubleheader.



Family & friends, because they make us happy.
-Stefani

-Stefani Sumption &

ption & len Maunu Computer/
Internet,
because you
have access
to anything in
the world.
-Ty Sumption





# FRESHVEN

[Freshman-14]

Tyler Bertsch Alex Bretsch Levi Christianson Adam Deutenhoffer, John Edwards, Tyneill Emery



Brady Enge Keely Geffre Mariah Gustafson Kayla Haas Aly Perry Anthony Reimer



Kaz Renek-Witham
Courtney Schlosser
Abby Sumption
Terry Taylor
Heather Underberg
Faith Wolter
Not Pictured:
Alex Conn
Trevor Podoll



### Freshman Get Tablets

Freshmen were exposed to the world of tablets and classes that provided new challenges and experiences.

Many of the freshmen thought that their tablets were confusing. It took some time, but they eventually got used to their computers.

Most freshmen, when asked how it felt to be "technically" in high school, answered it didn't feel any different

than being junior high kids.

Besides being given tablets, freshmen were also faced with new classes.

Their classes included Algebra I, psychology and art, English and history. They also took MOUS, a class where they learned how to use Office programs including Microsoft Word, a program used to create word documents, and Excel, used to manage

data with spreadsheets.

Many freshmen said they thought algebra was their most difficult class.

Tablets allowed students to take MOUS work home, just like any other homework, which was a new experience for the group. This class also offered them opportunities to work in groups to complete projects.

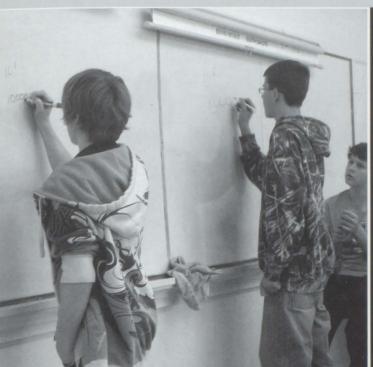
What do you do to relax?

"I go fishing, play pinball or other computer games." - Courtney Schlosser









Write Forrest Write! Freshmen Kaz Renek and Trevor Podoll rush to complete a math problem in a game of "Math Basketball". Mrs. Barondeau used the game as a fun way to review for a test in her Algebra I class.



**Working Hard or Hardly** Working? Alex Bretsch and Adam Dutenhoffer at least pretend to work on their MOUS project.

Are you getting this? Ty Bertsch and Courtney Schlosser attempt to figure out the details of a confusing MOUS assignment.







The Officers: Ninth grade class officers include Adam Dutenhoffer, president, Aly Perry, treasurer, and Brady Enge, vice president.

E=mc WHAT?! Aly Perry studies the intricacies of her Algebra I assignment



I Can Read Your Mind! Anthony Reimer works diligently on a psychology assignment. Freshmen took the class on Tuesdays, Thursdays and every other Friday.



I like going on facebook at home on my home computer. - Alex Conn

music"

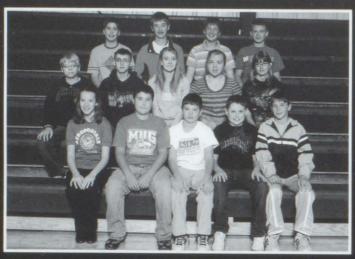
I listen to

- Faith Wolter





# BEGROE W



Eighth Grade: Front Row:-Peyton Podoll, Dalton Kopecky, Nathan Haar, Collin Engelhart and Wyatt Heine. Middle Row-Josh Severson, Wyatt Wolter, Amanda Daniels, Megan Walworth, Taryn Flinn. Back Row-Matthew Achen, Jared Minard, Devon Linthorne and Brian Sumption



Seventh Grade: Front Row-William Wolter, Mariah Mikkonen, Hattie Zinter, Hailey Sumption, Cole Hinz, Derek Simmons and Jacob Enge. Middle Row-Justin Helland, Carston Hertel, Austin Hoerner, Matthew Weisser, Evan Emery, Aleesha Taylor. Back Row-Dane Campbell, Tanner Podoll, Dustin Bergan, Garrett Mittleider, Nathan Sumption and Derrick Podoll. Not Pictured: Joey Severson

### JUNIOR HIGH FACE BIG CHANGES

Junior high years are regarded as one of the biggest changes individuals go through as a young adult.

One big change for seventh graders was that they didn't have to sit in the same classroom all day like they did for the first seven years of their school careers. Also, they traded in their desks for lockers and they discovered they were expected to work more independently.

Noon privileges, which meant that at lunch hour students could go uptown where they enjoyed pop, candy or the occasional slice of pizza, were one of the best parts of being a junior high student.

Even though the seventh and eighth graders have spent several years as classmates, they reported that there is still some rivalry between the boys and girls. This could be explained by the high percentage of boys in both classes. Although there were 21

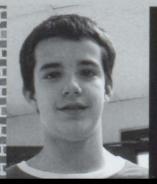
seventh graders, only five of them were girls. and the numbers situation was much the same in the eighth grade, with four girls and 10 boys.

The eighth grade guys liked to outvote the girls according to Devon Linthorne, class president.

Nathan Haar added that the girls always thought they were right, but they're not!

Amid the rivalries, the students managed to get through all of the home work and activities.

What is the biggest change from elementary to junior high?



All the different classes.

Tanner
 Podoll







We're Done: Dane Campbell and William Wolter appear relaxed after completing their assignments for the day. Seventh graders quickly became accustomed to their new schedules and classes.



I Did What?: Matt Achen reacts to a perfect score in the math section of his Dakota Step test.

So Sad: "Who takes your picture when you've got a bloody nose?" wonders Hattie Zinter.







Best Friends: Eighth graders Amanda Daniels and Megan Walworth enjoy the freedom and fun of junior high.

Now What?: Derek Simmons, seventh grader, ponders his next class, as he and his classmates learn the junior high schedule.



We're In Charge: Junior high class officers take their positions seriously, completing leadership tasks throughout the year. Seventh grade officers include (front) Jacob Enge, Nathan Sumption and Mariah Gustafson. Eighth graders officers were (back) Collin Engelhart, Devon Linthorne and Dalton Kopecky.

Having more freedom. - Mariah Mikkonen



Walking from class to class.

- Joey Severson



Getting to interact with the upper classmen. - Hailey Sumption

# GERADE - BERNOE

Sixth Grade: (Front Row) Rebecca Mittleider, Paige Podoll, Devin Flinn, Jimmy King, Kirsten Rall. (Middle Row) Mrs. Ellefson, Sebastian Hammel, Jacob Ham, Jamison Worrick Logan Weisser, Jaydan Mikkonen. (Back Row) Cheyann Olson, Michaela Kocher, Meghan Conn, Katie Rystrom.



Fifth Grade: (Front Row) Chandler Ellwein, Morgan Moffenbier, Angela Bretsch, Dalton Podoll, Mackenzie Heilman. (Middle Row) Ms. Duxbury, Michael Edwards, Jonathan Sumption, Stephen Haas, Savana Hinz, Breanna Feser. (Back Row) Mikayla Forsting, Matthew Gisi, Codi Roebuck, Alexus Storm.



Third Grade: (Front Row) Bryson Witte, Alex Sumption, Cassandra Hinz, Micheala Podoll. (Middle Row) Mrs. Ringgenberger, Michael Wilson, Kaitlyn Holverson, Hannah Sumption, Alanis Jones. (Back Row) Skylar Cox, Keely Podoll, Dakota King, Tyler Heilman, Logan Schlosser.





Fourth Grade: (Front Row) John Van Dover, Jessica Podoll, Austin Sumption, Dakotah Witte, Ashley Enge. (Middle Row) Mrs. Bergan, Jordan Haas, Zachary Sumption, Daniel Ham, Tucker Delzer. (Back Row) Hunter Walworth, Isabelle Podoll, Demi Truebenbach, Kayla Clifford, Wyatt Mittleider. Not Pictured: Brianna Kocher, Miranda Sumption.

We All Scream For Ice Cream! Third grader Trevor Sumption rolls a canister of ice cream mixture to form the homemade ice cream. This was just one of the many projects second graders completed as they enhanced their learning with hands-on projects and field trips.



What was your favorite memory from this school year?



I got a A+ on my worst subject.

> - Zach Sumption









Second Grade: (Front Row) Sarabeth Enge, Austin Gibbs, Jessica Hertel, Kagan Cutler. (Back Row) Mrs. Wallien, Shauntaye Kopecky, Trevor Sumption, Parker Rall, Brooklyn Podoll.



First Grade: (Front Row) Breanna Mittleider, Matthew Wilson, Isaac Morlock, Brandyn Nickelson. (Middle) Mrs. Brooks, Morgan Cox, Sean Louder, Alexis Brotzel, Lauren Geranen. (Back Row) Bria Austin, Irelande Podoll, Haydn Podoll, Cody Holverson. (Not Pictured) Jayden Spilde. Kindergarten: (Front Row) Hunter King, Sean Bickford, Jack Moffenbier, Simon Bickford, Brayden Hopkins. (Middle Row) Mrs. Zinter, Hunter Bretsch, Matthew Olson, Kaylin Achen, Isaac Sumption. (Back Row) Hannah Schultz, Erin Hertel, Lila-Mae Isaac Nicholas Mullins.

### ELEMENTARY STUDENTS STAY BUSY

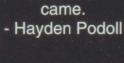
Elementary students put in another exciting, busy year as they continued to build on the academic basics, while completing an array of projects and activities. Grades kindergarten through sixth take the normal studies, but also are involved in art, music, computer and physical education.

There are many exciting things that the elementary students can look back at, including activities such as visiting the Dacotah Prairie Museum by the second graders. Also, the introduction to D.A.R.E for the fifth grades was a milestone. The thrid graders completed several big projects, including a famous persons project and the Ellis Island/Heritage Project.

One of my friends and I made a huge snowball and named it Bill. Paige Podoll



When the Leprechauns came.





Playing dodge ball at recess.

- Logan Schloosser



Randy Barondeau Janelle Barondeau Janel Bergan

Renee Brooks Lynn Delzer Kelly Duxbury Curt Eisenbeisz















Jan Ellefson Janet Elsen Russ Furman Amanda Glenz **Faye Gunther** Ann Hegge Lynnette Hertel















Angela Keller Marty Morlock Jaime Neuendorf Cynthia Rall Jessica Ringgenburg Carma Ruenz Lisa Sumption















STAFF CHANGES











Another year in Frederick Area School has brought some change to the teaching and support staff. According to Randy Barondeau, superintendant, four new teachers have been added. The classes they are teaching are fifth grade and elementary PE, band and chorus, Title I and special education.

Kelly Duxbury replaced Mark Stoks to teach fifth grade and elementary PE. Carol Sheldon retired in 2008 and Paula Tschosik is now in Title I. Mrs. Tschosik works with students who are referred to her specifically for reading. Amanda Glenz joined the Frederick Area staff as a special education teacher and she also coached volleyball. Curt Eisenbeisz took over the responsibilities of band and chorus. He noted that one of his goals was to make sure that his students sound professional during their performances.



Seeing the happy faces on the kids as they got fruit. - Sarah Sumption

Math contests. I thought the students did very well. - Janelle Barondeau



# A FREULTY &



**Grade Check!:** Lynnette Hertel works on her tablet putting in grades for the students in her classes. Students are able to see their grades online as they are updated.



La La La: Curt Eisenbeisz, new music teacher, directs the chorus students as they work on a new song.

Class Discussion: Jackie Brokaw discusses literature stories during her junior English class.







Here's the Scoop: Carma Ruenz reviews the plot of "Romeo and Juliet" after ninth graders watched the movie version of the Shakespearean classic.

Listen Up!: Kelly Duxbury gives instructions to an elementary physical education class before they begin the day's activities.



**Taking Over:** Stacey Sumption took over the secretary position for Michelle Sumption at the beginning of second semester.



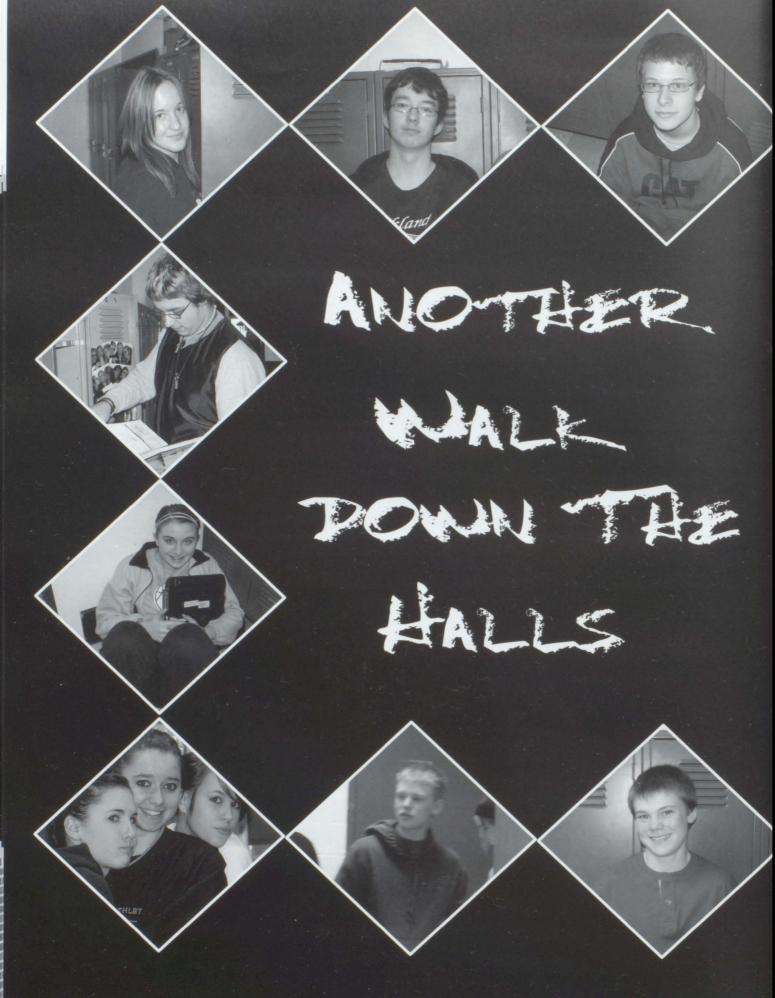
The standing ovation at the Spring Concert.

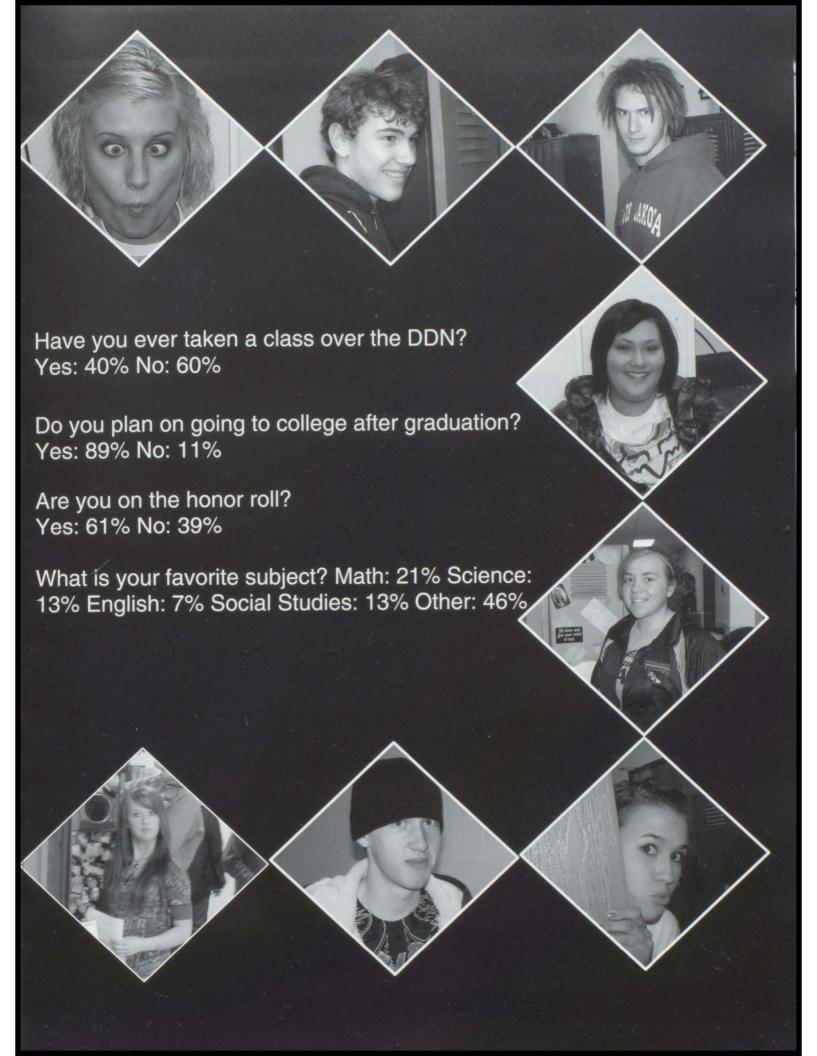
- Curt Eisenbeisz



It was great to receive the math manipulatives from ESA4.

Kelly Duxbury



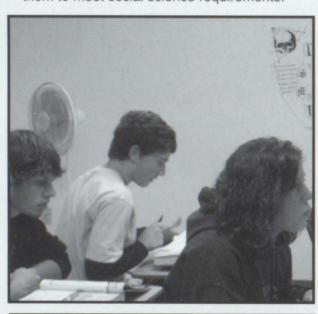


### 1st Hour

First hour started at 8:25 a.m. everyday, immediately following homeroom. For many this was way too early, however, fruits and vegetables delivered to homerooms helped to get the day started with more energy. The treats, which were served to the entire school each Tuesday, Wednesday and Thursday, were the result of a grant the school received. In its premiere year, the grant offered various selections, including carrots, grapes, strawberries, apples and pineapple. Wyatt Sumption said he liked the morning snack because it perked him up. On the other hand, Andrew Wolter didn't like the snack in the morning because he didn't enjoy fruits and vegetables.

While some students began the day with a study hall, allowing them a chance to finish up undone assignments, the majority of the students were in a class.

Junior English was moved to first hour of the day, after spending several years in the seventh hour time slot. Since American literature poses one of the toughest years in English, this change was productive as the students could meet a challenge first thing, while their energy levels were high. From early authors, right through to classics such as The Great Gatsby, the class discovered American writers and their works. Sophomores also started the day with a rigorous class: Spanish I over the DDN. Learning a foreign language, combined with the added responsibility of a distance-learning class kept the group focused. Because numbers are restricted in DDN classes, Frederick students were divided into two groups to adhere to the 10-in-a-class DDN restriction. Seniors shared first hour between Journalism III, where they created the yearbook, and Current Events, a new offering which allowed them to meet social science requirements.



First Hour Challenge: Kris Tunby, JF Brixey and Chelsy Podoll (above) listen intently to a discussion on American lit. Five Minute Break: Krista Stoddard and Caylee Hertel (top center) enjoy the five minute break from the end of Spanish I until the start of second hour. Because Spanish was delivered over the DDN, the times weren't a perfect fit with the FHS schedule.









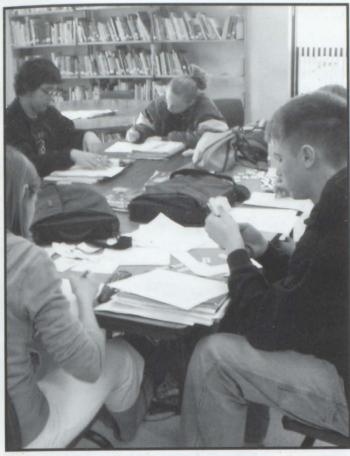
**Anticipation:** Freshmen anticipate the move to first hour after homeroom (above).

Sweet Smell of Success: Katy Groop sorts carnations after the Journalism III fundraiser. The event earned \$300 for the yearbook staff.

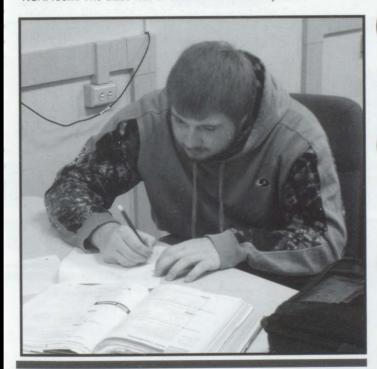


Celebrating: Seniors Andrew Wolter and Sam Reimer (above) and Wyatt Sumption (left) enjoy bagels and juice as the Journalism III students celebrate National Yearbook Week. Mrs. Ruenz, teacher, brought the breakfast treat as an advance thank you for all the work the students would put into completing the yearbook. Journalism III met Tuesdays, Thursdays and every other Friday, opposite Current Events for seniors.

#### ACADEMICS-25

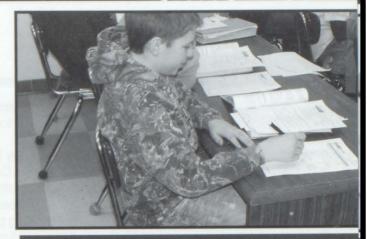


Spanish Group: Sophomore students in Spanish I complete a group project during their first hour class. The sophomores were split into two groups, one that met in the library and the other had class in the NCAI room. The class was offered over the DDN system.



Hard Working!: Austin Gunther works to complete a math assingment during his study hall first hour. There were only about 10 students who had study hall during first hour and the majority of them were the sophomores who elected not to take Spanish.





Big Test!: Colllin Englehart looks very happy as he works on a test for Mr. Morlock's first hour health class. The eighth graders split their time between health and gym first hour.

If you could choose a decade to live in, what would it be and why?

"The 70's because that's the decade my favorite year of the Pontiac Trans Am came out." -Sam Reimer



"2000's because I don't know any different and the women look better." -Wyatt Sumption



"Right now, because it is simple."
-Alex Conn



"Probably the 90's because they rocked!"
-Matthew Haas



"2000's because of the video games."
-Dusty Johnson



### 2ND HOUR

After surviving their first hour of the day, all students moved into required classes, eliminating study halls, except for Tuesdays and Thursdays in the junior high.

Seniors tackled their fourth year of English. They began the year with early English classics including Beowulf and the Canterbury Tales. They also completed a unit of work-related English projects, as well as multiple writing assignments and a research paper. The Grapes of Wrath was probably their most extensive reading project; however Macbeth presented a range of challenges for the class. Wrapping up their high school English studies with their senior memory books kept the group busy and excited right up to graduation.

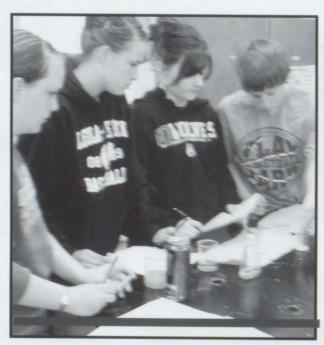
During the fall semester, the juniors completed their government class. Being in this class earned them the opportunity of a trip to Pierre once the Legislature was in session, so they could observe first hand the concepts they had learned in the classroom. In January, the juniors switched from government to physical education. This class was designed to introduce the students to activities they could enjoy throughout their lives. They had aerobic lessons, in addition to work outs of the machines.

Sophomores kept their brains in high gear when they moved to their second hour class, geometry. Janelle Barondeau taught the class and pushed the students to challenge themselves by working through examples in class and then completing assignments on their own. Freshmen began their high school science careers with physical science, which exposed them to many of the basic concepts they will study in future years during upper level science courses.





Meeting the Challenge: Alex Conn (top) and Ty Bertsch accept the challenge of physical science as they work to complete a project for their second hour class.



Scientific Excitement: Labs are considered the most exciting part of any science class and during physical science Abby Sumption, Heather Underberg, Tyneill Emery and Brady Enge complete a group lab in physical science.

Planning Ahead: Faith Wolter (right) reviews her science worksheets before leaving for second hour class.

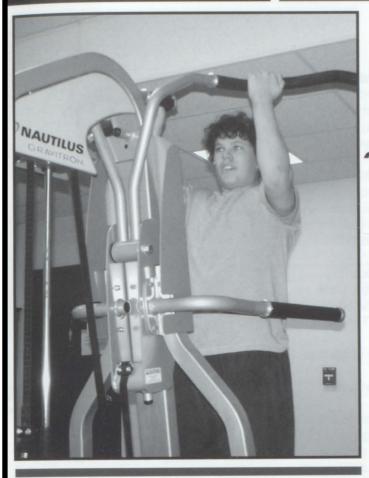




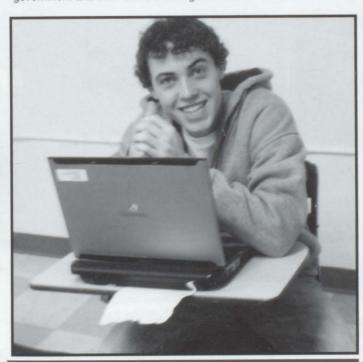


Geometry All Day/Every Day: Although it was technically their second hour class, geometry assignments often stayed with the sophomores all day. (Above) Derek Barondeau, Stef Sumption, Breanna Helland, Chelsey Zinter and Austin Minard display the results of their geometry project. (Top Center) Sophomores utilize last hour study hall to finish the next day's assignments. This was also a time to get direction from their teacher or other students.

#### ACADEMICS-27



Shaping Up: Junior Micah Christianson utilizes a machine in the community weight room to comply with the requirements of his physical education class. The juniors spent first semester in government and then took PE during the second semester.



Memories: Tyler West smiles as he shares that he is indeed still working on an entry for his senior memory book. During the fourth quarter, the seniors create the memory book, which also includes pictures. They saved their books on a CD or paid to print them.



on the amount of homework they have to get their geometry assignment ready for the next class. Sophomores agreed that geometry provided the most homework for them.

#### **TOP 5 Memories**

PHILLIPS! ~Brady Enge



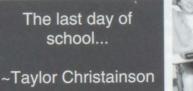
When we went golfing in Mobridge and there wasn't a meet!? ~Carson Ellwien



The time 'me and my friends' climbed up the Willow Spillway.



~JF Brixey





Homecoming! ~Chris Paulson



### THIRD HOUR

Third hour is when the students participating in band and chorus classes got to spend quality time with the new music director, Curt Eisenbeisz. On a normal school week, band was on Monday, Wednesday and Friday. On Tuesday and Thursday, there was chorus.

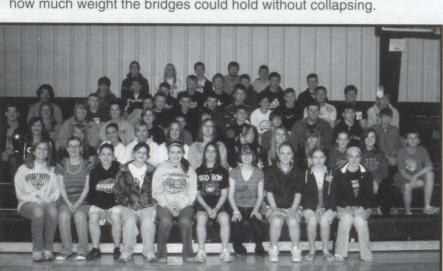
The band had an exceptionally good year. At Gypsy Day, the marching band placed second in the Class C division and won a trophy for it too. Overall, the band placed fifth out of four divisions (AA, A, B, C). Their fifth place came in behind Aberdeen Central (808 points), Redfield (804 points), Warner (795 points) and Groton (773 points). Frederick scored 760 points.

There was also the addition of an acappella group for the vocalists. The group consisted of Kelli Hart, Caitlin Zinter, Chelsy Podoll, Calli Crawford, Angela Goodall, Shannen Maunu, Erin Wolter, Chelsey Zinter, Mariah Gustafson, Aly Perry and Mariah Mikkonen. The group performed at the spring concert.

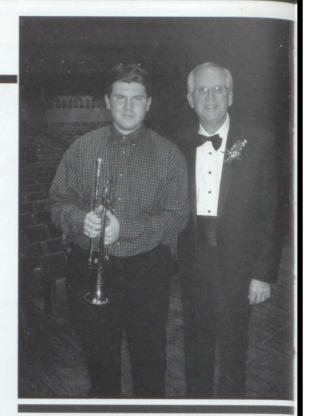
The spring concert, which included selections from students in grades K-12 received a standing ovation.

Those that did not have band or chorus, were in study hall with Mrs. Neuendorf (junior high) or Mrs. Ruenz (high school).

The only other third hour class was General Math. In addition to the textbook, the class made houses out of popsicle sticks, bridges out of toothpicks and cars from a variety of materials. Each of the projects was graded based on its ability to endure a panel of "tests", such as how much weight the bridges could hold without collapsing.



Band: (Sixth Row)-Chelsy Podoll, Angela Goodall, Brian Sumption, Austin Gunther, Cody Mehlhoff. (Fifth Row)-Evan Emery, Derek Podoll, Collin Engelhart, Casson Campbell, Austin Minard, Tyler Sumption, Adam Dutenhoffer, Derek Barondeau. (Fourth Row)-Andrew Perleberg, William Wolter, Carston Hertel, Dane Campbell, Wyatt Wolter, Justin Helland, Alex Bretsch, Brady Enge, Wyatt Sumption, Carson Elllwein, Mike Newcomb, Nathan Maunu. (Third Row)-Bryson Geffre, Breanna Helland, Jamie Parsons, Caylee Hertel, Hailey Sumption, Wyatt Heine, Derek Simmons, Brandon Haas, Jacob Enge, Andrew Wolter, Nathan Sumption, Spencer Rall. (Second Row)-Aly Perry, Calli Crawford, Heather Underberg, Kelli Hart, Katy Groop, Ashley Gunther, Megan Walworth, Amanda Daniels, Taryn Flinn, Peyton Podoll, Mariah Mikkonen, Trevor Podoll. (First Row)-Caitlin Zinter, Stefani Sumption, Kayla Haas, Tyneill Emery, Mariah Gustafson, Courtney Schlosser, Keely Geffre, Abby Sumption, Faith Wolter, Erin Wolter.



It's An Honor: Senior Andrew Wolter poses with Joseph Hermann, Professor of Music and Director of Bands at Tennessee Technological University in Cookeville, Tennessee. Andrew was selected to be part of an honors band that Dr. Hermann directed at NSU in December.



**Listen Up!:** Band students listen as Mr. Eisenbeisz reviews what he expects from each of the differerent sections as the group prepares a song for presentation.

To achieve their quality sound, band students often had section practices before school. While this was a new experience for students, they couldn't argue with the results of the extra work and time they put in. The band received a trophy at their annual Gypsy Day appearance and when they played their marching song as a finale at the Spring Concert, they received a standing ovation.

#### ACADEMICS-29



Chorus Members: (Fourth Row) Breanna Helland, Spencer Rall, Wyatt Sumption, Carson Ellwein, Tyler West, Chelsy Podoll, Jamie Parsons, Calli Crawford, Kelli Hart, Katy Groop and Angela Goodall. (Third Row) Shannen Maunu, Ashey Feser-Kassa, Dusty Bergan, Michael Newcomb, Chris Paulson, Sam Reimer, Courtney Schlosser, Keely Geffre, Heather Underberg, Krista Stoddard and Ashley Gunther. (Second Row) Erin Wolter, Aly Perry, Cole Hinz, Anthony Reimer, Matt Achen, Bryson Geffre, Andrew Perleberg, Aleesha Taylor, Mariah Gustafson, Kayla Haas, Amanda Haar, Tyneill Emery and Caylee Hertel. (Front Row) Taryn Flinn, Amanda Daniels, Megan Walworth, Mariah Mikkonen, Peyton Podoll, Stefani Sumption, Hattie Zinter, Hailey Sumption and Caitlin Zinter. Not Pictured: Chelsey Zinter.



**Do-Re-Me:** The A Cappella group indluces (Back Row)-Mariah Mikkonen, Mariah Gustafson, Shannen Maunu, Chelsy Podoll, Chelsey Zinter and Kelli Hart. (Front Row)-Aly Perry, Calli Crawford, Caitlin Zinter, Angela Goodall and Erin Wolter.

#### What do you fear?

Fear of Spiders (Arachnophobia).

~Dane Campbell



I fear heights
(Acrophobia) and rats
(musophobia).
~ Dalton Kopecky



Death.

~Tyler Bertsch



I have a fear of bees (Apiphobia).

~ Stefani Sumption

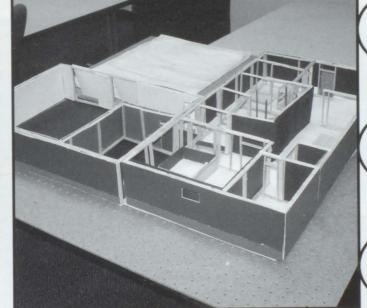


Our House!: General Math students were put in groups to design and build to scale model houses out of popsicle sticks, card board and glue. The plans were actual building blueprints the students created with a computer program. This was the final project for the group during second semester.

I fear "diseases".

~Lee Brixey





### ATH HOUR

Many students wrapped up their morning schedule with a fourth hour class, while several juniors and seniors made the trip to Aberdeen to attend vocational school. These students ate at the beginning of fourth hour and were on the bus by 11:30 a.m. For those students who remained at Frederick, fourth hour could become a long wait for lunch with aromas from the lunch room wafting through the building. Ten seniors attended vocational, and four enrolled in senior project, a relatively new offering, in which students pick a project of their choice and create a portfolio, spend time with a mentor and ultimately present it to a panel of judges for their final grade. Projects included restoring a classic car, which Mike Newcomb undertook, and rebuilding an engine, which was Caitlin Zinter's project Sam Reimer completed a project on photography and spent Saturdays with a mentor at Artz Camera in Aberdeen.

Two juniors took senior math during fourth hour, while other non-vocational juniors were in accounting.

Sophomores faced the challenges of Biology I, as they continued their science curriculum.

Freshmen were in English with Mrs. Ruenz, covering a wide variety of literature selections and writing styles. This year's writings were enhanced with the school's purchase of the Criterion writing program, which allowed the students to write an essay and submit it to the program for immediate evaluation. The program indicated errors to the students and even explained what was needed to correct errors. Students were graded on a six-point scale that took into account content, organization and mechanics.





**Special Interest:** Andrew Wolter lists procedures for his senior project.

Concentrating: Justin Bock (top) discovers that if he listens during biology, the tests are easier.



English Presentations: Ninth graders Levi Christianson (above), Tyneill Emery (top center) and Kayla Haas (right) listen as their classmates make presentations during English class. The freshmen spent the last three weeks of school reading and "dissecting" poetry and then made group presentations, so that the class was exposed to a variety of poetry and poets. Their final presentation involved analyzing the lyrics of their favorite song as if it were a poem.







**Girl Talk?:** Martina Elliot and Caitlin Zinter swap stories during fourth hour, which was a study hall for Martina and Senior Project class for Caitlin, both with Mrs. Brokaw. The students in Senior Project class spent the entire year working on a project of their choice that required them to complete a portfolio and meet a set number of hours with a mentor. Martina, who enrolled at FHS in January, used study halls to take independent study classes to prepare her for graduation.

#### ACADEMICS-31



Are You Kiddidng Me?: Spencer Rall quizzes Amanda Haar while preparing for a Biology I quiz. Sophomores completed the science course fourth hour, which meant dissections just before lunch. This did not seem to affect the appetites of the 22 students, however!



Math Duo: Two juniors, Chelsy Podoll and Matt Haas, meet the challenge of senior math. With just the two of them in the class, they received an abundance of one-on-one teacher time and it was not an issue when only two students from the class could go to math contest.





Academic Research? Mike Newcomb and Caitlin Zinter insists that they can better determine the next step of their senior projects if they just take a couple of minutes to rest and collect their thoughts!

If you could come back after dying what would you choose to come back as?

Blue Jay
- Kaz Renek



Badger
- Trevor Podoll



Zebra
- Jamie Parsons



Elephant
- Keely Geffre



Salleer S7
- Cody Mehlhaff



### STH HOUR

Ahh, fifth hour! The hour that starts the afternoon and lets the students know that there are. only a few hours left until the final bell rings. Fifth hour hosted a variety of classes including MOUS, Personal Finance, Spanish II and U.S. History.

Although classes were the mainstay of the day, it was fifth hour study hall that became a "haven" for three seniors and their teacher. Because it was such a small group, they became close and once the homework was done, they shared their problems and their joys. It also became tradition to have Mike Newcomb read highlights from that days Aberdeen paper, which he purchased downtown during noon hour. He also read horoscopes for everyone.

All freshmen took MOUS during fifth hour. This computer class introduced the group to programs available for class projects. Students were often heard in the halls working on a music project or recording other information for their group presentations. Applications learned in MOUS help students throughout their high school years as they prepared projects for other classes.

Spanish II students gathered for advanced study in a foreign language. Chelsy Podoll, Jamie Parsons, Ally Robertson and Rance Maddocks received indepth instruction as they broadened their vocabulary and also learned more about the Spanish culture. A highlight of the class was their Cinco de Mayo celebration in May. The class was taught by Gayla Martens over the DDN system. Sophomores tacked the facts and stories of U.S. History. Traditionally this was a junior class, but it has been moved to the sophomore curriculum. Lectures, PowerPoint presentations and tests were utilized as tools to help the students learn.





**Searching:** Chelsey Zinter (top) searches for an answer in American History.

**Relax**: Faith Wolter, Courtney Schosser and Keely Geffre (bottom) take a relaxed approach to their MOUS proejct.



We Can Do It: Alex Bretsch, Adam Dutenhoffer and Tyneill Emery work diligently together on their MOUS projects. The class was divided into groups and they were told to write their own lyrics to a song and sing over the music. Throughout the year the students were introduced to the various programs on their computers and then they completed projects to demonstate their ability to use the programs.



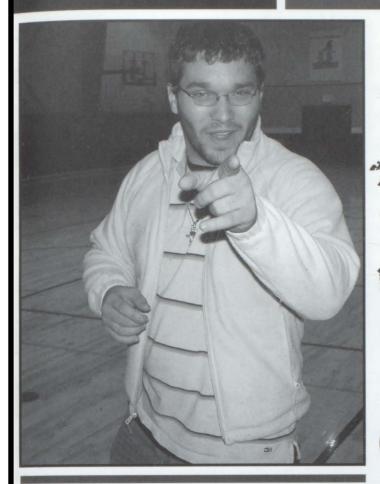




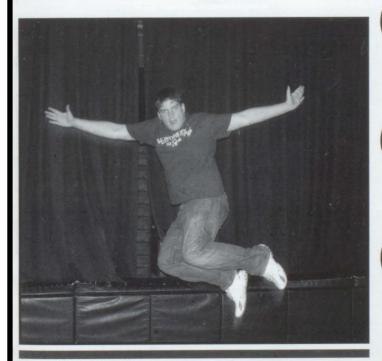
Look At Me! Caitlin Zinter learns the chorus to "Jesse's Girl" during study hall.

It Happened When?:
Angela Goodall (top center)
reviews history facts, while
Austin Minard's (left)
contribution to a history
project seems to be
humor?!

### ACADEMICS-33



Flashy, Flashy, Flashy! Sam Reimer shows off his new look with Caitlin Zinter's jacket. As one of three seniors in fifth hour study hall Sam often found himself helping with projects around the school once his homework was completed.



Flying High! Michael Newcomb jumps for joy when he realizes how few days of school are left! The senior always brought a copy of the Aberdeen American News to fifth hour study hall. While he read the entire paper, he shared horoscopes with the other two students and the teacher.



**Pondering:** Abby Sumption, Aly Perry and Anthony Reimer contemplate their next step as the three complete a group project in MOUS. The computer class required the students to learn a variety of programs and complete projects.

What is your favorite song but you're too afraid to admit to it?

Gummy Bear -Faith Wolter



Fly on the Wall by
Miley Cyrus
-Ally Robertson



Barbie Girl by Aqua
-Ashley Feser



Shadow of the Night by Ashley Tisdale -Anthony Reimer



It's the Climb by
Miley Cyrus
-Devon Linthorne

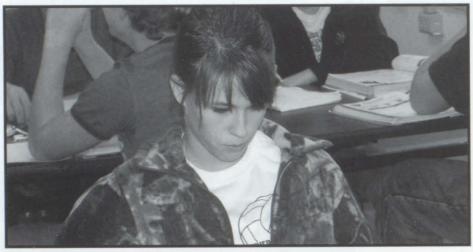


### ACADEMICS-34

### STH HOUR

Sixth hour offered the students another round of class options as they progressed through their afternoon.

Both juniors and seniors signed up for Web Page/ Mass Media. First semester the group updated the school's website and second semester found them creating a variety of projects. Four juniors opted for Journalism II, where they created the newsletter, "Talk of the Titans". Sophomores were in English, covering a semester of speech, followed by a semester of literature and composition. Freshmen tackled the demands of Algebra I, laying the foundations for future math classes.



Study Study: Heather Underburg reviews for the next day's Algebra I test.



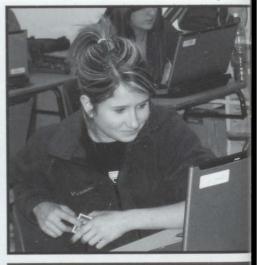
A Working Break: Technically Katy Groop's schedule sixth hour is for study hall, but the senior most often found herself in the journalism room working on details for layouts and design. She spent hours of time outside of class learning the program and creating the cutouts for the PEOPLE section, in addition to completing her assigned pages.





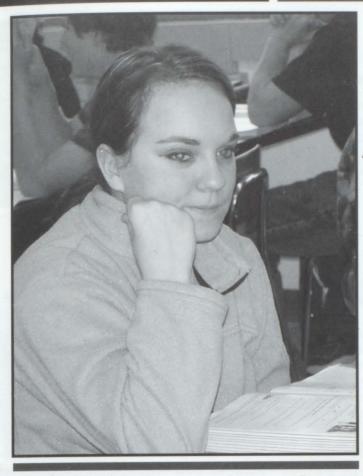


I Can Do That!: Mike Newcomb's knowing smirk tells all as he is faced with another computer challenge in Mass Media. The students created several projects, including a virtual tour of the school building.

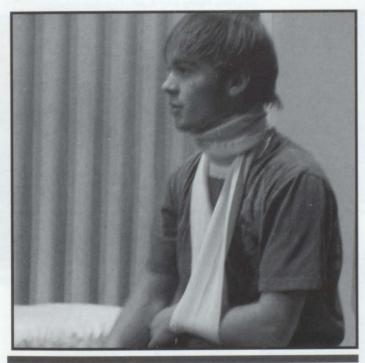


Hard at Work: Sophomore accepted the challenge of English during sixth hour. The first semester they completed speech class, while second semester was devoted to literature and writing. Derek Barondeau (top center), Austin Minard (left) and Amanda Haar (above) rely on their computers for every assignment in the class, whether they are testing or writing papers.

### ACADEMICS-35



What Could it Be?: Abby Sumption is confident she can figure out the Algebra I problem. Freshmen faced the challenge of Algebra I, knowing that they needed to understand the concepts presented so they could continue with other high school math classes.



**Production Slow Down**: Rance Maddocks deals with multiple injuries, which caused a production slow down for him in Web Page class. A broken wrist created issues with feeding information into the computer, but he managed to finish his assignments.



Making Plans: Jamie Parsons, Chelsy Podoll and Ally Robertson look at past yearbooks as the consider ideas for their senior book next year. These three girls, with Bryson Geffre were responsible for publishing the school newsletter.

### What is the most used word in an online chat?

Either Haha, or lol

Mike Newcomb



Haha, or lol

Tim Engelhart



Yeah
Shannen Maunu



Haha

Mariah Gustafson



You?

Tonya Zinter,
Teacher



### 7TH HOUR

Seventh hour is the last hour of the day at Frederick High School. Some of the students saw this particular hour as the shortest hour of the day. Other students viewed it as the hour that never ended, where time actually slowed down.

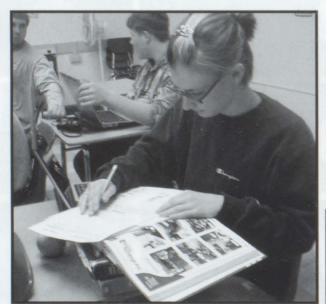
For a majority of the seniors, seventh hour simply didn't exist. Senior privileges allowed the seniors to leave at 2:30 p.m. (the start of seventh hour) if they didn't have a required class that hour. This mainly affected the vocational students.

Seventh hour classes included Accounting II taught by Mrs. Barondeau, and Biology II, taught by Mrs. Sumption, for the juniors and seniors.

Freshman spent their seventh hour in geography for the first semester and world history the second semester; both classes were taught by Mr. Morlock.

Sophomores were divided into two groups for Journalism I class during seventh hour. One group met on Mondays and Wednesdays, while the other section had class on Tuesdays and Thursdays. The groups rotated class every other Friday. When they were not in journalism class, they were down the hall in study hall, so if they had questions about stories or assignments they had easy access to their teacher.

Students and teachers agreed that it was most challenging to stay on task and keep others on task during seventh hour. And yet, the final 50 minutes of the day held a special charm for everyone, as they completed assignments, listened to lectures and anticipated the activities of the evening.



Working 'til the End: Stefani Sumption works diligently during her seventh hour study hall. Sophomores were in journalism/study hall seventh hour each day.









Helping the Earth: Biology II students and the Kindergarten class (top) enjoy an ice-cream snack after cleaning up for Earth Day.

**Boredom:** The bell can't ring too soon for Matthew Heine and Austin Gunther (above)



Countdown to 3:17 p.m.: Freshmen students (above) resort to talking, resting and even studying to make it to the day's end.

Wrapping It Up: Dusty Johnson (top center) makes an entry in his work journal after finishing up a story for Journalism I.

Taking Notes:Trevor Podoll (left) takes notes while listening to Mr. Morlock. The freshmen had World History seventh hour every day.



**Earth Day:** Cole Truebenbach and his partner Matthew Olson relax in front of the school after picking up garbage around town. The entire Biology II class, which includes a mix of juniors and seniors, spent their seventh hour on Earth Day cleaning up Main Street.



Clipping Boxtops: Cody Mehlhaff trims boxtops turned into the office. These are redeemed for items for the school. Cody and Austin Minard completed this project during their journalism class/study hall seventh hour.





**Finishing:** Ashley Feser and Shannen Maunu help Katy Groop finish her Lakota Arts project during their seventh hour study hall. Many students attempt to get assignments before they go home so they have more leisure time.

What would you do if the world was about to end and you only had a day to do whatever you can for the last and final day of your life?

Put on a live concert with my man, Brad Paisley! - Caitlin Zinter



I would tell all my friends and family how much I love them. Then I would blow my money on anything that I wanted at the moment.
- Chelsy Podoll



Say good-bye to family and friends.



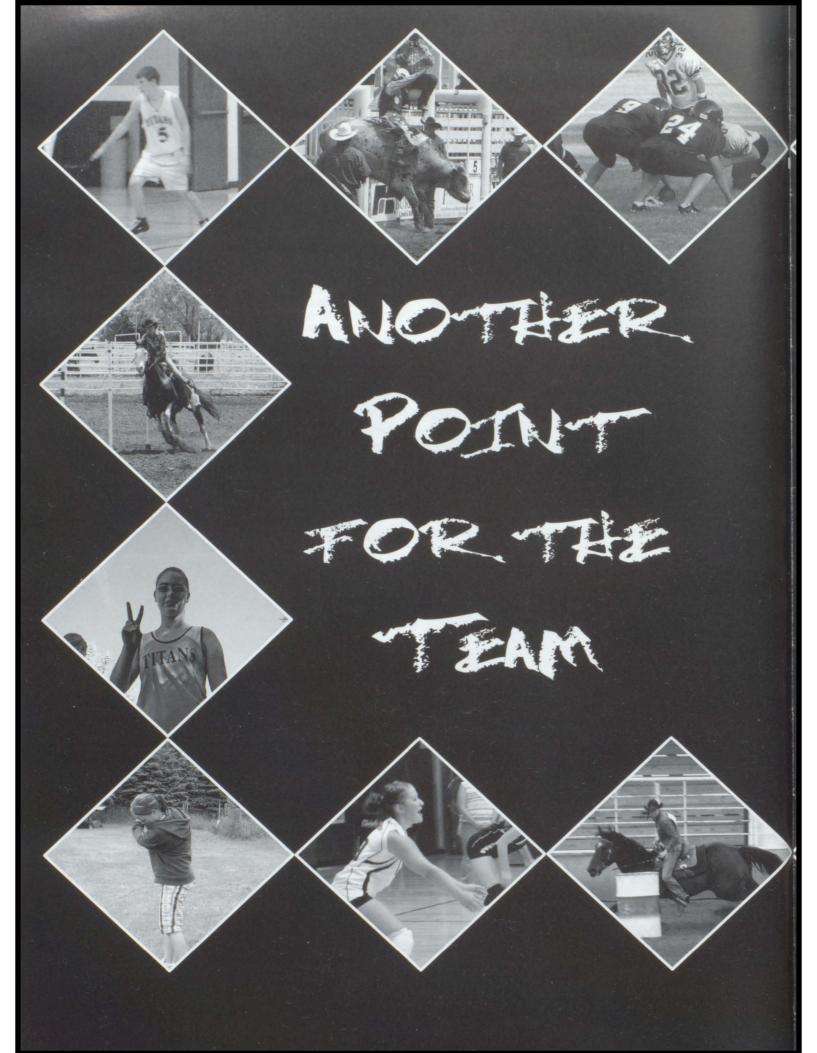
- Caylee Hertel

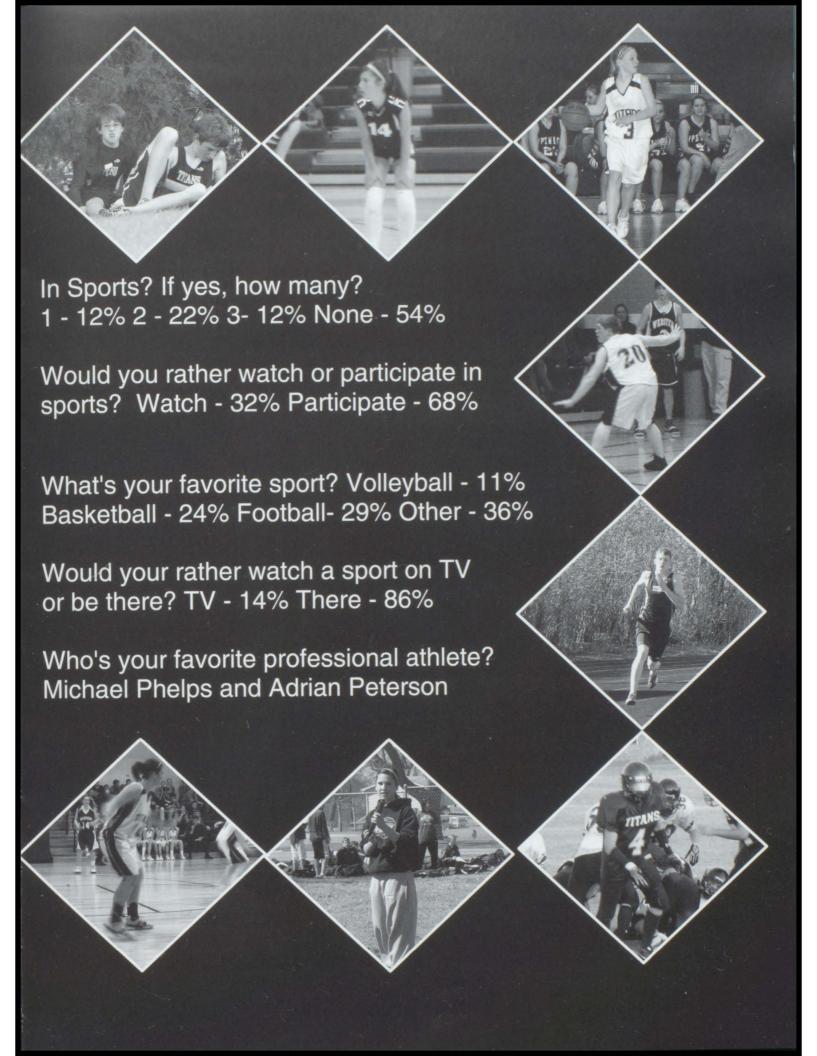


I would for sure say good-bye and I love you to everyone special, then I'd definitely go sky-diving or some other extreme sport! - Shannen Maunu



I would throw a big party
by the lake all day, and I
would want to go skydiving.
- Tyler West







## Football



After a 0-3 start the football team won a couple games here and there and ended up 3-5 on the season. The team just missed the playoffs by .65 of a point. Leola-Frederick had most of its success through the passing game. Unfortunately midway through the season the Titans lost their starting quarterback to an injury and were no longer able to use their most efficient part of the offense, the passing game. The top three receivers averaged 16.5 yards per carry. The team relied on a solid running game to get through the season. Three players received all conference honors. Matthew Haas and Jack Daly were named all-conference players and Wyatt Sumption received honorable mention.

It was a tough season for the Titans, but the seniors took the Titans to the next step.

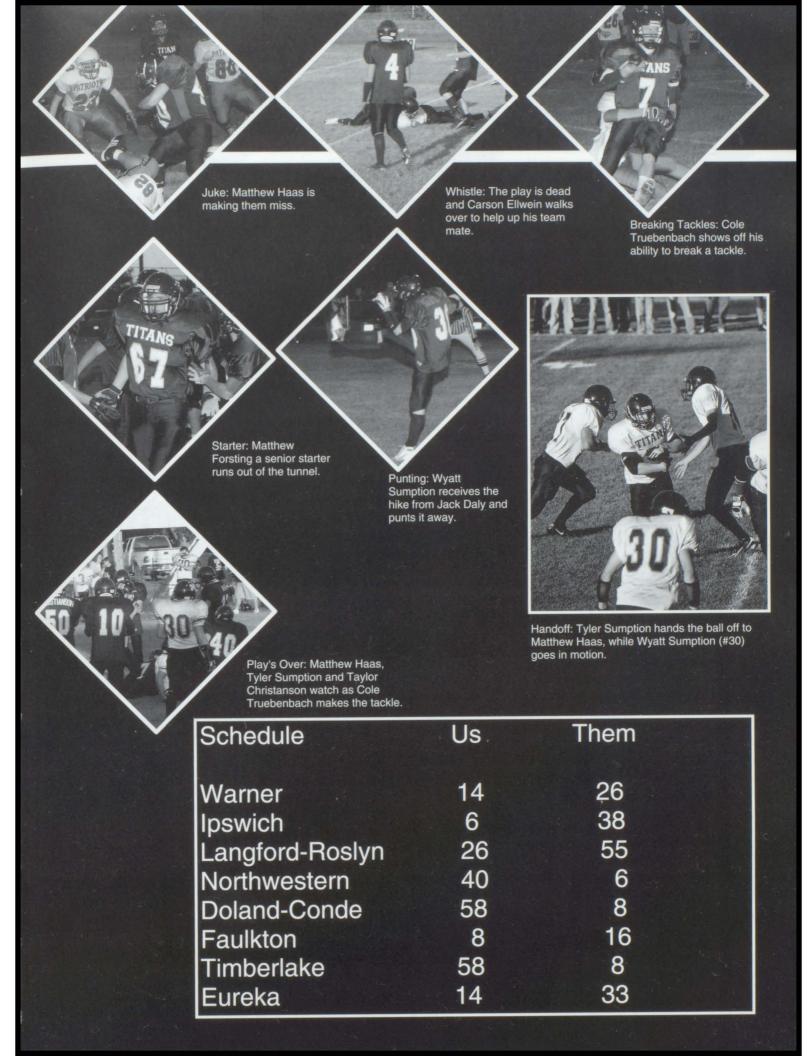
"Even though our season wasn't as long as we wanted it to be, I think we still had a great season and it was lot of fun. We made some good friends and I made a lot of great memories I will keep forever," noted Senior Lineman Matthew Forsting



Ready to Play: Junior Matt Haas awaits the next play. The Titans relied on Matt for leadership on the field, as he managed to be in the middle of the majority of the plays.



Football Team: Back Row: Coach Mike Waltman, Derek Barondeau, Adam Dutenhoffer, Cole Truebenbach, Tyler Sumption, Richi Reis, Jack Daly, Carson Ellwein, Taylor Christianson, Tyson Myer and Coach Dwain Schwan. Middle Row: Coach Marty Morlock, Matthew Forsting, Austin Gunther, Jamie Taylor, Wyatt Sumption, Mitchell Waltman, Royce Erdman, Matthew Haas, Domanic Wollman and Coach Eric North. Front Row: Doug Kallas, Jake Myrman, Alex Bretsch, Brady Enge, Andrew Hoffman and Joe Brandner





# Volleyball



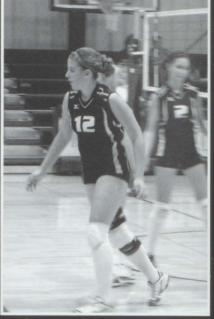
This years volleyball season started kind of slow, as the Titans went 1-7 in their first eight games under the new leadership of Amanda Glenz. They then hit a bit of a streak, winning six of their next nine games.

The team ended their season 13-14 after a first-round district loss to Roncalli, whom the team had beaten twice in the regular season.

"This was a tough way to end the season," commented sophomore starter Angela Goodall. Goodall also said that she had a lot of fun playing with her friends and teammates and hopes for a better outcome next season.

Always
Alert:
Caylee
Hertel,
Megan
Hoffman
and Sydney
Gill keep an
eye on the
opponents
strategy.





Celebration: Some good team work between Megan Hoffman, Caylee Hertel and Chelsy Podoll requires a congratulations afterwards. The girls formed close bounds as the season progressed.



2008 Volleyball Team: Front Row: Sydney Gill, Katie Tschappat. Middle Row: Megan Hoffman, Brooke Feickert, Kelli Hart, Ally Robertson. Back Row: Coach Brittany Lieser, Angela Goodall, Caylee Hertel, Chelsy Podoll, Kayla Brockel, Coach Amanda Glenz.

Scorel: The team congratulates each other after scoring.

Plan of Attack: The girls huddle up to discuss the other team's weak spots.

Up and Over: Chelsy Podoll spikes the ball over the Roncalli opponents.

Wait for It: Caylee Hertel waits for the set as Angela Goodall keeps an eye on the ball. Good Times: Chelsy Podoll and Caylee Hertel look happy after a good play.



Takin' It to 'Em: Chelsy Podoll goes up for the kill attempt against Roncalli.



The Line Up: Megan Hoffman, Sydney Gill, Kayla Brockel, Kelli Hart, Chelsy Podoll and Caylee Hertel take the court.

### Schedule

Redfield @ Redfield	2-3
Eureka/Bowdle@ Redfield Tournament	2-1
Miller@ Redfield Tournament	0-2
Arlington@ Redfield Tournament	0-2
Summit@ Redfield Tournament	0-2
Langford/Roslyn @ Frederick	0-3
Sully Buttes @ Onida	2-3
Eureka/Bowdle @ Mobridge Tournament	1-2
McLaughlin @ Mobridge Tournament	2-0
Faulkton@ Leola	3-2
Doland/Conde@ Frederick	3-2
Florence/Henry@ Britton Tourney	2-0
Britton-Hecla @ Britton Tourney	0-2
Roncalli@ Britton Tourney	2-1
Groton@ Britton Tourney	1-2
Sisseton@ Sisseton	0-3
Ellendale@ Frederick	3-0
Northwestern@ Mellette	0-3
Britton-Hecla@ Britton	3-0
Eureka/Bowdle@ Leola	3-2
Roncalli@ Roncalli	3-0
Groton@ Frederick	1-3
Ipswich@ Leola	3-0
Warner@ Warner	0-3
Aberdeen Christian@ Civic Arena	3-0
Mobridge @ Leola	3-1
Roncalli@ Groton - Districts	2-3



# X-Country



Leola Frederick's Titans maintained their reputation for having top notch cross country teams as the girls sent two runners to the state competition and the boys placed great all year as well.

The girls team took second place in the Lake Region Conference, and also second place at the Bob Salmi/Al Sahli meet this year.

The boys team has also had a great year placing high in many meets.

Janelle Barondeau, coach, said that it was a great honor to send two runners to state, representing the Titans, and also to be a coach of such a hard working team.

Many positive steps were taken this season, but a new season is just around the bend and the time to improve is now, she added.

With a strong roster this year, the team should continue to build their strength. There is no time to waste for there is a huge season ahead.



Endurance: Sophomore Derek Barondeau closes in on the finish line.

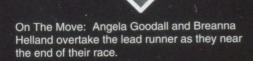


Titans Cross Country Team: Back Row-Brandon Haas, Derek Barondeau, Austin Minard. Middle Row-Angela Goodall, Breanna Helland, Mariah Gustafson, Courtney Schlosser. Front Row-Jacob Enge.

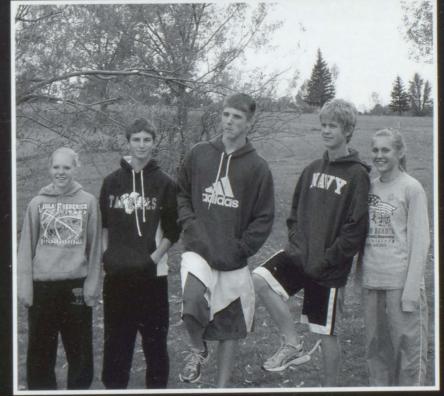


Taking Pictures??: Spencer Rall (left) gives up the camera to harass Jacob Enge.
Inspiration: Coach Barondeau (right) gives runners the "good luck speech" before the race.

Best Time: Courtney Schlosser (right) rounds the bend at the Webster Invitational where she finished with a personal best time for varsity at 20:23.







Hop, Skip and a Jump?: What is it that Derek Barondeau and Austin Minard (center) are trying to demonstrate to their teammates Angela Goodall, Brandon Haas and Breanna Helland?

Good Advice: Angella Goodall and Breanna Helland (left) follow Coach Barondeau's instructions and get in a good stretch before their race.

# s Basketball

Change was the name of the game when boys basketball season got underway.

The team welcomed new members and a new coach. Former NSU player Levi Hamilton signed on to coach for the 08-09 season.

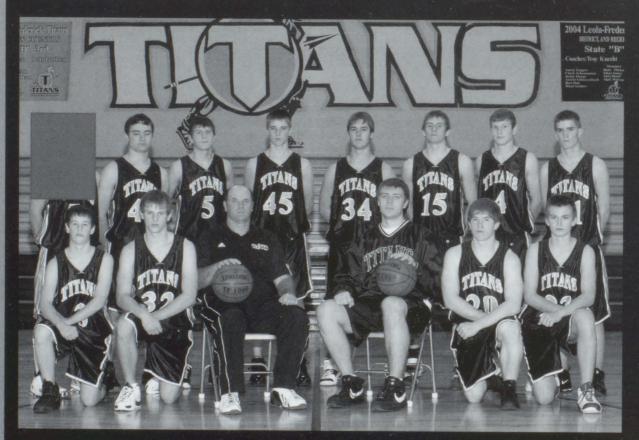
With a new coach came new techniques and game play. Some players were overwhelmed with the new plays when the season began, but they quickly became acclimated to the coach's style.

With only two seniors this season the Titans were just under five hundred on the season. The Titans played several close games that could have gone either way.

"I thought our season went pretty good. It was a building year, with losing four seniors last year and also getting a new head coach. There was a lot of good competiton. Overall it was a great learning experience and I had a great time. We learned a lot and I'm looking forward to my senior year," said junior guard Matthew Haas.



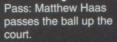
Free Throw: Adam Dutenhoffer puts up the first of two shots after he was fouled.



Varsity Boys Basketball: Back Row-Adam Dutenhoffer, Tyler Sumption, Derek Barondeau, Jack Daly, Cole Truebenbach, Wyatt Sumption, Justin Toennis. Front Row-Brady Enge, Mitchell Waltman, Mike Waltman, Levi Hamilton, Matthew Haas, Brian Sumption.



Whistle: Cole Truebenbach and Wyatt Sumption wait for the game to resume after a foul was called.



Defense: Wyatt Sumption gets in the defensive posittion (top) and drives offensively (below).

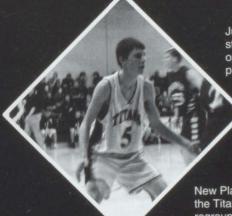


Ready to Go: Derek Barondeau looks for the open pass.



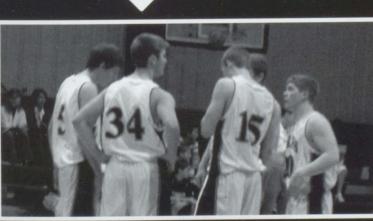
Jump: Cole Truebenbach is ready to jump.





Just Try It: Ty Sumption steps up the defense as the opponents look for the open play.

New Plan: A team huddle allows the Titans an opportunity to regroup and plan a new attack.



	THE STATE OF		
Basketball Scedule			
	Us	Them	
Doland/Conde	64	57	
Groton	44	66	
Redfield	76	74	
Lisbon	66	33	
Ellendale	47	69	
Britton-Hecla	53	63	
Aberdeen Christian	71	54	
Sisseton	39	94	
Roncalli	40	71	
Northwestern	66	36	
Webster	52	46	
Warner	72	77	
Milbank	38	61	
Faulkton	53	52	
Campbell County	63	77	
Hitchcock-Tulare	62	69	
Eureka-Bowdle	57	64	
Selby	70	65	
Ipswich	55	73	
Langford	52	91	
District Tourney	48	70	

# Basketball

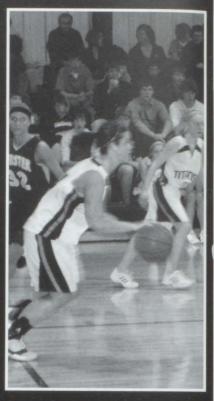


In their second season under the leadership of Coach Randy Barondeau, the Lady Titans posted an 8 to 12 season record. The girls started the season with four wins and two losses and during Christmas break the team won one game and lost one game, attending the first ever girls and boys holiday tourney in Ellendale. Midway through February, junior center Chelsy Podoll missed three games due to illness, but she was able to get back on the floor to finish the season and head in to district action.

"When Chelsy was out, it definitely made our team work harder. We had to basically start from scratch and step up our game to fill in what was missing. It was an opportunity for each of us to become a leader, and I believe that we all did this at different times. She was a crucial part of our team and with her being gone it showed us how well we can work to overcome unexpected obstacles," said Angela Goodall.

In the opening round of districts, the Titans faced the Groton Tigers at the Civic Arena in Aberdeen on February 24. The Titans lost, ending their season.

Caylee Hertel had a good outlook on the basketball season and stated, "This season taught me a lot about my teammates and coaches. I've learned to step up where I'm needed, and help out where I can."





Girls Varsity Basketball: Back Row-Alyxis Perry, Heather Underberg, Caylee Hertel, Chelsy Podoll, Megan Hoffman, Chelsey Zinter, Sara Mack, Stephanie Jung and Ashley Feickert. Front Row: Kayla Haas, Abby Sumption, Mariah Gustafson, Whitney Heupel, Tyneill Emery, Ally Robertson, Angela Goodall and Amanda Haar.





Tough D: Angela Goodall intensifies the defense.

Pulling It Together: The Lady Titans take a time out to review their plays and put them into action.



McLaughlin	56-42
Doland/Conde	53-41
Groton	34-36
Redfield	47-38
Ellendale	41-38
Oakes	31-60
Aberdeen Christian	55-20
Sisseton	24-34
Aberdeen Roncalli	43-29
Northwestern	41-57
Webster	51-60
Oakes	38-45
Warner	47-59
Milbank	21-40
Faulkton	27-44
Ipswich	34-44
Herreid	37-34
Hitchcock/Tulare	43-46
Langford	25-40
Eureka/Bowdle	43-49



## Track



Wet, cold and even snowy weather put a damper on the start of track season and practices were held indoors when they first got underway. In late March, athletes missed practice to help with sandbagging when the town of Westport was flooding. And, of course, early meets were either cancelled or postponed due to wet conditions on area tracks.

Once the season got going, athletes attended at least one meet each week and often participated in Saturday meets too.

Conditioning and competition paid off as three Titans advanced to the state track meet, which was held in Rapid City the last weekend in May. To earn the trip to state, the athletes either met state qualifying standards during the regular track season, or placed first or second at the region meet.

Sophomore Caylee Hertel advanced after meeting the standard distance for shot put during the regular season and also placling first at the region meet. Senior Wyatt Sumption earned his spot in state competition when he placed second in the 300 hurdles. A first place finish in the 400 m dash also sent Junior Cole Truebenbach to the state meet. The Titans did not place in state competition.

For the first season since 2003, Frederick was not co-oped with Leola for track, so both teams competed individually as the Titans.



Confidence: Extensive training allows Angela Goodall to run her mile with confidence.

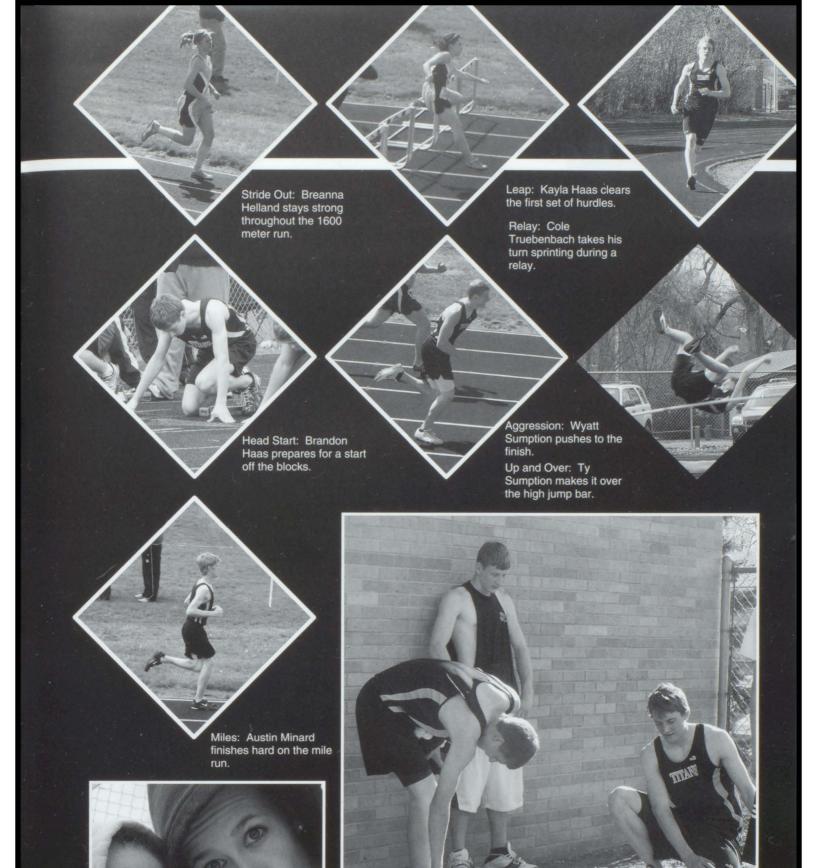


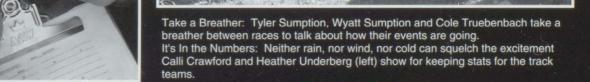
Girls Track Team: Back Row-Amanda Daniels, Erin Wolter, Caylee Hertel, Angela Goodall, Breanna Helland and Taryn Flinn.

Front Row-Megan Walworth, Kayla Haas, Amanda Harr and Hattie Zinter.



Boys Track Team: Back Row-Tyler Sumption, Jared Minard, Derek Barondeau, Adam Dutenhoffer, Cole Truebenbach, Austin Minard and Brandon Haas. Middle Row-Nathan Sumption, Austin Hoerner, Matthew Haas, Devon Linthorne, Brian Sumption, Derrick Podoll and Evan Emery. Front Row-Brady Enge, Wyatt Wolter, Jacob Enge, Carston Hertel and Matthew Weisser. Not Pictured: Wyatt Sumption.







## odeo/Golf

Even though they didn't have high numbers, the members of the golf and rodeo teams were dedicated to their sports.

While Frederick and surrounding towns began to flood, golfers were forced to practice inside with little hope of getting to a golf course anytime soon. This years golf team had to practice inside for two weeks before they were able to practice outside on an actual course. Even though the team had a late start, Frederick did have one qualifier for state, Casson Campbell.

"I was happy with our team effort this year, and I really believed that everyone gave it their all. I was also excited that I qualified for state," said Casson.

The rodeo team members traveled to Aberdeen and various other places during the early months of April and May to practice their events at indoor arenas due to the rain.

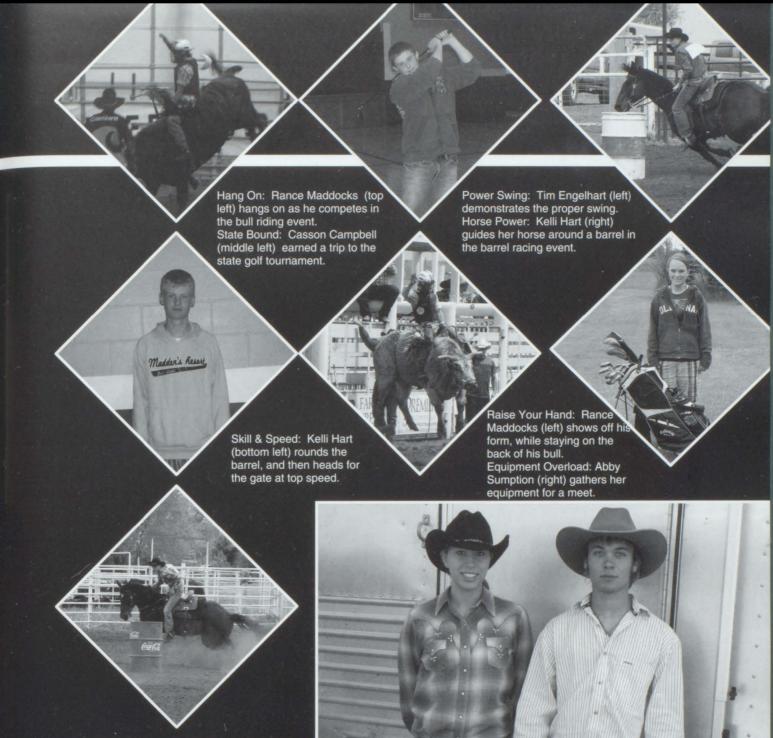
A new region was added to high school rodeo this year, the River Region. With the addition of this new region, a contestant is now required to earn three points in order to qualify for state rather than just placing in the top 10 of their selected events. Rance Maddocks advanced to State Finals in bull riding, which will be held in Belle Fouche at the end of June.



Practice Makes Perfect: Abby Sumption, freshman, works to perfect her swing once the golf team finally got outdoors for practices. A late spring forced them to schedule several indoor practice sessions and they also missed early meets.



Golf Team: Back Row-Jackie Brokaw, Abby Sumption, Dane Campbell, Casson Campbell and Tim Engelhart. Front Row-Collin Engelhart and Wyatt Heine. Members of the team presented Coach Brokaw with a flower during the Awards Day program. Tim said that they wanted to thank her for all of her time and work during practices and meets.

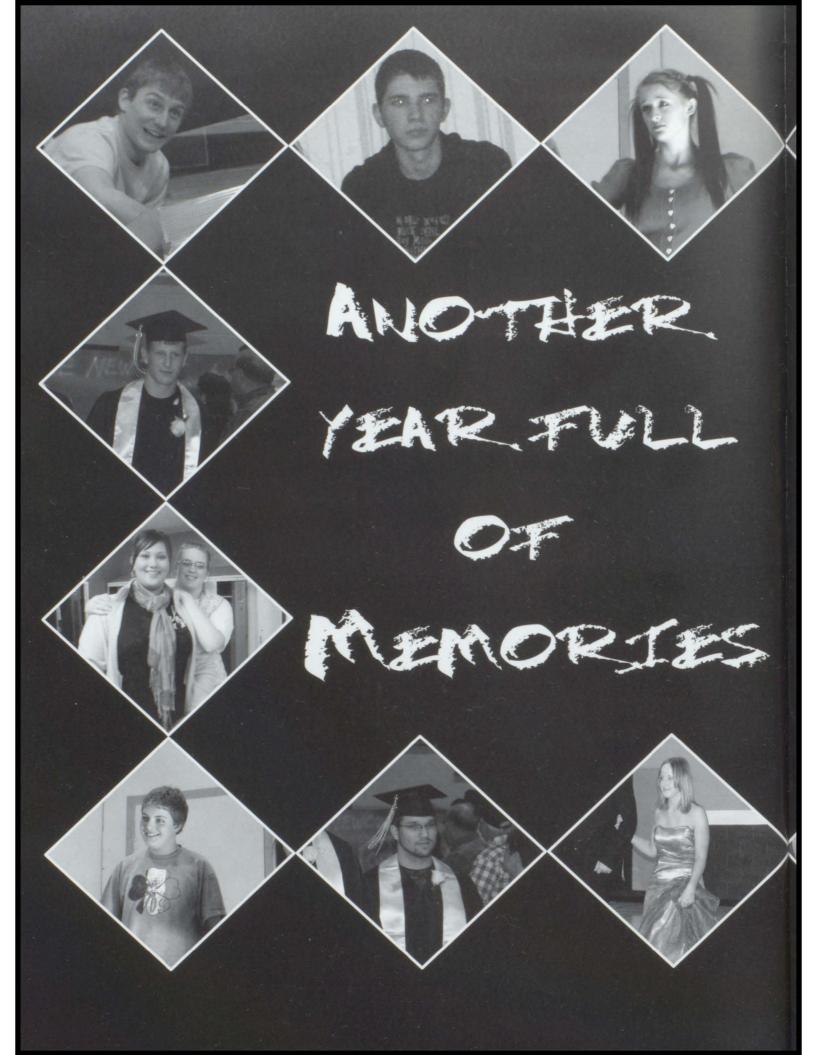


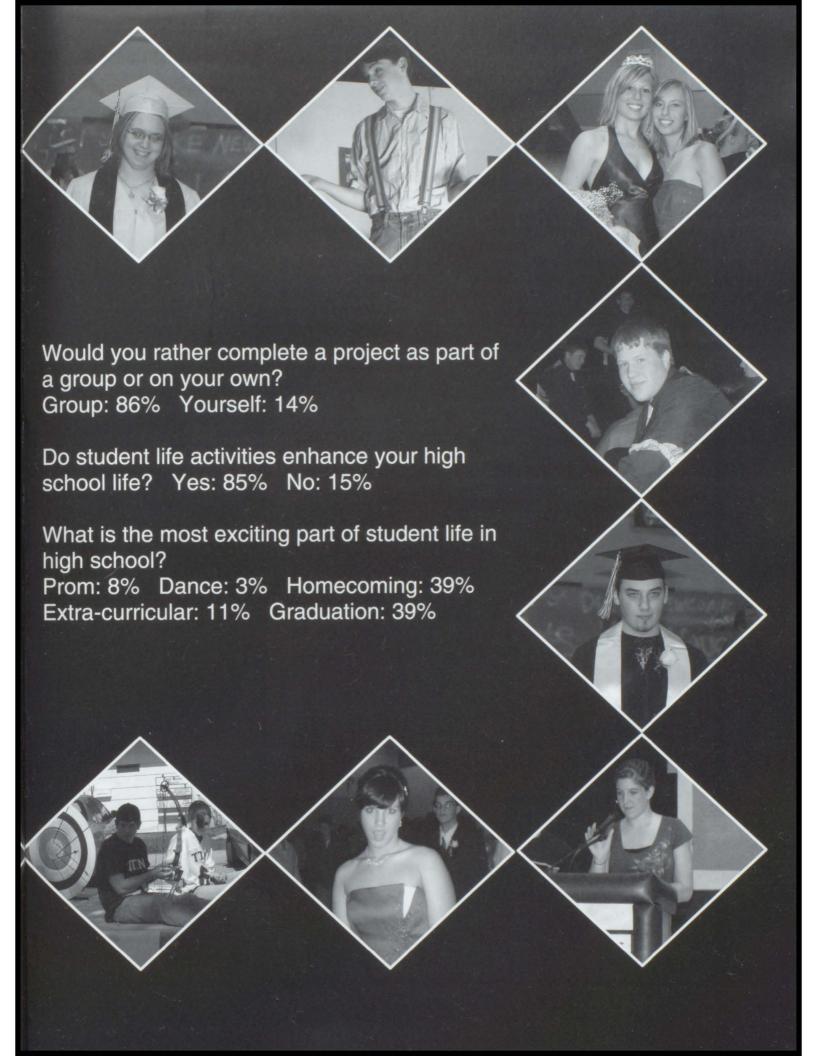




Rodeo Team: Kelli Hart, senior, and Rance Maddocks, junior, are the entire high school rodeo team at Frederick Area.

Pole Bending: Kelli Hart (left) skillfully manuvers around the pole as she competes in the pole bending event at the regional rodeo in June.





## Homecoming...

Homecoming featured a week of traditional activities, with little variation from what was expected. For the second consecutive year, coronation was held on Friday afternoon following the parade. Friday was a busy day as classes constructed floats and put the finishes touches on their parade entries. This time for coronation was a Frederick tradition for many years. Homecoming observances began Monday when students

dressed in their pajamas, Tuesday was Hobby Day. Wednesday was Irish Day, Thursday was Celebrity Day and Friday was Spirit Day with everyone showing up in school colors to show their team support. Coronation was next where Carson Ellwein and Caitlin Zinter were crowned King and Queen. Other candidates were Katy Groop, Kelli Hart, Wyatt Sumption and Tyler West. Chelsy Podoll and Matt Haas were the mistress and master of ceremonies and

introduced the candidates and the skits from this class and that class. The theme for this year's festivities was "The Olympics" and was chosen by the Student Council.

Later that day the football players took on the Northwestern Wildcats later that evening and won the Homecoming game 40 to 6.

Titans Take The Gold: This is the picture of the Freshmen float and is also the winning float of the Homecoming parade. The Banner says "Titans Take The Gold" and the five gold rings represent the Olympics.



#### Homecoming-56



Goofy Girls: Sophomores Calli Crawford and Chelsey Zinter (above) take a snap shot of themselves.
Strike a Pose: Kayla Haas, Tyneill Emery and Heather Underberg (top center) look pouty after the parade.
Finishing Up: Marty Morlock (right) puts the finishing touches of the seventh graders float before the parade.

**Team Spirit:** Tyler Bertsch waits for his part in the parade to begin, while supporting his team wearing a Titans jersey.



Homecoming Royalty: Queen Caitlin Zinter and King Carson Ellwein reign over Homecoming.









Bow for Royalty: Homecoming candidates anticipate the moment the new King and Queen will be announced. Reigning King Matt Huettl was able to return to crown the new king, although reigning queen Shari Elsen was unable to be at the ceremony.

#### Homecoming- 57



**Presentiong:** Matt Haas and Chelsy Podoll serve as the Homecoming emcee's.



**Chick Skit:** Chelsey Zinter, Shannen Maunu and Rachael Ham perform a skit before coronation.



The Royal Cruise!: Homecoming candidates Caitlin ZInter, Kelli Hart and Katy Groop all ride in the parade in the back of the truck.

Waiting and Waiting Again!: Levi Christianson and John Edwards stand on their class's winning float waiting for the parade to start.

If you could change one thing about Homecoming what would it be?

Samuel Reimer



I say everyone grades 7th-12th should join in a huge waterfight after the parade. It would be loads of fun!!

Matthew Haas



I think they should allow us more time to work on our floats instead of just that morning. Then we would be able to have better looking floats.

Angela Goodall



I think that the school should have more activities planned throughout the day.

Alyxis Perry



I would change the dress up days to more exciting dress up days! I think more people would participate in them then.

## Drama...

Dramatic activities occupied a small number of students, but those involved managed to showcase their talents during two extra-curricular events. Oral interpretation in the fall and the spring play offered opportunities for public presentations.

Oral interp participants were
Breanna Helland, Angela Goodall,
Andrew Pearleberg, Shannen
Maunu and Spencer Rall. The
district contest was held in
Aberdeen on November 12.
Breanna Helland went to the
region contest in Webster on
November 18. Breanna
competed in the Oratory division,
so she had to give a non-original
speech for no more than 10
minutes. Highlights from Oral
Interp included advancing to
regions and hanging out with the

team at districts, commented
Breanna. She also noted that she's
learned how to be a better speaker in
front of an audience and she's also
learned how important it is to speak
clearly when presenting.

clearly when presenting.

Andrew Pearleberg noted that oral interp was fun, as usual. He added, "I'm glad we have this activity. We need more drama activities."

Spring play arrived with its usual craziness. One new question that came up this year was, "How do you cue a scream?" Director Tonya Zinter asked this as prompters struggled to get the message to the actors on stage. Ultimately the actor remembered his scream and the action continued, but the question of how to handle such a cue remained. All of this backstage questioning took

a full house.
Thirteen students began practices on March 4 in anticipation of a March 24 production. However, on March 23, dress rehearsal day, the play was

Club was presenting "The Visitors" for

place on April 6, when the Drama

postponed. The new date was set for April 6, and practices continued. Even though the later date gave the cast an opportunity for several more practices, they ended up with only three additional rehearsals before taking to the stage. Several factors contributed to missing practices including flooding (the cast filled sandbags), the prom (juniors were decorating the gym) and a spring blizzard that shut school down for 1.5 days. Chelsey Zinter and Spencer Rall were chosen as best actress and actor, while Andrew Perleberg and Calli Crawford received supposrting



Keep Up the Good Work: Prompters Krista Stoddard and Caylee Hertel keep the play going by giving lines when needed throughout the practices and productions.

Drama 58



Calling All Ghosts: Dusty Bergan concentrates on calling ghosts so he can figure out a way to make money to save his family. Contacting the Spirits: Mariah Gustafson and Peyton Podoll (top left) talk about starting their seance now.

Being Generous:Calli Crawford (left) offers her piggy bank to help her aunt and uncle pay bills with the money she's been saving up.

Watch Yourself: Angela Goodall threatens to break Spencer Rall's tickle finger when he attempts to charm her during their first meeting in "The Visitors".



Talking Royalty: Aly Perry informs Ashley Gunther that she's royalty and deserves some respect.







Oral Interp: Members of the Oral Interp team include Shannen Maunu, Andrew Perleberg, Spencer Rall, Angela Goodall and Breanna Helland. These are the participants that won at the local level and represented Frederick at district competition.

#### Drama 59



Backstage Help: Krista Stoddard is ready to assist Ashley Gunther.



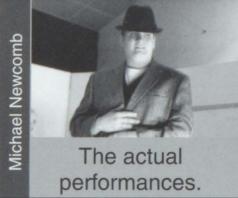
The Truth: Aly Perry confesses that she and her son are broke and need a place to live.



Stay Away: Spencer Rall tries to hide his tickle fingers before Mary and Mary break them. Mary 1 felt he was just a little too charming and quickly put a stop to his

Off Season: Andrew Pearleberg works to create and organized files for Oral Interp pieces. He's hoping his spring project speeds up selecting a piece in the fall.

### What was your favorite part of the play?





Putting makeup on the guys.



**Faryn Flinn** 

My favorite part of the play would be just being able to act.



the younger kids, because I love to hear them laugh.

## Prom....

A night of glamor and dancing started at 5 p.m. Couples had the chance to get their pictures taken by Steen Photography until 6 p.m. when dinner was served. The dinner was prepared by the Junior parents and the menu was chosen by the Junior students. Couples had their choice of prime rib or pork loin, along with seasoned potatoes and bread. Dessert was cheese cake. After dinner the couples had a bit of free time

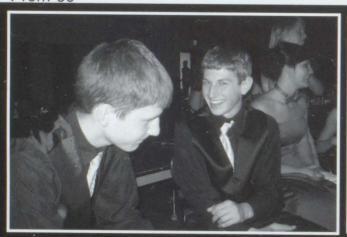
to talk and take random pictures. Around 8 p.m. the Grand March began and formed into the dance. At midnight the dance was over and the students had 15 minuets to go home and change if they wanted to while the parents set up for postprom. Food and drinks were served. The first game played was "Let's Make A Deal". Then the couples had a choice of playing Wii or poker games where they could win money and earn prizes at the end of the night.

During the games the band BAWT played. The band consists of Micheal Newcomb, singer, Nathan Maunu, lead guitar, Sam Reimer, rhythm guitar, and Andrew Wolter, bass. At the end of the night prizes were passed out to every couple. A grand prizes was given to one junior and senior: Micah Christianson won a flat screen TV and Martina Elliot a mini fridge.

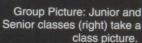
**Time Out:** Heather Underberg and Jamie Parsons take a break from dancing, as they watch their fellow school mates dance late into the night.

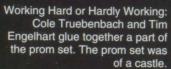


#### Prom-60



Guy Talk: Tyler Sumption and Brandon Haas, both sophomores, take a break from dancing to rest and talk.







Construction Zone: Chelsy Podoll works on the pillars for the prom set.







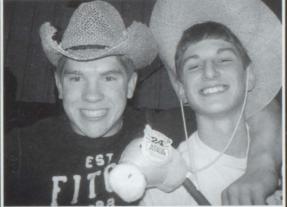


Snap It: Tyler Sumption, Cole Truebenbach, Levi Christianson, Brandon Haas and Matt Haas all gather for a random group picture.

#### Prom-61



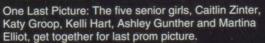
Winners!: Trevor Podoll and Ashley Saddle Up!: The Haas Gunther get their "Let's Make A Deal" pirze. their after-prom prizes.



Saddle Up!: The Haas boys, Matt and Brandon, show-off their after-prom prizes.

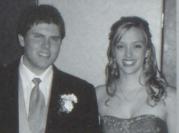


Dance, Dance: The high school students enjoy letting loose and dancing with their dates and friends. The music was provided by Dakota Entertainment from Sioux Falls.



# What's your favorite part of prom?

Andrew Wolter



Having a good time with friends, because this is my last year with them.

elli Hart



Getting a chance to hang with my classmates, and dance with two best friends one last time.

Ally Robertson



The dance and the Grand March.

Heather Underberg



Playing Wii with Katy, and having her bust it.

## Graduation....

"We did it! We are finally Superintendent Randy graduating," exclaimed Valedictorian Kelli Hart as she greeted her classmates and the entire audience at the graduation ceremony, which was held Sunday. May 10, at 2 p.m. Kelli left her class with advice and a compliment: As Mark Twain said, "Sing like no one is listening, love like you've never been hurt, dance like nobody is watching and live like it's heaven on earth.' I am proud to say we are the Class of 2009!"

Barondeau opened the program, welcoming everyone to graduation. Then Mike Newcomb provided the invocation. Krysti Mikkonen sang "Turn Up the Music", encouraging the graduates to make the most of every moment. In her salutatorian address, Martina Elliot noted that the members of the Class of 2009 should celebrate their uniqueness, because it is what they will be

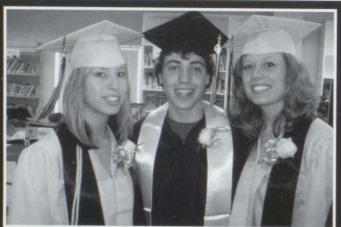
remembered by. Graduates presented white roses to the mothers. This part of the program followed tradition, as it was the most emotional part of the event.

Mr. Barondeau presented the class for graduation and as he read their names, the 17 seniors walked across the stage and received their diplomas from Lance Podoll, board chairman.

**Embracing the Moment:** Michael Newcomb receives a hug from his mom in the receiving



#### Graduation-62



Ladies Man: Kelli Hart and Caitlin Zinter surround their classmate Tyler West. Even though Tyler has only been with the class for a couple years, he became a favorite fast. Flve Strong: They may have been the minority, but the five girls (top center) of the class stood strong and made it to this day. Relax: The guys show how they relax by being themselves.

This Is It: Sam Reimer takes 'the walk', realizing graduation day was finally here. He struggled some with the "beginning vs. end" theory.



Diploma: Nathan Maunu exhibits a sigh of relief now that the diploma is in his hands.



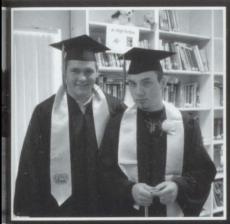






This is it! The Class of 2009 takes one final picture together before they receive their diplomas and leave the halls of Frederick High School.

#### Graduation- 63



The Matts: Matt Forsting and Matt Jung anticipate the graduation ceremony.



Top of the Class: Salutatorian Martina Elliott and Valedictorian Kelli Hart both spoke at graduation.



We Made It!" Taylor Christianson and Andrew Wolter smile as they walk in for the ceremony.

Happy Day: Katy Groop flashes a smile, mixed with a few tears, once she recieves her diploma.

# What are your feelings on graduating?



All I've got to say is it's about time!



I am very excited. However, I am also sad and kind of nervous.



....both happy and sad at the same time.

Wyatt Sumption

Ashley Gunther (center)

Ellwein

Fyler West/Carson

I know that I am going to miss high school, but that's part of life. Everbody has to go through it.

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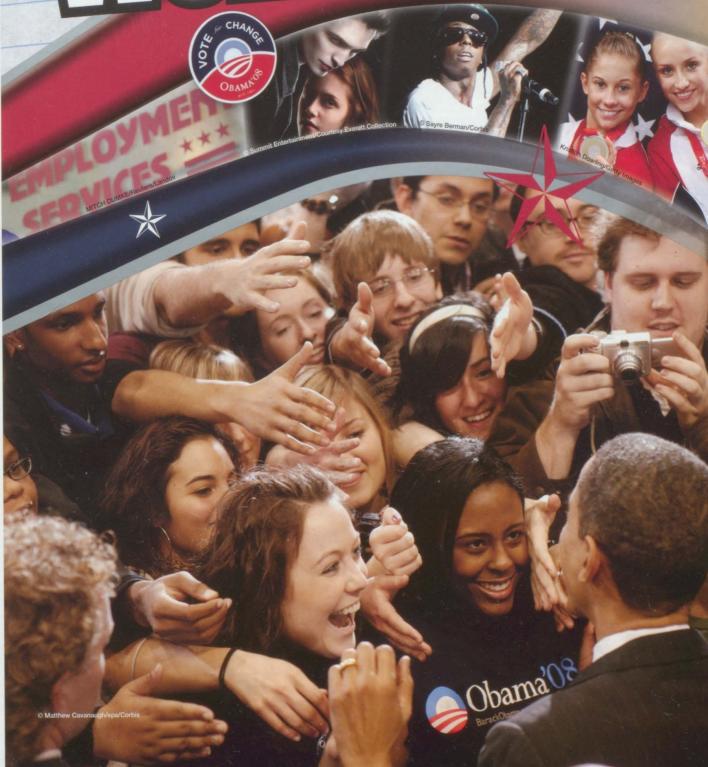
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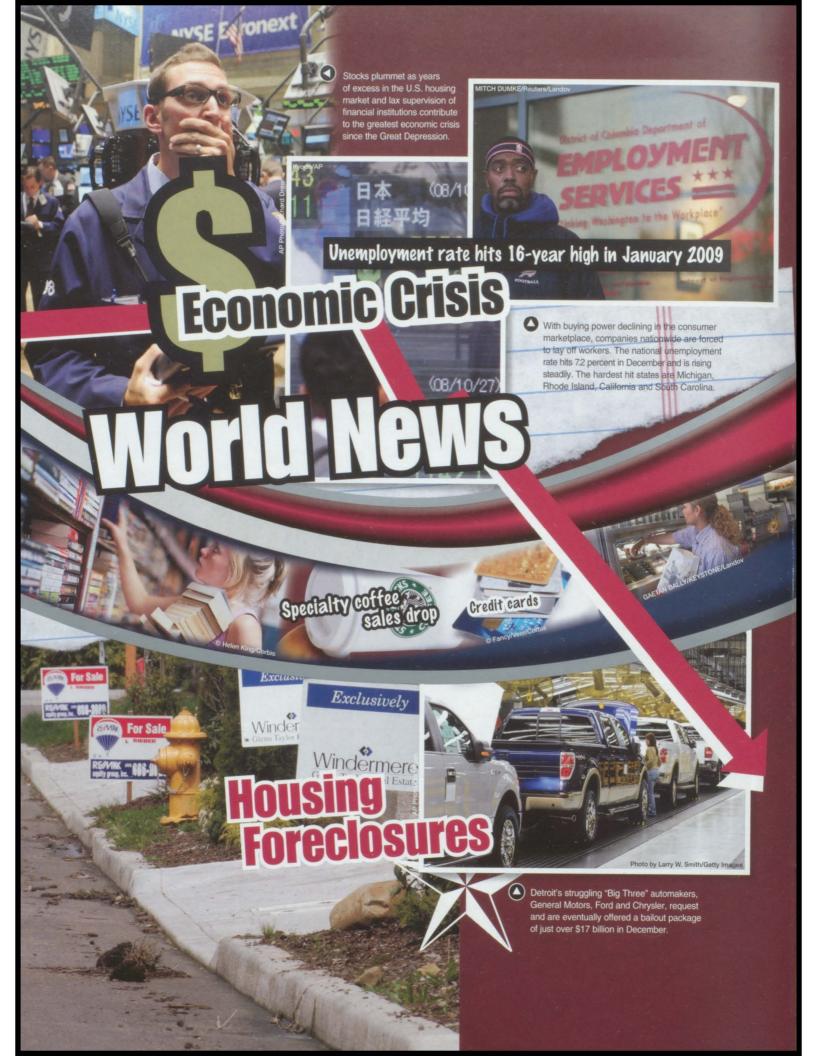








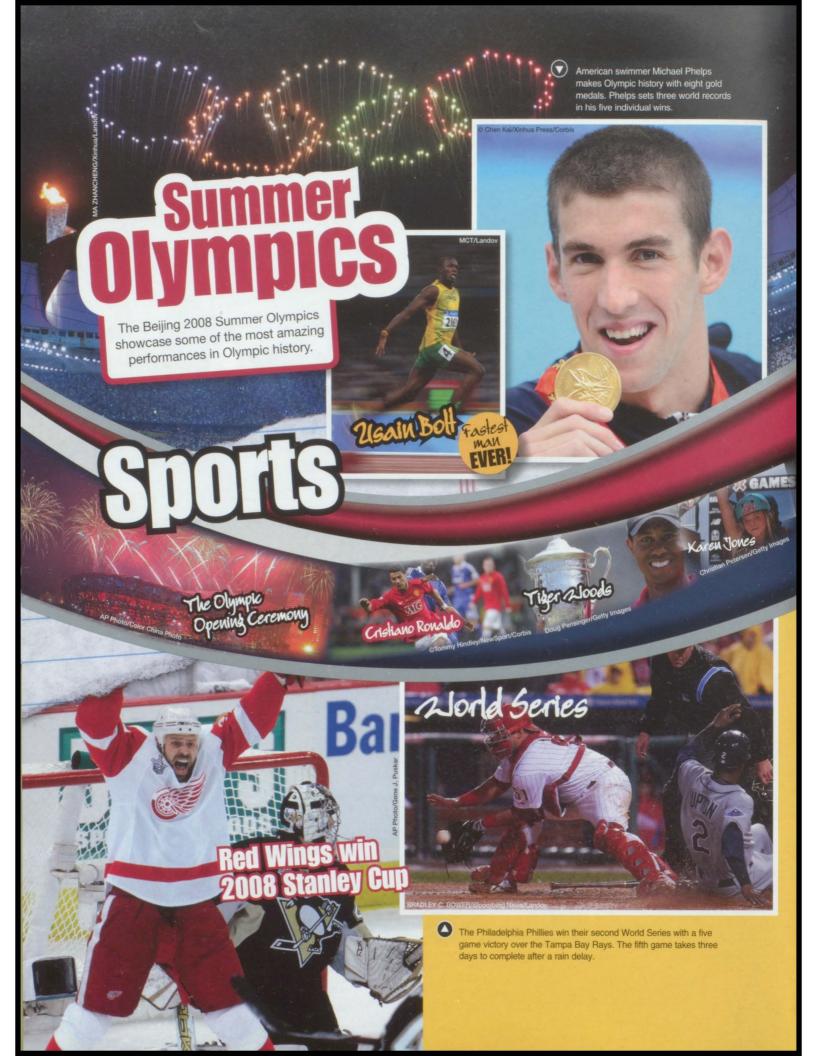






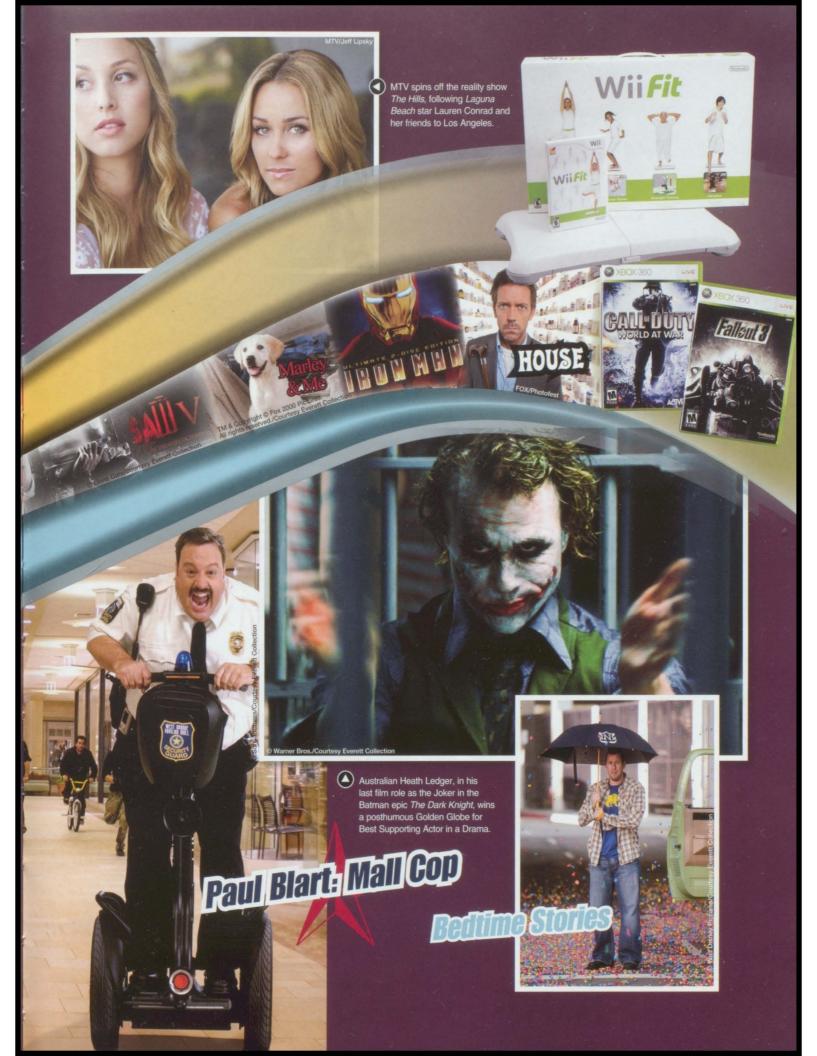








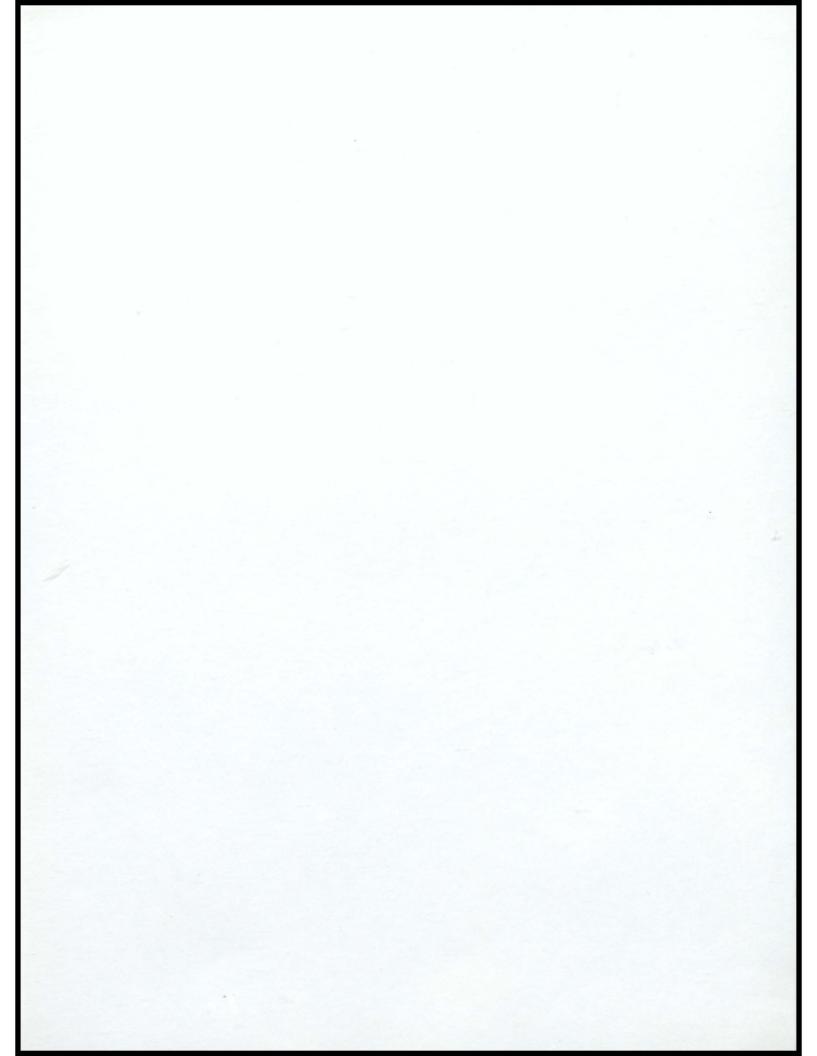


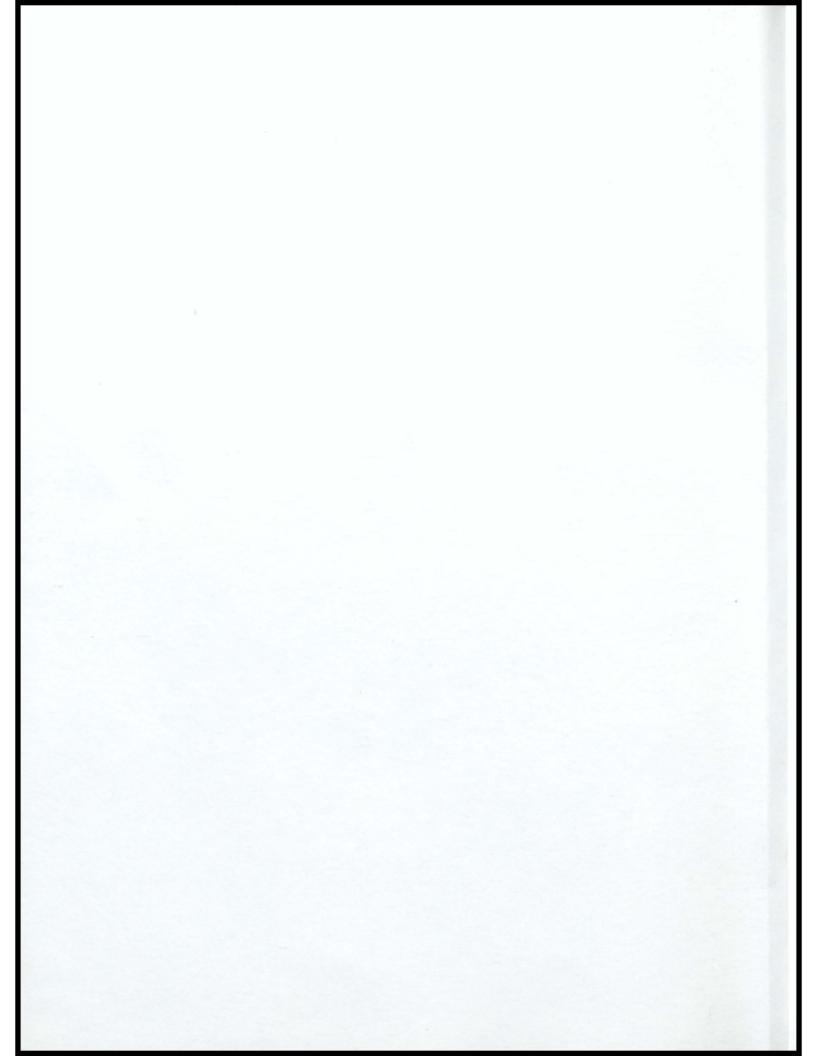


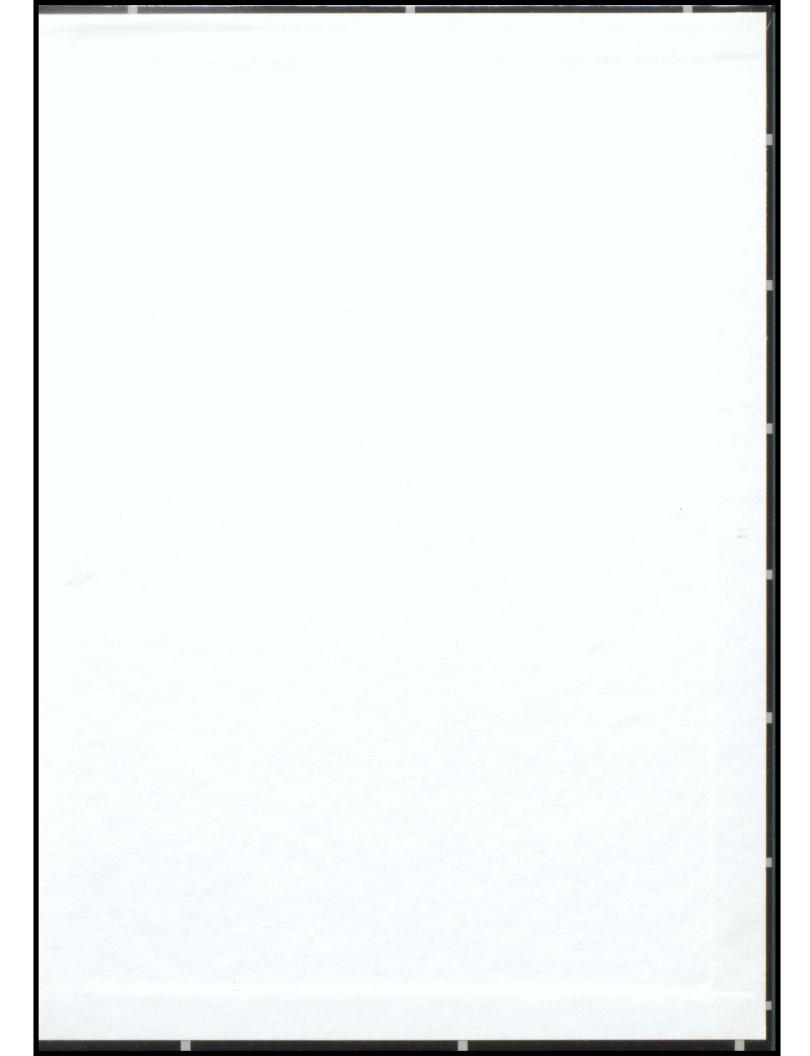












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