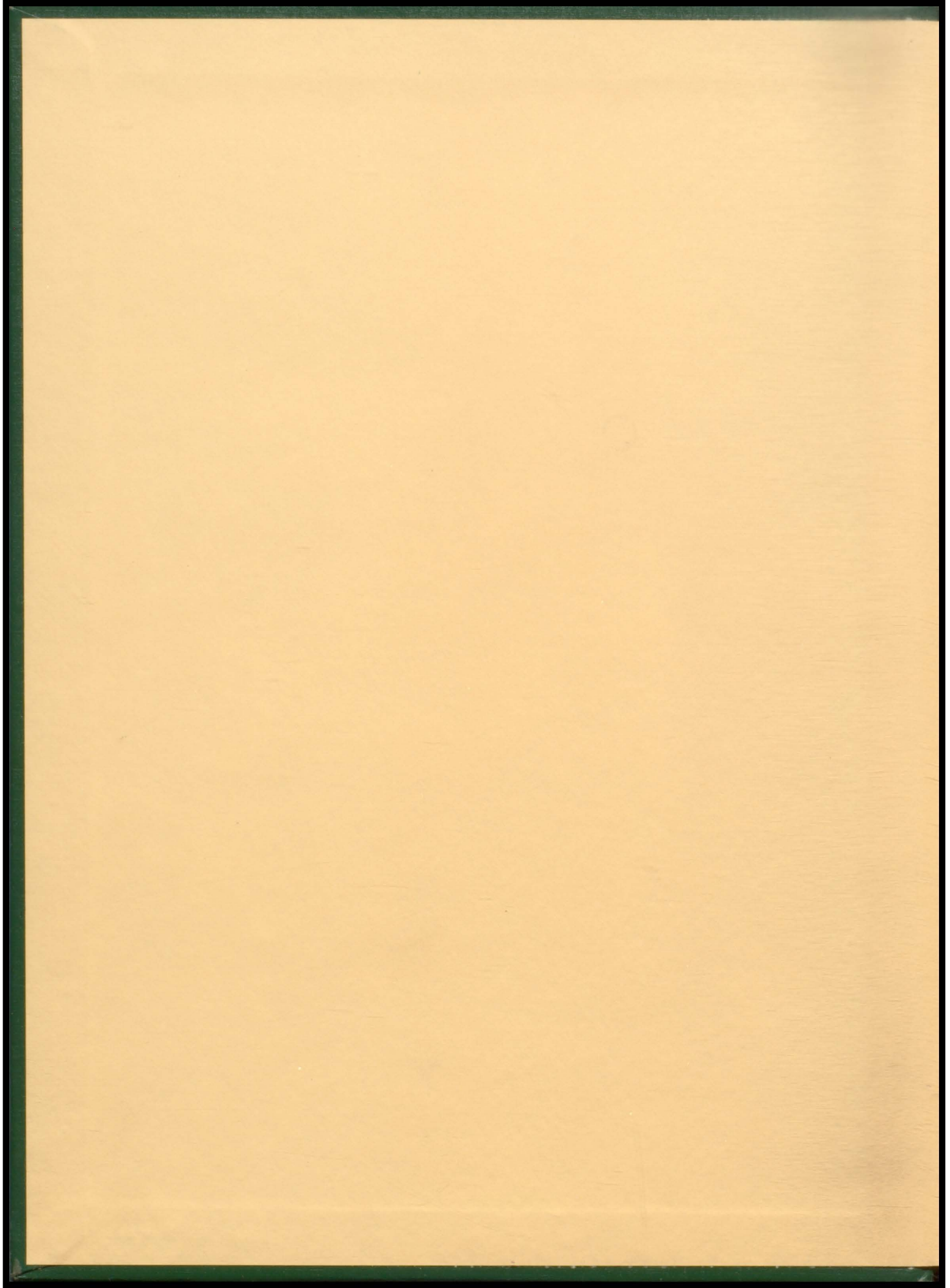
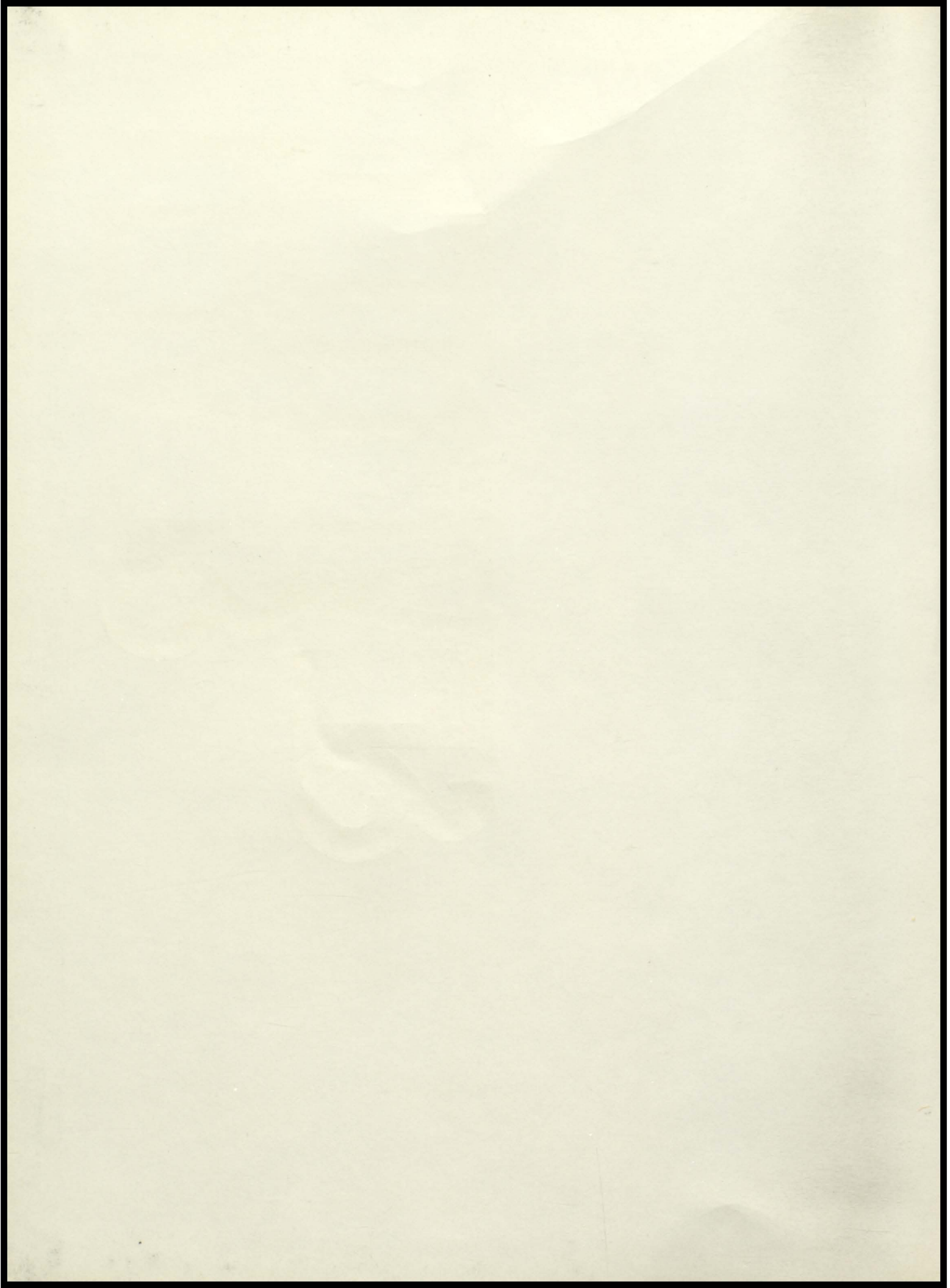




VIKING



REVIEWS



1977 VIKING



Deja Vu . . . Deja-Already, Before Vu-Observed, Experienced

Has there ever been an event in your life that you think has taken place before? Something so real that the time, the place, and the happening seem very strangely

familiar? You walk in a room and say, "Hey, I know this place. I think I've been here before," but you never have. It seems like a dream. Or has something ever happened to you and you feel as though you've experienced it before, but once again, it's only a dream? It's kind of like a reflection, a reflection in time. DEJA VU.....

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Yearbook Staff
Frederick High School
Frederick,
South Dakota 57441
Volume 24

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To You, Mr. and Mrs. Walz—Our "VIKING"

We, the Senior Class of 1977, dedicate our Viking to you, Mr. and Mrs. Walz. This is just a small way we can show our appreciation for the patience and kindness you have shown us. You have been very willing to give us your time when we know you could be doing other things. You are a part of our memories of FHS and we want to say "Thank You," you have made education not just a learning process, but a process of fun.

With mixed emotions, we say good-bye to you, Mr. and Mrs. Walz. We sincerely wish you the best of luck in future years.

Your '77 Seniors

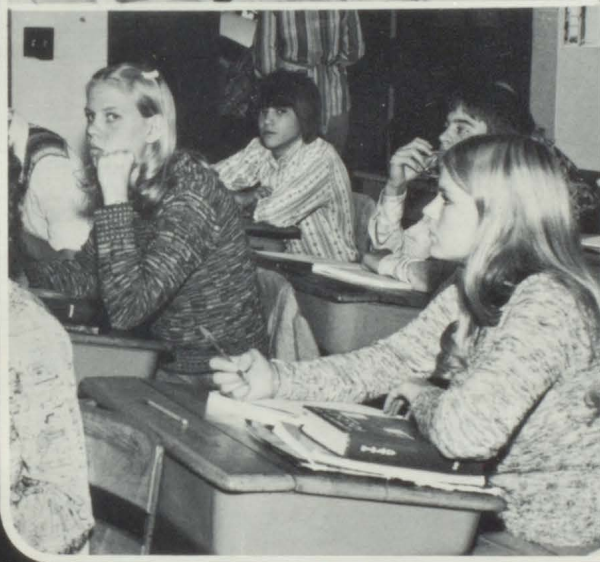
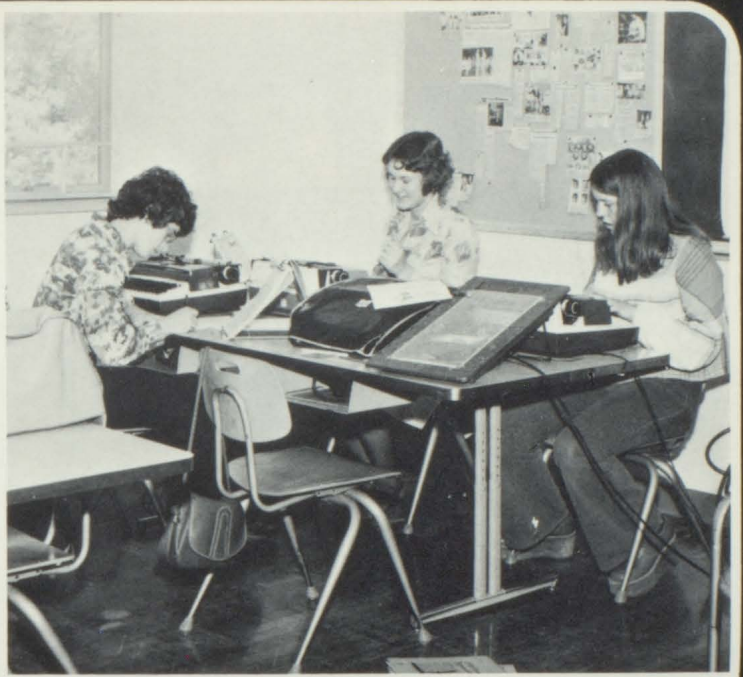


ABOVE: Mr. and Mrs. Walz are surprised by the photographer at hot lunch. BELOW: Mrs. Walz helps Mr. Jerde coach the "A" and "B" Girls' Basketball Teams.



ABOVE: Since Mrs. Walz is the senior class advisor. She and Mr. Walz attend the Senior Night Out at the Elks. RIGHT: Mr. Walz chaperones the seniors when they go to the state capital.





It is here. Gone, Brushing the whole.
Instantaneously evaporating.
And what has it been--
A quest, one's search, or existence?
But no matter--it was the best of times,
It was the worst of times.

CLASSES

Seniors

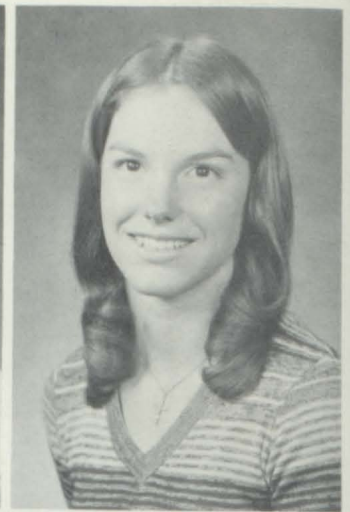
Events of the Past Become Visions of Today

The Senior Class of 1977 participated in many activities during the school year. On October 11, a majority of the seniors attended Career Night in Aberdeen. On March 1, the senior class took a bus to Pierre, South Dakota, to visit the state capitol. A few of the seniors attended the State "B" tournament in Sioux Falls this year.

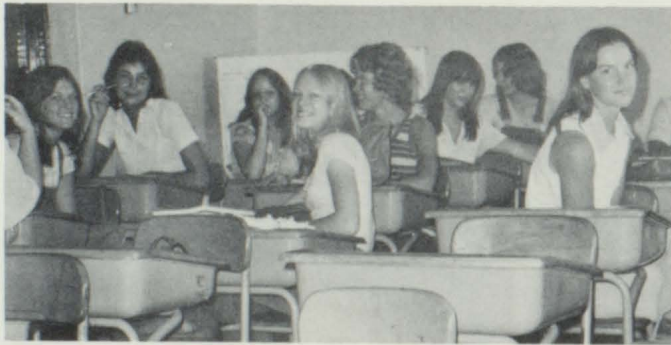
"We're Not Afraid of Tomorrow, For We Have Seen Yesterday, and We Love Today" was the class motto chosen by the seniors. The last main activities the seniors participated in were the Senior Night Out, the prom, baccalaureate, and graduation.



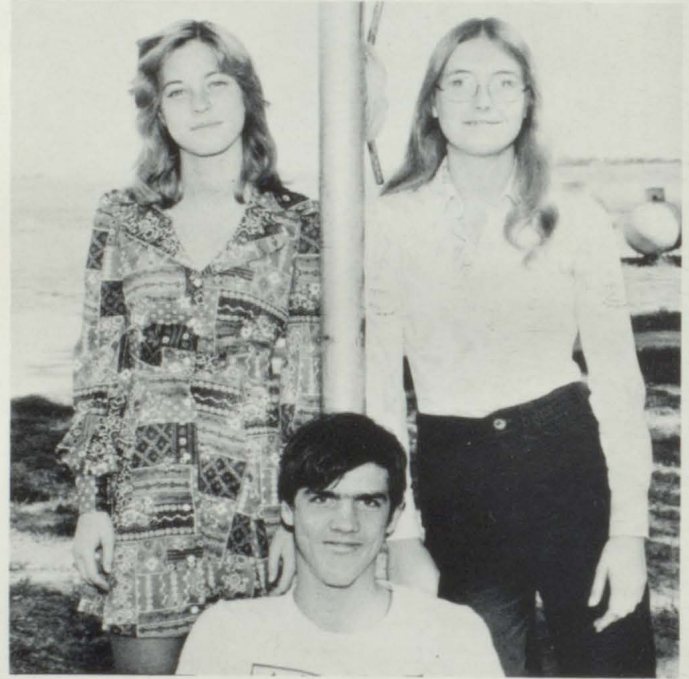
Lynnette Anderson



Colleen Bain



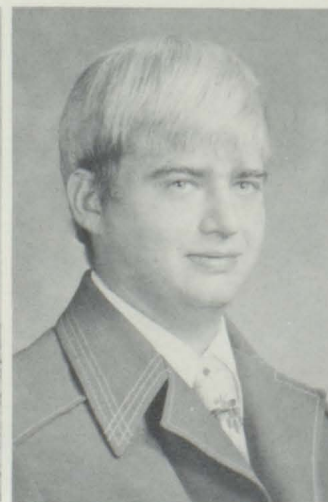
ABOVE: Many of the seniors discuss the classes they will be taking on registration day. RIGHT: Leading the senior class for the school year are: Calli Engelhart, Secretary; Larry Marske, Vice President; and Sherry Wilson, President.



Mahlon Boughton



Judy Breitag

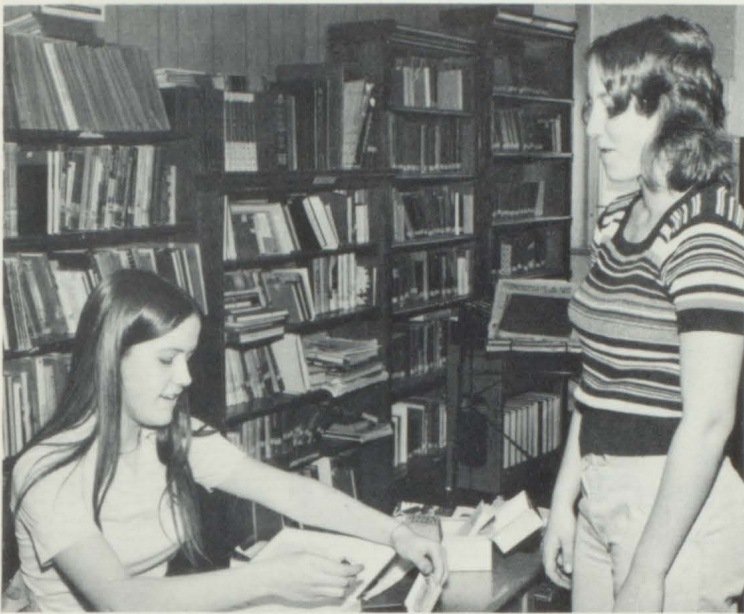


Richard Breitag



Nancy Bretsch

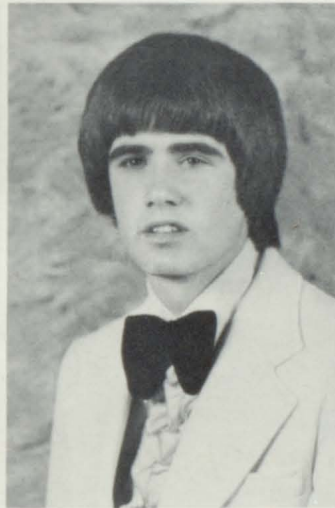
Seniors



ABOVE LEFT: Maureen Cantwell, librarian, helps Pam Mahlke check out a book. ABOVE: Kris Reisdorph, Cindy Martilla, and Tammy Larson smile for the camera man while coming back from lunch.



Kelly Cantwell



Kraig Cantwell

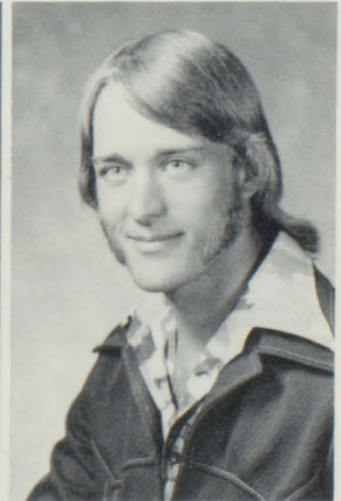
Baccalaureate	May 22
Commencement	May 24
Class Flower	Green-Tipped White Carnation
Class Colors	Dark Green Light Green



ABOVE: Sharing a joke before a band concert helps Brian Peldo, Calli Engelhart, and Joyce Ronning relax.



Maureen Cantwell



Bryan Crawford

Seniors



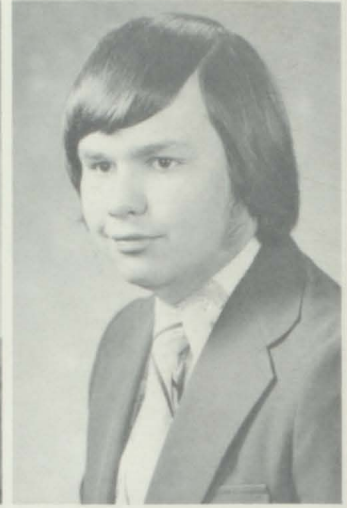
Christie Dennert



Calli Engelhart



Kipp Geranen



Dan Gooding



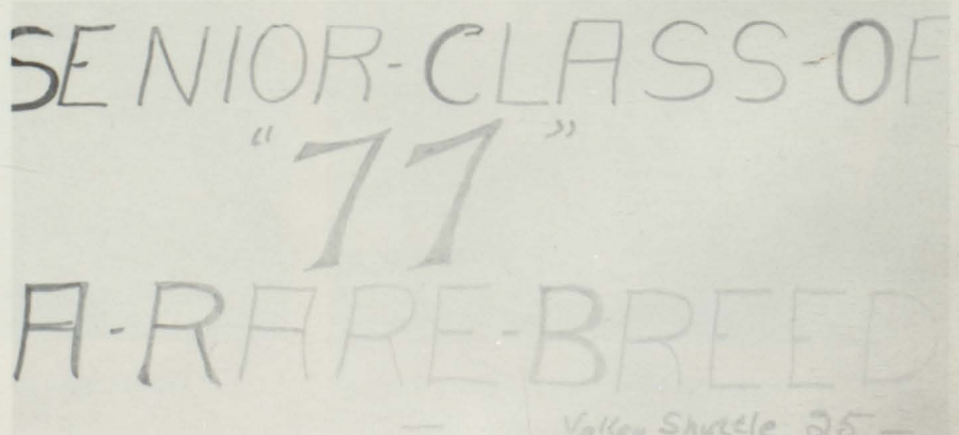
Pamela Rystrom Gunderson



ABOVE: While in Pierre, the senior class poses in front of the capitol building.
BELOW: This sign is posted in back of the bus that the seniors took to Pierre.



Tammy Larson



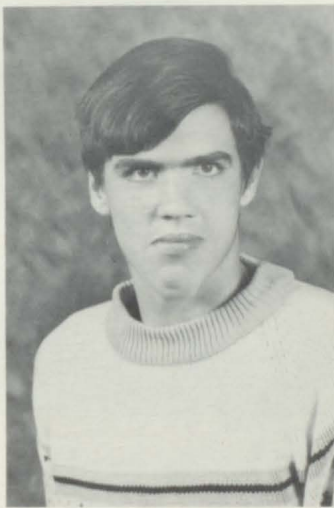
Seniors



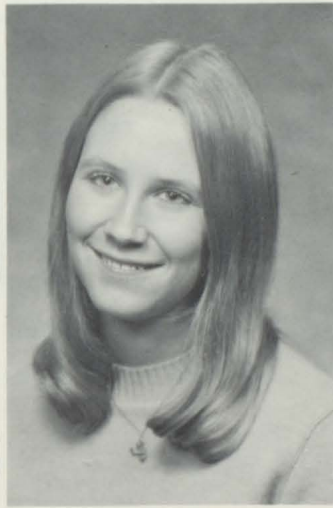
ABOVE: Kay Rosebrock, Susan Peterson, Nancy Bretsch, Cindy Martilla, Kris Reisdorph, Colleen Maunu, and Cathy Post pose for the photographer.



Pamela Mahlke



Larry Marske



Cindy Martilla



ABOVE: Kelly Cantwell, Christie Dennert, and Bryan Crawford raise their hands for lunch count. BELOW: Kevin Plummer peeks in the bus from behind.



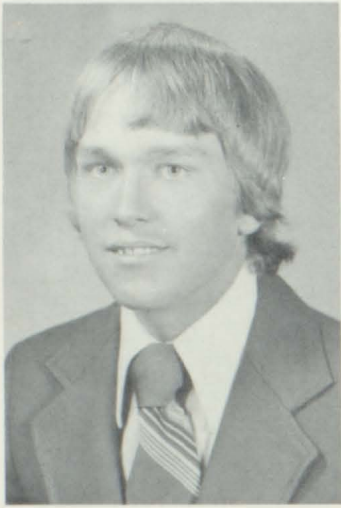
Colleen Maunu



Julie Napton



Seniors



Brian Peldo



ABOVE LEFT: Joyce Ronning and Kipp Geranen catch a few winks on the way to Pierre. ABOVE RIGHT: Kris Reisdorph finds it easier to reach the fountain by standing on a stool. BELOW: A group of seniors pose in a balcony at Pierre.



Susan Peterson



Kevin Plummer



Cathy Post



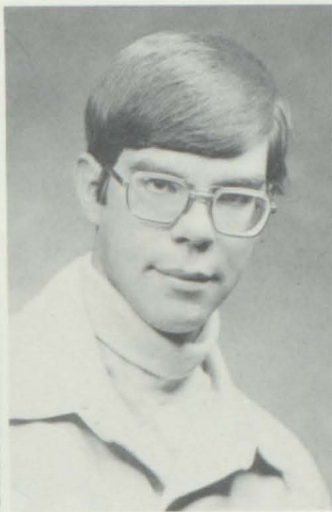
Kris Reisdorph



Joyce Ronning



Kay Rosebrock



Harvey Schlosser



ABOVE: Kris Reisdorph, Mr. Walz-Instructor, Cindy Martilla, Kay Rosebrock, Susan Peterson, Colleen Bain, and Dan Gooding are the students who attended Government Day.



Brenda Sulzle



ABOVE: Kris Reisdorph, Tammy Larson, Julie Napton, Maureen Cantwell, and Cathy Post spend noon hour at the Youth Center.



Sherry Wilson



ABOVE: Students pose for the photographer when the seniors are in Pierre.



ABOVE: Colleen Maunu points out a black and blue mark to Calli Engelhart.

Jerry Albrecht
Sherry Bender
Shirley Berniklau
Debbie Boughton
Todd Breitreutz



John Brotzel
Ronald Claeys
Vickie Dennert
Brenda Emery
Carla Engelhart



Monty Forsting
Sharon Forsting
Nancy Grieben
Todd Harrison
Denise Hemen



Brian Hertel
Darrel Hieb
Julie Hixon
Dawayne Huettl
Avis Jarvi

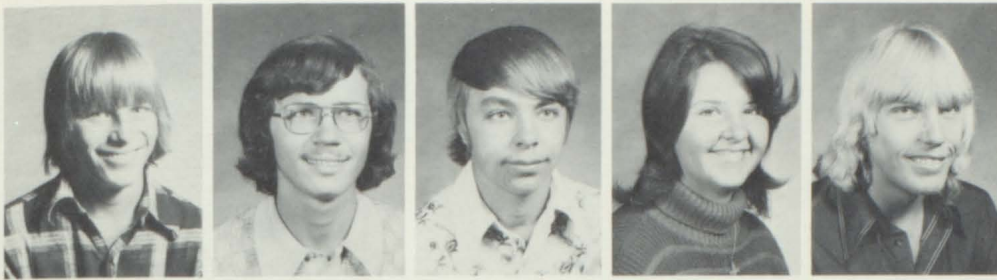


Juniors Combine Old and New Money-Making Projects



ABOVE: The chemistry students are experimenting to create a new compound.

The 1976-77 Junior Class raised money for the prom by working in the concession stand at football games and boys' and girls' basketball games. Candles were sold to the community and caramel apples were sold to fellow students after a pep fest. Bake sales were also held during parent-teacher conferences to help bring in some extra profits. The Junior Class sponsored a chili supper which kept them on the move for one night and brought in some needed cash.



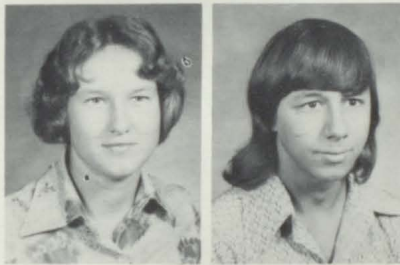
Paul Jung
LeRoy Kayl
Brian Luoma
Vileen Olson
Edward Peldo



Janeen Plummer
Nancy Plummer
Randal Podoll
Kent Reisdorph
Robert Rosebrock



Gerald Signs
Joleen Speidel
Kendall Stoddard
Leslie Sumption
Jeffery Tveit



Candy Wilson
Scott Wright
NOT PICTURED:
Lanette Nixon



ABOVE: The bookkeeping class is busy working to finish the sets that will be helpful to the students in the business world. LEFT: The 1976-77 junior class officers FROM LEFT TO RIGHT are: Secretary-treasurer-Carla Engelhart, President-Ronald Claeys, and Vice President-Candy Wilson. With determination these three students head the class in raising the needed money for the Junior-Senior Prom.



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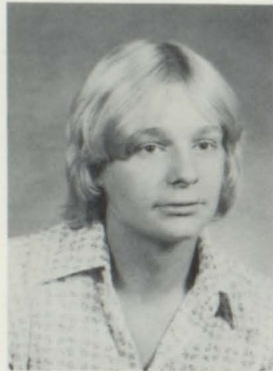
Sophomore Float Takes First Place

The 1976-1977 Sophomore year was filled with hard work in biology and many other classes. The high point in the Sophomore year was when they received first place in the homecoming float competition. Their theme was, "Put the Pirates in Stitches, and Sew up a Victory."

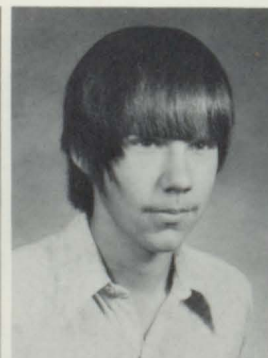
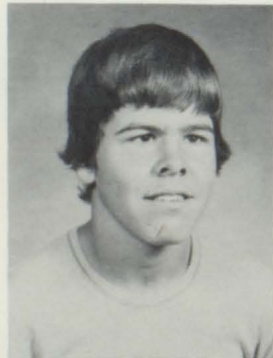


ABOVE: 1976-77 Sophomore class officers FROM LEFT TO RIGHT are: Secretary-Treasurer-Cathy Martilla; President-Karen Ronning; and Vice President-Darren Engelhart.

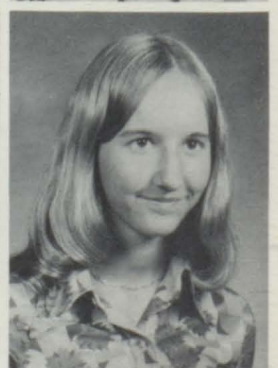
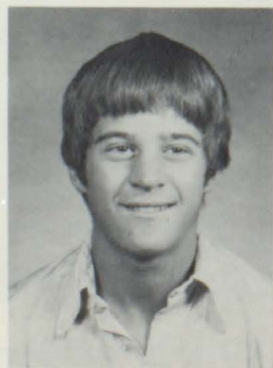
Lenny Albrecht
Nancy Berheim
Nancy Berniklau
Beth Cantwell

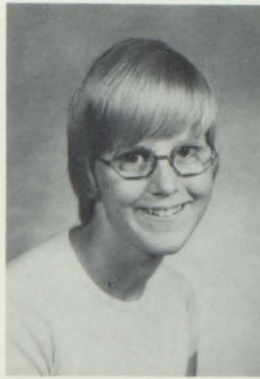


Charles Cantwell
Arnold Claeys
Charles Dennert
Patty Emery



Darren Engelhart
Brian Ham
Lisa Heier
Barbara Karjalainen

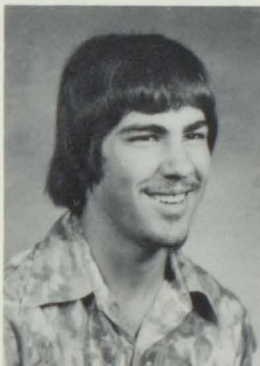




Kathy Karjalainen
Keith Kendall
Brenda Luoma
Michael Luoma



Cathy Martilla
Connie Maunu
Sonya Niva
James Plummer



Karen Roming
Todd Rosebrock
Todd Voeller
Crystal Wilson



In Memory of Rita Carlson

Remembering Rita

We remember her smile
And sweet little ways,
That always brought sunshine
To the dark, gloomy days.

We remember her laughter
That rang loud and clear,
It helped lift depression
And dissolve all fear.

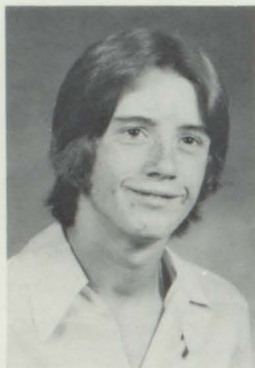
We'll remember her always
Though days will drift on,
She has found her place
In the world beyond.

Michelle Mahlke

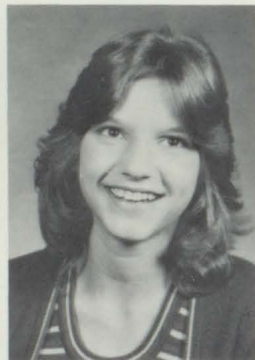
David Anderson
 Patty Bender
 Wayne Boughton
 Brenda Breitag



Grant Bunke
 Kermit Cantwell
 William Dennert
 Ernest Dinger



Troy Engelhart
 Kelly Geranen
 Ronda Grieben
 Veronica Grajczyk



Kerry Hart
 Kristi Heis
 Mark Herman
 David Hinz



Danny Huettl
 Susan Huettl
 Kelly McCulloch
 Lisa McDowell





Karen Olson
Tina Plummer
Rick Reisdorph
Karen Schlosser



Laurie Speidel

NOT PICTURED:
Carolone Claeys
James Jung



ABOVE: The 1976-77 Freshman Class officers FROM LEFT TO RIGHT are President-Rick Reisdorph, Secretary-treasurer-Karen Schlosser, and Vice President-Troy Engelhart.

Freshmen Participate in Co-ed P.E.

The Freshman Class was introduced to Co-ed P.E. for the first time in Frederick. Karen Schlosser was chosen by her class as the 1977 Junior Snow Queen. Advisors for the year were Mr. Walz and Mr. Kendall.



BOTTOM LEFT: Brenda Breitag, Karen Olson, Susan Huettl, and Tina Plummer. ABOVE: David Hinz and Rick Reisdorph.



Faculty Introduces New Ideas

This year FHS welcomed a new principal and three teachers.

Mr. Loren Jerde, principal, received his B.S. and M.S. degrees at NSC. He was assisted by Mrs. Patricia Tveit, secretary for Frederick High School.

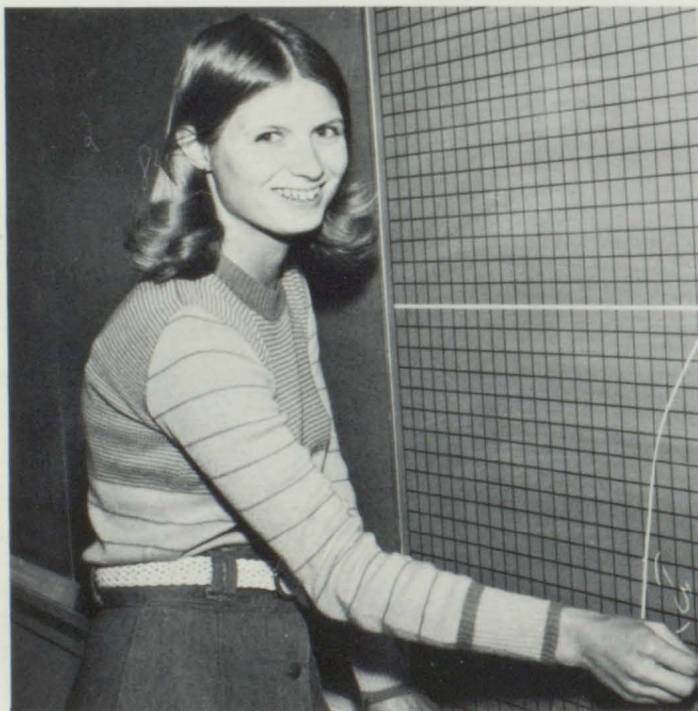
Mrs. Marla Walz, a graduate of NSC, with a B.S. degree, taught the math classes.

Mr. Louis Nelson, head of the science department, obtained his B.S. degree from SDSU.

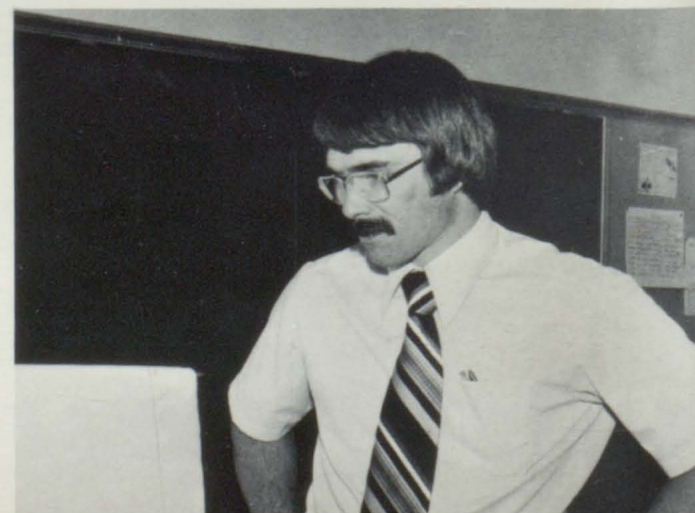
A new teacher at the high school this year was Mr. Darryl Walz. He graduated from NSC with a B.S. degree. He headed boys' athletics and taught the social science courses.



ABOVE: Mr. Jerde and Mrs. Tveit review the schedule of the oncoming week. Mr. Jerde is the girls' basketball and track coach, student council advisor, and also teaches American History. Mrs. Tveit is the high school secretary.



ABOVE: Mrs. Walz, senior class advisor, demonstrates the use of a graph in a math class. She heads the drill team, pep club, and cheerleaders, and is assistant girls' basketball coach. UPPER RIGHT: An advisor to the senior class, Mr. Nelson, teaches general science, chemistry, physics, driver's education, and mechanical drawing. LOWER RIGHT: Mr. Walz, freshman advisor, views a map as he teaches his world history class. He also teaches government, sociology, and is the head football, basketball, and track coach. He teaches ninth and tenth grade girls', boys', and co-ed physical ed.





UPPER LEFT: The sophomore class advisor, Mrs. Nelson, explains the techniques required in using the mimeograph machine. She teaches the business courses and is the yearbook advisor. UPPER CENTER: Mrs. Rollo, junior class advisor, teaches English and is the senior class play director. UPPER RIGHT: English teacher and librarian, Mrs. McNeary, heads the declam department, is the director of the junior class play, and advises the junior class.

Faculty Builds Students Academically



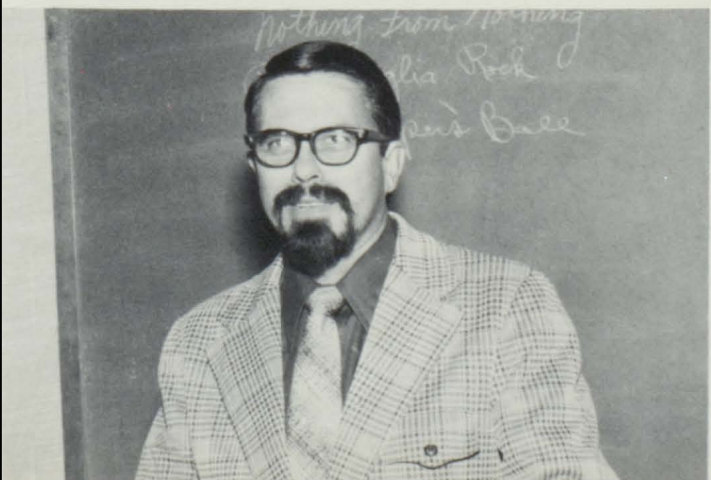
Mrs. Mary Anne Nelson, a graduate of NSC with a B.S. degree, taught the business classes.

Mrs. Bernice Rollo, English teacher, obtained her B.S. degree from UND Ellendale and a M.S. degree in English from NSC.

Mrs. Cathy McNeary, a new English teacher and librarian at FHS this year, is a graduate of USD with a B.S. degree.

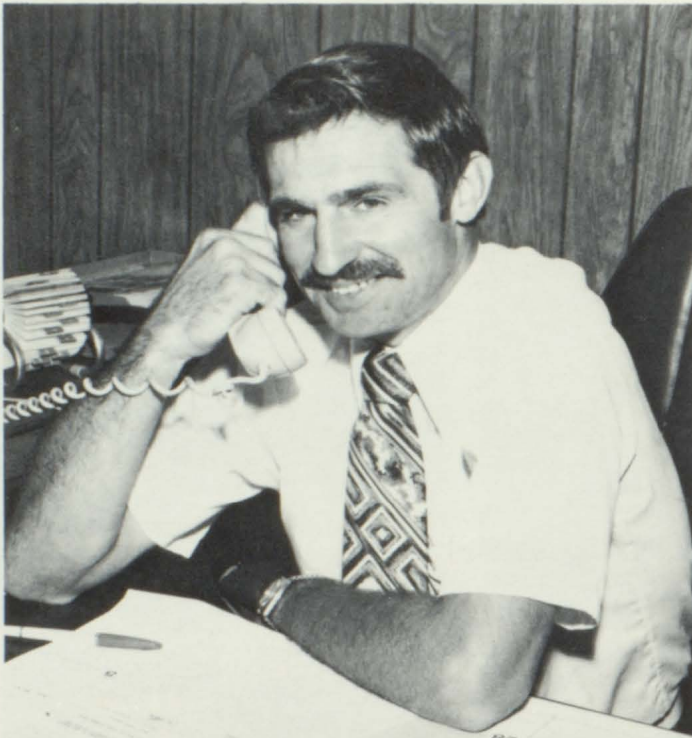
A new teacher at FHS this year, Mrs. Carol Storley, taught home economics. She received her B.S. degree from SDSU.

Biology teacher, Mr. Roger Kendall, received his B.S. degree at UND. He also taught beginner, junior high, and senior high music.



UPPER LEFT: Home economics teacher, Mrs. Storley, demonstrates the use of the sewing machine. She is also the sophomore class advisor. LOWER LEFT: Mr. Kendall, freshman class advisor, heads the music department and teaches the biology class. He spends his afternoons in Barnard teaching beginner and junior high band.

This page sponsored by: HOUGHTON'S MEAT MARKET, Ellendale, North Dakota



UPPER LEFT: Superintendent of the Elm Valley School District is Donald Quimby. ABOVE: Agnes DeMarce is the Business Manager of the district.

Administration Forms New School District

Superintendent, Donald Quimby, received his Bachelor of Science degree and Master of Science degree at Northern State College. Mr. Quimby has been with the school system for six years.

Agnes DeMarce, who received a Certificate of Proficiency with a major in Commercial Subject from Ellendale University, has been with the school system for twenty-one years.

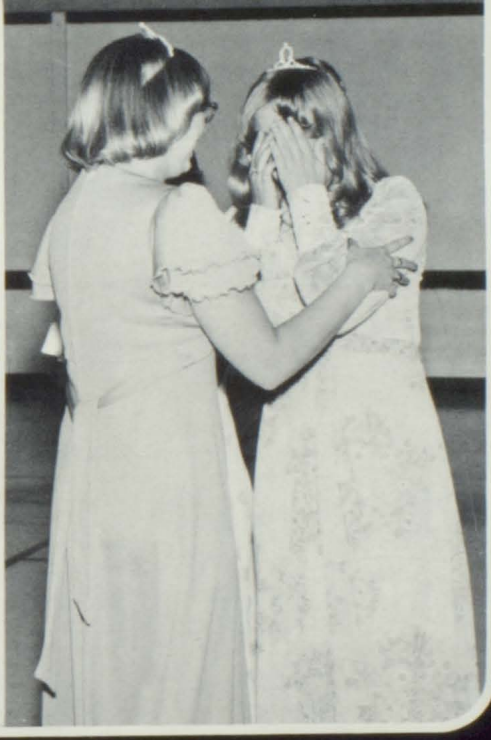
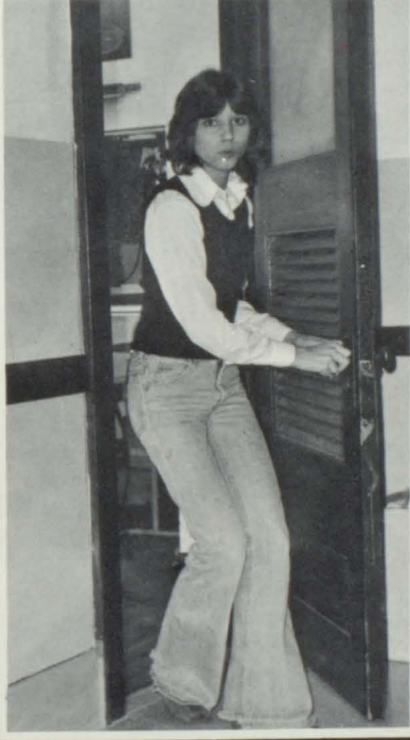
Guidance Counselor, Ken Pullman, graduated from Huron College with a major in Political Science. He also has a Master's degree from Northern State College in Guidance and Counseling. He has been in the school system for seven years.

A new school board was elected this year because of the development of the Elm Valley School District. The new district includes Frederick High School, Barnard Elementary, and Barnard Middle School.



ABOVE: Counselor for the Elm Valley School District is Ken Pullman. BELOW: Members of the 1976-77 School Board are: Jack Smith, Robert Hixon, Thomas Heis, Darwin Podoll, and James Geranen.





It isn't ever the same.
In time, I'll change. And you.
And the currents of our lives.
But the image of this moment
will never fade.
These moments with friends,
are unforgettable.

ACTIVITIES

Homecoming Royalty Reigns Over Bicentennial Activities

The 1976 school year began with the thrills and excitement of the Homecoming Festivities, the theme being "Days of '76". Activities got under way with the coronation-pep fest on Wednesday evening, September 15. Skits were presented by each class, with the juniors capturing first place with their skit entitled, "Bicentennial Minutes". Rietta Vossler and Bernie Witte, last year's royalty, crowned Joyce Ronning and Bryan Crawford as the new royalty for 1976. Honor guards for the event were Julie Hixon and Todd Harrison. Crown bearers were Heather Mikkonen and Brad Ronning. Emcee for the evening was Kent Reisdorph. The band played various selections and music for the coronation was provided by Cathy Martilla. After the coronation, a bonfire was held behind the school. The cheerleaders led the fans in cheers, and a snake dance followed.



ABOVE: Cathy Martilla plays the song, "We've Only Just Begun" as the candidates enter.



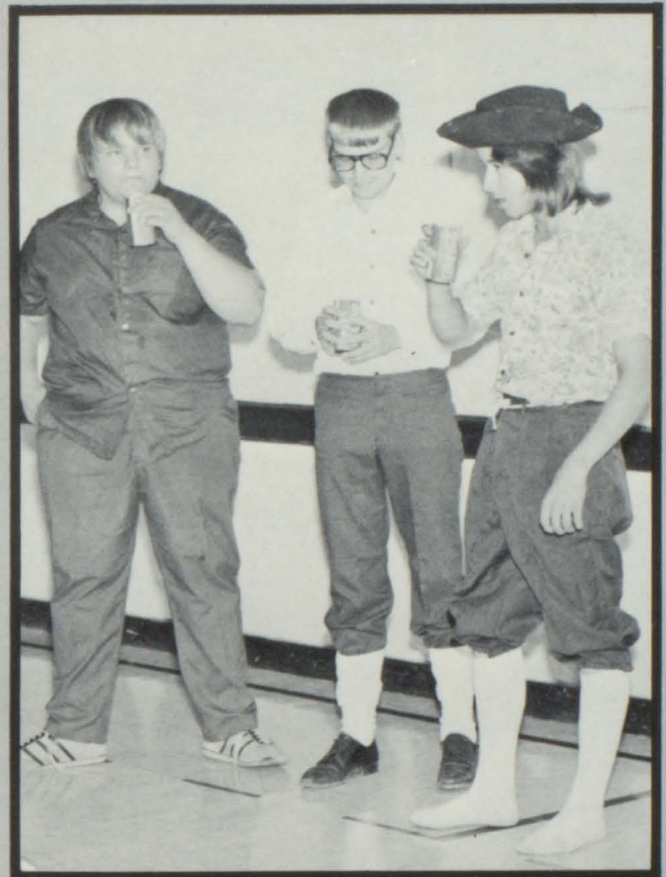
ABOVE: Joyce Ronning and Bryan Crawford reign as the 1976 Homecoming Royalty.



FRONT ROW: Crown bearers Heather Mikkonen and Brad Ronning. BACK ROW: Kris Reisdorph, Kay Rosebrock, Colleen Maunu, Nancy Bretsch, Honor



ABOVE: Carrying the crowns are the Crown Bearers, Heather Mikkonen and Brad Ronning.

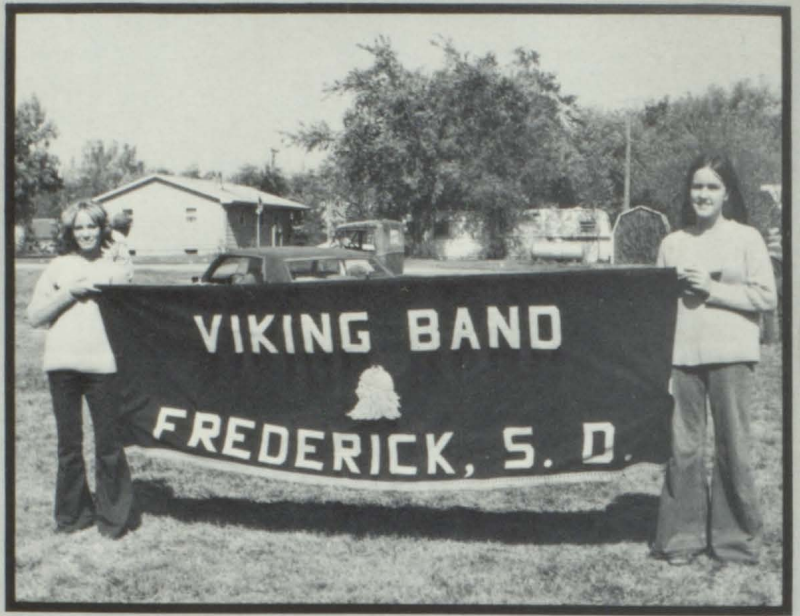


ABOVE: The juniors portray a scene from their skit, "Bicentennial Minutes." As a result of their efforts, they took first place in skit competition. BELOW: Kent Reisdorph serves as Master of Ceremonies.



Guard-Julie Hixon, Queen-Joyce Ronning, King-Bryan Crawford, Honor Guard-Todd Harrison, Larry Marske, Mahlon Boughton, Kipp Geranen, and Brian Peldo.





LEFT: Riding the Homecoming Royalty Float are Queen Joyce Ronning and King Bryan Crawford. ABOVE: Leading the band are the Banner Carriers, Karen Ronning and Maureen Cantwell.

Homecoming Activities Promote Viking Spirit

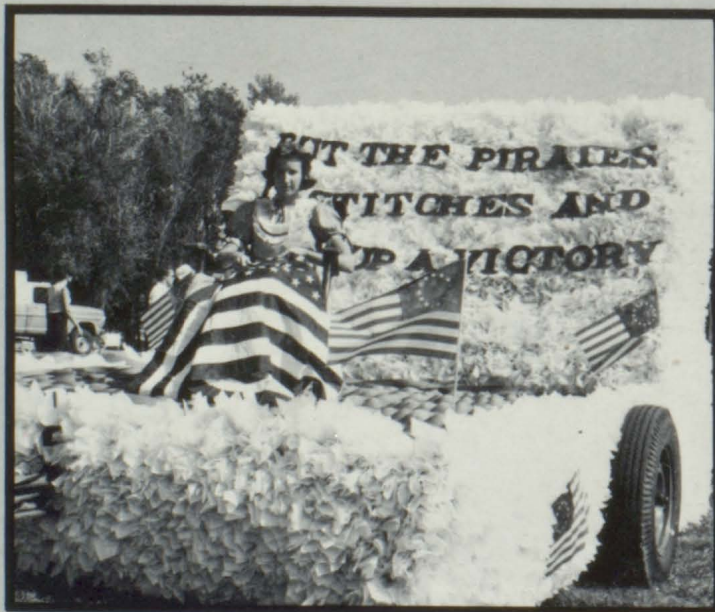
Organizations of the Frederick Community participated in the Bicentennial Homecoming Parade. Numerous entries made it enjoyable to both young and old.

Each class entered a float in the parade. Float competition was won by

the sophomore class, second place was awarded to the juniors, and the freshmen placed third.

Friday evening, the football game was held. A strong Bristol team defeated the Vikings by a 42-0 margin.

BELOW: The sophomores receive first prize for their effort in building a winning float.

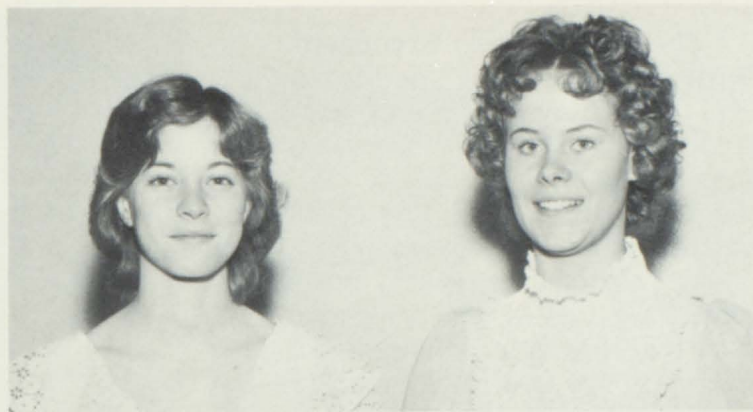


ABOVE: Majorettes are Veronica Grajczyk, Kelly Geranen, and Head Majorette-Nancy Grieben.

Frederick Homemakers Club Sponsors Snow Queen



ABOVE: 1977 Snow Queen is Nancy Bretsch and Junior Snow Queen is Karen Schlosser. BELOW: After the revealing of the scrolls, Nancy Bretsch becomes the 1977 Miss Frederick.



ABOVE: Calli Engelhart and Colleen Maunu are chosen first and second runners-up, respectively.

On November 12, the Frederick Homemakers Extension Club sponsored the 1977 Snow Queen contest. Nancy Bretsch was crowned "Miss Frederick" by the former queen, Jaye Kendall. The first runner-up was Calli Engelhart and Colleen Maunu was second runner-up.

The Crown Bearers were Lisa Martin and Wesley McCullough, Mr. Gib Post was the Master of Ceremonies for the program.

Cathy Martilla, who held the title last year crowned Karen Schlosser the new Junior Snow Queen. Frosty, the mystery snowman, was unmasked to reveal Mr. Ken Pullman.



ABOVE: Frosty is waiting impatiently for the new Snow Queen to unveil him.



ABOVE: The Crown Bearers, Wesley McCullough and Lisa Martin, are carrying the crowns for the new 1977 Snow Queens.

All the World Is a Stage

The Junior Class presented "Millie Goes a Miss" on March 7, 1977. The play was directed by Mrs. McNeary, with the help of Sherry B., Vickie D., Brenda E., and Janeen P. As the play opens Millie (Joleen S.) is desperately trying to get her parents, Bertrum and Alice (Les S. and Shirley B.) back together. Her plans almost fail when her two brothers, Herbert and Rodney (Ron C. and Todd H.) decide to get in on the action. The other tenants of the building also add to the confusion. However, with the help of Harvey, (Jeff T.) Millie's fiance, her parents decide on a reconciliation.



ABOVE: ROW 1: Vickie Dennert, Janeen Plummer, Brenda Emery, Sherry Bender. ROW 2: Julie Hixon, Shirley Berniklau, Nancy Grieben, Carla Engelhart, Joleen Spiedel, Jeff Tviet. ROW 3: Mrs. McNeary, Denise Hemen, Ronald Claeys, Candy Wilson, Avis Jarvi, Kent Reisdorph. ROW 4: Leslie Sumption, Todd Harrison.



ABOVE: The old man is quite confused by Herbert wearing a dress. BELOW: Rodney is not taken in by Princess Hiawatha's charm.



ABOVE: Millie and Harvey try to get Millie's parents back together. BELOW: The only time there is peace and quiet is when Rodney and Herbert are asleep.



This page sponsored by: ARTISTIC PHOTOGRAPHERS, Aberdeen, S. Dak.

Seniors Work Together to Present Two-Act Comedy



ABOVE: KNEELING: Cathy Post and Cindy Martilla. SITTING: Bernice Rollo and Lynnette Anderson. STANDING: Sherry Wilson, Tammy Larson, Joyce Ronning, Harvey Schlosser, Brian Peldo, Kay Rosebrock, Larry Marske, Nancy Bretsch, Colleen Maunu, Susan Peterson, Calli Engelhart, Brenda Sulzle, Julie Napton, and Kevin Plummer.

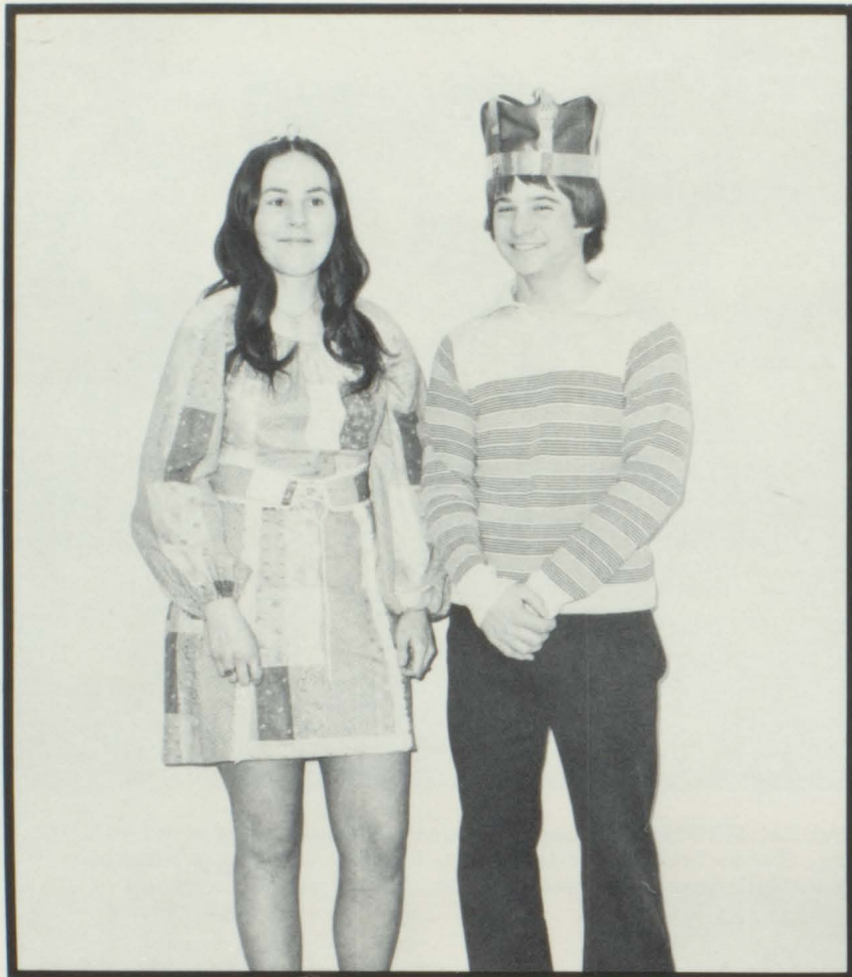


ABOVE: Larry Marske and Bryan Crawford discuss the money problems of the home. BELOW: Harvey Schlosser and Kevin Plummer try to keep the old house in shape by making repairs. LOWER RIGHT: Susan Peterson and Cindy Martilla help Sherry Wilson, a patient at the home.

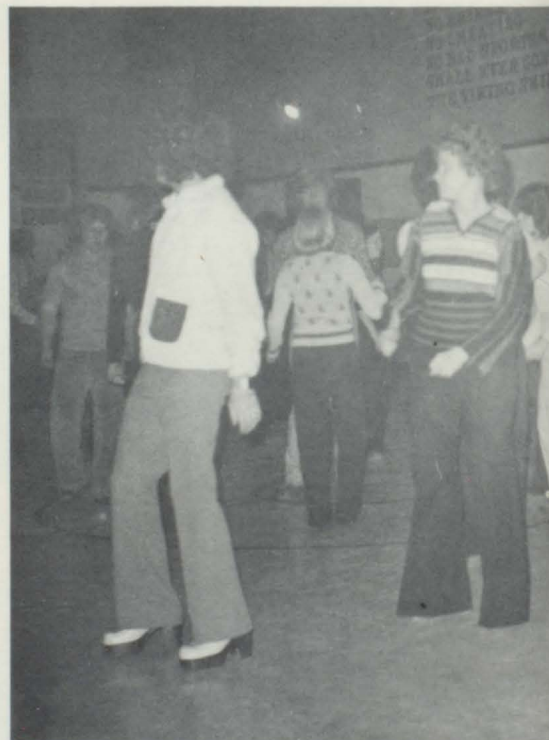
The Senior Class presented "The Nut Factory" on November 20, 1976. It was a two-act comedy, with sixteen seniors involved in the play. The three sisters portrayed by Cathy Post, Cindy Martilla, and Susan Peterson tried desperately to operate a home for disturbed children. The aunt, Julie Napton, and her daughter, Colleen Maunu, did everything in their power to close the doors of the home. Other leading parts were played by Larry Marske as Barry, and Bryan Crawford as Claude. The play was directed by Bernice Rollo with Lynnette Anderson and Tammy Larson as helpers.



Coronation Highlights Sweetheart Dance

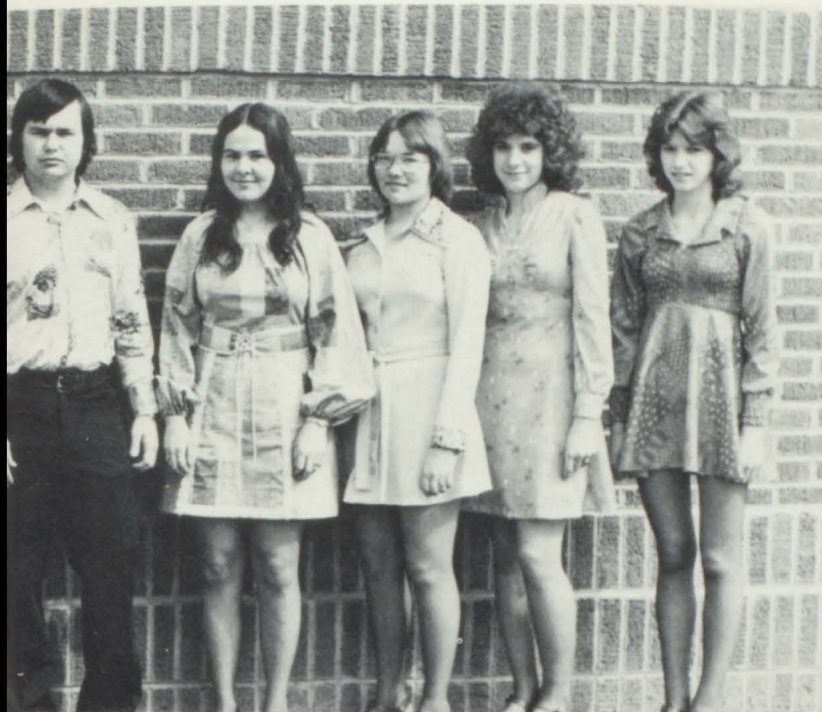


ABOVE: Queen-Kelly Cantwell and King-Darren Engelhart reign as 1977 Sweetheart Roylaty. BELOW: Kevin Plummer and Sherry Wilson are the 1977 Cupid and Psyche.



ABOVE: Students attending the Sweetheart Dance enjoy dancing to music provided by the band, Magnitude.

Magnitude Provides Music for Sweetheart Dance



PICTURED ABOVE are the 1977 Sweetheart candidates. The boys chosen to represent their classes are: David Hinz, Darren Engelhart, Todd Harrison, and Dan Gooding. Girls selected are: Kelly Cantwell, Shirley Berniklau, Lisa Heier, and Kelly Geranen.

February 12th was the evening which provided the setting for the Sweetheart Dance and the coronation of the Sweetheart Royalty. The dance drew a large number of students who enjoyed dancing to the music of Magnitude.

Candidates for Sweetheart Queen were Kelly Cantwell, Shirley Berniklau, Lisa Heier, and Kelly Geranen. King candidates included Dan Gooding, Todd Harrison, Darren Engelhart, and David Hinz. Selected as the 1977 Royalty were Kelly Cantwell and Darren Engelhart. Chosen as Psyche and Cupid were Sherry Wilson and Kevin Plummer.

In the cake contest, the juniors won first place for both the best tasting and the best looking cake.



ABOVE: Magnitude provides great music as well as a few interesting surprises.



ABOVE: Those who participated in Declam are, ROW 1: Kristi Heis, Cathy Post, and Joleen Speidel. ROW 2: Jeff Tveit, Les Sumption, Ronald Claeys, Bill Dennert, and Instructor-Mrs. McNeary.

Students Attend Northern Workshops

Those participating in Declam during the 1976-1977 school year were Cathy Post, Drama; Les Sumption and Kristi Heis, Humorous; Bill Dennert, Poetry; and Joleen Speidel and Ronald Claeys, Duet Interpretation. These students competed in the annual Declam Tournament at Northern State College and at the District meet in Ipswich.

A number of students from Frederick High School attended the Student Secretarial Seminar which was held on the campus of Northern State College in Aberdeen on November 4-5. They were shown the use of shorthand, legal, medical, and technical transcription, and the use of the automatic typewriter.

RIGHT: The students attending the Business Seminar are: Sherry Bender, Julie Napton, Shirley Berniklau, Julie Hixon, Denise Hemen, Avis Jarvi, Janeen Plummer, Instructor-Mary Anne Nelson, Chaperone-Caroline Jarvi, and SEATED Lynette Anderson.



This page sponsored by: NODAK HOTEL-CAFE, Ellendale, North Dakota.



ABOVE: Librarians: ROW 1: Veronica Grajczyk, Vileen Olson, and Maureen Cantwell. ROW 2: Paul Jung, Jerry Albrecht, Nancy Grieben, Brian Peldo, Candy Wilson, Mahlon Boughton, Dan Gooding, and Karen Olson. BELOW: Susan Peterson, Kay Rosebrock, Cindy Martilla, and Rick Reisdorph are looking over the minutes of the student council meeting.



New Library and Student Council Aid Students

The library experienced one major change this year when it was moved across the hall to a much larger room. It seemed to be more convenient for students and teachers alike. Several new purchases were also made.

Planning activities for the student body was the student council's main function this year. They planned a holiday dance, a Valentine dance, and decorated the school Christmas tree. Another project was to encourage the students to bring gifts for Redfield.



ABOVE: Student Council: ROW 1: Vice President-Nancy Bretsch, President-Cindy Martilla, and Sec-Treas-Colleen Maunu. ROW 2: Susan Peterson, Avis Jarvi, Keith Kendall, Nancy Grieben, Kermit Cantwell, Joleen Speidel, and Kay Rosebrock.

Outstanding Students Receive Honors

Colleen Bain won the Betty Crocker Award by obtaining the highest score on a written examination taken by members of the senior class on December 7. As the winner, she was eligible to compete for state and national scholarships.

DAR representative, Nancy Bretsch, was one of four students nominated by the senior class to receive this honor. The faculty made the final selection.

Julie Hixon, Shirley Berniklau, and Todd Harrison were Honor Guards. These students held top rank in the junior class.

Eleven juniors and seniors who showed high achievement were nominated by teachers to be included in Who's Who Among American High School Students.

Denise Hemen attended Music Camp at USD-Vermillion, during the week of June 5-12. She was sponsored by the Alpha Circle.



ABOVE: Colleen Bain is the winner of the Betty Crocker Award. BELOW: Nancy Bretsch is Frederick High School's DAR Representative.



ABOVE: Julie Hixon, Todd Harrison, and Shirley Berniklau are the honor guards for Homecoming, Baccalaureate, and Commencement Exercises.





Julie Hixon attended Girl's State in Mitchell the last week of May, and Ronald Claeys attended Boy's State at Northern the same week.

Fourteen students from FHS participated in the LRC Math and Business Contest held at ASC on April 15. Also students participated in the NSC Math Contest held on April 28.

Lake Region Conference
Math and Business Contest
Ratings

General Business	
Mark Herman	1st
Typing	
Barbara Karjalainen	1st
Kathy Karjalainen	2nd
Bookkeeping	
Cindy Martilla	1st
Julie Hixon	2nd
Algebra II	
Todd Harrison	2nd
Shirley Berniklau	3rd
Senior Math	
Colleen Bain	2nd
NSC Math Contest	
Todd Harrison-Hon.	Mention

ABOVE: The students who participated in the Lake Region Conference Math and Business Contest are: ROW 1: Laurie Speidel, Kermit Cantwell, Barb Karjalainen, and Kathy Karjalainen. ROW 2: Cathy Martilla, Kelly McCulloch, Shirley Berniklau, Julie Hixon, and Cindy Martilla. ROW 3: Connie Maumu, Todd Harrison, Mark Herman, Colleen Bain, and Susan Peterson.

BELOW: ROW 1: The 1977 Girls' and Boys' Staters are Ronald Claeys and Julie Hixon. ROW 2: Todd Harrison and Denise Hemen are the alternates.



ABOVE: The 1976-77 Who's Who Among American High School Students are: ROW 1: Susan Peterson, Kris Reisdorph, Cindy Martilla, Colleen Bain, and Nancy Bretsch. ROW 2: Todd Harrison, Denise Hemen, Joleen Speidel, Julie Hixon, Shirley Berniklau, and Ronald Claeys.

Annual Staff Strives to Preserve Memories

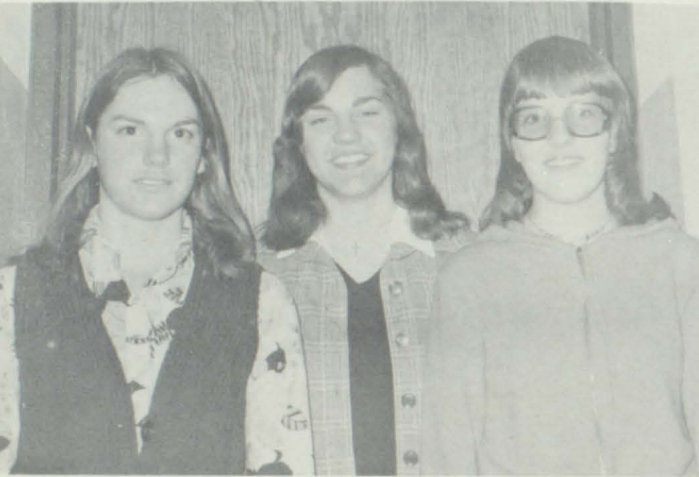
The yearbook staff included many juniors and seniors compiling many memories to arrange in the 1977 yearbook.

Cindy Martilla and Cathy Post attended the Publications Institution at Brookings, June 13-19, 1976. Mrs. Mary Anne Nelson was the advisor for the yearbook.

Colleen Bain, Christie Dennert and Kristi Heis, the photographers, took pictures of various activities such as sports and candid shots.



UPPER LEFT: Colleen Bain, Christie Dennert, and Kristi Heis are the photographers for the 1976-77 school year. Lynnette Anderson, Jeff Tveit, Vickie Dennert, and Janeen Plummer fill in for the main photographers, gaining much experience in the photography field. ABOVE: Editor-Cindy Martilla and Asst. Editor-Cathy Post are working on a layout for the 1977 Viking.



ABOVE: The members of the annual staff are: ROW 1: Sherry Bender, Denise Hemen, Shirley Bemiklau, Janeen Plummer, Vickie Dennert, Brenda Emery and Brian Peldo. ROW 2: Kris Reisdorph, Julie Hixon, Lynnette Anderson, Tammy Larson, Julie Napton, Calli Engelhart and Todd Harrison. ROW 3: Susan Peterson, Kay Rosebrock, Nancy Grieben, Candy Wilson, Avis Jarvi and Carla Engelhart.

Drill Team Journies to Sioux Falls



ABOVE: The members of the Sugar and Spice Drill Team are: Mrs. Walz-instructor, Cindy Martilla, Cathy Fost, Nancy Berheim, Susan Peterson, Denise Hemen, Julie Hixon, Joleen Speidel, Shirley Berniklau, Sherry Bender, Kay Rosebrock, Lisa McDowell, Lisa Heier, and Karen Olson-alternate.

The 1976-77 year was a very successful one for the Sugar and Spice Drill Team. During the year, they performed at all the home games, at Langford, and at the Girl's District Tournament in Ipswich. This year the girls were able to letter by meeting certain requirements set up by their instructor. These included making up a routine, attending all practices, and performing at all games unless excused.

The team ended its season on a high

note when they performed at the State "B" Tournament in Sioux Falls. The girls had a good time and the trip was a success.

Mrs. Walz, the drill team's advisor, along with Susan Peterson, the drill team's captain, kept the girls enthusiastic and busy throughout the season. Because of the girl's cooperation and willingness to work, the season was enjoyable and entertaining for all. Mrs. Walz was very pleased with all of the many fine comments made by the viewers.



ABOVE: The Drill Team entertains during half-time of a basketball game to the tune of "Rock Me."



ABOVE: Senior Members of the 1976-77 drill team are: Cathy Post, Kay Rosebrock, Mrs. Walz-advisor, Susan Peterson, and Cindy Martilla.

Banquets Are New Idea of Pep Club



ABOVE: Pep Club and Officers: Susan Peterson, Vice President; Cindy Martilla, Secretary-Treasurer; and Cathy Post, President. Mrs. Marla Walz-Advisor.

The Pep Club members met throughout the year to discuss and plan activities. They rallied Viking spirit by presenting skits at pep fests and leading the crowd with cheers at games.

The Pep Club sponsored a homeroom decorating contest in which the juniors received a prize of five dollars for winning first place in the competition.

Special recognition was given to students involved in extra-curricular activities and their parents when they attended pot luck banquets and parent-recognition nights.

A mother-daughter game was held in December with the daughters winning by a score of 26-24. A contest featuring the Varsity vs. Faculty was also played with the Faculty coming out on top.

One week, normal attire was changed due to a clash day and a hat day. The week ended with a maroon and gold day.



ABOVE: President Cathy Post passing out papers at a Pep Club meeting.

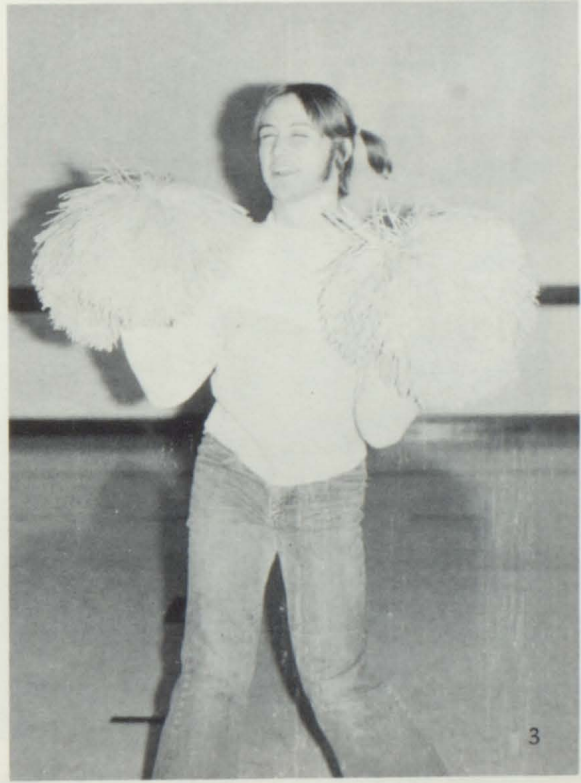


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1) Amie Claeys and Keith Kendall provide banquet-goers with a few laughs. 2) Cindy Martilla and Kent Reisdorph pose in their Hat Day attire. 3) Kent Reisdorph is performing as a cheerleader in a skit presented by the junior class at a banquet given in honor of the athletes and their parents. 4) The fans witnessed an evening full of laughter and cheer when the Mother-Daughter game was played. Here new techniques in basketball were used. 5) Coach Loren Jerde seems to be disappointed in his losing team of Mothers, who are aided by Dawn, (Darrel Hieb) and Tammy, (Todd Breikreutz). Mrs. Marla Walz coaches the winning team of Daughters.



2



3



5

Left-Right-Guide Right.

The Frederick Band was involved in many activities this past year. The band marched in Frederick's Bicentennial Homecoming Parade, September 17, and the Gypsy Day Parade in Aberdeen, October 2. The band presented a Christmas Concert, December 21, a Spring Concert, April 21, and also performed on Memorial Day, May 30. The Pep Band entertained at half time at basketball and football games. The Concert Band participated

in the Region II Music Contest in April and received a II rating. Other groups that performed at the contest were piano and flute solos, clarinet quartet, clarinet trio, and flute trio. The band purchased new cymbals for the percussion section and maroon and gold leather-back folders for each section. All of the high school band members were able to purchase band jackets for outside activities.



ABOVE: The Band Members are: ROW 1: Cindy Martilla, Sherry Bender, Kay Rosebrock, Rick Reisdorph, Lisa Heier, Avis Jarvi, Terri Strand, Stacey Mikkonen, Lisa McDowell, Beth Cantwell, and Kris Reisdorph. ROW 2: Colleen Maunu, Cathy Post, Julie Hixon, Nancy Bretsch, Lynnette Anderson,

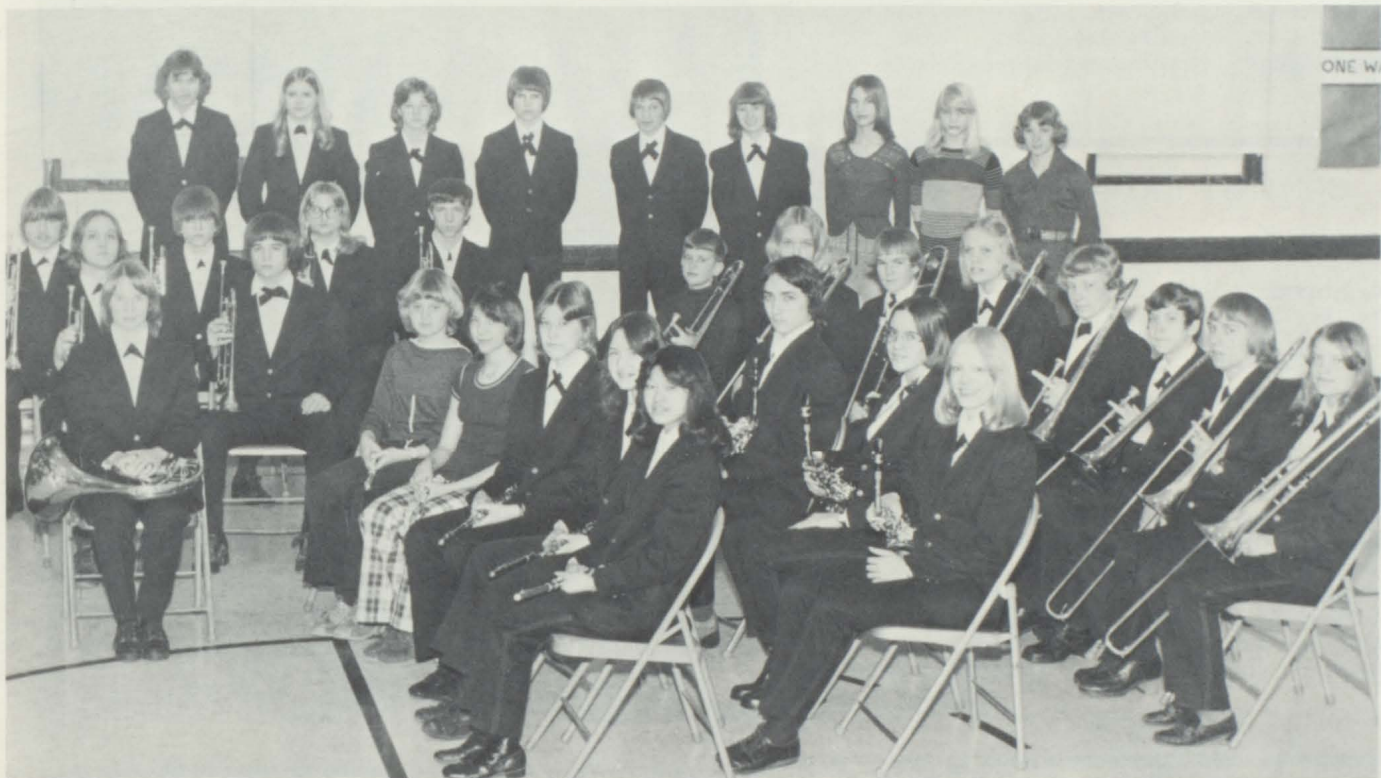
Kent Reisdorph, Darren Engelhart, Grant Bunke, Kay Marske, and Susan Peterson. ROW 3: Karen Schlosser, Kelly McCulloch, Kristi Heis, Sandy Karjalainen, Maria Forsting, Natalie Bunke, Leslie Podoll, Marie Jung, Les Sumption, Owen Luoma, Scott Bender, Todd Rosebrock, Kathy Karjalainen, Wade Jensen, Jerry

RIGHT: The Band Officers for the 1976-77 school year are: ROW 1: Calli Engelhart-Secretary, Sherry Bender-Publicity Chairman, Denise Heman-Treasurer, Kay Rosebrock-Vice President and Susan Peterson-President. ROW 2: Cindy Martilla and Kris Reisdorph-Student Band Directors.





LEFT: The Senior Band Members are: ROW 1: Joyce Ronning, Kris Reisdorph, Brian Peldo, Cindy Martilla, Lynnette Anderson, and Calli Engelhart. ROW 2: Nancy Bretsch, Cathy Post, Kay Rosebrock, Susan Peterson, and Colleen Maunu.



Forsting, Marina Onken, David Anderson, Connie Maunu, Mike Luoma, Keith Kendall, Brian Peldo, and Joyce Ronning. ROW 4: Director-Roger Kendall, Kraig Smith, Patty Bender, Todd Hertel, Todd

Ellwein, Denise Heman, Cathy Martilla, Calli Engelhart, Brian Hemen, Jim Ronning, Laurie Speidel, Denise Ellwein, Lona Geranen, and Nita Tveit. NOT PICTURED: Randy Jensen.



ABOVE: The members of the small groups that participated in the contest are: ROW 1: Julie Hixon, Karen Schlosser, Beth Cantwell, and Kris Reisdorph. ROW 2: Lisa McDowell, Kelly McCulloch, Sherry Bender, Cindy Martilla, and Cathy Post.

Contest Ratings

- Band-II
- Piano-(Julie Hixon)-I
- Clarinet Quartet-(Karen Schlosser, Kelly McCulloch, Sherry Bender, and Julie Hixon)-II
- Clarinet Trio-(Sherry Bender, Cathy Post, and Cindy Martilla)-II
- Flute Trio-(Kris Reisdorph, Beth Cantwell, and Lisa McDowell)-I
- Flute Solo-(Kris Reisdorph)-I
- Flute Solo-(Beth Cantwell)-II

Music Is the Soul's Own Speech

The Frederick High School Mixed Chorus of 1976-77 presented the annual Christmas Concert on December 21, and the Spring Concert on April 21. The chorus was accompanied by an instrumental background at both concerts. The Girls Glee Club participated in the District V Music Contest and received a I rating. The Triple Trio also re-

ceived a I rating and sang at Commencement exercises. A special mixed group sang "The Hallelujah Chorus" for the Christmas Concert. The small chorus groups performing were the Girls Glee Club, Triple Trio, and a vocal solo. The last event the chorus sang at was Baccalaureate held on May 22.

RIGHT: The Triple Trio members are: Joyce Ronning, Kris Reisdorph, Nancy Bretsch, Cathy Post, Julie Napton, Cathy Martilla, Denise Hemen, Cindy Martilla, and Susan Peterson.

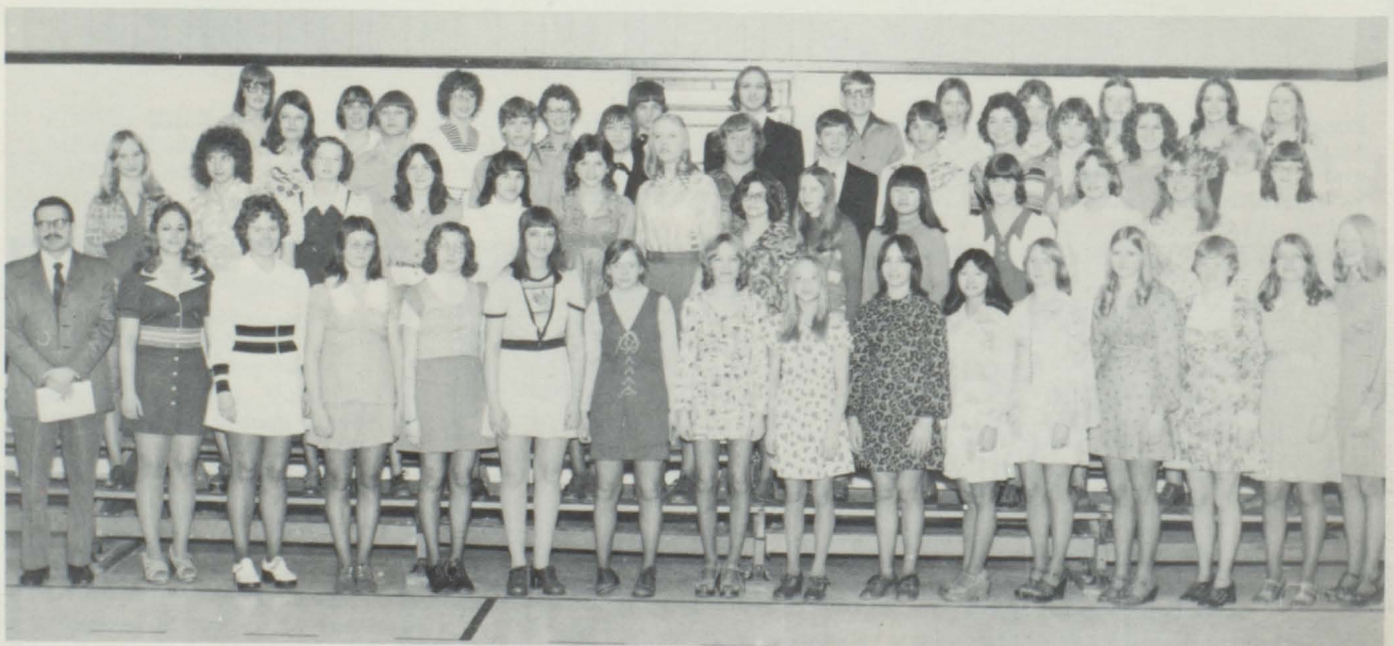


CONTEST RATINGS

Triple Trio--I
Soprano Solo, Kris Reisdorph--I
Girls Glee--I

BELOW: ROW 1: Director-Roger Kendall, Tammy Larson, Colleen Maunu, Karen Olson, Veronica Grajczyk, Brenda Breitag, Julie Plummer, Karen Ronning, Kelly Wright, Donitta Vetter, Kris Reisdorph, Avis Jarvi, Cathy Martilla, Lynnette Anderson, Joyce Ronning, and Susan Peterson. ROW 2: Barbara Karjalainen, Lisa Heier, Criss Wilson, Beth Cantwell, Tami Voeller, Kelly Geranen, Connie Maunu, Wendy Jensen, Tina Plummer, Kara Reisdorph,

Lana Bain, Laura Hixon, Darnell Crawford, and Caroline Claeys. ROW 3: Susan Huettl, Jeff Martin, Keith Kendall, Rick Reisdorph, Kevin Plummer, Wade Jensen, Todd Ellwein, Nancy Bretsch, Denise Hemen, Kay Rosebrock, and Julie Napton. ROW 4: Kristi Heis, Julie Hixon, Sherry Bender, Joleen Speidel, Darren Engelhart, Kent Reisdorph, Jeff Tveit, Lori Heier, Darla Sieber, Sherry Wilson, Cathy Post, and Cindy Martilla.





ABOVE: The accompanists for the chorus and various small groups are: Julie Hixon, Lynnette Anderson, Kris Reisdorph, and Cindy Martilla.



ABOVE: The Chorus is singing at the annual Christmas Concert.



LEFT: The small ensemble that sang the "Hallelujah Chorus" at the Christmas Concert is composed of: ROW 1: Kevin Plummer, Rick Reisdorph, Darren Engelhart, Julie Hixon, and Lynnette Anderson. ROW 2: Avis Jarvi, Kris Reisdorph, Joyce Ronning, Susan Peterson, Sherry Wilson, Cindy Martilla, and Julie Napton. ROW 3: Cathy Martilla, Kent Reisdorph, Keith Kendall, Nancy Bretsch, Denise Hemen, and Cathy Post.

BELOW: The senior chorus members are: ROW 1: Cindy Martilla, Nancy Bretsch, Kay Rosebrock, and Lynnette Anderson. ROW 2: Kris Reisdorph, Joyce Ronning, Julie Napton, and Kevin Plummer. ROW 3: Sherry Wilson, Cathy Post, Tammy Larson, Colleen Maunu, and Susan Peterson.





ABOVE: The hosts and hostesses for the 1977 Jr-Sr Prom and Banquet are: Darren Engelhart, Criss Wilson, Beth Cantwell, and Keith Kendall. RIGHT: Ronald Claeys, junior class president, welcomes the juniors and seniors to the prom.



Do You Know Where You Are Going to?

"Do You Know Where You Are Going To" was the theme for the 1977 Jr-Sr Prom held at the Holiday Inn on May 6, 1977. Darren Engelhart, Criss Wilson, Keith Kendall, and Beth Cantwell served as hosts and hostesses for the banquet. Following the meal, Ronald Claeys, junior class president, gave a welcoming speech followed by Sherry

Wilson, senior class president, with her response. Speeches were also given by Mr. Quimby and Mr. Jerde. During the program Kris Reisdorph sang the theme song accompanied by Barb Karjalainen. The grand march was held at 9:00 followed by the dance featuring Keiz, Zens, Schmidt, and Co.



ABOVE: The couples line up for the grand march. RIGHT: Keiz, Zens, Schmidt and Company provide music for the dance.





LEFT: The Holiday Inn sign welcomes the seniors to the prom. ABOVE: Calli Engelhart and Frank Bunke participate in the Grand March. BELOW LEFT: The couples visit before the banquet.



ABOVE: Rod Mahlke, Kay Rosebrock, and Scott Keller wait to be seated. LEFT: Joyce Ronning, Kevin Hahne, Carla Engelhart, and Curt Christianson are getting anxious to eat.

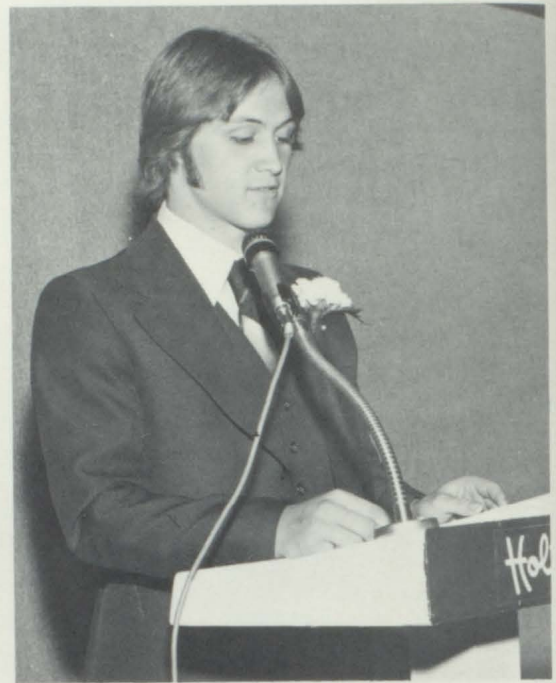


This page sponsored by: CLUB 273, Frederick, S. Dak.

Jr-Sr Prom Is Held at Holiday Inn



ABOVE: Colleen Maunu and Bryan Crawford take part in the Grand March. RIGHT: Kent Reisdorph reads the 1977 senior class prophecy.



LEFT: Todd Harrison reads the class wills. ABOVE: Candy Wilson jokes with the photographer.



ABOVE: Kelly Cantwell, Ron Payne, and Christie Dennert enjoy the banquet.



ABOVE: Kris Relisdorph and her date are escorted to their seats by Keith Kendall and Beth Cantwell.



ABOVE: Several seniors end their meal by eating birthday cake.
 RIGHT: Kevin Plummer and Nancy Bretsch pose for the photographer.



Senior Activities Finalize School Year

On May 4, 1977, the senior class journeyed to the Elks to have their Senior Night Out. They enjoyed a smorgasboard meal and helped celebrate Mr. Jerde's and Colleen Maunu's birthdays with a birthday cake purchased by the class. The seniors were able to have their Senior Night Out because of the leftover funds in the class treasury.

The Senior Tea was held on May 12, 1977, at the American Legion Lounge to honor the senior girls. Sandwiches, cookies, and punch were enjoyed for lunch. The event was hosted by Mrs. Quimby and Mrs. Jerde and attended by the female faculty members, school board member's wives, and the senior girls.



LEFT: Several of the senior girls go through the line at the Senior Tea. ABOVE: The girls visit before having refreshments.

Graduation Brings Mixed Emotions

The Baccalaureate Service was held on May 22, 1977. Pastor David Sahr gave the Invocation, Sermon, and Benediction. The Girl's Chorus and Mixed Chorus each sang a selection. The processional and recessional were played by Julie Hixon, and Todd Harrison and Shirley Berniklau acted as Honor Guards.

May 24 was the crowning day for the thirty graduates of Frederick High School. Pastor Don Torala gave the Invocation and Benediction, and Mr. Quimby introduced the speaker for the evening. Dr. Henry Koster gave the message to the graduates. The honor students were Colleen Bain, Nancy Bretsch, Cindy Martilla, Colleen Maunu, Susan Peterson, Kris Reisdorph, and Kay Rosebrock. The Triple Trio performed "With a Voice of Singing". The presentation of the class of 1977 was made by Mr. Jerde, and Jack Smith awarded the diplomas.



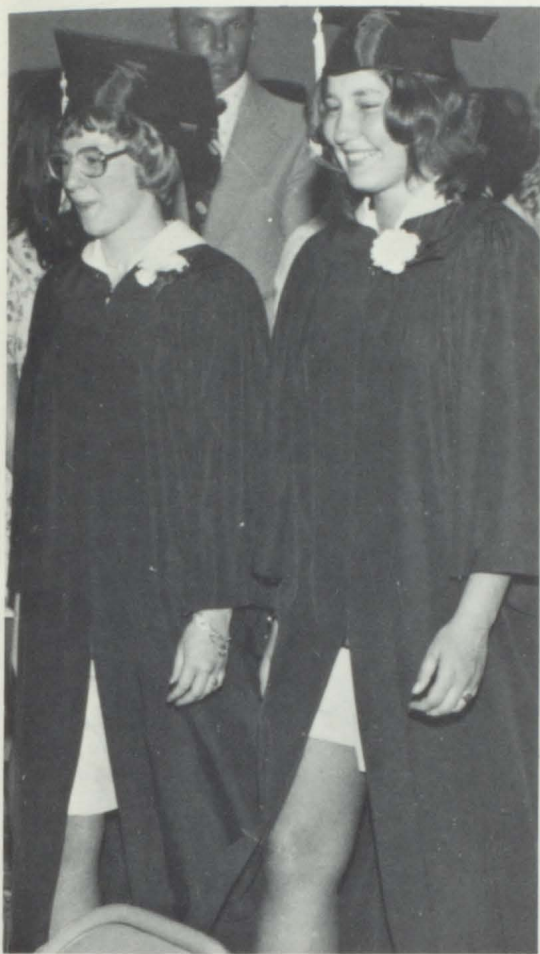
ABOVE: Jack Smith, School Board President, presents Christie Dennert her diploma. BELOW: The seniors receive best wishes from friends and relatives.



ABOVE: Honor Guards, Shirley Berniklau and Todd Harrison lead the graduates in.



ABOVE: School Board President, Jack Smith; Principal, Loren Jerde; Speaker, Henry Koster; Poster, Don Torala;



ABOVE: Lynette Anderson and Pam Mahlke are the first graduates to walk in. BELOW RIGHT: Colleen Maunu and Kris Reisdorph anticipate graduation.



ABOVE: The graduates file out of the gym after graduation. BELOW: Rick Brietag and Dan Gooding march in.



Superintendent, Don Quimby are the guests at graduation.



Insight Into Future Comes From Knowledge of Past

Classes required of freshmen students included general business, general science, English, and physical education. Also they had a choice between general math and algebra I.

Sophomores were required to take typing, English, drivers' education, biology, and physical education. They also had to choose between world history, home economics, and geometry.

Juniors were required to take U.S. history and English. They were also offered algebra II and chemistry, and both juniors and seniors were able to take office practice, mechanical drawing, bookkeeping, and home economics.

Government and English were the courses required of seniors and they were also offered senior math, physics, and sociology.

All four grades could participate in band and chorus.

Twenty juniors and seniors attended classes at the Aberdeen Vocational Center each day. The courses taken by Frederick students included health care, radio & tv production, auto mechanics, electronics, machine shop II, building trades, agri-business, and model store.



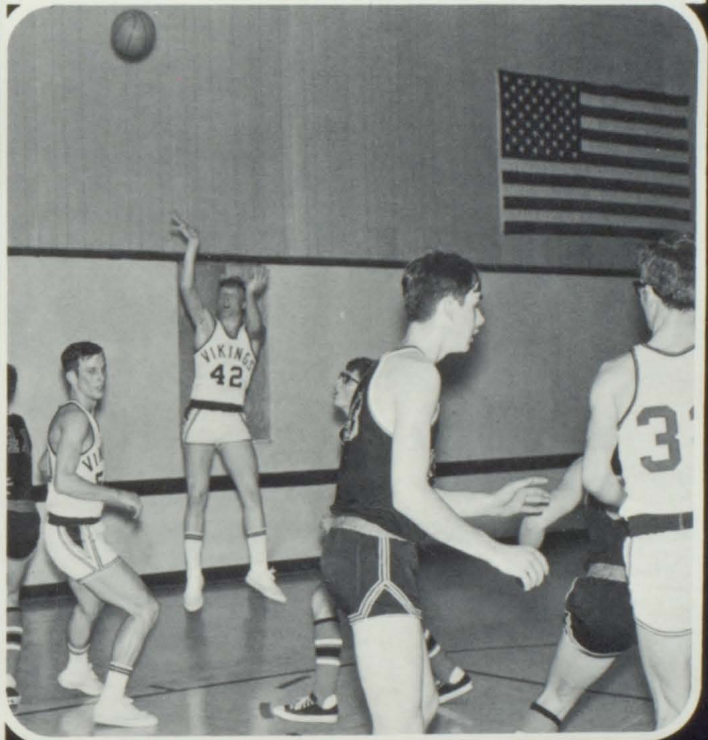
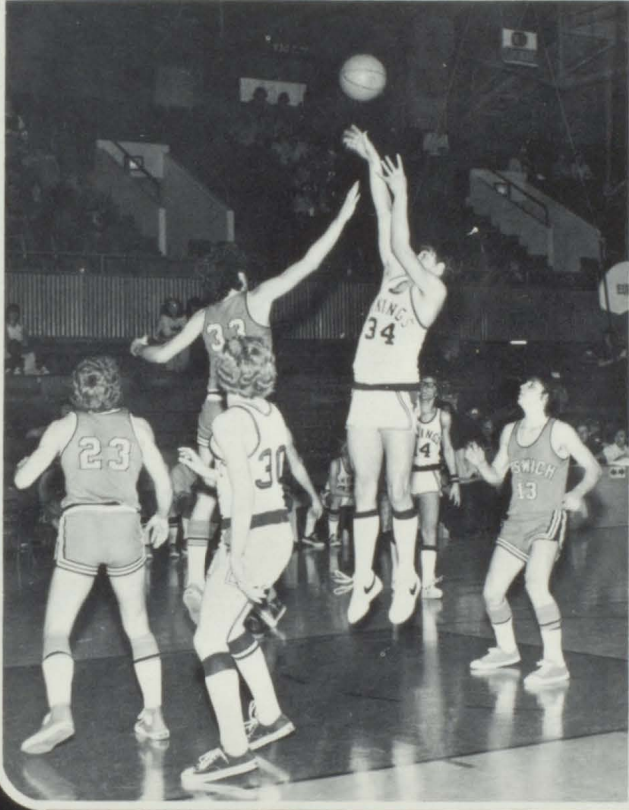
ABOVE: Several of the students who attend Vocational classes in Aberdeen are boarding the bus for the trip there. BELOW: Criss Wilson, Karen Ronning, and Todd Rosebrock are busy doing a typing assignment.



ABOVE: Ernie Dinger, Larry Marske, Dan Gooding, and Candy Wilson are studying in the library.



ABOVE: Sherry Wilson, Kris Reisdorph, and Cathy Post are joining in a sociology discussion.



Onward Frederick,
 Onward Frederick,
 Fight 'em for your fame.
 Fight fellows
 Fight, Fight, Fight,
 And win this game.

SPORTS

Viking Spirit Shines on!



ABOVE: Carla Engelhart, Candy Wilson, Nancy Bretsch, Sherry Wilson, and Kris Reisdorph. BELOW: ROW 1: Criss Wilson. ROW 2: Cathy Martilla, Karen Schlosser, Kelly Geranen, and Karen Ronning.

The "A" Cheerleaders attended a cheerleading clinic at Northern State College bringing home ideas which they and the Pep Club used to raise spirit. Students enjoyed the hat and clash days, projects promoted by the cheerleaders.

The "B" Cheerleaders were involved in projects from which they earned money to pay for new sweaters.

The cheerleaders, with the help of many fans, greatly improved the spirit of FHS.



BELOW: TOP: Kelly Geranen, Carla Engelhart, Karen Ronning, Kris Reisdorph, and Criss Wilson. BOTTOM: Candy Wilson, Cathy Martilla, Sherry Wilson, Karen Schlosser, and Nancy Bretsch.

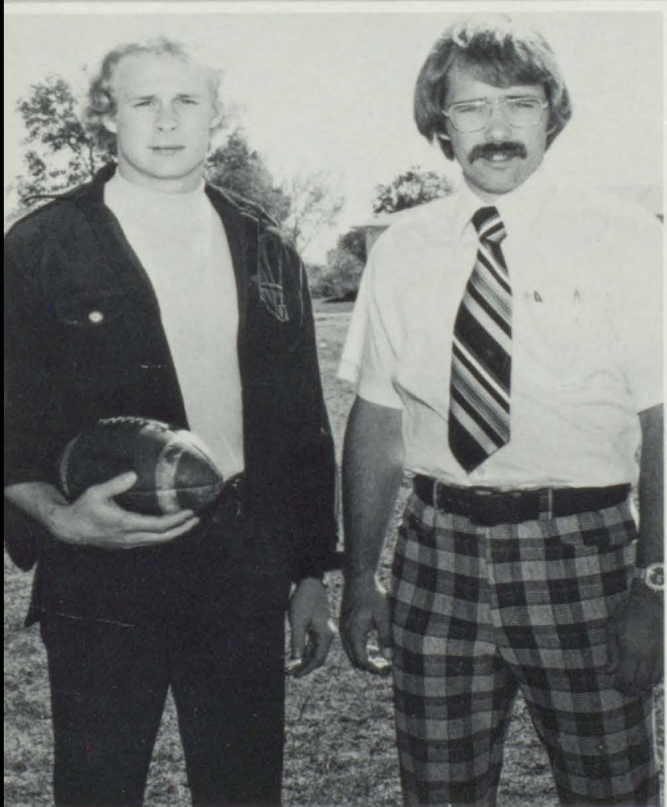


Rebuilding Year Provides Valuable Experience



BACK ROW: Coach-Darrel Walz, Darrel Hieb, Monty Forsting, Larry Marske, Harvey Schlosser, Todd Harrison, and Asst. Coach-Steve Rabine. MIDDLE ROW: Brian Hertel, Robert Rosebrock, Mahlon Boughton, Todd Breitzkreutz, Dan Gooding, and Brian

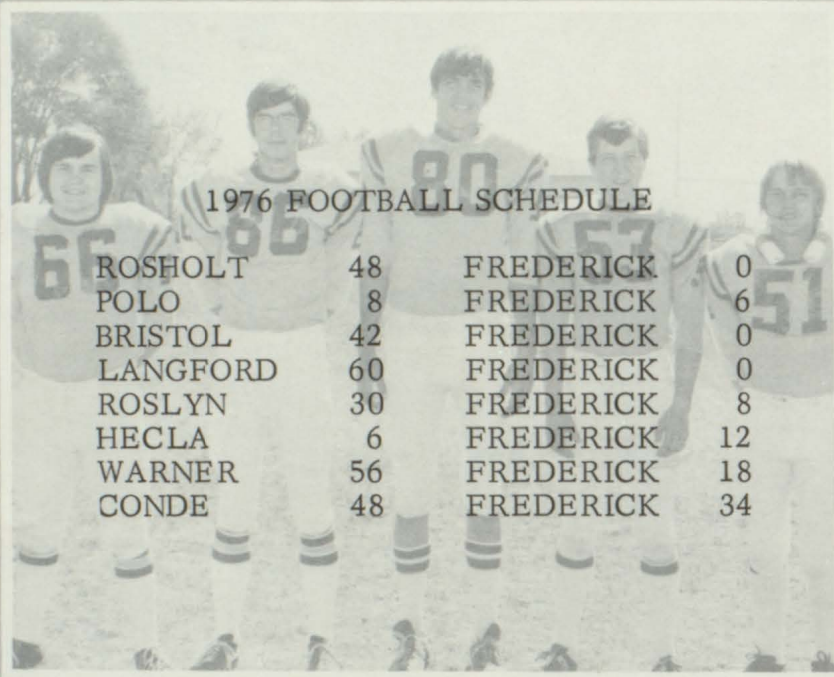
Peldo. FRONT ROW: Charles Cantwell, Richard Reisdorph, David Hinz, James Plummer, Wayne Boughton, and Kermit Cantwell. NOT PICTURED: Darren Engelhart and Lenny Albrecht.



ABOVE: The coaches for the 1976 football team are Steve Rabine, Assistant coach, and Darrel Walz, Head coach. UPPER RIGHT: Larry Marske and Mahlon Boughton are the co-captains for the 1976 Viking football team.



This page sponsored by: FINNEY'S JEWELRY and ELLENDALE PLUMBING AND HEATING, Ellendale, North Dakota.



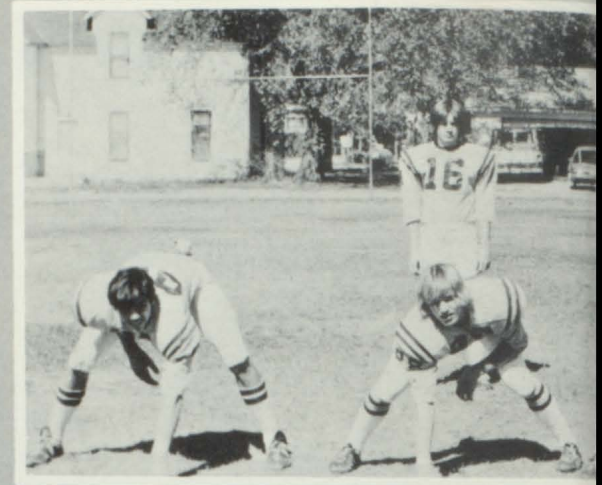
1976 FOOTBALL SCHEDULE			
ROSHOLT	48	FREDERICK	0
POLO	8	FREDERICK	6
BRISTOL	42	FREDERICK	0
LANGFORD	60	FREDERICK	0
ROSLYN	30	FREDERICK	8
HECLA	6	FREDERICK	12
WARNER	56	FREDERICK	18
CONDE	48	FREDERICK	34

Vikings' Spirit Never Wavers

The Frederick Vikings completed the 1976 season with a record of one win and seven losses.

In the season opener, the Vikings traveled to Rosholt where they were defeated 48-0. The next game was with Polo on the Vikings home field. Unfortunately Polo pulled through in the fourth quarter with the final score of 8-6. The next game was with a tough Bristol team who defeated the Vikings 42-0. The fourth game of the year, the Vikings battled with a top notch Langford team who defeated them by a score of 60-0. Next, the Vikings played Roslyn at Frederick. The team

was defeated 30-8 even though Frederick held Roslyn to only 6 points in the last three quarters. The next game pitted the Vikings against arch-rival Hecla on home turf. The Vikings countered with two scoring drives to put the game away in the second half, making the final score 12-6. The Vikings then traveled to Stratford to play a tough Warner ball club. The Vikings were defeated 56-18. In the final game of the season, the Vikes traveled to Conde where they were defeated in a very offensive battle with a final score of 48-34.



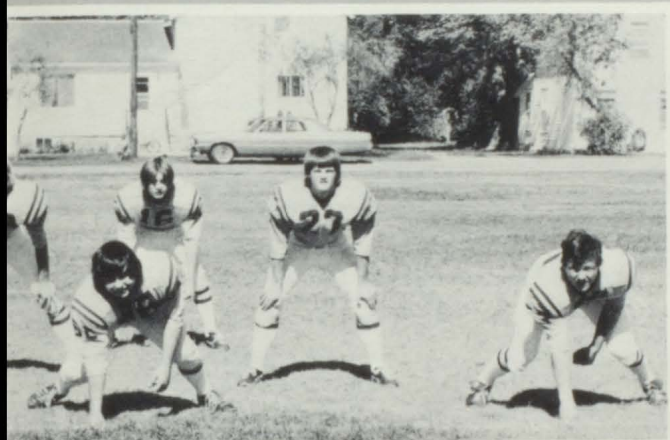
OFFENSIVE LINE: ROW 1: Larry Marske, Robert Rosebrock, Mahlon Boughton, Dan Gooding, and Todd Harrison. ROW 2:



DEFENSIVE LINE: ROW 1: Larry Marske, Monte Forsting, Dan Gooding, and Mahlon Boughton. ROW 2: Darold Hieb, Todd



Todd Breitkruetz. ROW 3: Kermit Cantwell, Darold Hieb, and Brian Hertel.



Harrison, Robert Rosebrock, Kermit Cantwell, and Brian Hertel.



ABOVE: Student managers play an important role. They are Keith Kendall, Kevin Quimby, and Kevin Plummer. BELOW: Keeping the fans in good spirits are the 1976 football cheerleaders: Candy Wilson, Carla Engelhart, Kris Reisdorph, Sherry Wilson, and Nancy Bretsch.



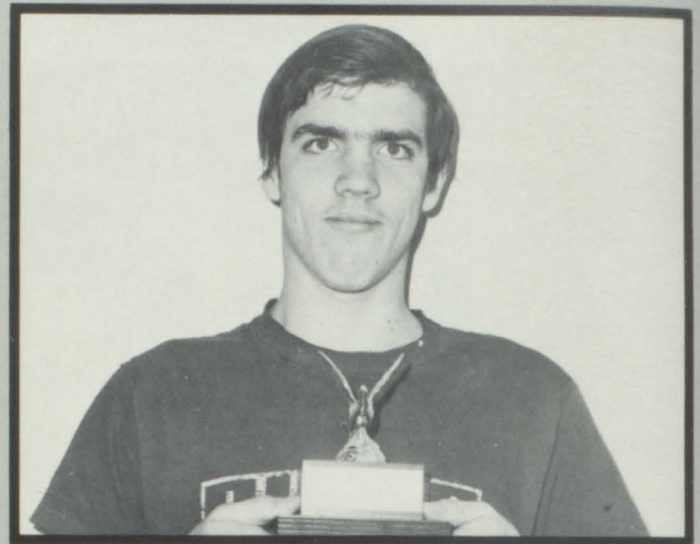
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Young Team Shows Promising Future

The FHS Boys' Basketball team completed the 1976-77 season with a 3-15 record. Although the team was largely centered around senior-captain Larry Marske, many underclassmen saw action.

Larry Marske was leading scorer and rebounder, making 395 baskets and collecting 259 rebounds. Todd Breikreutz scored 216 points and Darrel Hieb scored 193 points. The other two starters, Todd Harrison and Robert Rosebrock scored 58 and 33 points respectively. Mike Luoma and Brian Hertel came off the bench to pour in 69 and 34 points respectively.

Larry Marske was placed on the All-Conference Team, with Todd Breikreutz receiving honorable mention.



ABOVE: Larry Marske is pictured with the "golden goose," a traveling trophy in the conference which the Vikings held for a week. Larry was also chosen "Ace of the Week" by the Sioux Falls Argus Leader.



ABOVE: The "A" Team Basketball members are, ROW 1: Scorekeeper-Jeff Tveit, Keith Kendall, Brian Hertel, Brian Luoma, Mike Luoma, Darren Engelhart, Kermit Cantwell, and Student Manager-Dawayne Huettl. ROW 2: Student Manager-Ron Claeys, Todd Voeller, Robert Rosebrock, Larry Marske, Todd Harrison, Darrel Hieb, Todd Breikreutz, and Coach-Darryl Walz.

1976-77 FHS Basketball Season

Frederick	49	Hosmer	46
Frederick	64	Conde	93
Frederick	55	Langford	59
Frederick	51	Roscoe	74
Frederick	57	Hecla	76
Frederick	71	Bristol	67
Frederick	52	Eureka	71
Frederick	59	Warner	77
Frederick	57	Conde	72
Frederick	50	Langford	80

1976-77 FHS Basketball Season

Frederick	56	Roslyn	81
Frederick	47	Bristol	49
Frederick	50	Hecla	69
Frederick	67	Warner	58
Frederick	58	Leola	68
Frederick	81	Roslyn	90
Frederick	44	Fullerton	55
District V Tournament:			
Frederick	51	Ipswich	78

"B" Vikings Put Forth Strong Effort



ABOVE: The "B" Team Players are: Gerald Signs, James Plummer, David Hinz, Todd Rosebrock, Rick Reisdorph, Arnie Claeys, David Anderson, and Coach Darryl Walz.

1976-77 FHS Viking "B" Squad

OPPONENT	FHS	OPPONENT	FHS
Hosmer	47 38	Conde	36 46
Conde	59 39	Langford	52 32
Langford	47 31	Roslyn	67 37
Roscoe	47 39	Bristol	35 31
Bristol	40 43	Hecla (OT)	37 41
Hecla	43 29	Warner	45 42
Eureka	46 27	Leola	67 27
Warner	53 38	Roslyn	44 49

The FHS "B" Team compiled a record of 4 wins and 12 losses. The future varsity team had good spirit and enthusiasm throughout the season. The "B" Team gained valuable experience for the time when they would become "A" Team players.

Mike Luoma and Darren Engelhart were leading scorers, each putting in 112 and 105 points, respectively.

BELOW LEFT: Frederick Vikings are playing the Ipswich Tigers at District Tournament. BELOW: "B" Team in action against Roslyn.



"A" Team Girls Gain Knowledge of Basketball



ABOVE: The 'A' Girls Basketball members are, ROW 1: Student Manager-Lisa McDowell, Scorekeeper-Jeff Tveit, and Student Manager-Patty Bender. ROW 2: Avis Jarvi, Calli Engelhart, Joleen Speidel, Joyce Ronning, Julie Napton, Nancy Grieben, and Kris Reisdorph. ROW 3: Assistant Coach-Marla Walz, Sherry Bender, Ronda Grieben, Vickie Dennert, Christie Dennert, Denise Hemen, Colleen Bain, Candy Wilson, Brenda Emery, and Coach-Loren Jerde.

The Frederick Girls 'A' Basketball Team of 1976 gained valuable experience for future years as many underclassmen saw much action. Christie Dennert was selected to the all-conference squad and she was also the leading rebounder for

the team. Candy Wilson was leading scorer for the Vikings. The team's record for the season was 1-11. The Vikings should be a stronger team next year and become an active contender for the conference crown.



ABOVE: The 1976-77 senior basketball players are TOP TO BOTTOM: Kris Reisdorph, Calli Engelhart, Joyce Ronning, Colleen Bain, Christie Dennert, and Julie Napton.

GIRLS BASKETBALL 1976-77 SCOREBOARD

Frederick	27	Hecla	24
Frederick	23	Ellendale	34
Frederick	13	Leola	30
Frederick	24	Hecla	26
Frederick	12	Conde	33
Frederick	24	Langford	47
Frederick	13	Roslyn	37
Frederick	20	Warner	33
Frederick	13	Bristol	36
Frederick	17	Roncalli	49

LION'S CLUB INVITATIONAL

Frederick	20	Polo	37
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DISTRICT VI

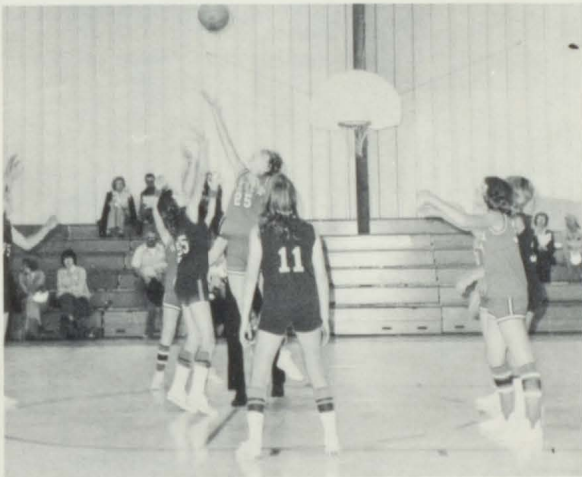
Frederick	12	Ipswich	56
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ABOVE: ROW 1: "B" Team Co-Captains-Avis Jarvi and Ronda Grieben. ROW 2: "A" Team Co-Captains-Christie Dennert and Colleen Bain.

1976 "B" Team Girls Basketball Scores			
Frederick	15	Hecla	17
Frederick	16	Ellendale	25
Frederick	18	Leola	12
Frederick	24	Hecla	25
Frederick	12	Conde	16
Frederick	20	Langford	19
Frederick	11	Roslyn	32
Frederick	25	Warner	22
Frederick	14	Bristol	23
Frederick	5	Roncalli	35



"B" Team Works for Tomorrow's Victories

The FHS Girl's Basketball Team worked hard developing new skills and techniques for more successful oncoming seasons. Ronda Grieben was leading scorer dumping in 73 points and Vickie Dennert was leading rebounder pulling down 48 rebounds. The girl's season record for the year was 3-7.



ABOVE: ROW 1: Student Managers-Lisa McDowell and Patty Bender. ROW 2: Coach-Loren Jerde, Avis Jarvi, Karen Ronning, Laurie Speidel, Kelly Geranen, Karen Schlosser, Vickie Dennert, Connie Maunu, Kelly McCulloch, Ronda Grieben, Lanette Nixon, Vileen Olson, and Assistant Coach-Marla Walz.

Girls Set Three New Track Records



ABOVE: Members of the Senior High Girls Track Team are: ROW 1: Vileen Olson, Brenda Emery, Avis Jarvi, Kris Reisdorph, Laurie Speidel, and Lanette Nixon. ROW 2: Janeen Plummer, Vickie Dennert, Sherry Bender, Candy Wilson, Kelly McCulloch, and Lisa McDowell. NOT PICTURED: Ronda Grieben.

With the experience of the returning lettermen and the talent of the younger girls coming out for the first time, the track team faired well in most of their meets. New records set during the season consisted of the 180 hurdles run by Avis Jarvi with a time of 25.7, the mile run by Lanette Nixon with a time of 6:05.4, and the two mile relay, run by Kris Reisdorph, Stacey Wilson, Bonita Tveit, and Natalie Bunke with a time of 11:15.5. This year's lettermen are as follows: Senior-Kris Reisdorph; Juniors-Avis Jarvi, Sherry Bender, Vickie Dennert, Candy Wilson, Lanette Nixon; Freshmen-Ronda Grieben, Lisa McDowell; Eighth Graders-Bonita Tveit, Kara Reisdorph; Seventh Graders-Denise Ellwein, Stacey Wilson, Natalie Bunke; Student Managers-Joleen Speidel and Shirley Berniklau.



ABOVE: The girls' student managers are Shirley Berniklau and Joleen Speidel, and the coach is Loren Jerde.



LEFT: These girls are relaxing after competing in their events at the Groton Invitational. BELOW LEFT: Avis Jarvi is running the 110 hurdles. BELOW RIGHT: Candy Wilson is high-jumping a height of 4'4".



Five Tracksters Qualify for State



ABOVE: The Jr. High Girls Track Members are: ROW 1: Stacey Wilson, Denise Ellwein, Maria Forsting, Kay Marske, Lona Geranen, Stacey Mikkonen, and Natalie Bunke. ROW 2: Marie Jung, Cheryl Huettl, Kara Reisdorph, Bonita Tveit, Jenny Walworth, Terri Strand, and Carla Huettl.



ABOVE: The Jr. High Boys Track Members are: ROW 1: Kraig Smith, Shannon Ylitalo, Danny Cantwell, Scott Bender, Todd Ellwein, Ben Forsting, and Owen Luoma. ROW 2: Jerry Forsting, Roger Metzinger, Joel Durheim, Darwin Hinz, Kurt Selzle, Randy Metzinger, Ricky Karjalainen, and Randy Jensen. ROW 3: Lance Nixon, Brian Hemen, Eugene Emery, Wade Jensen, Scott McCullough, Wade VanDover, and Coach-Steve Rabine.

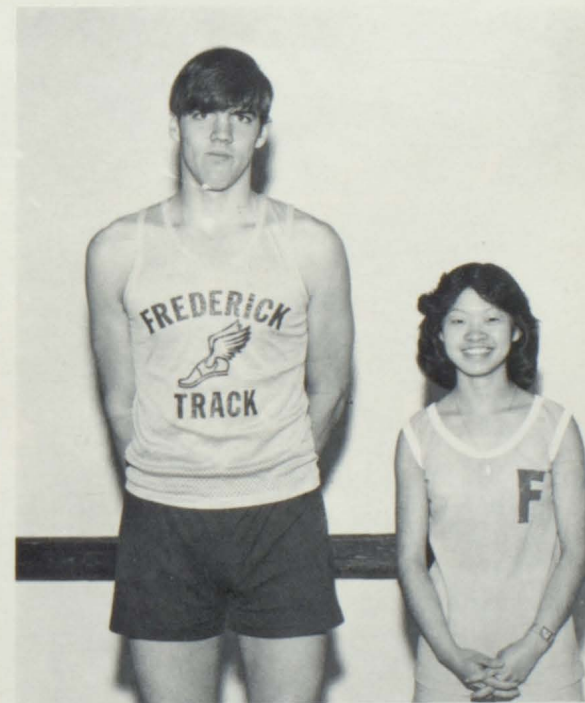


ABOVE: The track members qualifying for the state track meet are Avis Jarvi, Kris Reisdorph, Lisa McDowell, Denise Ellwein, and Kent Reisdorph.

Five of Frederick's track team qualified for the Class A State Track Meet which was held on May 20-21 in Huron. The medley relay qualified with a time of 2:04.3 giving them a first place in the regional meet. At Huron they bettered their time to 1:59.4. Kent Reisdorph ran a 10.27 100 yd. dash in the regional meet which gave him a fourth place and a qualifying time for State. He ran a 10.7 at state which put him in the semi-finals.

The Jr. High girls and boys track teams, along with several freshmen, each took first in the conference meet at Groton.

The most valuable athlete awards were awarded to Kris Reisdorph and Kent Reisdorph for the 1977 season. Kris was a relay runner, running in every relay at one time or another. Kent ran in the 880 relay, 100 yd. dash, and he also pole vaulted. Both brought in many needed points throughout the season.



ABOVE: The senior track team members are Larry Marske and Kris Reisdorph.

Relay Teams Qualify for Hall of Fame

The Frederick Boys Track Team had a successful season this year with almost all the boys earning letters. The 880 yard relay team consisting of Kent Reisdorph, Todd Harrison, Larry Marske, and Todd Breitreutz placed in several meets, including a 3rd place at the Aberdeen Relays and a 3rd at the Region I Meet. They also took a 2nd place running the 440 relay at the Aberdeen Relays. In the 880 relay they qualified for the Track Hall of Fame with a time of 1:37.2 and in the 440 relay with a time of .47.

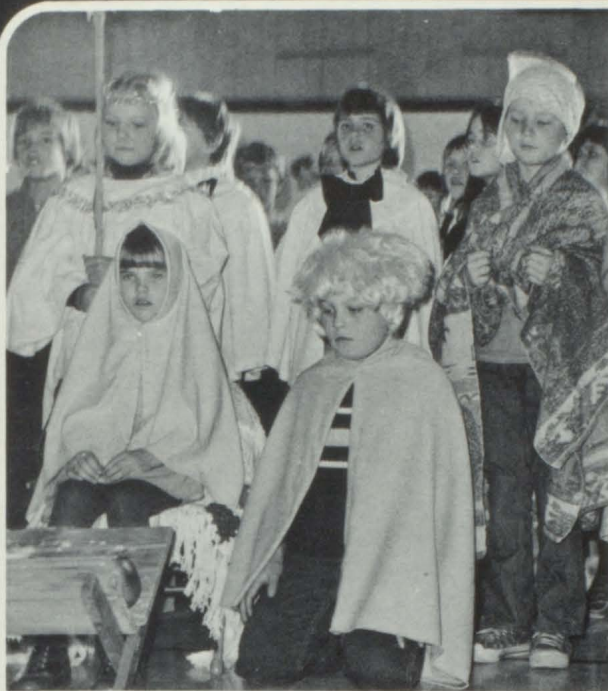


ABOVE: Bill Dennert is a student manager, Darryl Walz is the coach, and Jeff Tveit is the other student manager. BELOW LEFT: Todd Harrison is running the high hurdles at the Groton meet. BELOW: Pole vaulting a height of 11'3" is Kent Reisdorph. BELOW RIGHT: Todd Breitreutz is triple jumping at the Groton Relays.



BELOW: The Boys Track Team Members are: ROW 1: James Plummer, Keith Kendall, Rick Reisdorph, Kermit Cantwell, and Grant Bunke. ROW 2: Kent Reisdorph, Todd Breitreutz, Todd Harrison, Larry Marske, Brian Luoma, and Mike Luoma. NOT PICTURED: Ernie Dinger.





In the beginning,
only children
taking time to learn our song.
We'll sing together,
perhaps forever
or maybe never.
I don't know
and I don't pretend to know.

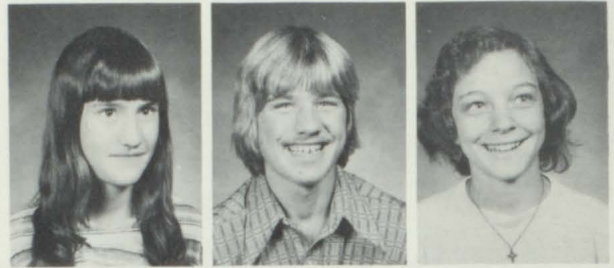
BARNARD

Eighth Graders Prepare for Senior High School

LEFT: The 1976-77 Eighth Grade Class Officers are: Darnell Crawford, Publicity Chairman; Lori Heier, Secretary-Treasurer; Laura Hixon, President; and Lana Bain, Vice President.



Lana Bain
Scott Bender
Cheryl Boughton



Kent Braa
Jeff Chapin
Darnell Crawford
Lonnie Dinger
Joel Durheim
Ben Forsting



Pat Gunderson
Lori Heier
Brian Hemen
Todd Hertel
Don Hieb
Darwin Hinz



Laura Hixon
Cheryl Huettl
Wade Jensen
Wendy Jensen
Sandy Karjalainen
Owen Luoma



Kay Marske
Jeff Martin
Roger Metzinger
Marina Onken
Julie Plummer
Kara Reisdorph



Jim Ronning
Darla Sieber
Robbie Strand
Bonita Tveit
Tami Voeller
Kelly Wright



NOT PICTURED:
Todd Ellwein
Lance Nixon

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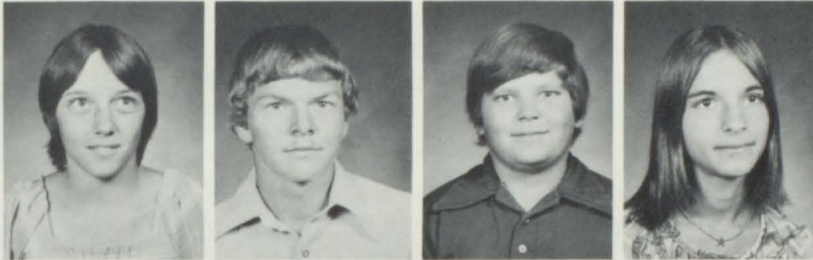
Seventh Graders Participate in Christmas Play



The seventh graders were introduced to their first year in junior high by taking part in parties, dances, and the Christmas Play. Some participated in the senior high band.

The average of the students' grades was above normal. They worked with sentences in different ways and gave book reports. Spelling was also studied each week.

LEFT: 1976-77 Seventh Grade Class Officers are: Randy Metziner, Vice President; Wade VanDover, President; and Kraig Smith, Secretary-Treasurer.



Natalie Bunke
Danny Cantwell
Roy Chapin
Denise Ellwein



Eugene Emery
Jerry Forsting
Maria Forsting
Lona Geranen
Jay Gunther
Bradley Hart



Carla Huettl
Randy Jensen
Marie Jung
Rick
Karjalainen
Curtis Maunu
Julie Maunu



Scott
McCullough
Randy
Metzinger
Stacey
Mikkonen
Debbie
Plummer
Leslie Podoll
Kurt Selzle



Kraig Smith
Terri Strand
Wade
VanDover
Genevieve
Walworth
Stacey Wilson
Shannon
Ylitalo

Sixth Graders Are Introduced to New Procedures

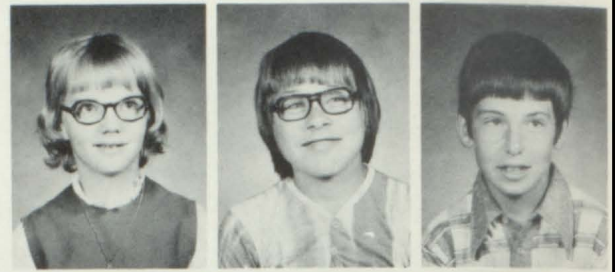
Mr. Norm Selzle's English class became familiar with the Middle School procedure along with grammar and spelling.

Mrs. Marian Wermersen's social studies class included units on the geography and history of different world regions. They also learned about South Dakota in great detail. The sixth graders had current events and were involved with the Bicentennial.

In Mr. Steven Rabin's science class, the students studied plant and animal life, sound, and related topics. He also taught p. e. classes.

The four basic mathematical operations and the metric system were studied by Mrs. Sue Maunu's math class.

Rajeon Anderson
Joel Bender
Randy Bretsch



Scott Campbell
Becky Chapin
Pat Ellwein



Jeff Forsting
Susan Forsting
Theresa Hatzenbeller



Lance Hertel
Dennis Hinz
Scott Huettl
Joey Livermont
Karen Maunu
Tina McCulloch



Lance McDowell
Tina Mikkonen
Kevin Quimby
Donna Schlosser
Brian Strand
Julie Sulzle



Troy VanDover
Dennis Walworth
Jennifer Wells



LEFT: The 1976-77 sixth grade class officers are: Joel Bender, Vice President; Rajeon Anderson, Secretary-Treasurer; and Lance McDowell, President.



Fourth Grade: ROW 1: Ricky Clifford, Troy Metzinger, Roxanne Curtis, Dana Cutler, and Heath Martin. ROW 2: Melissa Bain, Jodi Walworth, Carol Cantwell, Susan Luoma, Sonya Mikkonen, and DeAnn Hinz. ROW 3:

Stanford Pence, Jason Heis, Troy Rohwedder, Lee Marske, Kenneth Dinger, David Campbell, and Douglas Geranen.

In math the fourth grade learned the four basic operations along with fractions and geometry. The children studied energy and matter in science.

In fifth grade math class mastered the metric system and learned how to apply it to everyday measures. Reading classes used a variety of materials including Weekly Readers, Skilltexts, and a set of Random House Books whose use followed a set plan.

Fourth and Fifth Graders Learn From Educational Television

Fifth Grade: ROW 1: Tracy Rohwedder, Wendy Walker, Lori Pence, Karen Karjalainen, Jeanie Romning, Brenda Wells, Jill Gunther, and Jodi Lahr. ROW 2: Janeen VanDover, Mona Speidel, Judy Schultz, Lynn Selzle, Mark Jung, Anita Livermont, Lynette McDowell, Wendy Smith, Ann Marske, Rolinda Ham, and Holly

Rystrom. ROW 3: Paul Kendall, Steven Huettl, Brent Durham, Richard Schlosser, Lonnie Mikkonen, Lance Podoll, Steven Dinger, Dwight Johnson, Joey Lahr, Jeffery Strand, Todd Larson, and Raymond Hatzenbeller. Teacher-Doris Borden.





SECOND GRADE: ROW 1: Jason Ryberg, Kevin Ham, Julie Walworth, Jason Glover, and Troy Podoll. ROW 2: Karalee Klusis, Angela Crawford, Leo Olson, Grant

Kendall, and Tim Strand. ROW 3: Teacher-Lil Luckey, Staci Quimby, Ann Luoma, Pamela Ellwein, Scheila Curtis, and Rheiff Mikkonen.

Second and Third Graders Study Math and Reading

The Second Graders learned the importance of reading smoothly. Math involved counting money and measurements. They also participated in art and gym classes.

The Third Grade's reading involved the construction of sentences. In math they learned the multiplication tables. They also performed experiments in science and learned cursive writing.



THIRD GRADE: ROW 1: Ross Walker, Wylie Johnson, Clinton Sieber, Colleen Ylitalo, and Larry Huettl. ROW 2: Carol Jung, Shelly Gage, Clayton Larson, Patrick Mikkonen, and Gene Kopetsky. ROW 3:

Kimberly Smith, Ronda Ham, Peggy Wells, Thersia Cox, and Cindy Breitag. NOT PICTURED-Teacher Laverne Guidice.



KINDERGARTEN: ROW 1: Lisa Martin, Sandra Huettl, Sandra Jung, Joel Campbell, Sarah Torala, and Brad Ronning. ROW 2: Kevin Barton, Destri Neuhardt, Jolynn Rohwedder, Darin Podoll, Wesley McCullough, Michael Strand, and David Gunther. ROW 3: Robin Smith, Geraldine Klipfel, Heather Mikkonen, Justin Scepaniak, Peter Lahr, and Thomas Gunther. Teacher-Linda Emery. NOT PICTURED-Bonita Maunu.

The kindergarten and first grade students began the year making new acquaintances. The kindergarteners did many left-to-right activities and worked very hard learning to write their names.

The first grade class learned many new words in their reading. They also worked with the addition and subtraction facts.

Together the classes have studied the four basic food groups and Indian Culture. They also started a penmanship class in Barnard this year.

Penmanship Class Is New to Kindergarten and First Grade



FIRST GRADE: ROW 1: Darcy Sieber, Tammie Mullner, Catrina Crawford, and Crystal Cox. ROW 2: Michael Metzinger, Michael Bender, Leslie Huettl, Andrew Olson, Roger Jung, and James Huettl. Teacher-Linda Emery.

Faculty Gives Guidance to Students

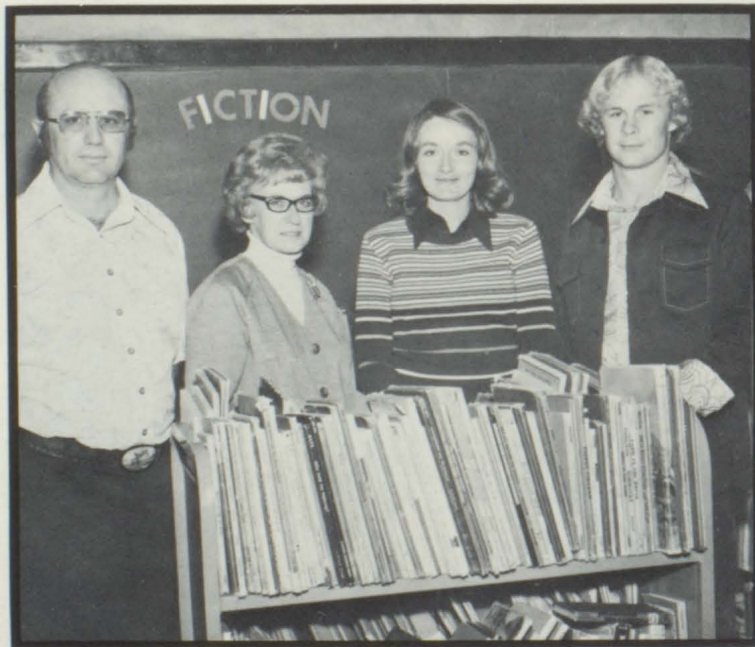
Leighton Getty received his B.S. and M.S. from Northern State College. Mary Kotila was the head of the resource center and also the secretary at Barnard.

All of the Barnard Elementary teachers received their B.S. degrees from N.S.C. The teacher aides were Blaine Christianson, Coralie Maunu, and Sharon Bain. The teachers and grades they taught were as follows: Mrs. Emery, kindergarten and first grade; Mrs. Luckey, second grade; Mrs. Guidice, third grade; Mrs. Green, fourth grade; and Mrs. Borden, fifth grade. Mrs. Retzer handled learning disabilities and Mrs. Johnson taught Remedial Reading.

Norman Selzle, Marian Wermersen, Susan Maunu, and Steve Rabine taught Middle School. Mrs. Wermersen and Mr. Rabine received their degrees from N.S.C. Mr. Selzle received his from U.N.D. and Mrs. Maunu received hers from Dakota State College.

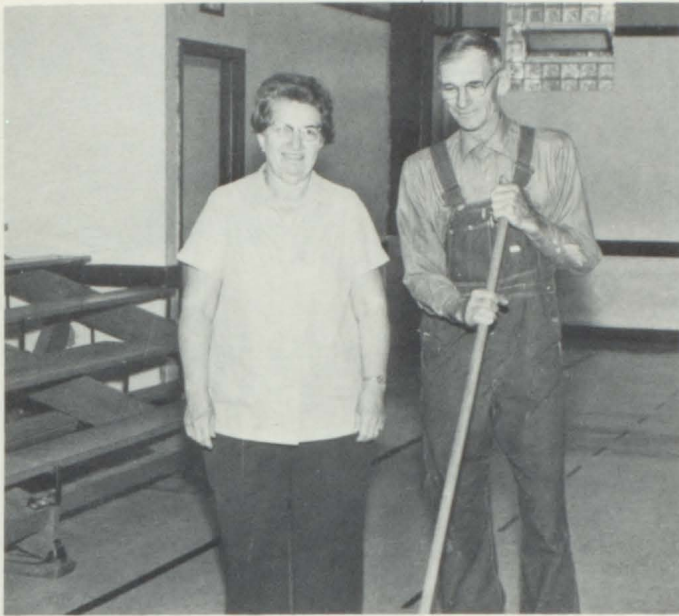


ELEMENTARY FACULTY: FRONT: Mr. Blaine Christianson, Mrs. Lil Luckey, Mrs. Linda Emery, Mrs. Portia Johnson, Mrs. Lori Retzer, and Mrs. Ione Green. BACK: Mrs. Sharon Bain and Mrs. Doris Borden. NOT PICTURED: Mrs. Coralie Maunu and Mrs. Laverne Guidice.



ABOVE: MIDDLE SCHOOL FACULTY: Mr. Norman Selzle, Mrs. Marian Wermersen, Mrs. Susan Maunu, and Mr. Steve Rabine. RIGHT: Mrs. Mary Kotila is the secretary and the head of the resource center at Barnard. Mr. Leighton Getty is the principal.





Students Are Aided by Personnel

Crystal and Everett Suurmeyer were the custodians at Frederick School. They were responsible for keeping up the school and auditorium. Mrs. Suurmeyer also helped with lunch. Besides the usual cleaning involved in janitorial work, Everett was usually found doing odd jobs around the school. Ed Fiekens was the janitor at the Barnard Elementary school and was kept busy keeping the school clean.

Sylvia Mikkonen, Lorraine Krogman, and Cheryl Rohwedder were the cooks for the Elm Valley School system. Maxine Fiekens and Blaine Christianson helped with lunch at the Barnard and Frederick hot lunch programs.

ABOVE: Doing their janitorial work are Crystal and Everett Suurmeyer. BELOW: Cooks for Frederick and Barnard schools are Sylvia Mikkonen, helper-Maxine Fiekens, Lorraine Krogman, and Cheryl Rohwedder.



ABOVE RIGHT: Ed Fiekens is the janitor at Barnard. BELOW: The bus drivers for the 1976-1977 school year are: Duane Plummer, Kenny Olson, Leonard Sumption, Blaine Christianson, and Doug Braa. NOT PICTURED: Clem Braa, Roy McCullough, Duane Pehl, and Dennis Dennert. Mechanic-Ted Derry.





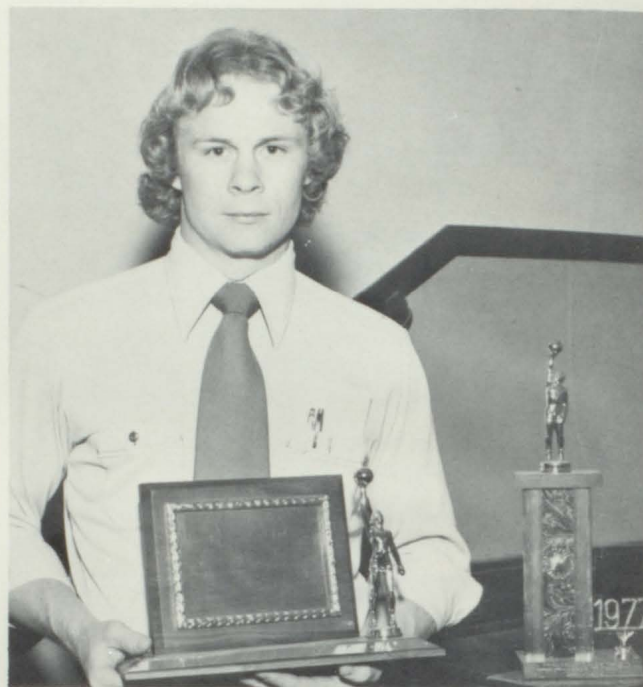
ABOVE: SEVENTH GRADE BASKETBALL TEAM: ROW 1: Bradley Hart, Scott McCullough, Kurt Selzle, Randy Metzinger, Wade VanDover, Jerry Forsting, and Rick Karjalainen. ROW 2: Danny Cantwell, Eugene Emery, Kraig Smith, Shannon Ylitalo, Curtis Maunu, and Jay Gunther.



ABOVE: CHEERLEADERS: TOP TO BOTTOM: Stacey Wilson, Lona Geranen, Tami Voeller, Denise Ellwein, Laura Hixon, Lana Bain, and alternates--Stacey Mikkonen and Lori Heier.



Barnard Bullets Place in Two Tournaments



ABOVE: Mr. Steve Rabine, coach of the Barnard Bullets, posing with the trophies his team won for a second place finish in the LRC Jr. High Tournament and for a second place finish in the Lions' Club Invitational Tournament.

Jr. High Basketball 1976-77 Scoreboard				
	Seventh Barnard Opp.		Eighth Barnard Opp.	
Abdn. Boys				
Club	33	15	30	16
Langford	21	17	21	20
Warner	33	39	4	16
Hecla	29	15	--	--
Abdn. Boys				
Club	39	40	40	37 2OT
Warner	33	23	16	42
Fullerton	28	16	--	--
Hecla	25	16	40	15
Langford	22	40	32	33
	Lions' Club Tournament			
Leola #2	47	28		
Leola #1	32	37		
	Conference Playoffs			
Hecla	28	19		
Langford	25	24 2OT		
Conde	33	19 Championship		

LEFT: EIGHTH GRADE BASKETBALL TEAM: ROW 1: Jim Ronning, Brian Hemen, Lance Nixon, Todd Hertel, Darwin Hinz, and Roger Metzinger. ROW 2: Owen Luoma, Wade Jensen, Scott Bender, Todd Ellwein, Donny Hieb, Jeff Martin, and Kent Braa.

Barnard Students Are Active



ABOVE: The Barnard Student Council members are: ROW 1: Lance Hertel, Tina Mikkonen, and Troy VanDover. ROW 2: Sandy Karjalainen, Owen Luoma, and Scott Bender. ROW 3: Stacey Mikkonen, Eugene Emery, and Kurt Selzle.

The Student Council at Barnard consisted of 6th, 7th, and 8th graders. They planned activities for different events such as Christmas and Valentine dances. The beginner's band consisted of 5th graders. They learned to play and use their instruments properly. The second year band members included the 6th and 7th graders. Throughout their band sessions they learned new and different techniques. The 7th and 8th graders attended 1st hour classes at Frederick.



ABOVE: First year band members include: ROW 1: Paul Kendall, Brent Durham, Lonny Mikkonen, Richard Schlosser, Wendy Walker, and Judy Schultz. ROW 2: Jeff Strand, Mona Speidel, Lynette McDowell, Brenda Wells, and Jeanie Ronning. ROW 3: Jill Gunther, Tracy Rohwedder, Dwight Johnson, Lance Podoll, Director- Roger Kendall, Ann Marske, Jodi Lahr, and Lynn Selzle.

BELOW: Second year band members include: ROW 1: Pat Ellwein, Karen Maunu, Julie Maunu, Kurt Selzle, Tina Mikkonen, and Lance Hertel. ROW 2: Theresa Hatzenbeller, Rajeane Anderson, Kevin Quimby, Randy Bretsch, and Lance McDowell. ROW 3: Shannon Ylitalo, Scott Campbell, Tina McCulloch, and Director-Mr. Kendall.





DEJA VU

We have waited so long for this final day
When we can leave these walls behind--
But the day has come and tears are
in our eyes.
We can hear the echo of our laughter
in its halls
and the faces of our friends reflected
in our minds.
But the day has come and we must go.
Goodbye. . .

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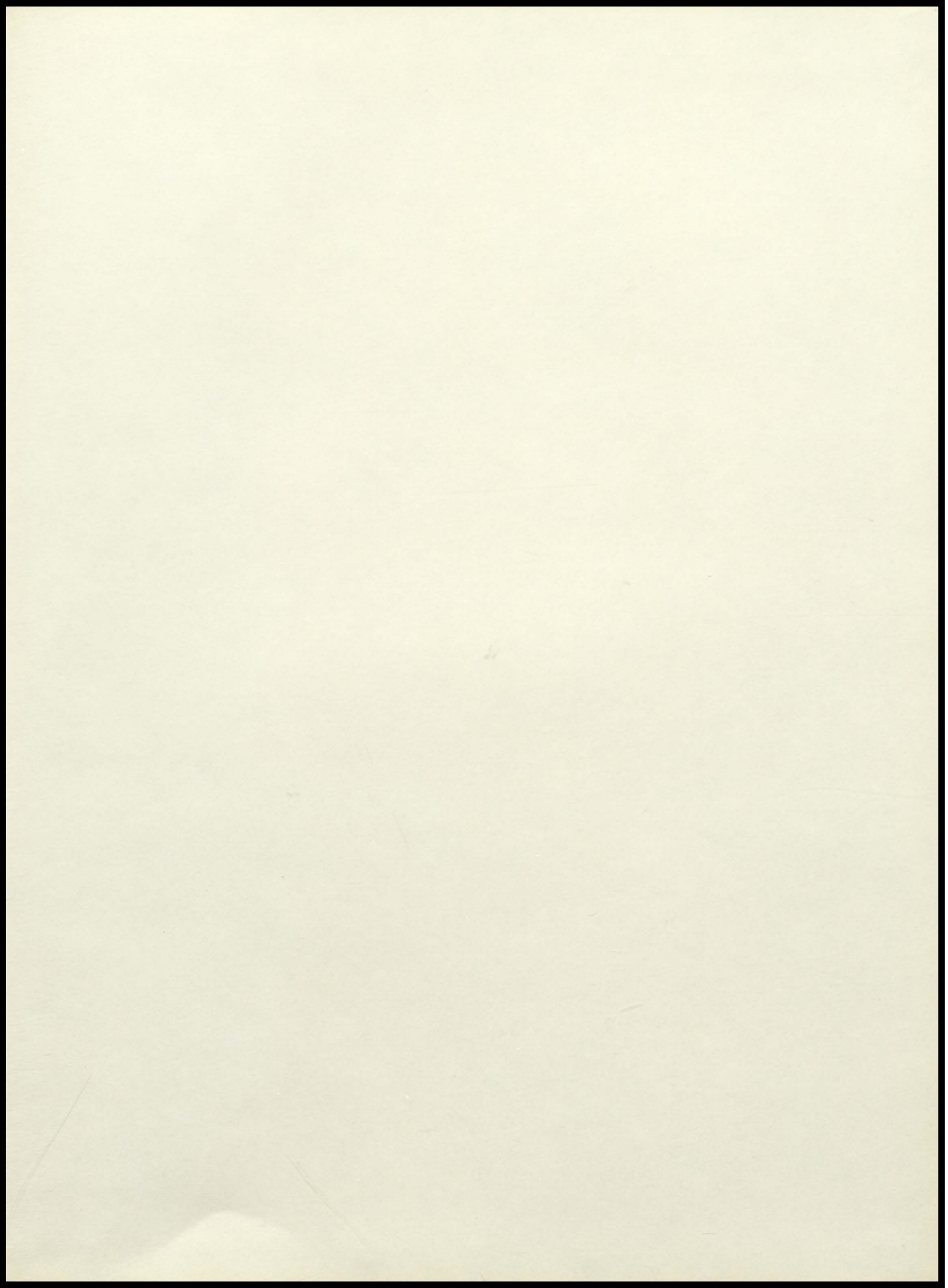
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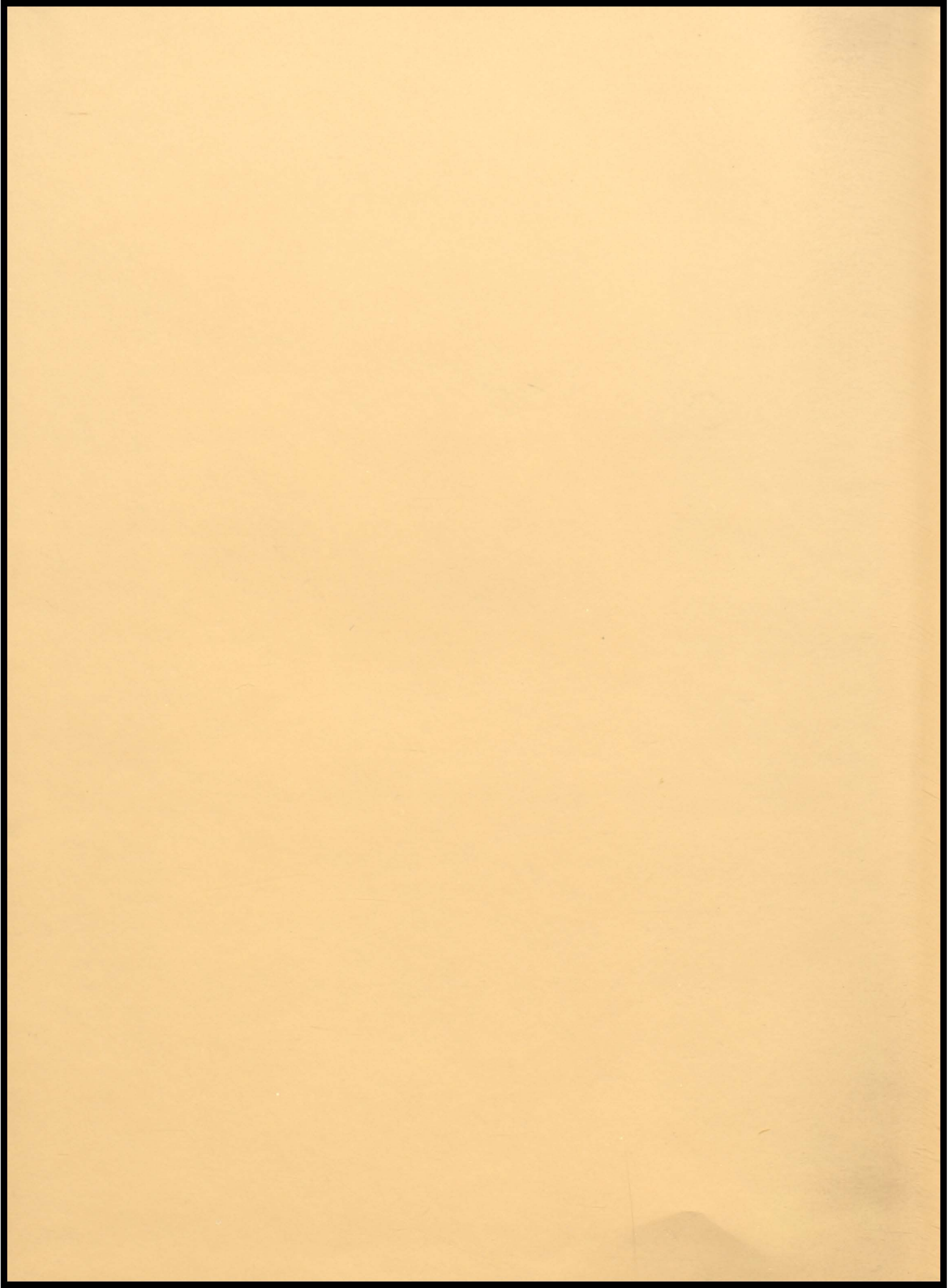
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