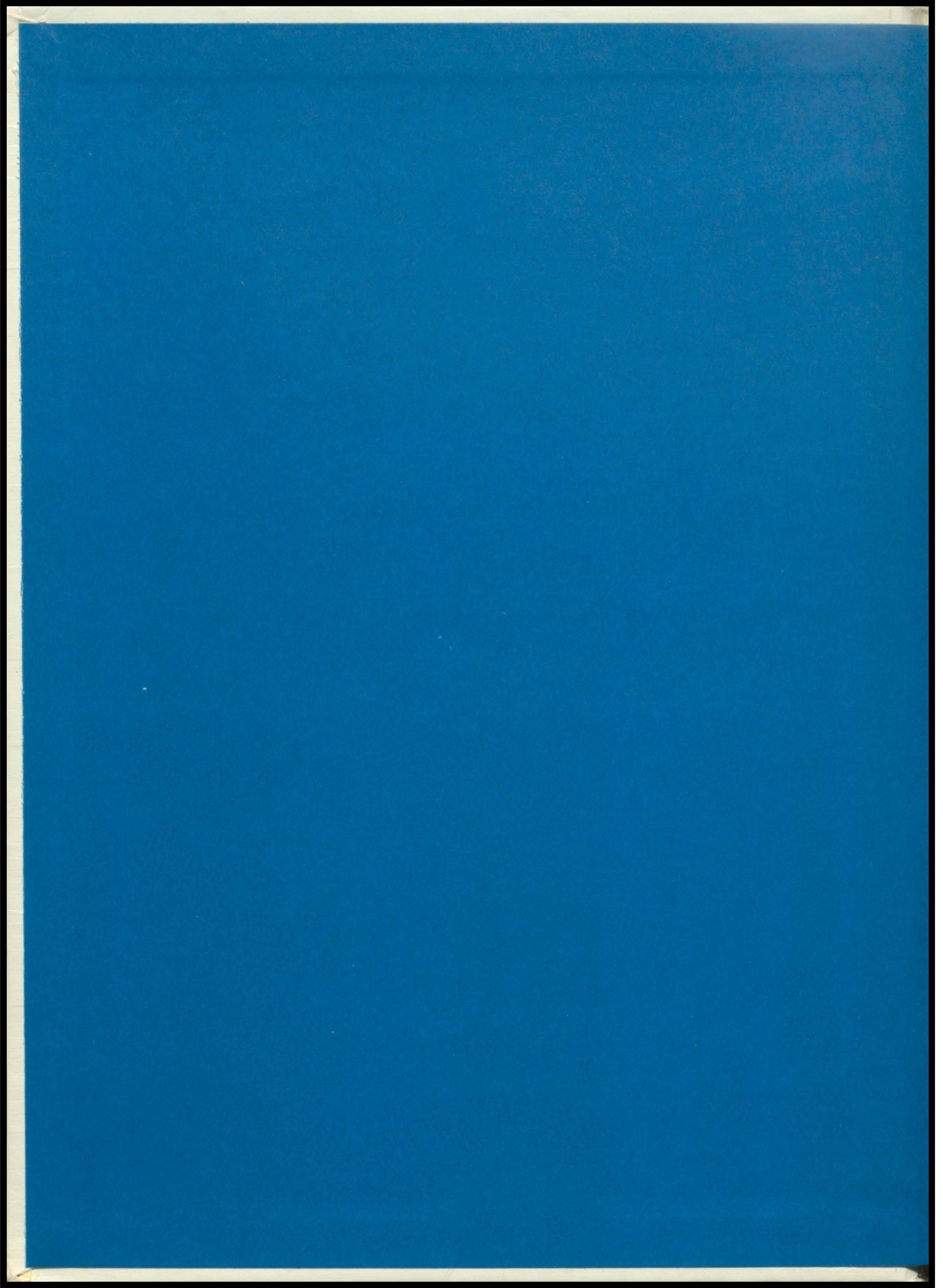


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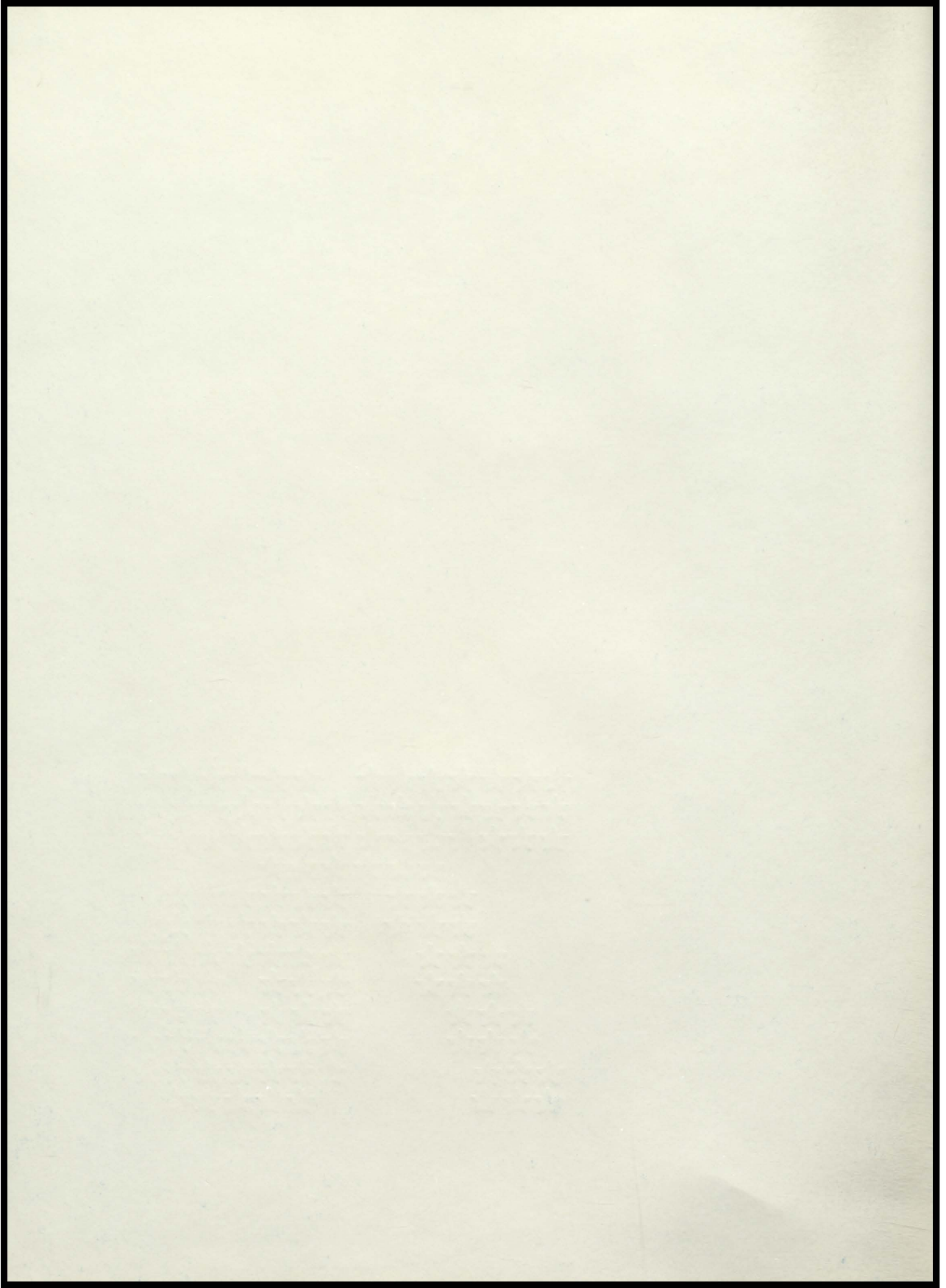
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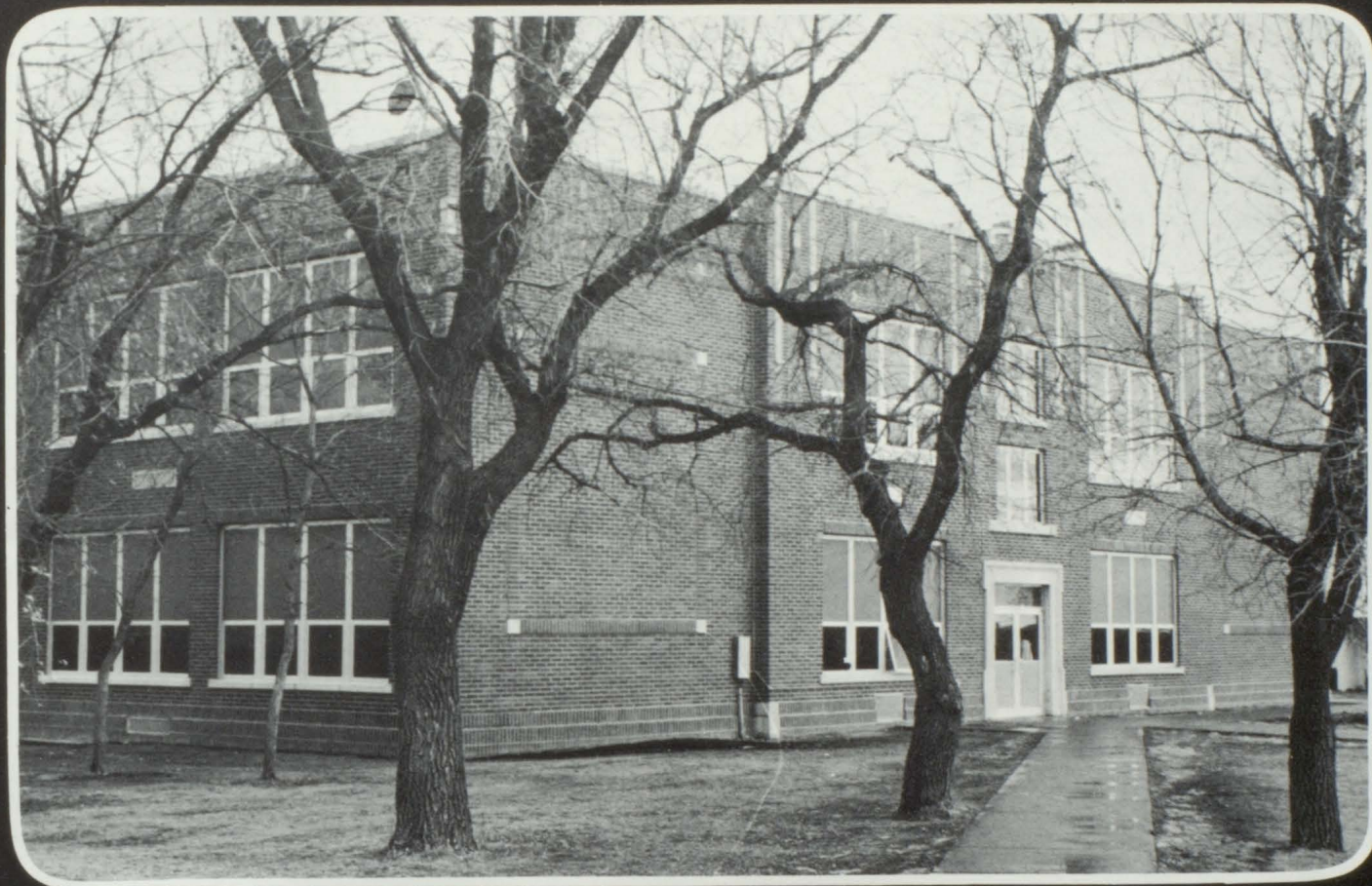
VIKING







1976 VIKING



**Published by:
Yearbook Staff
Frederick High School
Frederick,
South Dakota 57441
Volume 23**

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Bicentennial Class Dedicates 1976 VIKING to Parents

The yearbook staff chose a Bicentennial theme as a format for the 1976 VIKING, concentrating on South Dakota history.

South Dakota, the Coyote state, entered the Union on November 2, 1889. Its inhabitants fondly call it the "Land of Infinite Variety" and the "Sunshine State".

Mount Rushmore is one of the country's most impressive shrines to democracy.

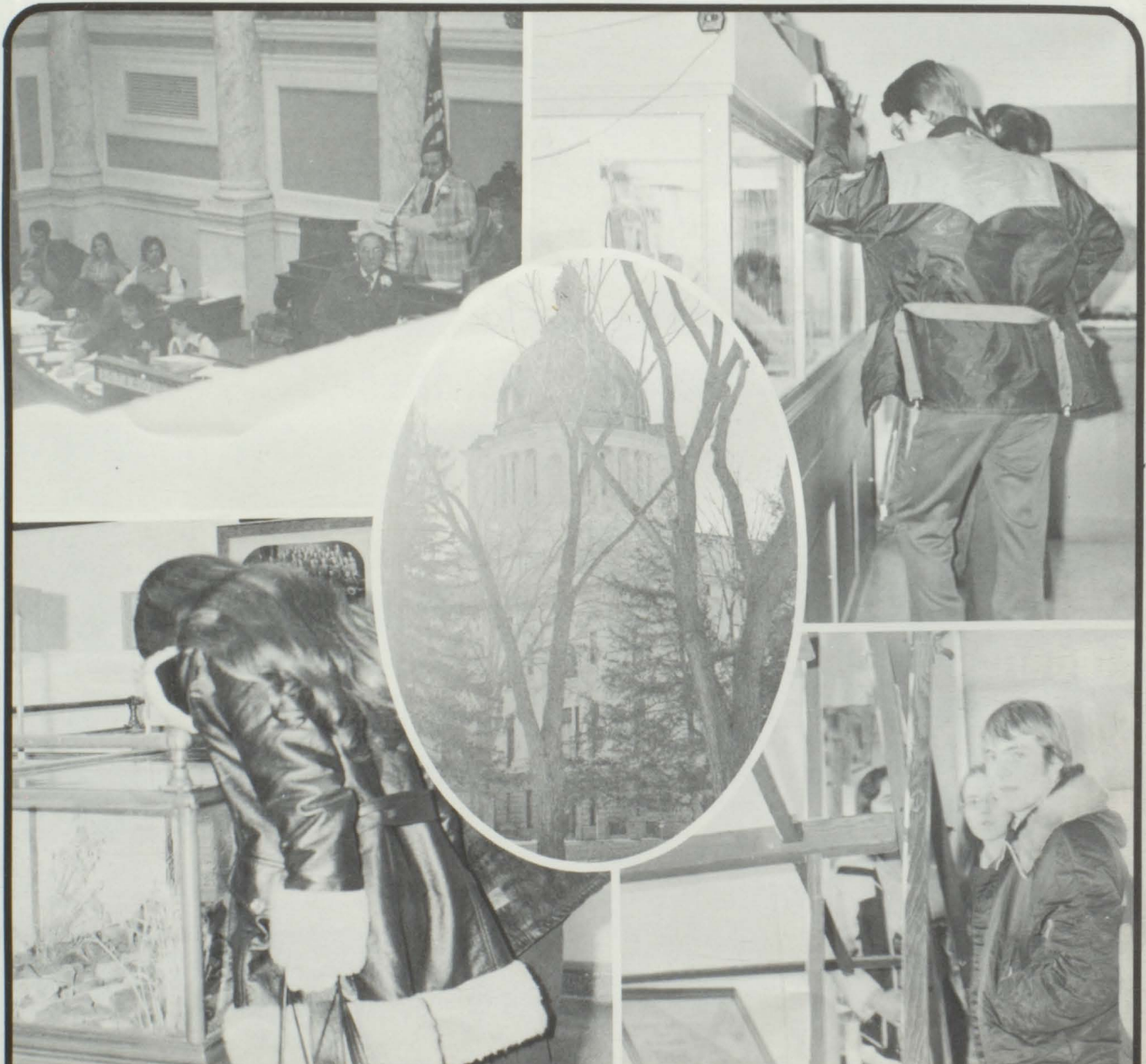
The seniors made a trip to Pierre to study the operation of South Dakota government. To carry out the theme, pictures taken at the capitol are used as the main photo on di-

vision pages.

We, the Senior Class of Frederick High School, dedicate the 1976 VIKING to you, our parents, in appreciation for the years of guidance, encouragement, and freindship given us.

Mr. and Mrs. Raymond Barton
 Mr. and Mrs. Norman Bender
 Mr. and Mrs. Aaron Bieber
 Mr. and Mrs. Roy Boughton
 Mr. and Mrs. Clemence Braa
 Mr. and Mrs. Robert Brotzel
 Mr. and Mrs. Arthur Callaghan
 Mr. and Mrs. William Cantwell
 Mr. and Mrs. Jay Connell
 Mr. and Mrs. Ted Derry
 Mr. and Mrs. Ed Fiekens
 Mr. and Mrs. Henry Forsting
 Mr. and Mrs. Robert Fuhrman
 Mr. and Mrs. LeRoy Ham

Mr. and Mrs. Francis Harrison
 Mr. and Mrs. Charles Hart
 Mrs. Judith Heine
 Mr. and Mrs. Joseph Huettl
 Mr. Leo Jung
 Mr. and Mrs. Roger Kendall
 Mr. and Mrs. Merlon Kotila
 Mr. and Mrs. Donald Marske
 Mr. and Mrs. Earl McCulloch
 Mr. and Mrs. Ervin Peldo
 Mr. and Mrs. Louis Pickell
 Mr. and Mrs. Darwin Podoll
 Mr. and Mrs. Fritz Rosebrock
 Mr. and Mrs. Leo Rystrom
 Mr. and Mrs. Herb Schaunaman
 Mr. and Mrs. Harold Schlosser
 Mr. and Mrs. John Stoddard
 Mr. and Mrs. John Storm
 Mr. and Mrs. Humphrey Taylor
 Mr. and Mrs. Harold Wells
 Mr. and Mrs. Larry Wilson
 Mr. and Mrs. Henry Witte
 Mr. and Mrs. Roger Wolff
 Mr. and Mrs. Donald Wolter
 Mrs. Beverly Wright





Hail! South Dakota,
 A great state of the land,
 Health, wealth and beauty,
 That's what makes her grand,
 She has her Black Hills,
 And mines with gold so rare,
 And with her scen'ry,
 No state can compare.

ACTIVITIES

CLASSES

SPORTS

Band Groups Strive for High Ratings



The Band Members are: ROW 1: Cindy Martilla, Donna Forsting, Kay Rosebrock, Rick Reisdorph, Lisa Heier, Avis Jarvi, Lisa McDowell, Beth Cantwell, Julie Marske, and Kris Reisdorph. ROW 2: Colleen Maunu, Cathy Post, Arleen Jung, Nancy Bretsch,

Colleen Taylor, Lynnette Anderson, Janet Rosebrock, Kent Reisdorph, Darren Engelhart, Grant Bunke, Brian Hertel, Kay Marske, Barb Callaghan, and Susan Peterson. ROW 3: Julie Hixon, Sherry Bender, Karen Schlosser, Kelly McCulloch, Kristi Heis, Sandy

The Frederick Band, under the direction of Roger Kendall, was involved in many activities throughout the year. The band marched in three parades: Hecla's Homecoming, Frederick's Homecoming, and the Gypsy Day Parade in Aberdeen. The band presented a Christmas Concert in December, a Spring Concert in April, and also performed on Memorial Day. The Pep Band played at home games and District Tournaments. The Concert Band participated in Region II Music Contest and received a II rating. Other groups that performed at contest were clarinet quartet, flute trio, baritone duet, and baritone, saxophone, flute, tympani, trombone, and piano solos.



ABOVE RIGHT: Senior Band Members: Colleen Taylor, Janet Rosebrock, Karen Cantwell, Donna Forsting, Julie Marske, Vicki Kotila, Jaye Kendall, Arleen Jung, and Barb Callaghan. BELOW RIGHT: The Band Officers for the 1975-76 year are: Colleen Taylor-President, Julie Marske-Vice President, Jaye Kendall-Secretary and Student Director, Vicki Kotila-Treasurer, Kris Reisdorph-Publicity Chairman, and Kent Reisdorph-Custodian.



This page sponsored by: MOBILE CONCRETE & CONSTRUCTION, Ellendale, North Dakota, and BARNARD COOPERATIVE ASSOCIATION, Barnard, South Dakota.



Karjalainen, Les Sumption, Owen Luoma, Todd Rosebrock, Scott Bender, Kathy Karjalainen, Brenda Vossler, Karen Cantwell, Mark Herman, Marina Onken, Kent Braa, Connie Maunu, David Anderson, Mike Luoma, Keith Kendall, and Joyce Ronning. ROW 4:

Director-Roger Kendall, Patty Bender, Vicki Kotila, Jaye Kendall, Robert Rosebrock, Denise Hemen, Cathy Martilla, Calli Engelhart, Laurie Speidel, Brian Hemen, and Jim Ronning.



ABOVE: Baritone Duet-Vicki Kotila and Jaye Kendall. BELOW: Solos and Ensembles-ROW 1: Donna Forsting, Colleen Maunu, Susan Peterson, and Joyce Ronning. ROW 2: Julie Hixon, Barb Karjalainen, Cathy Post, Cindy Martilla, Vicki Kotila, Calli Engelhart, and Kris Reisdorph.

ABOVE: Flute Trio-Beth Cantwell, Kris Reisdorph, and Julie Marske.

Contest Ratings

- Flute Trio I
- Baritone Duet I
- Clarinet Quartet (Cindy Martilla, Donna Forsting, Cathy Post, and Colleen Maunu) II
- Vicki Kotila (Baritone) I
- Barb Karjalainen (Piano) I
- Susan Peterson (Saxophone) II
- Joyce Ronning (Trombone) II
- Julie Hixon (Piano) II
- Kris Reisdorph (Flute) II
- Calli Engelhart (Tympani) III
- Band II



Music Is Major Interest of Many

The first year band members consisted of 5th and 6th graders. This was an important year, for at this level one must learn to play his instrument properly. The second year band members were 6th and 7th graders. Throughout the year they learned more techniques. The third year band members were 8th graders. They attended band classes with the senior high band members in Frederick.

Head Majorette-Cindy Bieber and majorettes, Tammy Stoddard and Michele Mahlke, along with the banner carriers, Carla Engelhart and Candy Wilson, led the Frederick High School Marching Band in three parades.



First Year Band Members include: BACK ROW: Joey Livermont, Lance Hertel, Kurt Selzle, Lance McDowell, Pat Ellwein, Tina McCullough, Karen Maunu, Rajean Anderson, Shannon Ylitalo, and Roy Chapin. FRONT ROW: Scott Campbell, Randy Bretsch, Kevin Quimby, Tina Mikkonen, Jamie Spiry, Julie Sulzle, and Becky Chapin.



ABOVE: Second Year Band Members include: BACK ROW: Todd Hertel, Todd Ellwein, Denise Ellwein, Lona Geranen, Nita Tveit, Jerry Forsting, Randy Jensen, and Director-Mr. Kendall. FRONT ROW: Stacey Mikkonen, Terri Strand, Leslie Podoll, Marie Jung, Kara Reisdorph, Maria Forsting, Natalie Bunke, and Kraig Smith. BELOW: Majorettes were Tammy Stoddard, Head Majorette-Cindy Bieber, and Michele Mahlke.

BELOW: Banner Carriers are Carla Engelhart and Candy Wilson.



Many Students Are Involved in Chorus



CHORUS: ROW 1: Director—Roger Kendall, Susan Huettl, Melody Wells, Debbie Huettl, Susan Peterson, Arleen Jung, Lynnette Anderson, Toni Rystrom, Joyce Ronning, Kris Reisdorph, Kris Derry, Vicki Kotila, and Jaye Kendall. ROW 2: Brenda Breitag, Tina Plummer, Lisa McDowell, Karen Schlosser, Kristi Heis, Cathy Martilla, Avis Jarvi, Beth Cantwell, Lisa Heier, Barb Karjalainen, Tammy Larson, Colleen Maunu, Barb Callaghan, and Kelly McCulloch. ROW 3: Julie Hixon, Sherry Bender,

Cheryl Sulzle, David Hinz, Rick Reisdorph, Keith Kendall, Mike Luoma, Laurie Speidel, Colleen Taylor, Janet Rosebrock, Kay Rosebrock, Denise Hemen, Nancy Bretsch, and Julie Napton. ROW 4: Connie Maunu, Brenda Vossler, Kelly Geranen, Karen Ronning, Jeff Tveit, Kent Reisdorph, Leroy Fiekens, Rietta Vossler, Sherry Wilson, Mary Heine, Cathy Post, Cindy Martilla, and Donna Forsting. NOT PICTURED: Thomas Wright.

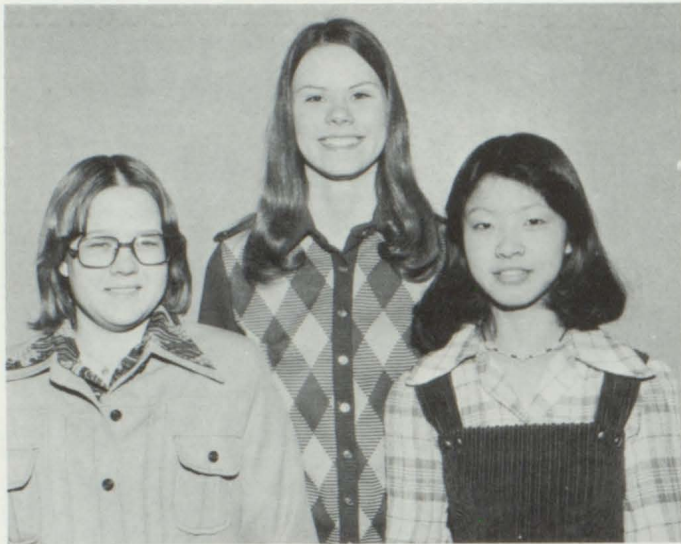
The Frederick High School Chorus of 1975-76, along with the band, presented two concerts during the school year. A Christmas Concert was held on December 22 and a Spring Concert on April 29. The Girls Glee participated in the District V Music Contest and received a II rating.

The Mixed Chorus and Girls Glee sang for Baccalaureate. The Triple Trio sang for Commencement Exercises. The small chorus groups were Girls Glee, Triple Trio, a vocal duet, and soloists. A vocal and instrumental ensemble performed at the Christmas and Spring Concerts.

Senior Chorus Members: ROW 1: Debbie Huettl, Donna Forsting, Leroy Fiekens, Jaye Kendall, Janet Rosebrock, and Mary Heine. ROW 2: Arlene Jung, Colleen Taylor,

Rietta Vossler, Melody Wells, Kris Derry, Barb Callaghan, and Vicki Kotila.





The vocal soloists are Kris Derry, Jaye Kendall, and Kris Reisdorph. Jaye Kendall and Kris Reisdorph sing a vocal duet.



The accompanists for the chorus are: Julie Hixon, Lynnette Anderson, Kris Reisdorph, and Cindy Martilla.

Small Groups Participate in Contest

Contest Ratings	
Girls Glee II	
Triple Trio I	
Jaye Kendall (Alto) I	
Kris Derry (Soprano) II	
Kris Reisdorph (Soprano) III	
Jaye Kendall & Kris Reisdorph (Duet) II	

Members of the Triple Trio are: ROW 1: Arlene Jung, Kris Reisdorph, and Joyce Ronning. ROW 2: Kris Derry, Jaye Kendall, Nancy Bretsch, Cathy Post, Vicki Kotila, and Julie Napton.



Pep Organizations Promote School Spirit



ABOVE: Pep Club and Officers: Cindy Bieber, Secretary; Rietta Vossler, Vice President; and Donna Forsting, President.

The Pep Club held meetings throughout the year to discuss and plan activities. The Pep Club kept up the Viking spirit by cheering at all the games and presenting skits at pep fests.

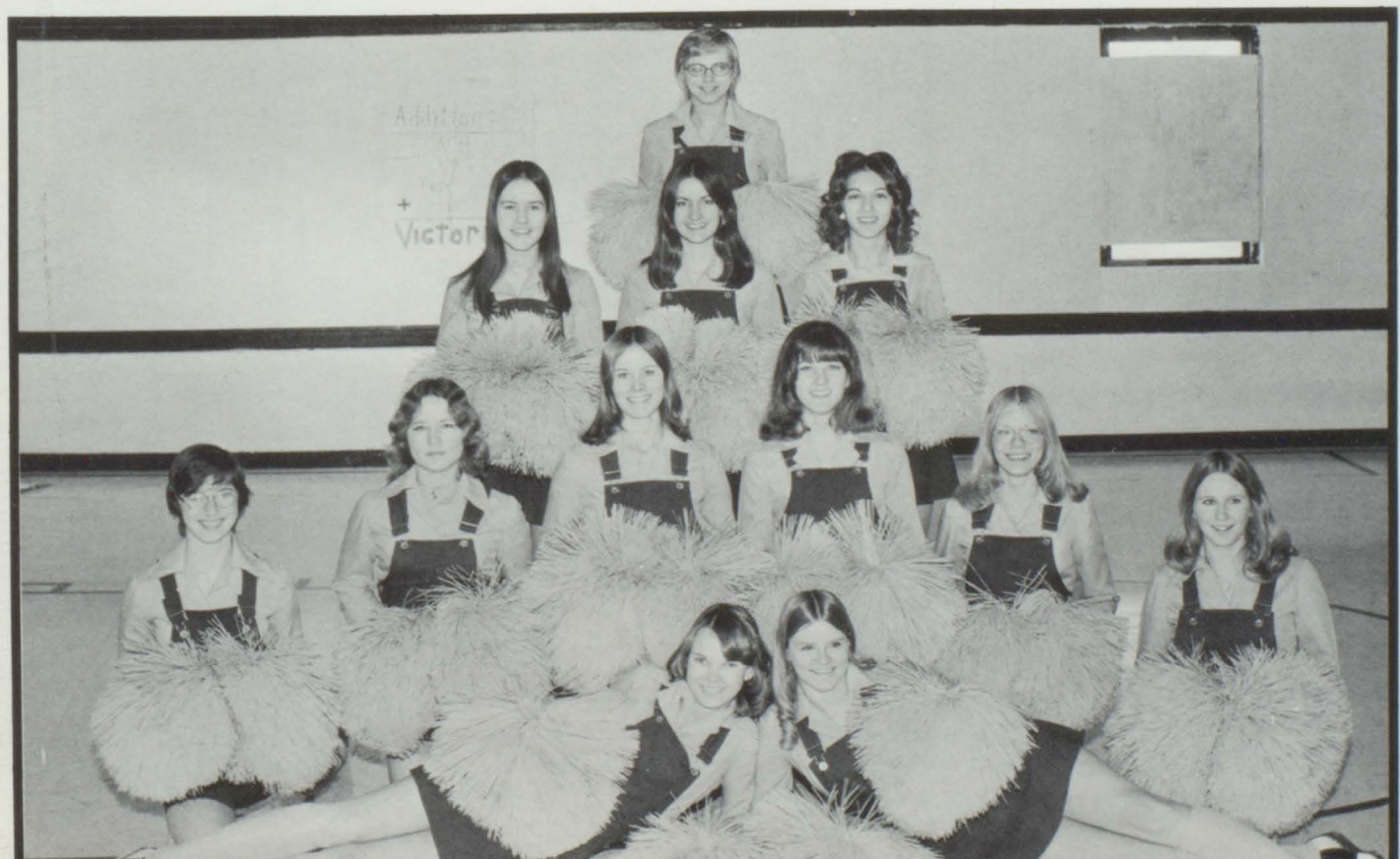
The Sugar 'n' Spice consisted of twelve girls. They performed their routines at the home games, in addition to Warner and the District Tournament.

LEFT: The Advisor of the Drill Team and Pep Club is Mrs. Walz. The Student Manager of the Drill Team is Kris Derry.



BELOW: Members of the Sugar 'n' Spice Drill Team:
FIRST ROW: Denise Hemen and Cathy Martilla. SECOND ROW: Sherry Bender, Michele Mahlke, Colleen Maunu,

Kay Bosebrock, Susan Peterson, and Cindy Martilla. THIRD ROW: Maureen Cantwell, Cindy Bieber, and Janet Rosebrock. FOURTH ROW: Rietta Vossler.



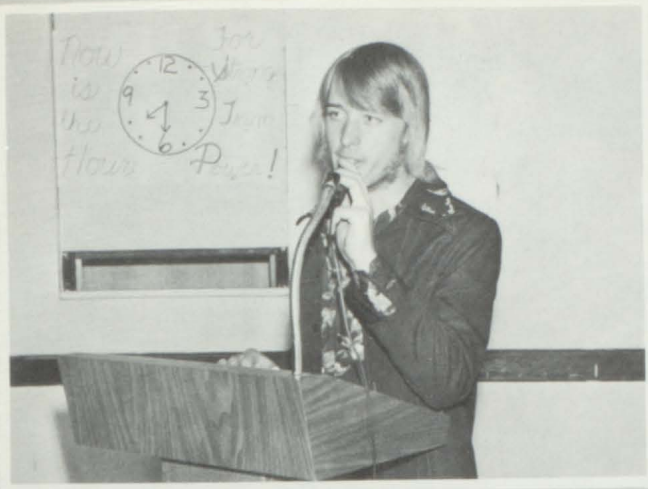
Coronation Highlights Homecoming

The 1975 Homecoming festivities got under way Thursday evening, October 2, with the theme, "Cartoon Characters," Bryan Crawford was Master of Ceremonies. Coach Pudwill introduced the players and gave the fans a rundown of the season. All of the classes presented skits and the juniors took first place, while the seniors took second place. Honor guards were Cindy Martilla and Kevin Plummer. Crown bearers were Jason Glover and Julie Walworth. Bernie Witte and Rietta Vossler were crowned king and queen to reign over the 1975 Homecoming festivities. The bonfire, built by Daryl Fuhrman, Kerry Wilson, and Bernie Witte, burst into flames after the coronation, while the cheerleaders led the fans in cheers.

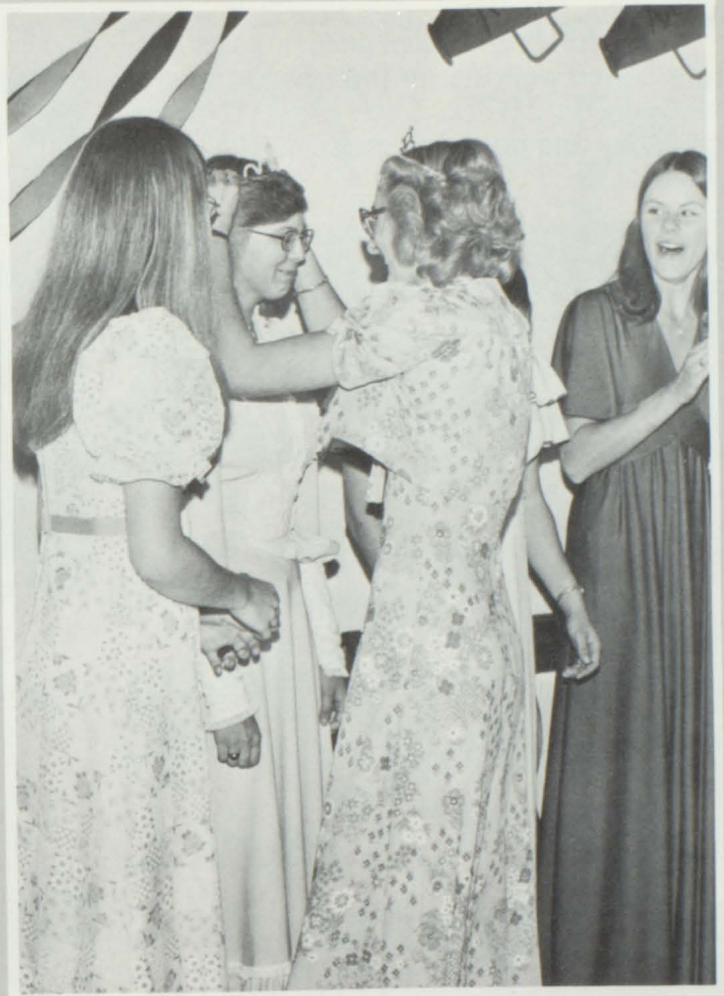
Queen Rietta Vossler and King Bernie Witte reign over the 1975 Homecoming festivities.



BACK ROW: Colleen Taylor, Mary Heine, Jaye Kendall, Karen Cantwell, Donna Forsting, Kerry Wilson, Daryl Fuhrman, Leroy Fiekens, Greg McCulloch, and Tony Bender. FRONT ROW: Julie Walworth, Rietta Vossler, Bernie Witte, and Jason Glover.



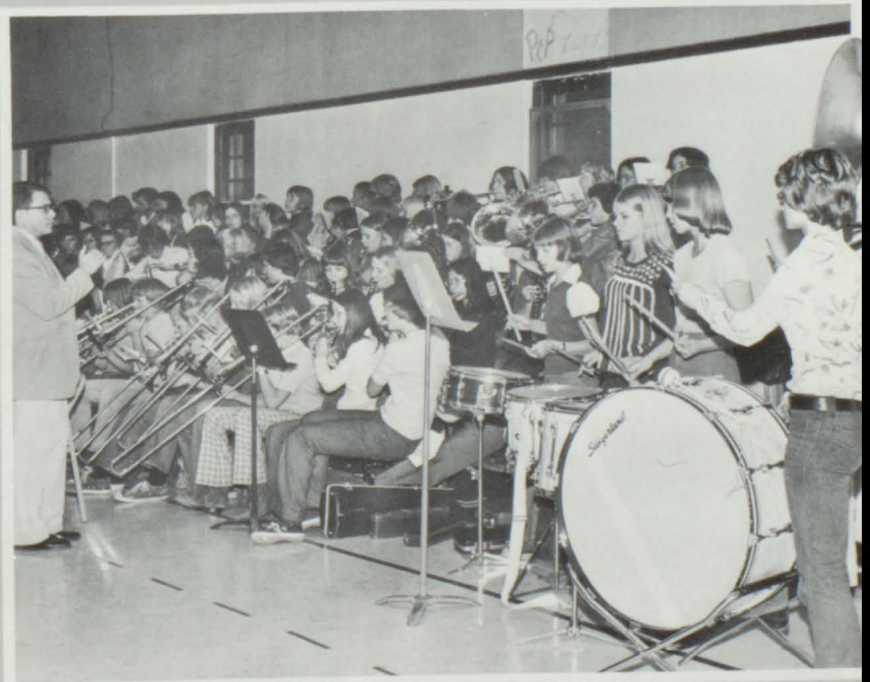
ABOVE: Bryan Crawford is performing his duties as Master of Ceremonies, BELOW: Cindy Martilla and Kevin Plummer act as honor guards.



ABOVE: Rietta Vossler is crowned queen by Tracy Lahr. BELOW: The Frederick High School Band provided music for the evening.



BELOW: The bonfire burst into flames while the cheerleaders lead the excited Frederick fans in a variety of cheers.

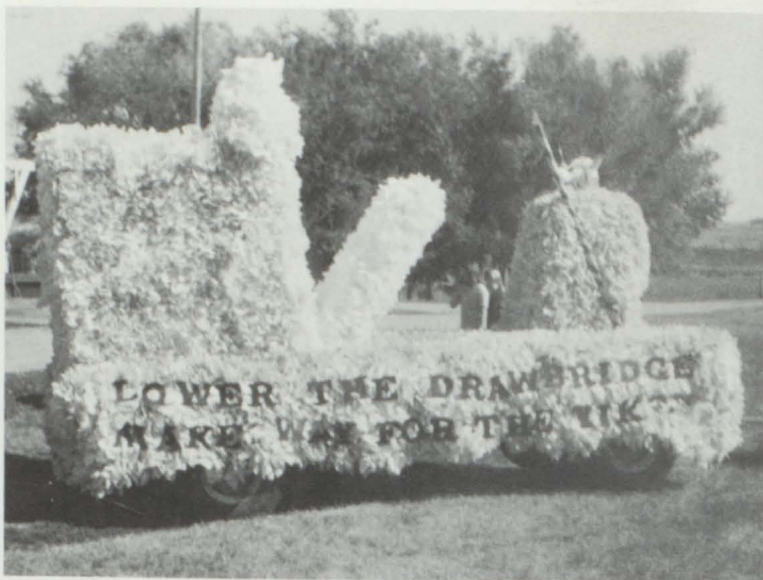


Floats and Skits Create Homecoming Atmosphere

The freshmen, sophomores, and juniors began working on their floats September 28, 1975. Each class, student council, and pep club presented skits at Coronation.



ABOVE-The junior skit took first place depicting Twelve Years of School with "Cartoon Characters." TOP RIGHT-The junior's float won first place with the theme "Hagar the Horrible." CENTER RIGHT-"Fat Albert" was the sophomore's theme for their second place float.



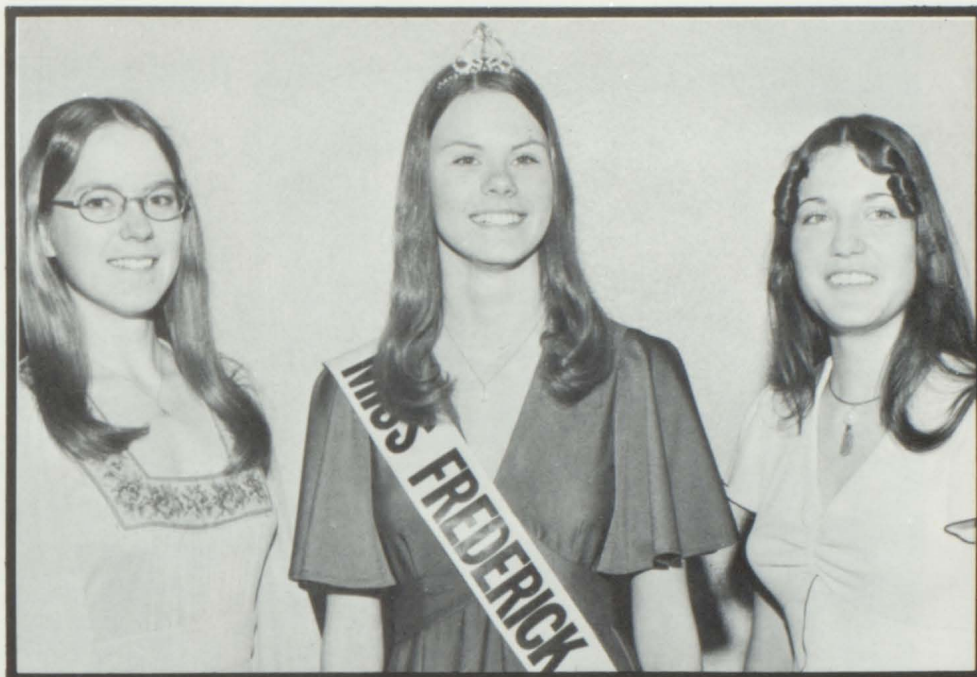
ABOVE-The senior's second place skit was a take off from "B. C." BOTTOM RIGHT-The freshman float placed third with the theme "Snoopy."



Snow Queen Contest Highlights Winter



ABOVE: Jay Kendall was chosen the 1976 Snow Queen. BELOW: Cathy Martilla was chosen the 1976 Junior Snow Queen.



ABOVE: Mary Heine, second runner-up; Jaye Kendall, 1976 Miss Frederick; and Cheryl Brotzel, first runner-up.

The 1976 Snow Queen Contest, sponsored by the ABC Extension Club, was held on November 7. Jaye Kendall was crowned the 1976 Snow Queen by former queen Patty Rahja. Cheryl Brotzel was first runner-up and Mary Heine was second runner-up.

Master of Ceremonies for the program was Jack Smith.

Cathy Martilla was crowned Junior Snow Queen by Nancy Grieben, who held the title last year. The mystery snow man was unmasked to reveal Ginny Sorenson.



ABOVE: Jack Smith serves as Master of Ceremonies.



ABOVE: Jaye Kendall is crowned by Patty Rahja as Frosty looks on.

1976 Sweetheart Party Adds Many Memories

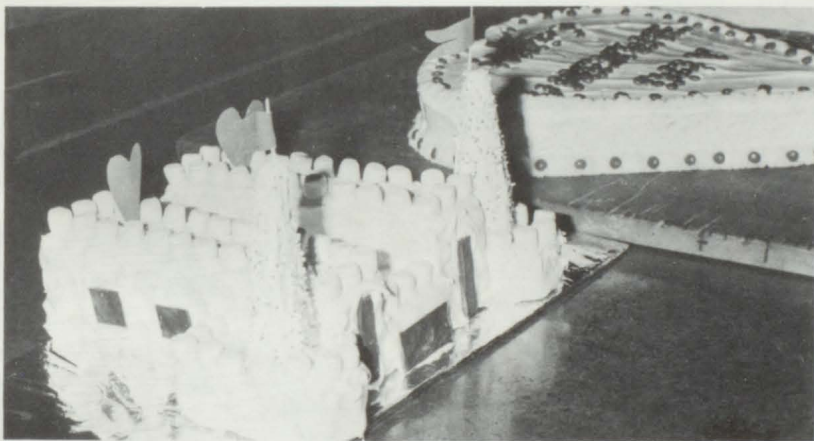


ABOVE: 1976 Sweetheart candidates: Darren Engelhart, Todd Harrison, Bryan Crawford, Gary Schlosser, Janet Rosebrock, Christie Dennert, Carla Engelhart, and Cathy Martilla.



LEFT: 1976 Sweetheart Royalty: King Gary Schlosser and Queen Janet Rosebrock. BELOW: Leroy Fiekens, Greg McCulloch, Cindy Bieber, Barb Callaghan, Monte Podoll, and Dan Godding enjoy dancing.





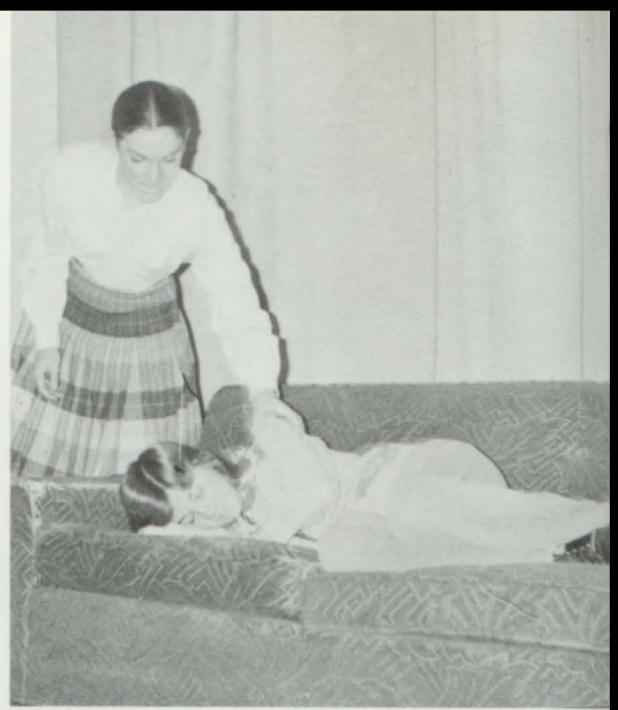
ABOVE LEFT: Eugene Boughton and Cindy Bieber are the 1976 cupid and psyche. ABOVE: Dean Marske, Tammy Larson, Kerry Wilson, Bernie Witte, and Daryl Fuhrman enjoy the dance. LEFT: The senior cake wins first place for looks, and the junior cake wins for being the best tasting. LOWER LEFT: Eric Snow, a KSDN disc jockey, plays records and entertains the large crowd.



The sweetheart party was held on February 11, 1976. Eric Snow, a KSDN disc jockey, played records and entertained a large crowd. The Seniors won the cake contest for the best looking cake, and the juniors got first place for the best tasting cake. The cake contest was judged by Eric Snow. Gary Schlosser and Janet Rosebrock were crowned the 1976 king and queen by the 1975 royalty, Dean Marske and Ginny Hieb. Other candidates were: juniors, Bryan Crawford and Christie Dennert; sophomores, Todd Harrison and Carla Engelhart; and Darren Engelhart and Cathy Martilla were the freshman candidates.

Juniors Present "Take Three Girls"

The Junior Play was held at the Frederick Auditorium on Saturday, November 22, 1975. A matinee was given at Barnard November 21. Mrs. Rollo directed the play with the help of Susan Peterson, Nancy Bretsch, and Kris Reisdorph, the assistant directors. The play took place at the Hopp Inn owned by Mrs. Hopp (Colleen B.). The three Bowers sisters, who finally escaped the clutches of their aunt (who hates men), stayed at the inn. One of the Bower sisters, May (Cindy M.), met a boy she liked--Dwight Aswell (Bryan C.). June (Cathy P.), liked Jonah Jackson (Larry M.), but pretended she didn't. April (Kay R.) had eloped and was staying at the lake by the Hopp Inn. Unexpectedly Aunt Bertine (Colleen M.) shows up at the inn. Everything was in a turmoil but it turned out happily.

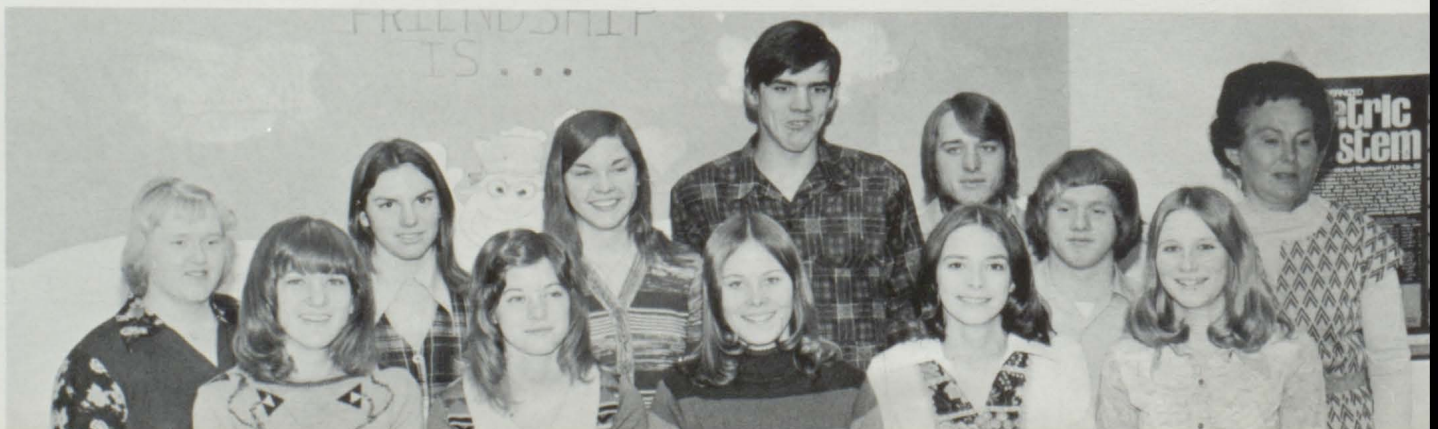


ABOVE: Mrs. Hopp (Colleen B.), the owner of the Inn, finds her little helper (Calli E.) asleep on the job.



LEFT: Cathy P. and Larry M. are giving Cindy M. and Bryan C. a bad time. ABOVE: Student directors are Kris Reisdorph, Susan Peterson, and Nancy Bretsch.

BELOW: Junior Play Cast, Front: Kay Rosebrock, Calli Engelhart, Colleen Maunu, Cathy Post, and Cindy Martilla, Back: Julie Napton, Colleen Bain, Christie Dennert, Larry Marske, Bryan Crawford, Kevin Plummer, and director, Bernice Rollo.



Senior Girls Share Lead in Class Play



ABOVE: Members of the senior play cast included: BACK ROW: Jaye Kendall, Debbie Huettl, Janet Rosebrock, Pearl Schaunaman, Jill Wolff, and Donna Forsting. MIDDLE: Marcia Rexinger, Arleen Jung, Lynne Rystrom, Vicki Kotila, and Betty Storm. FRONT: Cindy Bieber, Carol Wolter, and Tammy Stoddard. NOT PICTURED: Barb Callaghan, Cheryl Brotzel, Kris Derry, Colleen Taylor, Melody Wells, and Thomas Wright.

The Senior Class presented "Outrageous Fortune" on March 6, 1976. The three-act comedy, with a cast consisting of 20 girls and one boy, takes place in an all girls' orphanage with gang leader, Lefty Wright, constantly rubbing the principal of the home, Miss Nelson, the wrong way. The leading roles were played by Donna Forsting as Lefty Wright, Cindy Bieber as Paula, Jaye Kendall as Miss Nelson, and Melody Wells as Mrs. Bradley.



ABOVE: Jill Wolff, Mrs. Rollo, Carol Wolter, and Kathy Barton directed the play. BELOW: Sister Angela, Mrs. Bradley, and the Director decide what steps they can take with Lefty.



ABOVE: The girls at the Hamilton Home look discontented as they are assigned their daily duties. BELOW: Lefty and Paula pull a hair-raising stunt to strike back at Miss Nelson.



This page sponsored by: FRYSLIE'S VILLAGE VARIETY and ELLENDALE LIVESTOCK SALES CO., Ellendale, North Dakota.

Students Excel in Oral Interpretation

The Oral Interpretation program started with sixteen students participating.

Early in October those who chose to go, took part in the NSC Oral Interpretation Contest. Ronald Claeys and Kris Derry earned a third place trophy at that contest and everyone else received either excellents or good ratings.

The first real contest occurred on the evening of October 20 with Mr. Dennis Scott of NSC as critic judge.

The winners of the local elimination advanced to the district contest held in Ipswich on October 27, in which ten schools and over forty-five students participated. FHS contestants tied with

Northwestern for the first place trophy. Vicki Kotila and Jaye Kendall received Superiors and Cathy Post, Pearl Schaunaman, and Kris Derry and Ronald Claeys received excellents.

Advancing to the regional contest in Aberdeen were Cathy Post, Jaye Kendall, Vicki Kotila, and Pearl Schaunaman. In the Region, Jaye Kendall received top rating and the other contestants received Excellents.

Jaye Kendall went on to the State contest in Pierre November 14 where she received an Excellent rating.

The 1975-76 year was the most successful year in Oral Interpretation for at least fifteen years.



ABOVE: Kris Derry and Ronald Claeys, hold the trophy they won at the Northern Workshop for third place in Memorized Duet Acting. BELOW: Jaye Kendall received a Superior rating at the Region Contest and an Excellent at State.



ABOVE: Pearl Schaunaman, Cathy Post, Vicki Kotila, and Jaye Kendall won first place trophy at the District Contest. BELOW: Participants in the Local Declam Contest are: BACK: Colleen Taylor, Lynne Rystrom, Keith Kendall, Carol Wolter, Jeff Tveit, Leslie Sumpton, and Mrs. Rollo, Coach. FRONT: Barb Callaghan, Char Hart, Rietta Vossler, and Donna Forsting.





ABOVE: Yearbook staff includes: BACK: Cathy Post, Cindy Martilla, Kerry Wilson, Bernie Witte, and Peggy Peldo. FRONT: Debbie Huettl, Lynne Rystrom, Janet Rosebrock, and Joyce Ronning. ABOVE RIGHT: Kathy Barton and Mrs. Mary Anne Nelson, advisor, discuss a layout. BELOW: Kathy Barton, editor, and assistant editors Rietta Vossler and Mary Heine look at a layout for the sports section.

Yearbook Staff Compiles Memories

The yearbook staff consisted of a number of juniors and seniors, with everyone lending a hand to make the 1976 "Viking" possible. During the second period of the day, members of the office practice class, assisted by other seniors, worked on the yearbook. The staff combined new and old ideas in developing the yearbook.

Kathy Barton, editor, attended the Publications Workshop at SDSU, Brookings, June 15-21, 1975. She also attended an American Yearbook workshop with Julie Marske, photographer, at Northern State College in Aberdeen on October 2, 1975.

Mrs. Mary Anne Nelson was the advisor for the 1976 yearbook. Mary Heine and Rietta Vossler were assistant editors. Mary was in charge of the sports section, and Rietta proofread and indexed.



Julie Marske, photographer, prepares to take another candid shot.

BELOW: Yearbook staff: BACK: Colleen Bain, Calli Engelhart, and Sherry Wilson. FRONT: Tammy Larson, Kris Reisdorph, Donna Forsting, and Brenda Vossler.



Student Recognition Promotes Interest

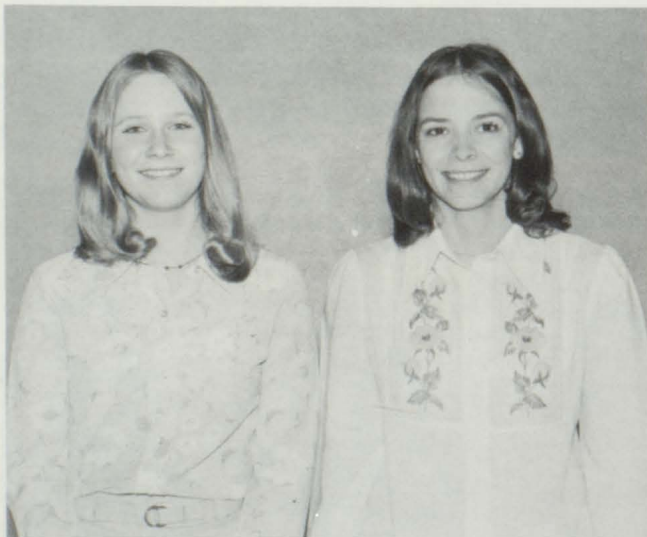
Student achievement prompted teachers to nominate juniors and seniors for inclusion in Who's Who Among American High School Students and Who's Who Among American High School Music Students. During the week of June 6-13, Kris Reisdorph, sponsored by Alpha Circle, attended Music Camp at USD, Vermillion.

Colleen Taylor was designated by the senior class and the faculty to hold the honor of DAR. The selection was made on the basis of leadership, participation, moral conduct, and rank in class. Vicki Kotila, winner of the Betty Crocker Award, was eligible to compete for state and national scholarships.

Members of the American Legion Auxiliary interviewed girls from the top third of the junior class. On the basis of the interview, Susan Peterson was chosen to attend Girls' State at Dakota Wesleyan in Mitchell, May 30-June 5. The same week, Kevin Plummer attended Boys' State at Northern College in Aberdeen.

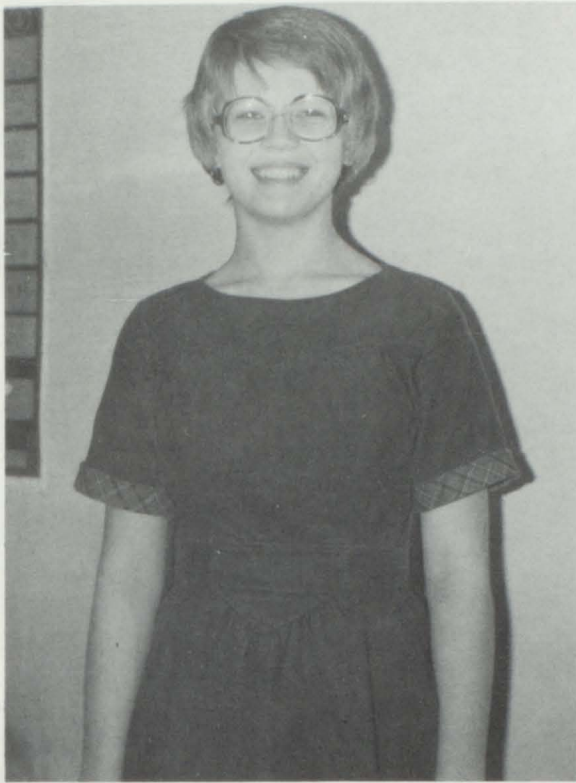


ABOVE: 1975-76 Who's Who Among High School Students, BACK: Julie Marske, Jill Wolff, Susan Peterson, Nancy Bretsch, and Jaye Kendall. FRONT: Kathy Barton, Kay Rosebrock, Vicki Kotila, and Cindy Martilla. BELOW: Students selected to be included in Who's Who Among High School Music Students were Cindy Martilla, Vicki Kotila, and Kris Reisdorph. Kris Reisdorph was also selected to attend Music Camp.



ABOVE: Cindy Martilla and Cathy Post were selected to attend SDSU Publications Institute in Brookings, June 13-18, 1976. RIGHT: Colleen Taylor was chosen by her classmates to be DAR.





ABOVE LEFT: Vicki Kotila received the Betty Crocker Award after obtaining the highest score on a written examination December 2, 1975. ABOVE RIGHT: Girls' and Boys' State Delegates chosen were Colleen Bain, alternate, Susan Peterson, Kevin Plummer, and Larry Marske, alternate. BELOW: Students who placed in the Lake Region Math and Business Contest held April 9, 1976, were: BACK: James Plummer, Beth Cantwell, Cindy Martilla, Colleen Bain, Todd Harrison, Jill Wolff, and Julie Marske. FRONT: Cathy Martilla, Julie Hixon, Shirley Berniklau, Debbie Huettl, and Janet Rosebrock.

LRC MATH AND BUSINESS CONTEST RATINGS

General Business		Algebra I	
Beth Cantwell	1st	Cathy Martilla	2nd
James Plummer	2nd	Geometry	
Typing		Todd Harrison	1st
Julie Hixon	1st	Algebra II	
Shirley Berniklau	3rd	Colleen Bain	1st
Shorthand		Cindy Martilla	2nd
Janet Rosebrock	2nd	Senior Math	
Debbie Huettl	3rd	Julie Marske	3rd
Bookkeeping			
Jill Wolff	1st		



Student Council and Librarians Aid Students

The Student Council represented the student body by planning the activities for the senior high school. They also sponsored the Sadie Hawkins and Sweetheart dances. During the homecoming festivities, the council presented a skit at the pep fest. At Christmas, members decorated a Christmas tree and asked students to bring gifts for the Redfield State Hospital.

Additional reference sources were added to the library and a new filing system was organized. News magazines are now kept on file for three years. Thirty-two hardbacks and 99 paperbacks were added. The State Library in Pierre was helpful in supplying sources that the library lacked. Visual aids were kept in various classrooms because of the lack of space.



ABOVE: Student Council members, FRONT: Advisor--Don Quimby, Lynne Rystrom, Carla Engelhart, Brenda Vossler, and Keith Kendall. BACK: Denise Hemen, Cathy Post, Sherry Wilson, Rietta Vossler, Sec. Treas.--Donna Forsting, V. Pres.--Mary Heine, and Pres.--Colleen Taylor. BELOW: Librarians, FRONT: Kris Derry, Gary Schlosser, and Dan Gooding. BACK: Vicki Kotila, Arleen Jung, and Melody Wells.



ABOVE: Mrs. Brun is the librarian for the school district. She works in Frederick, Barnard, and Hecla. RIGHT: Mary Heine, Cathy Post, and Donna Forsting plan activities and discuss problems of the student council.



Jr-Sr Prom Leaves Many Memories



ABOVE: Rod Dosch, Colleen Maunu, Richie Maunu, Tammy Larson, Bryan Crawford, Donna Forsting, and Don Moser visit at the banquet. BELOW: Cindy Martilla, Lynn Rystrom, and Kerry Wilson participate in the grand march.



ABOVE: Nancy Bretsch, junior class president, escorted by Don Moser, lead couples in the grand march. BELOW: Seniors enjoy the banquet hosted by the juniors.





LEFT: The hosts and hostesses for the 1976 Jr-Sr Prom are Darold Hieb, Candy Wilson, Nancy Grieben, and Todd Harrison. ABOVE: Julie Marske thanks the juniors for the prom.

One More Time for All the Old Times

"One More Time For All The Old Times" was the theme for the 1976 Jr-Sr Prom. The banquet was held May 1, at 7:00 at the Sheraton Motor Inn and Todd Harrison, Candy Wilson, Nancy Grieben, and Darold Hieb were the hosts and hostesses. Following the banquet, Nancy Bretsch, junior class president, began the program with a welcoming speech. Julie Marske, senior class president, gave a response. Mr. Twite and Mr. Quimby gave speeches also. Larry Marske read the class prophecy and Colleen Maunu read the senior class wills. The grand march was held around the pool at 9:00 P.M. Music was furnished by Kris Reisdorph and Julie Hixon. The dance was then held with music by "Clown".



ABOVE: Larry Marske reads the class prophecy. BELOW: Colleen Maunu reads the senior class wills, LEFT: Couples enjoy dancing to the music by "Clown".





ABOVE: "Clown" provides music for the dance. BELOW: Eugene Boughton, Leroy Fiekens, Mary Heine, Daryl Fuhrman, Greg Harrison, and Tony Bender enjoy themselves.



ABOVE: Kris Reisdorph sings the theme song for the grand march. BELOW: Julie Hixon plays the piano for the grand march.



BELOW: Couples form bridge for the grand march.



F.H.S. Alumnus Delivers Commencement Address

Baccalaureate service was held May 23, 1976. The processional and recessional were played by Lynnette Anderson, while Cindy Martilla and Larry Marske acted as honor guards. Pastor Don Torala, Frederick Lutheran minister, gave the Invocation, Message, and Benediction. "May Now They Spirit" was sung by the Girls' Chorus, and the Mixed Chorus sang "Praise the Lord".

Forty-one seniors were graduated from Frederick High School at Commencement Exercises May 25, 1976. Rev. Gideon Eberhart, F Frederick Methodist minister, gave the Invocation and Benediction. Supt. Donovan Twite introduced Merlyn E. Schlenker, an FHS alumnus, as the Commencement speaker. The presentation of the class of 1976 was made by Mr. Donald H. Quimby, while Mr. Berwyn Bain awarded the diplomas. A musical selection, "America, Our Heritage", was presented by the Triple Trio.

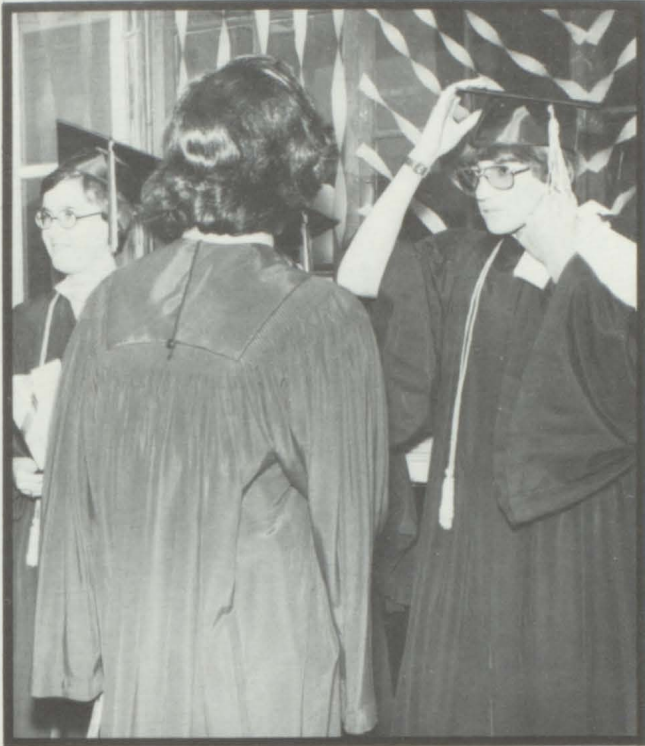


ABOVE: Donna Forsting receives her diploma from Berwyn Bain, school board president. BELOW: Honor Guards Larry Marske and Cindy Martilla lead the procession.



Merlyn E. Schlenker delivers the important commencement address.





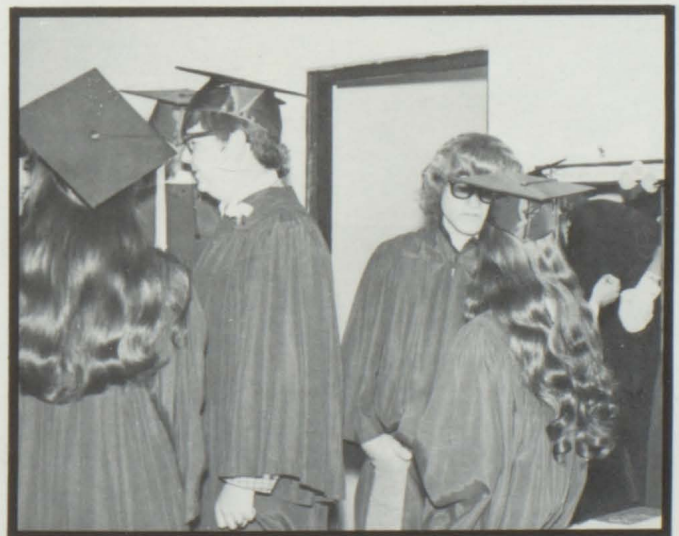
ABOVE: Jill Wolff and Julie Marske are congratulated by a classmate. BELOW: Janet Rosebrock pins on LeRoy Fiekens' boutonniere as Greg Harrison and Greg McCulloch look on.



ABOVE: Daryl Fuhrman, Kerry Wilson, Greg McCulloch, Gary Schlosser, Bernie Witte, and Tony Bender pose for the photographer. BELOW: Kristie Derry accepts her diploma from Mr. Bain.

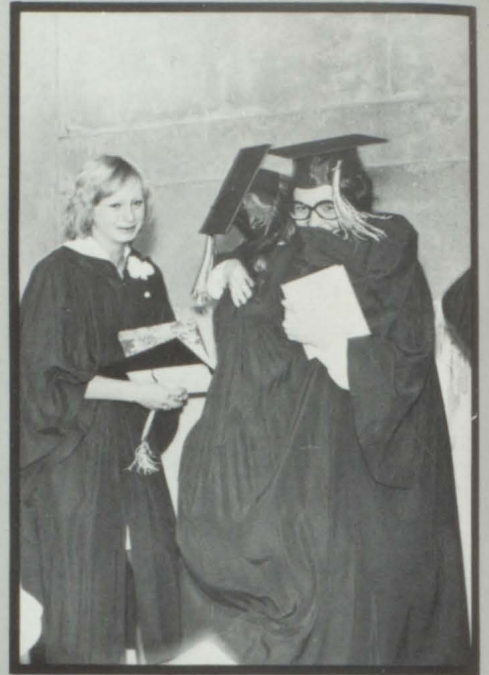


BELOW: Seniors converse with each other just before graduation exercises.





HONOR STUDENTS: Vicki Kotila, Julie Marske, Jill Wolff, Mary Heine, Janet Rosebrock, and Kathy Barton.



ABOVE: Charlene Hart sheds a few tears of happiness as Karen Cantwell is congratulated by a fellow graduate. **LEFT:** Mary Heine aides honor guard, Cindy Martilla, with her corsage while Kathy Barton and Janet Rosebrock stand by. **BELOW:** Seniors extend best wishes to their classmates.



Exciting Events Lead to Interesting Year

August

- 25-Registration
- 26-No school
- 27-School begins

September

- 1-Labor Day-no school
- 2-Vocational classes begin
- 5-Football Rosholt (H)
- 12-Football Rolo (T)
- 15-Ping-pong Pictures
- 16-Pictures at Barnard
 - Girls basketball Hecla (T)
- 18-Senior pictures
- 19-Football Warner (H)
- 22-Magazine drive begins
- 30-Girls basketball Hecla (T)

October

- 2-Pepfest, coronation and bonfire
- 3-Homecoming parade
 - Football Conde (H)
- 7-Girls basketball Conde (T)
- 9-Lyceum-Sandy Ross
- 10-Football Roslyn (T)
- 14-Girls basketball Langford (H)
- 15-Air Force Aptitude Tests for Juniors
- 17-Declam elimination contest
 - Football Bristol (T)
- 20-Local declam contest
- 21-Girls basketball Roslyn (T)
 - National Merit Test for Juniors
- 23-Seniors visit Supreme Court/Aberdeen
- 24-Football Hecla (T)
- 28-Girls basketball Warner (H)
- 30-Lyceum-Mark Twain
- 31-End of first nine weeks
 - Football Langford (H)

November

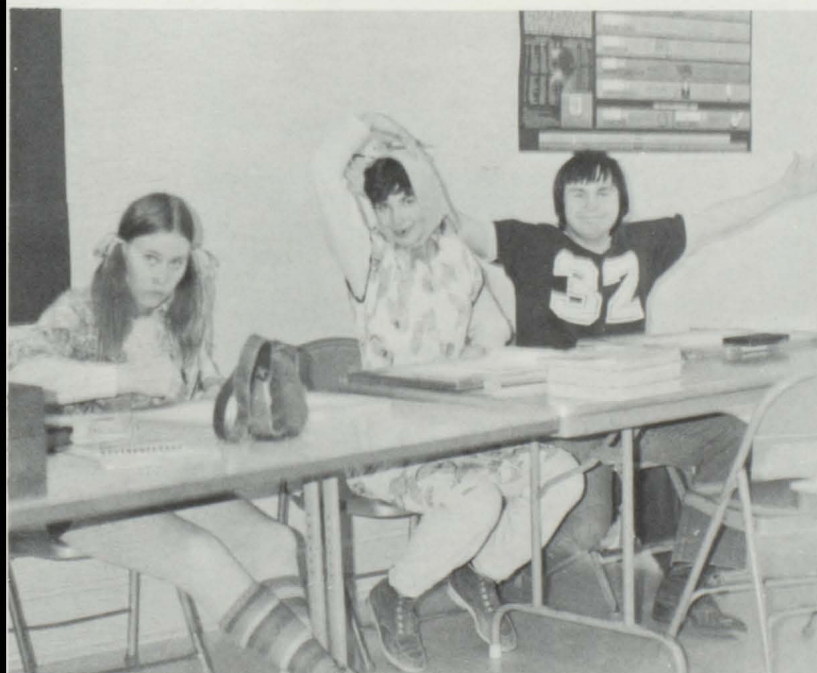
- 4-Vote for reorganization of district
 - Girls basketball Bristol (T)
- 6-7-SDEA
- 7-Snow Queen Contest
- 10-No school-conferences
- 11-No school-Veterans Day
- 12-Lions Invitational-Girls basketball
- 13-Secretarial Seminar at NSC
- 14-Fun Fest at Barnard
- 18-20-21-District V Girls basketball tourney
- 20-Johnny Palmer-Magician
- 22-Junior Play
- 26-27-28-Thanksgiving Vacation

December

- 1-Boys basketball Hosmer (T)
 - Betty Crocker test for seniors
- 5-American Legion Government Day
 - Sadie Hawkins Dance
- 9-Boys basketball Conde (H)
- 12-Boys basketball Langford (T)
- 16-Boys basketball Roscoe (H)
- 22-Christmas concert
- 23-Christman vacation 12:15

January

- 7-No school
- 9-No school
 - Boys basketball Roslyn (T)
- 12-No school
- 13-Boys basketball Bristol (T)
- 16-Boys basketball Eureka (T)
- 19-Boys basketball Hecla (H)
- 20-Boys basketball Warner (H)
- 23-Boys basketball Conde (T)
 - Bicentennial Lyceum
 - Semester ends



ABOVE: Colleen Maunu, Nancy Bretsch, and Dan Gooding are dressed in their best for Sadie Hawkins which took place on December 5, 1975.



ABOVE: Sandy Ross entertains the students with a lyceum on music. Several of the songs that she sang she composed herself.

January

- 26-Yearbook pictures
- 27-Boys basketball Langford (H)
- 28-Senior trip to Pierre
- 30-Boys basketball Hecla (T)
-Girls State interview
- 31-Junior Chile Supper

February

- 3-No school-blizzard
- 6-Boys basketball Bristol (H)
- 7-Boys basketball New Effington (H)
- 10-Boys basketball Northwestern (H)
- 11-Valentines Dance
- 12-13-No school-Teachers In-Service
- 13-Boys basketball Warner (T)
- 17-Boys basketball Leola (T)
- 19-Boys basketball Roslyn (H)
- 20-Boys basketball Fullerton (T)
- 24-25-26-District V Tournament

March

- 6-Senior Play
- 16-LRC All Star Game-Pierpont
- 18-Lyceum-Reptiles
- 26-End of nine weeks



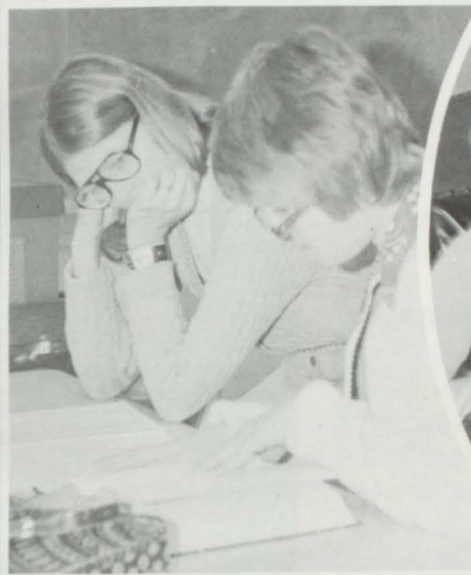
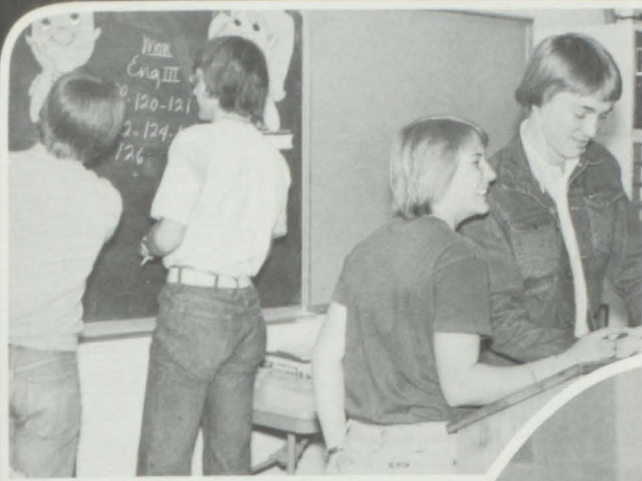
ABOVE: Math students work with an IBM 700 computer connected to Northern State College. LEFT: The 1976 Grand March, held during the prom at the Sheraton Motor Inn, was enjoyed by the audience as well as the participants. BELOW LEFT: Barnard third and fourth graders present a Bicentennial program for the Senior Citizens.

April

- 2-Conferences-No school
- 2-3-Music Contest Aberdeen
- 6-Boys and Girls track meet Northwestern
- 9-LRC Math and Business Contest Aberdeen
- 10-Drill team and Cheerleaders dance
- 12-Yearbook pictures
- 13-Boys and Girls track meet Britton
- 16-No school-Good Friday
- 19-No school-Easter Monday
- 21-Boys track meet Eureka
- 22-Northern Math Contest
- 23-Girls track meet Sisseton
- 28-Boys and Girls track meet Groton
- 29-Spring Concert

May

- 4-Boys conference track meet
- 6-Girls and Jr. High Boys conference track meet
- 8-Aberdeen Relays
- 10-Girls track meet Redfield
- 14-Senior Tea
- 15-Boys and Girls region track meet Sisseton
- 18-Last day for Seniors
-Awards night
- 21-22-Boys and Girls State Track Meet
- 23-Baccalaureate
- 25-Graduation
- 28-School Ends



Come where the sun shines,
And where life's worth your while,
You won't be here long
'Till you wear a smile;
No state's so healthy,
And no folk quite so true,
To South Dakota.
We all welcome you.

ACTIVITIES

CLASSES

SPORTS

SENIORS



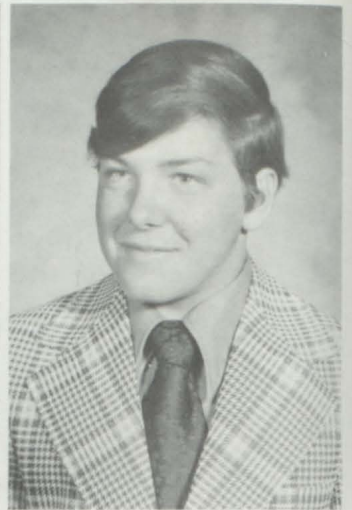
Kathy Barton



Tony Jon Bender



Cindy Bieber



Eugene Boughton

Each New Day Will be a Door to Joys We've Never Known Before . . . was the motto chosen by the senior class.

This year's senior class participated in many organized activities and a few unorganized ones. They visited the South Dakota Supreme Court when it made an unprecedented trip out of Pierre to some of the surrounding cities. The class also attended Career Night in Aberdeen and had the opportunity to learn about the various colleges in the area. In January, they took a bus ride to Pierre to see the State Legis-

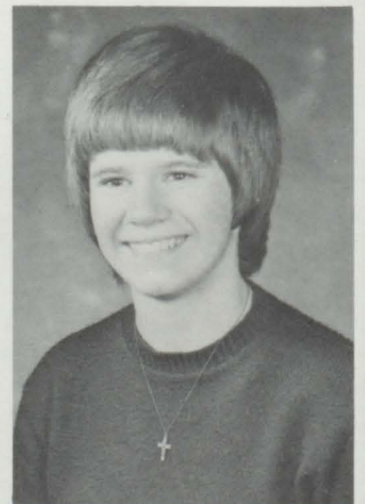
lature in session. Later in the spring, a portion of the senior class took a trip to the Alexander Mitchell Library in Aberdeen to do research for English term papers.

One of the unorganized activities also took place in the spring: the State "B" tournament. This year only a few went to the tournament because of the controversy that surrounded it.

The senior class concluded its association with FHS with the Senior Night Out at the Aberdeen Elks Lodge, the prom at the Sheraton Motor Inn, baccalaureate, and graduation.



Cheryl A. Brotzel



Barbara Callaghan

RIGHT: Officers elected in May, 1975, by the senior class were Greg McCulloch--Vice-President, Julie Marske--President, and Pearl Schaanaman--Secretary-treasurer. These officers conducted class affairs throughout the 1975-76 school year.





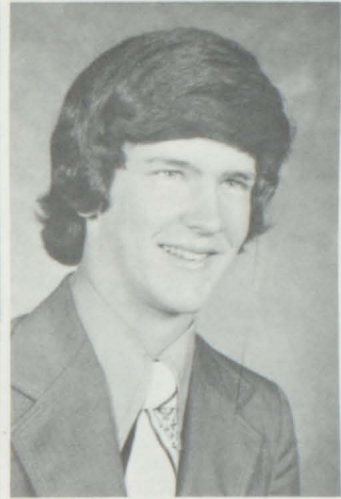
Karen Cantwell



Linda Connell



Kristie Derry



Leroy Fiekens

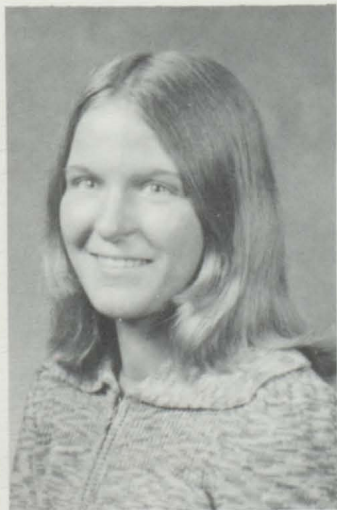


Donna Forsting



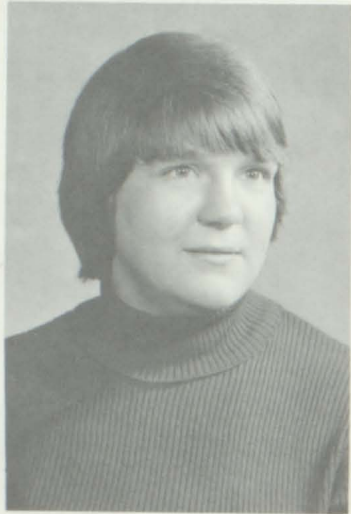
Baccalaureate	May 23
Commencement	May 25
Class Flower	Red Rose
		White Carnation
Class Colors	Red, White, and Blue

LEFT: On registration day, Cindy Bieber and Barb Callaghan seem to be wondering where the summer had gone.
 BELOW: Sociology is an elective, but several of the seniors participate in it. The discussion groups enable the students to voice their opinions on current topics of interest.

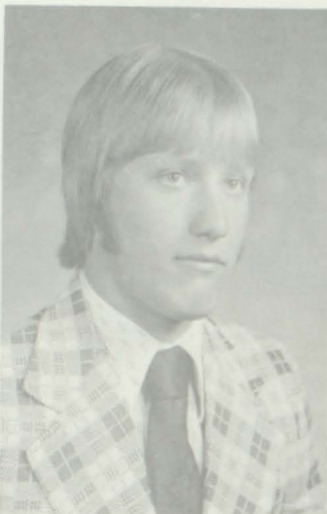


Laura Forsting

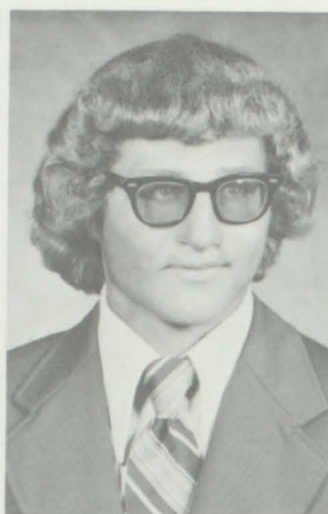




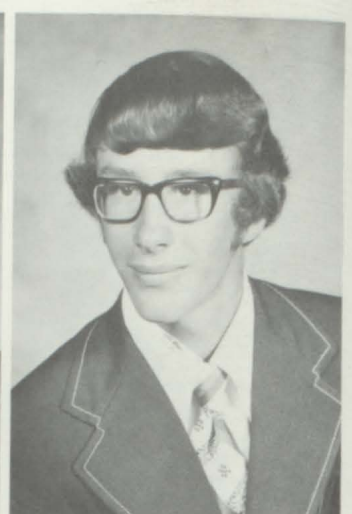
Tricia Forsting



Daryl Fuhrman



Larry Ham



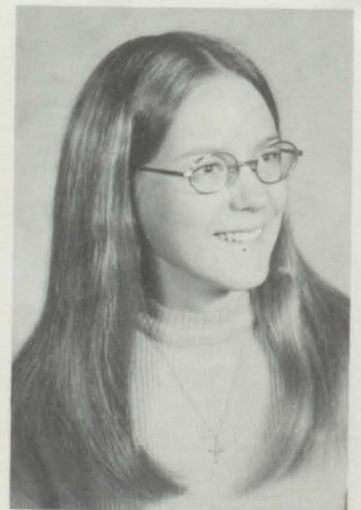
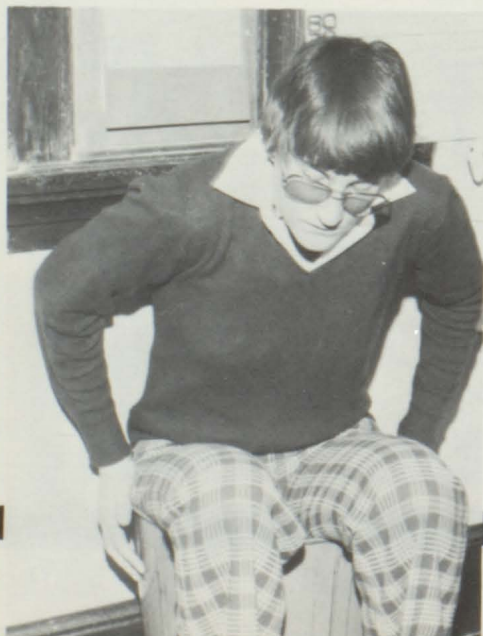
Greg Harrison



ABOVE: Peggy Peldo, Marcia Rexinger, Kerry Wilson, and Bernie Witte were involved with the Career Opportunity program at the Barnard School. BELOW LEFT: Julie Marske demonstrates her ability to sit in a trash can. BELOW RIGHT: Before classes, students gather in their homerooms to talk, to discuss assignments, and to have fun.



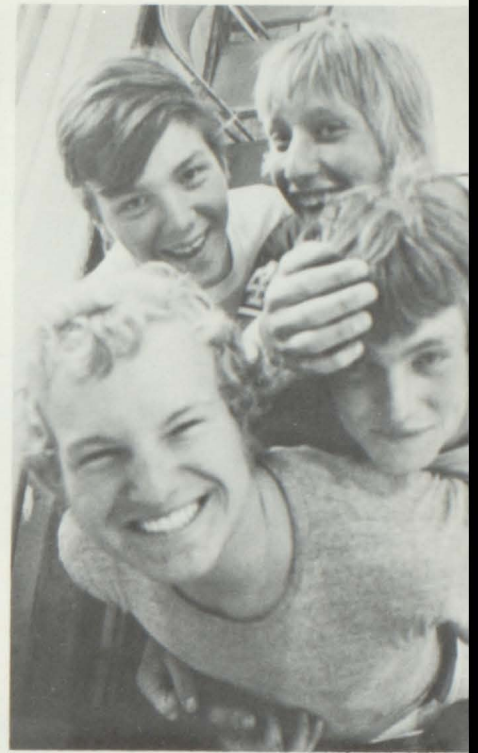
Charlene Hart



Mary Heine



Deborah Huettl



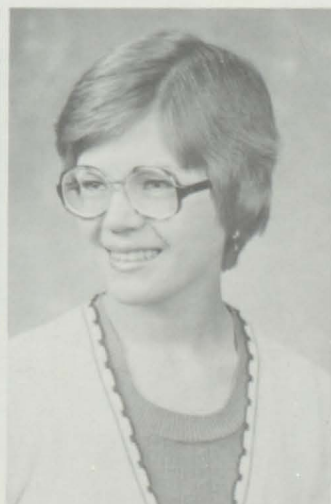
ABOVE LEFT: Many students, including Kris Derry, Tony Bender, and Melody Wells, like to escape to the library both to study and to talk. ABOVE RIGHT: Kerry Wilson, Eugene Boughton, Daryl Fuhrman, and Bernie Witte help the photographer try photographic techniques. BELOW LEFT: Students chosen to attend Government Day in Aberdeen were: BACK: Pearl Schaunaman, Kathy Barton, and Jill Wolff. FRONT: Cindy Bieber, Janet Rosebrock, and Barb Callaghan.



Arleen M. Jung



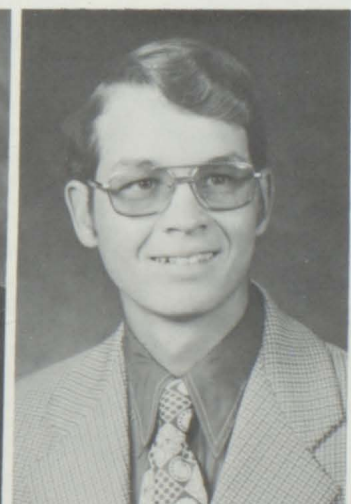
Jaye Kendall



Vicki Kotila



Julie Marske



Greg McCulloch



ABOVE LEFT: Donna Forsting exchanges a few laughs with Mr. Dennis Bladow, one of the senior class advisors, Mrs. Linda Wylie was also an advisor of the senior class. ABOVE RIGHT: Picture day is a very hectic day at the school. Mary Heine and Cheryl Brotzel discuss the schedule for the day. RIGHT: This year, for the first time, the South Dakota Supreme Court visited several of the larger towns and held their sessions. When they were in Aberdeen, the week of October 20, 1975, the senior class went to observe.



Peggy Peldo



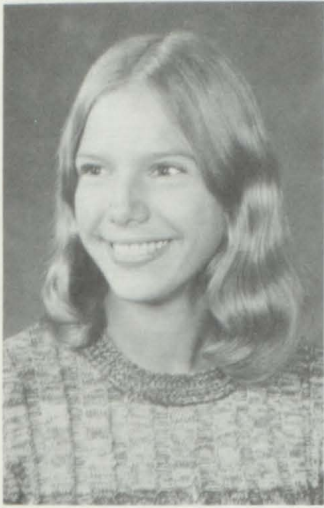
Monte Podoll



Marcia Rexinger



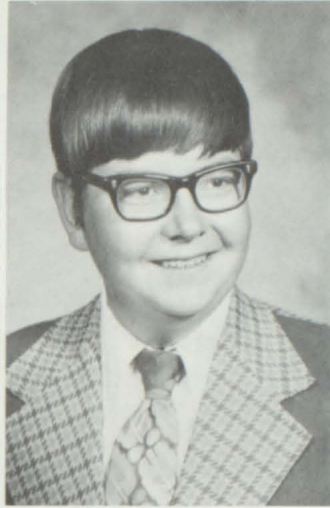
Janet Rosebrock



Lynne Rystrom



Pearl Schaunaman



Gary Schlosser



Tamara Stoddard



ABOVE LEFT: Carol Wolter, Pearl Schaunaman, and Laura Forsting take a minute to rest while visiting the State Capitol and legislature in Pierre. ABOVE RIGHT: Tony Bender and Leroy Fiekens record various activities on the video tape. The purchase of the video tape machine was made through the combined efforts of the PTO and the North Brown Unified School District. NOT PICTURED: Sherry Bender and Joleen Speidel also helped with the video tape. BELOW LEFT: Tony Bender, Betty Storm, and Marcia Rexinger gather in the lobby of the capitol building in Pierre with Mrs. Cantwell, chaperone, for their tour of the South Dakota State Historical Museum. Mrs. McCulloch and Mr. Bill Cantwell were also chaperones.



ABOVE LEFT: Janet Rosebrock and Cindy Bieber seem to be enjoying their meal. ABOVE RIGHT: Leroy Fiekens performs his duties as M.C. at the Senior Class Play.



Betty Storm



Colleen Taylor

ABOVE: Students take a break from class work. RIGHT: Each day at 9:15, 16 juniors and seniors board the bus to attend the Hub Area Vocational School in Aberdeen from 10 to noon. Of the 11 courses offered, FHS students are involved in Agri-business, Auto Mechanic Mechanics, Graphic Arts, Health Care, Machine Trades, and Radio-Television Production.



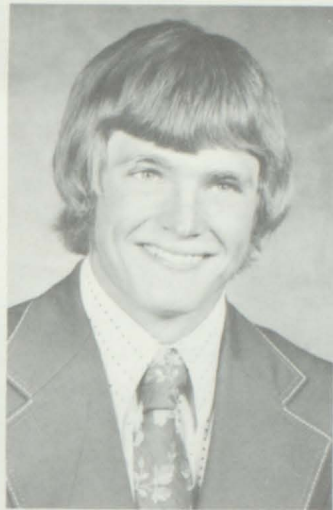
Rietta Vossler



Melody Wells



Kerry Wilson



Bernie Witte



Jill Wolff



Carol Wolter



Thomas Wright



ABOVE: Peggy Peldo, Tammy Stoddard, Betty Storm, Marcia Rexinger, and Rietta Vossler have a laugh between classes. BELOW LEFT: Cheryl Brotzel was selected local VICA sweetheart, and represented the Club in state competition. BELOW RIGHT: Janet Rosebrock, Lynne Rystrom, Debbie Huettl, and Karen Contwell practice shorthand.





Lynette Anderson



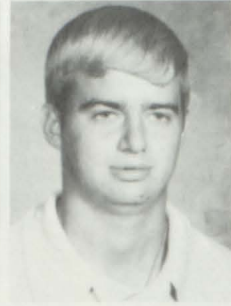
Colleen Bain



Mahlon Boughton



Judy Breitag



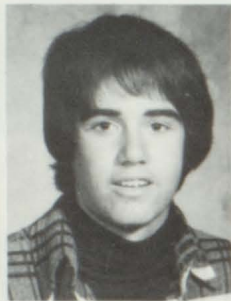
Richard Breitag



Nancy Bretsch



Kelly Cantwell



Kraig Cantwell



Maureen Cantwell



Bryan Crawford



Christie Dennert



Calli Engelhart



Kipp Geranen



Daniel Gooding



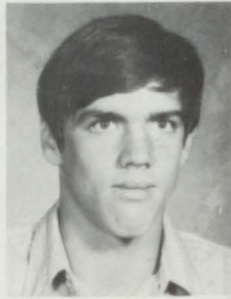
Marcia Ham



Tammy Larson



Pamela Mahlke



Larry Marske

Juniors Conduct Money-Making Activities

The junior class initiated many ingenious money-making projects to finance the prom. During the year the class sponsored a car wash and many bake sales. The juniors made additional money by having a concession stand during girls' and boys' basketball games, and during football games. They sponsored a chili-homemade bread supper which was a success. By February the class had \$1,000 in their treasury to use toward the prom. Class advisors during the year were Mrs. Cool, Mr. Pudwill, and Mrs. Walz.



Cindy Martilla



Colleen Maunu



Julie Napton



Brian Peldo



Susan Peterson



Kevin Plummer



Cathy Post



Kris Reisdorph



Joyce Ronning



Kay Rosebrock



Pamela Rystrom



Harvey Dale Schlosser



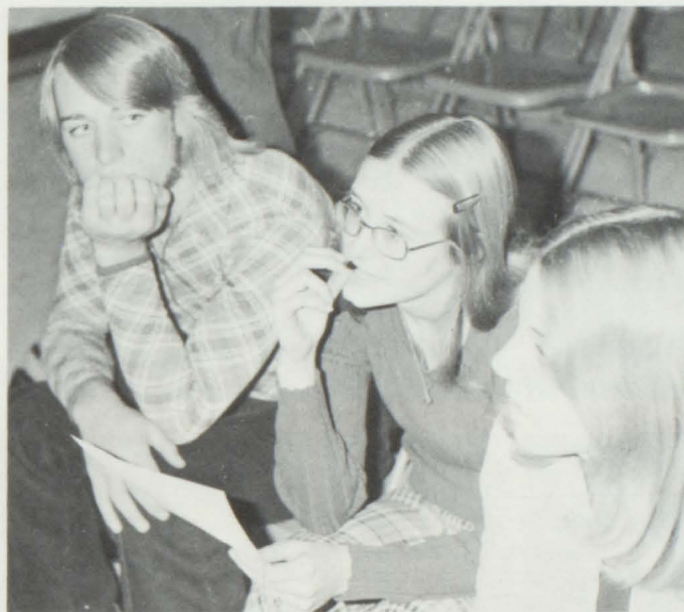
Brenda Sulzle



Brenda Vossler



Sherry Wilson



ABOVE: Bryan Crawford, Sherry Wilson, and Tammy Larson view a rehearsal of the junior class play. BELOW: Joyce Ronning, Cathy Post, Tammy Larson, Donna Forsting, and Sherry Wilson are all decked out for Sadie Hawkins Day.



The 1975-76 junior class officers are Cindy Martilla--Secretary-treasurer, Nancy Bretsch--President, and Colleen Maunu--Vice-President. They spent the major part of the year trying to develop new fund-raising methods to finance class activities.



Sophomores Participate in Challenging Classes

Following the Homecoming theme of "Cartoon Characters", the Sophomore float "Hey, Hey, Hey, Vikings All the Way" took second place in float competition.

The Sophomores got an early start raising funds for the Junior-Senior Prom by raffling off a tape recorder.

This year the Sophomores developed skills in typing, ability in Driver's Education, and knowledge in Biology. In English the Sophomores presented speeches and studied Parliamentary Procedure.

The Hugh O'Brian Award, given to the most outstanding Sophomore, was received by Todd Harrison. Other Sophomores nominated for this award were Michele Mahlke, Joleen Speidel, Shirley Berniklau, Ronald Claeyes, and Sherry Bender.



ABOVE: Ron Claeyes, Michele Mahlke, Les Sumption, and Todd Harrison present the Sophomore skit "Charlie Brown."



Jerry Albrecht



Sherry Bender



Shirley Berniklau



Debbie Boughton



Todd Brietkreutz



John Brotzel



Ronald Claeyes



Vickie Dennert



Brenda Emery



Carla Engelhart



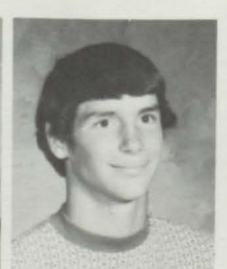
Monty Forsting



Sharon Forsting



Nancy Grieben



Todd Harrison



Denise Hemen



Brian Hertel



Darold Hieb



Julie Hixon



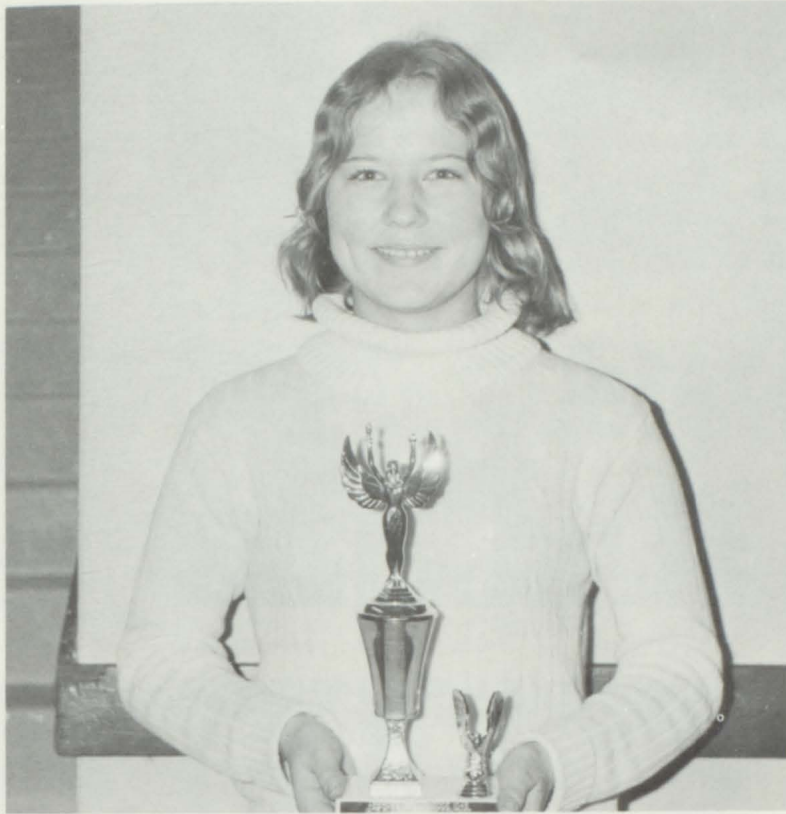
Dawayne Huetti



Avis Jarvi

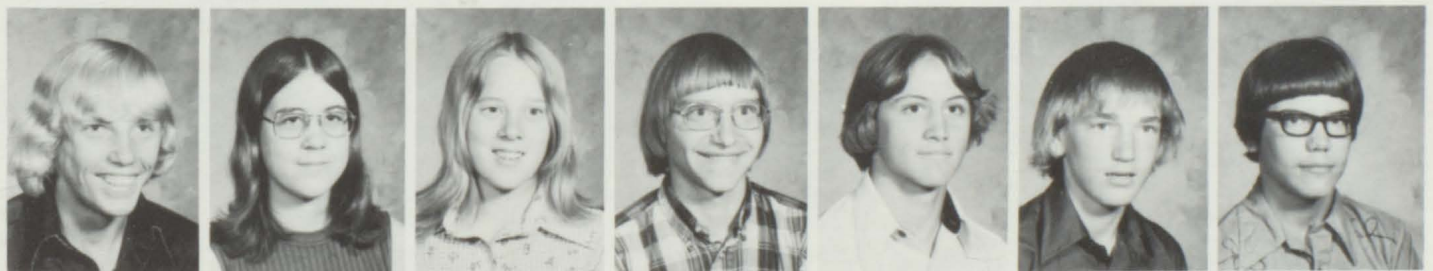


Paul Jung



ABOVE LEFT: Michele Mahlke is holding the trophy she won in the "Flag Day" Essay Contest sponsored by the Elks Lodge with her theme "What My Country Means to Me."
 ABOVE: 1975-76 Sophomore Class Officers are: President--Sherry Bender, Vice President--Nancy Grieben, Secretary-Treasurer--Shirley Bemiklau.

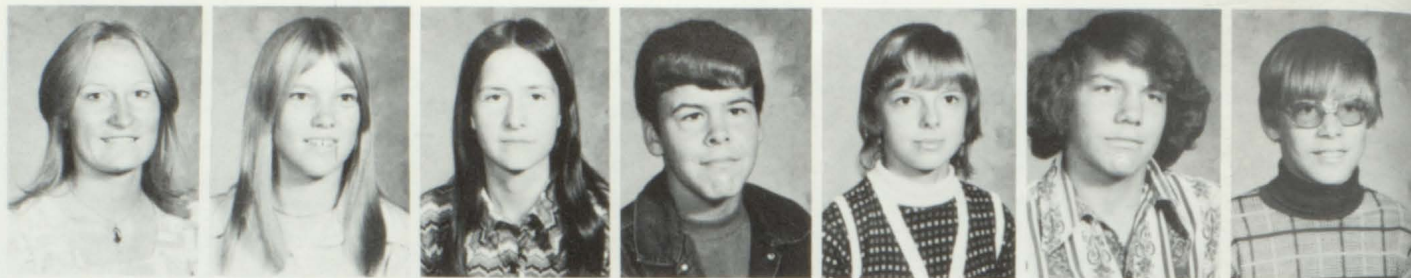
LeRoy Kayl Brian Luoma Michele Mahlke Lanette Nixon



Eddie Peldo Janeen Plummer Nancy Plummer Randall Podoll Kent Reisdorph Robert Rosebrock Gerald Signs



Joleen Speidel Kendall Stoddard Mark Sulzle Leslie Sumption Jeffery Tveit Candy Wilson Scott Wright



Nancy Berheim

Nancy Berniklau

Beth Cantwell

Charles Cantwell

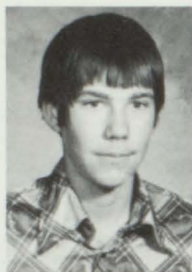
Rita Carlson

Rodney Chapin

Arnold Claeys



ABOVE: 1975-76 Freshman class officers are: Cathy Martilla, President; Barbara Karjalainen, Secretary-treasurer; and Arnold Claeys, Vice President.



Charles Dennert



Patricia Emery



Darren Engelhart



Brian Ham



Lisa Heier



Barbara Karjalainen



Kathy Karjalainen

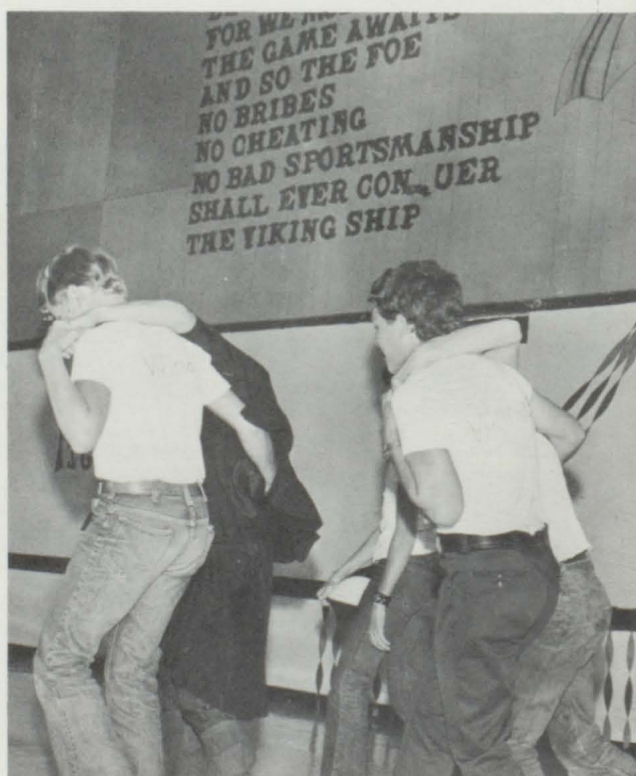


Keith Kendall

Freshmen Encounter New Experiences

The Freshman class participated in their first Homecoming this year. Many hours and hard work were spent making the traditional freshman float. The float placed third in competition, while they also had a skit which placed second. Classes they took this year include: Modern Science, general business, English, algebra or general math, and physical education. Some students also participated in band and chorus. Some students in Northern and Lake Region Math Contests in the spring.

RIGHT: The Freshmen presented their first Homecoming skit this year, entitled Superman, which placed second in competition.





ABOVE: Brian Ham, John Mahlke, and Charles Dennert are among the 28 Freshman students who are required to take Modern Science as one of their courses. UPPER RIGHT: Crystal Wilson and Rita Carlson discussing some problems in their Modern Science class.



Brenda Luoma



Michael Luoma



John Mahlke



Cathy Martilla



Connie Maunu



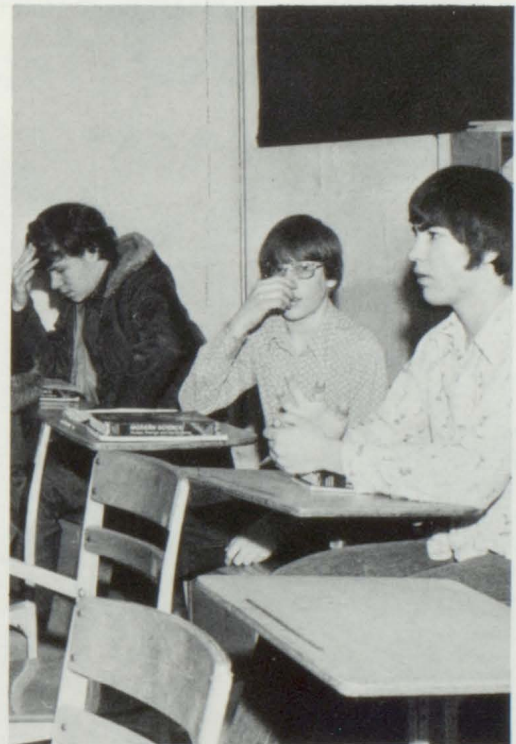
Sonya Niva



Vileen Olson



James Plummer



ABOVE: James Plummer, Arnold Claeys, and Todd Voeller, just posing while making use of some leisure time.



Karen Ronning



Todd Rosebrock



Tony Rystrom



Todd Voeller



Crystal Wilson



Faculty Guides Students to Tomorrow's Future

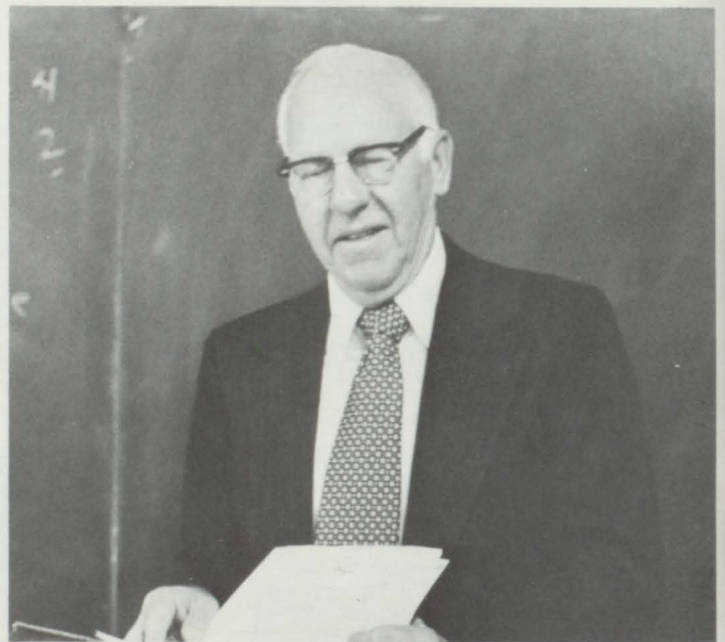
UPPER LEFT: Mrs. Wylie advises the senior class, Mr. Pudwill, UPPER CENTER, and Mr. Bladow, UPPER RIGHT, coach boys sports.

The Frederick High School Faculty consisted of ten teachers.

In the English department were Mrs. Linda Wylie, who has a B.S. in Education from Northern State College, and Mrs. Bernice B. Rollo, who holds a B.S. degree from the UND Ellendale and a M.A. degree in English Education from Northern State College.

Mrs. Louis B. Nelson and Mr. Roger Kendall headed the science department. Mr. Nelson, who was also the Drivers' Education teacher, obtained his B.S. degree in Natural Sciences from SDSU. Mr. Kendall received his B.S. degree in Education from UND Ellendale. He was also in charge of the music classes.

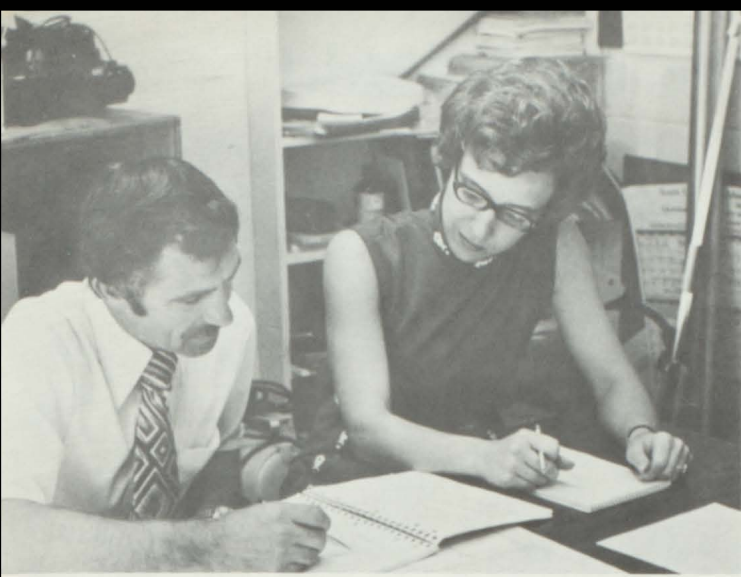
The history and government classes were taught by Mr. Ken Pudwill and Mr. Dennis Bladow. Mr. Pudwill received his B.A. degree from Northern State College and Mr. Bladow received his B.S. degree from Dakota State College.



UPPER RIGHT: An advisor of the freshman class, Mr. Nelson teaches general science, chemistry, and physics. LOWER RIGHT: Mr. Roberts is President-elect of the North Brown Teachers Assoc. He teaches Woods I and II and Drafting I and II.



Faculty Motivates Student Achievement

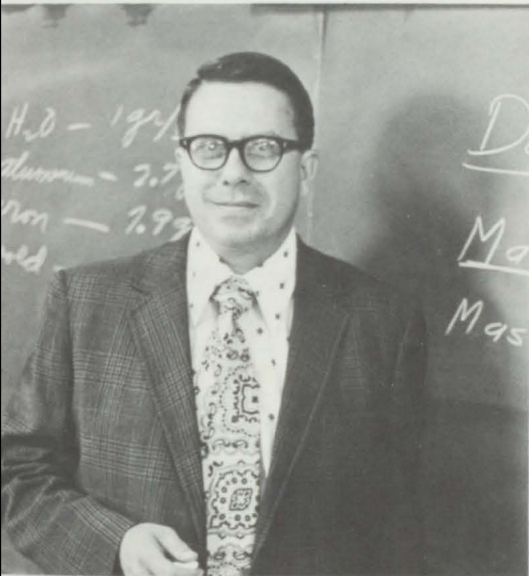


ABOVE: Mr. Quimby and Mrs. Tveit check the schedule for the coming year. Mr. Quimby coaches girls basketball and girls track, and is an advisor to the Student Council.

Mrs. Mary Anne Nelson, a graduate of NSC with a B.S. in Education, was the yearbook advisor and business teacher. Industrial Arts was taught by Mr. Raymond Roberts who received his B.S. and Masters degrees at NSC.

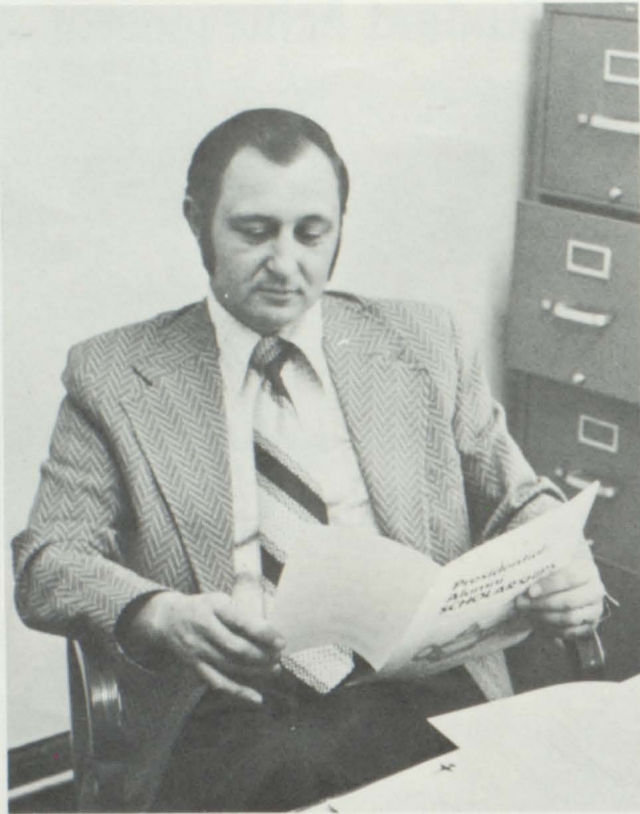
New to the faculty this year were Mrs. Marla Walz and Mrs. Vickie Cool. Mrs. Walz taught the math classes, and was a graduate of NSC with a B.S. in Secondary Education. Mrs. Cool received her B.S. degree from SDSU.

Mr. Donald Quimby, principal, was aided by Mrs. Patricia M. Tveit, secretary for Frederick High School. Mr. Quimby received both his B.S. and M.A. degrees at NSC.



UPPER LEFT: Mr. Kendall is an advisor of the sophomore class. LOWER LEFT: An advisor of the freshman class, Mrs. Rollo directs the class plays and coaches declam. UPPER CENTER: Mrs. Walz, junior class advisor, teaches math techniques with the overhead projector. UPPER RIGHT: Mrs. Cool teaches Home Ec. and is the junior class advisor. LOWER RIGHT: Mrs. Nelson, advisor of the sophomore class, shows her students how to solve a problem with the use of the overhead projector.

Administration Guides Policies of District



Donovan Twite attended Augustana College where he received a Bachelor of Science Degree in Musical Education. He also has a Master of Science Degree in School Administration from Northern State College. Mr. Twite has been with the North Brown School system for six years.

Agnes DeMarce received a Certificate of Proficiency with a major in Commercial Subject from Ellendale University.

Ken Pullman graduated from Huron with a major in Physical Education. He also has a Master's degree in Guidance and Counseling from Northern State College. Mr. Pullman is a North Brown Educational Associate UniServe Representative. He has been in the North Brown School District for six years.

The school board formulates the policies and manages the business and activities of the North Brown District. The North Brown School District includes the Frederick High School, Barnard Elementary and Middle School, and Hecla School.

Donovan Twite, UPPER RIGHT, is superintendent of the North Brown School District. Agnes DeMarce, UPPER RIGHT, is Business Manager of the District and secretary of the School Board. Ken Pullman, UPPER LEFT, is counselor for the schools in the North Brown District. BELOW: Members of the 1975-1976 School Board: LEFT TO RIGHT: Martin Ronning, Robert Hixon, Thomas Heis, Merlyn Elsen, Darwin Podoll, Jack Smith, and Berwyn Bain.



Eighth Graders Prepare for High School



The Barnard Student Council was led by Grant Bunke, president. The Student Council arranged the dates, places, and times for various school activities. It was also their job to obtain chaperones for junior high school dances.

LEFT: Barnard Middle School Student Council Representatives for the 1975-76 school year are: BACK: Grant Bunke, Leann Mahlke, Rick Reisdorph, Danny Cantwell, and Kay Marske. FRONT: Randy Metzinger, Roger Metzinger, Joel Durheim, and Wade VanDover.



David Anderson
Patty Bender
Wayne Boughton
Brenda Breitag
Grant Bunke
Caroline Claeys



Kermit Cantwell
Roland Couser
Bill Dennert
Ernie Dinger
Troy Engelhart
Kelly Geranen



Ronda Grieben
Kerry Hart
Kristi Heis
Mark Herman
David Hinz
Danny Huettl



Susan Huettl
Jim Jung
Danna LeFramboise
Leann Mahlke
Kelly McCulloch
Lisa McDowell



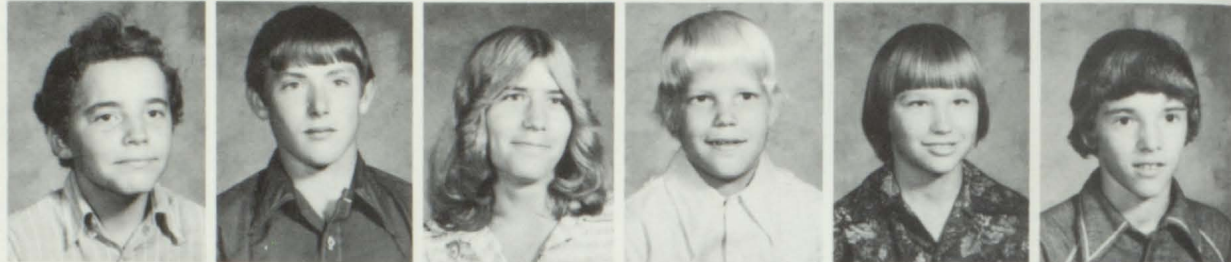
Karen Olson
Tina Plummer
Rick Reisdorph
Karen Schlosser
Laurie Speidel
Cheryl Sulzle

Seventh Grade Participates in Sports

Lana Bain
Robin Barthell
Scott Bender
Carol Boschee
Cheryl Boughton
Kent Braa



Jeff Chapin
David Couser
Darnell Crawford
Lonnie Dinger
Joel Durheim
Todd Ellwein



Ben Forsting
Pat Gunderson
Lori Heier
Brian Hemen
Todd Hertel
Don Hieb



Darwin Hinz
Laura Hixon
Cheryl Huettl
Wade Jensen
Wendy Jensen
Sandy Karjalainen



Owen Luoma
Jim Mahlke
Kay Marske
Jeff Martin
Roger Metzinger
Lance Nixon



Marina Onken
Julie Plummer
Kara Reisdorph
Jim Ronning
Darla Sieber
Robbie Strand



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Ellendale, North Dakota.

Bonita Tveit
Tami Voeller
Kelly Wright



Metric System Introduced to Sixth Grade

The students at Barnard Middle School, grades 6, 7, and 8, learned many of the same concepts and techniques.

The language arts classes, taught by Mr. Norman Selzle, studied various methods of understanding the English language.

In Mrs. Susan Maunu's math classes the students reviewed the four basic mathematical operations and used them in working with fractions, decimals, and per cents.

Careers and consumer tips were explored in the social studies classes taught by Mrs. Marian Wermersen.

Mr. Ward Grote's science classes learned many varied and interesting principles. The sixth grade studied many branches of science to give them a broad background of the subject. Nature and its relationship to themselves was the main subject in most of the seventh grade science classes. Mr. Leighton Getty taught one of the seventh grade science classes. The class went on educational field trips to Aberdeen and Elm Lake. In Mr. Grote's eighth grade class the students used experiments for the basis of their studies.

Mr. Grote also taught p.e. and coached junior high basketball.



Natalie Bunke
Danny Cantwell



Roy Chapin
Julie Cox



Todd Cox
Denise Ellwein
Eugene Emery
Jerry Forsting
Maria Forsting
Lena Geranen



Jay Gunther
Bradley Hart
Carla Huettl
Randy Jensen
Marie Jung
Richard Karjalainen



Curtis Maunu
Randy Metzinger
Stacey Mikkonen
Debbie Plummer
Leslie Podoll
Kurt Selzle



Kraig Smith
Terri Strand
Wade VanDover
Genevieve Walworth
Stacey Wilson
Shannon Ylitalo

NOT PICTURED:
Scott McCullough



Fourth Grade: ROW 1: Wendy Walker, Jeanie Ronning, Lonny Mikkonen, Steven Huettl, Richard Schlosser, Judy Schultz, Brent Durheim, Jodi Walworth, Janeen VanDover, and Jeff Strand. ROW 2: Jill Gunther, Lynette McDowell, Tracy Rohwedder, Anita Livermont, Lori Pence, Ann Marske, RoLinda Ham, Dwight Johnson, and Steven Dinger. ROW 3: Paul Kendall, Mark Jung, Mona Speidel, Todd Larson, Lance Podoll, Holly Rystrom, Lynn Selzle, Wendy Smith, Karen Karjalainen, Brenda Wells, Joseph Lahr, and Jodi Lahr.

Fourth and Fifth Graders Become Involved With Bicentennial

In math the fourth grade learned to add subtract, multiply, and divide. They also learned to solve written problems, to measure, and to do some geometry. The children enjoyed physical education class.

The fifth grade kept up with the Bicentennial as they learned in history about our country's discovery, its settlement, its fight for independence, and its growth to the present time. They also worked with reading, spelling, science, and art.

Fifth Grade: ROW 1: Lance McDowell, Dennis Walworth, Jeff Forsting, Dennis Hinz, Bryan Bertsch, Brian Strand, Jennifer Wells, and Tina McCulloch. ROW 2: Patrick Couser, Pat Ellwein, Scott Campbell, Randall Bretsch, Joey Livermont, Kevin Quimby, Donna Schlosser, Becky Chapin, Julie Sulzle, and Karen Maunu. ROW 3: Rajean Anderson, Tina Mikkonen, Lance Hertel, Troy VanDover, Susan Forsting, Jaime Spiry, Joel Bender, and Scott Huettl.





Second Grade: ROW 1: Carol Jung, Kimberly Smith, Wylie Johnson, Ross Walker, Larry Huettl, and Patrick Mikkonen. ROW 2: Eric Bertsch, Peggy Wells, Cindy Breitag, Colleen Ylitalo, Clinton Sieber, and Clayton Larson. ROW 3: Shelly Gage, Ronda Ham, Sarah Bertsch, Gene Kopetsky, Jerry Schauer, and Joan Cox.

The second grade learned about compound words, nouns, verbs, and adjectives. In math they learned about ones, tens, and hundreds. They learned to borrow and carry numbers.

The third grade learned a great deal about music. They learned how to dance and how to keep rhythm with Lummi Sticks. Second and third graders watched art on television and also did things such as braiding yarn and working with lines.

Second and Third Graders Learn Art From Educational Television

Third Grade: ROW 1: Christopher Griffin, Thersia Cox, Roxane Curtis, Dana Cutler, Doug Geranen, Lynnard Spiry, Jr., Troy Grote, Heath Martin, Jason Heis, and Troy Metzinger. ROW 2: Susan Luoma, Stanford Pence, Melissa Bain, DeAnn Hinz, Sonya Mikkonen, Troy Rohwedder, Kenneth Dinger, Michael Couser, David Campbell, and Lee Marske. NOT PICTURED--Carol Cantwell





Kindergarten: ROW 1: Darcy Sieber, Catrina Crawford, Crystal Cox, Tammie Mullner, Avery Olson, and Leslie Huettl. ROW 2: Roger Jung, Michael Metzinger, Andrew Olson, Kathy Neitzel, Michael Bender, and James Huettl.

Kindergarten and First Graders Adjust to School Life

For the children in kindergarten and first grade, the first few weeks were spent learning to adjust to school life. The kindergarten class learned the alphabet, numerals, color names, and names of the various shapes of common objects.

The first grade class learned how to put together their alphabet to form words and the words to form sentences. They also learned that art class is a fun time for all the children. They made finger paintings, paper mache, rubbings, and collages.

First Grade: ROW 1: Sheila Curtis, Kevin Neitzel, Tim Strand, Troy Podoll, Lee Olson, Jason Ryberg, Wesley Pudwill, and Angela Crawford. ROW 2: Randy Barthell, Kevin Ham, Rheiff Mikkonen, Jason Glover, Grant Kendall, Ann Luoma, Pamela Ellwein, Julie Walworth, Paula Grismer, and Staci Quimby.





LEFT: The principal at Barnard School is Mr. Leighton Getty. Mrs. Mary Kotila is the secretary. ABOVE: MIDDLE SCHOOL FACULTY: Mrs. Marian Wermersen, Mr. Norman Selzle, Mr. Ward Grote, and Mrs. Susan Maunu.

Faculty Gives Students Incentive to Reach Tomorrow's Goals

Leighton Getty received his Bachelor of Science Degree and his Masters Degree from Northern State College. Mary Kotila is the secretary at Barnard and also the head of the Resource Center.

Marian Wermersen, Norman Selzle, Ward Grote, and Susan Maunu make up the Middle School faculty. Mrs. Wermersen and Mr. Grote received their Bachelor of Science Degrees from Northern State College. Mr. Selzle received his Bachelor of Science from U.N.D. and Mrs. Maunu received hers from Dakota State College.

All of the Elementary teachers received their Bachelor of Science Degrees from Northern State College. The teachers and the grades they teach are as follows: Mrs. Connell, kindergarten; Mrs. Emery, first grade; Mrs. Luckey, second grade; Mrs. Guidice, third grade; Mrs. Green, fourth grade; and Mrs. Borden, fifth grade. Mrs. Retzer teaches math and special education. Mrs. Johnson received her Masters in Remedial from Northern State College and teaches Remedial Reading. Blaine Christianson, Mrs. Maunu, and Miss Hudson were teachers' aides.

ELEMENTARY FACULTY: FRONT: Mrs. Laverne Guidice, Mrs. Linda Emery, Mrs. Lil Luckey, Mrs. Ione Green, Mrs. Lori Retzer, Mrs. Portia Johnson, and Mrs. Delvinia Connell BACK: Mrs. Sharon Bain, Mrs. Coralie Maunu, Miss Shelly Hudson, and Mrs. Doris Borden. NOT PICTURED: Blaine Christianson.





BUS DRIVERS: Ralph Cranage, Kenny Olson, Marilyn Mahlke, Ted Derry--Mechanic, Clem Braa, Leonard Sumption, Blaine Christianson, and Duane Pehl. **NOT PICTURED:** Ward Grote.

Assistance of Personnel Appreciated

The students kept the bus drivers busy driving to the Vocational School, ball games, and field trips. Altogether they drove over 167,000 miles during the year.

Ed Fiekens, as Barnard Custodian, had the job of keeping the Barnard School in top condition.

Frederick and Barnard had three cooks: Lorraine Krogman, Sylvia Mikkonen, and Cheryl Rohwedder. They prepared and served nutritious meals to the students.

Crystal and Everett Suurmeyer were responsible for the upkeep of the auditorium and Frederick school.

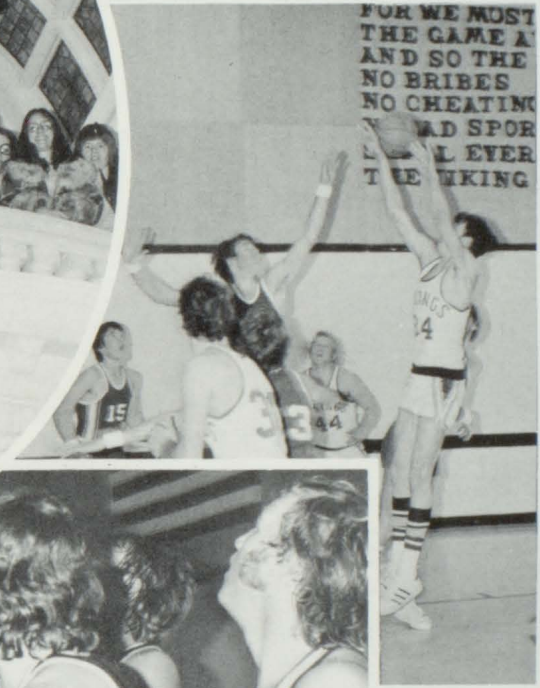
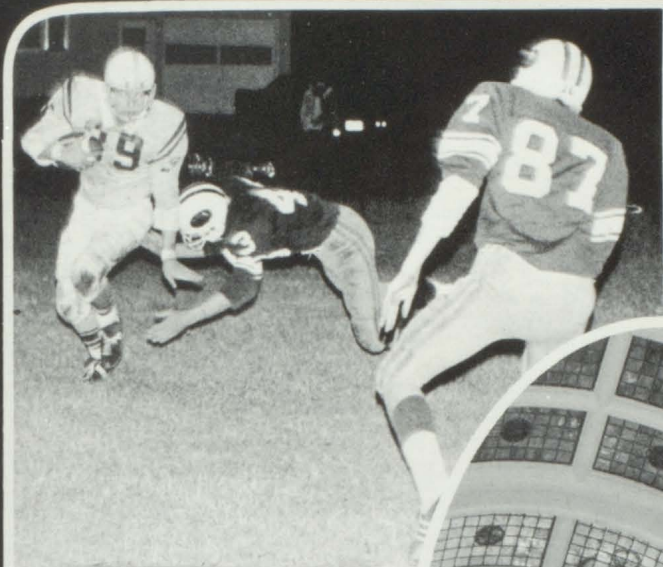


ABOVE: Lorraine Krogman, Sylvia Mikkonen, and Cheryl Rohwedder are cooks for the Frederick and Barnard Schools. **BELOW:** Crystal and Everett Suurmeyer keep the Frederick School and auditorium in shape.

BELOW: Ed Fiekens has been Barnard Custodian for five years.



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Hail! South Dakota,
 The state we love the best,
 Land of our fathers,
 Builders of the west;
 Home of the Badlands,
 And Rushmore's ageless shrine,
 Hills, farms and prairies,
 Blessed with bright Sunshine.

--Deecort Hammitt

ACTIVITIES

CLASSES

SPORTS

Spirit, Spirit, Let's Hear it!



ROW 1: Sherry Wilson. ROW 2: Lynne Rystrom, Avis Jarvi, and Kris Reisdorph. ROW 3: Nancy Bretsch, Carla Engelhart, Karen Ronning, and Mary Heine. ROW 4: Candy Wilson and Nancy Grieben.

LEFT TO RIGHT:
"A" Cheerleaders:
Mary Heine, Kris
Reisdorph, Sherry
Wilson, Nancy
Bretsch, Lynne
Rystrom.



LEFT TO RIGHT: "B" Cheerleaders: Nancy Grieben, Carla Engelhart, Karen Ronning, Avis Jarvi, and Candy Wilson.

The cheerleaders kept Viking spirit going during the year. They seemed to put in an added effort. Any game one went to, the girls could be heard above all the fans. With the limited fan buses, they had to really yell to let the boys know that the school was behind them.

This year, for the first time, the "B" cheerleaders performed the school song along with the "A". The cheerleaders made sure that the halls were lined with posters, and that everyone was kept in the mood for yelling. For every home game, there was a pep rally. These were just some of the ways in which they promoted spirit.



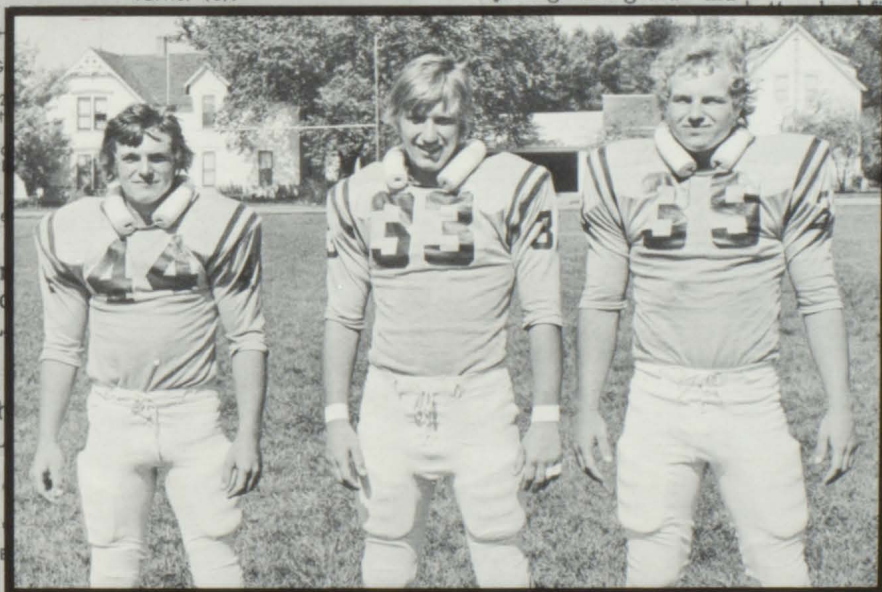
To Strive to Achieve, to Know We've Done Our Best



BACK ROW: Todd Harrison, Kerry Wilson, Monty Forsting, Larry Marske, Daryl Fuhrman, Mark Sulzle, Bernie Witte, and Tony Bender. **MIDDLE ROW:** Coach Pudwill, Greg Harrison, Eugene Boughton, Robert Rosebrock, Todd Breitkruetz, Ed Peldo, Larry Ham, Darold Hieb, and Student Manager, Keith Kendall. **FRONT ROW:** James Plummer, Mahlon Boughton, Brian Hertel, Kent Reisdorph, Kevin Plummer, Brian Ham, and Dan Gooding.



Coach Ken Pudwill



Tri-Captains Bernie Witte, Daryl Fuhrman, and Kerry Wilson.

FRED...
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finish this year. Frederick is...
joined by Bristol and Warner...
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Reisdorph fumble recovery in...
Kerry Wilson run).
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9 run.
run. (Mark H...
17 run.
11 run. (G...
Breitkruetz 2...
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Langford 284...
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ns: Frederic...
on 147 yards...
Langford...
Wilson, Berni...
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6...
Wilson 82 run.
Putnam 24 pass from...
am 5 run. (Daryl Fu...
erson 35 pass...
Anderson.
F—Todd Harrison 16 run. (Fu...
erson 75 pass from Anderson.
in run).
erson 25 pass from Anderson.
erson 50 pass interception.
(Anderson run).
B—Putnam 40 pass from Anderson.
(Putnam run).
Offense: Frederick, 315 rushing
(Wilson 199), 9 passing; 10 first downs;
Bristol, 90 rushing (Putnam 101), 234
passing (Anderson 11 for 13, Peterson
117 receiving), 8 first downs.
Defense: Frederick, Wilson, Bernie
Witte; Bristol, team effort.

The Vikings took a 30-6
halftime lead and finished the
afternoon with everyone
seeing action. Kerry Wilson
and Daryl Fuhrman each ran
for two Frederick touchdowns
and Todd Breitkruetz threw 28
passing yards.
Varner (c).

Roslyn (c).
R—Gary Schaunaman 30 pass from
Owen Steiner.
F—Kerry Wilson 60 run. (Larry
Marske pass from Todd Breitkruetz).
F—Kerry Wilson 63 run.
F—Larry Ham 1 run.
F—Breitkruetz 45 pass' from Wilson.
Offense: Frederick, 232 rushing, 59
passing, 6 first downs, (Kerry Wilson 220
rushing).
Defense: Frederick, Wilson, Bernie
Witte, Todd Harrison.
Langford 5-1
Frederick 6-6

quarterback.
will form the nuc...
defense of Frederic...
All three started la...
on the team which d...
league play.
Wilson and Fuhr...
make up part of o...
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last ye...
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Geary will join returning
starters Craig
quarterback,
Hearnen and Dan
backfield. Jensen...
joined by Roger Cross on a
line which will have some
weight to it.
Kerry Wilson, Daryl
Fuhrman and Bernie Witte

one will own the lead after that
gaining over 300 yards in a 39-0
board with Ricky Cole and
Tim Misterek each scored
twice, Doland blasted Deu-
brook 46-0, Lemmon trimmed
Mott, N.D. 12-6 and Ellendale
bested Oakes 6-0.
Langford
Frederick
Lake Region Conference
at Frederick
Langford (5-1) 6 6 8

Frederick was the o...
Region Conference
win in non-league acti...
Vikings stopped Polo...
other games, Bristol...
Wilmot 32-12, Veblen...
Hecla 32-12, Estelina...
Conde 20-6 and Roshe...
Rehm 22-6

A Year of Hard Earned Yards

1975 FOOTBALL SCOREBOARD

ROSHOLT	26	FREDERICK	0
POLO	6	FREDERICK	38
WARNER	42	FREDERICK	24
CONDE	34	FREDERICK	0
ROSLYN	6	FREDERICK	26
BRISTOL	42	FREDERICK	22
HECLA	8	FREDERICK	36
LANGFORD	36	FREDERICK	16
	200		162

The Vikings completed a fairly successful rebuilding season by compiling a record of three wins and five losses.

In the season opener, the Vikings were soundly defeated 26-0 by Rosholt, who ended second in the state. The team then traveled to Polo where they collected their first victory, 38-6. Next, the Vikings lost to Warner 42-24. Frederick was then shut out by the conference champion, Conde, by a score of 34-0 in the homecoming game. The Vikes came away from Roslyn with a 26-6 victory. After leading throughout the game, Frederick lost to Bristol due to a bad fourth quarter. The mighty Vikings then crushed their archrival, the Hecla Rockets, 36-8. In the last game of the season, the Vikes lost a tough battle to Langford 36-16. Frederick was outscored by their opponents 200 points to 162.

Leading scorer was Kerry Wilson with 52 points, followed by Daryl Fuhrman with 36, although he was injured most of the season. Todd Breitkruetz

made 20 points, Larry Ham had 16, Todd Harrison and Larry Marske each added 12. Kent Reisdorph scored 8 points while Bernie Witte, Eugene Boughton, and Greg Harrison all had 2.

Kerry Wilson was the leading yard gainer with 1011 yards. Daryl Fuhrman added 464, and Larry Ham contributed 235 yards. Larry Marske was the leading yard gainer, via the pass, as he caught 27 passes for 448 yards.

Seniors Bernie Witte and Kerry Wilson led the defense with 129 tackles each. Larry Ham and Eugene Boughton added 69 and 58 respectively. Many other starters and reserves added needed tackles to the Frederick cause. Todd Harrison had 3 interceptions, and Kerry Wilson had 6 fumble recoveries to lead those departments. The Vikes attempted 9 onside kicks during the season and recovered 6 of them.

Bernie Witte and Kerry Wilson were selected to the Lake Region All-Conference team.



Bernie Witte was chosen for the All-Conference team as a defensive back for the 1975 season.



Kerry Wilson was chosen for the All-Conference team as an offensive back. Kerry was also named to the All-State football team as a member of the third squad.



OFFENSE

Kent Reisdorph

Daryl Fuhrman

Kerry Wilson

Todd Breithreutz

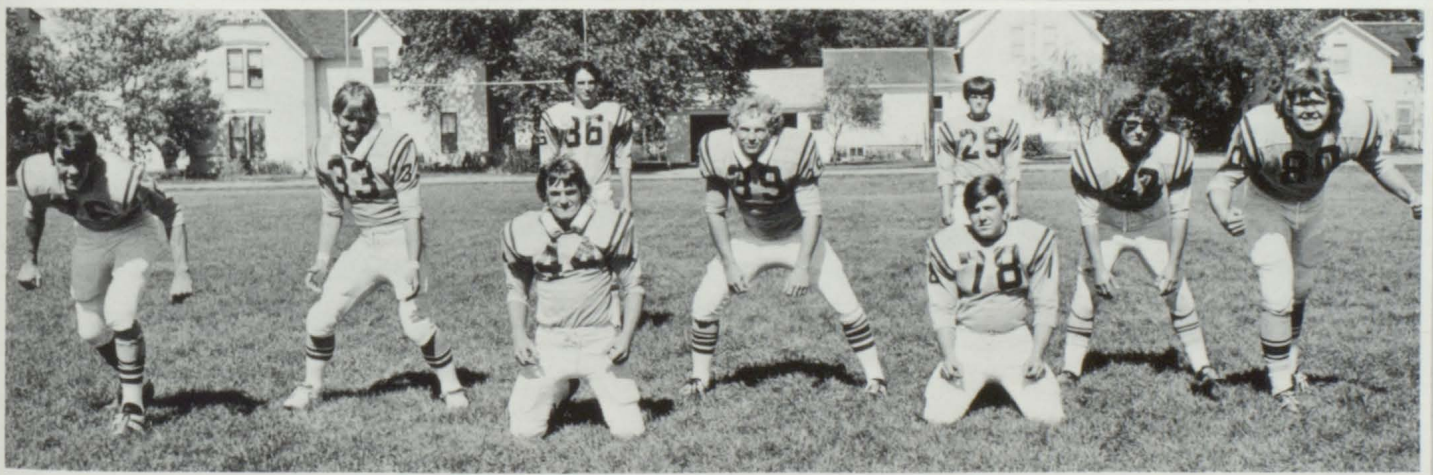
Darold Hieb

Bernie Witte

Tony Bender

Gene Boughton

Larry Marske



DEFENSE

Todd Harrison

Brian Hertel

Daryl Fuhrman

Kerry Wilson

Larry Ham

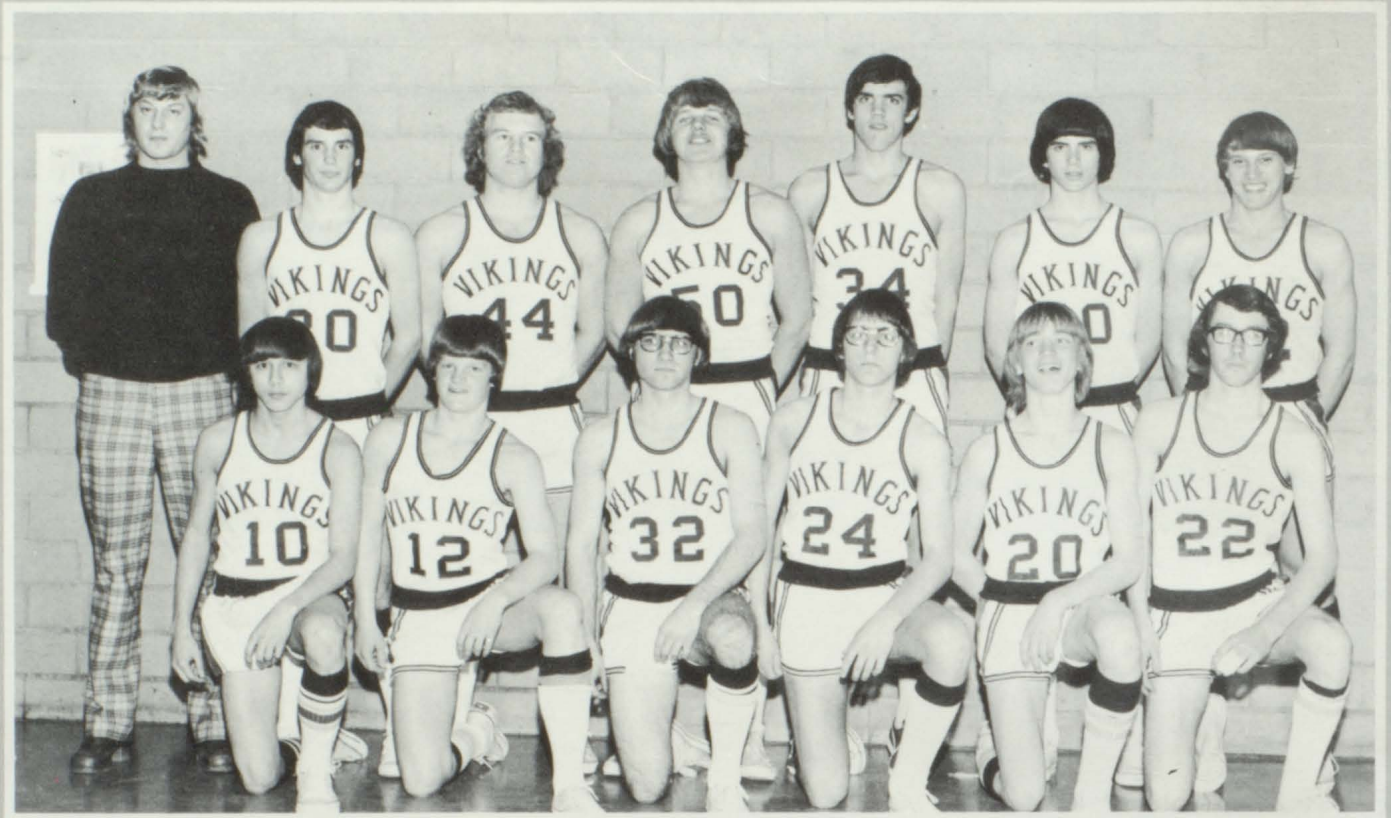
Larry Marske

Bernie Witte

Gene Boughton

Monty Forsting

Vikings Fortify for Tomorrow's Victory



BACK ROW: Coach Bladow, Todd Harrison, Kerry Wilson, Monty Forsting, Larry Marske, Mark Sulzle, and Darold Hieb. **FRONT ROW:** Scott Wright, Brian Hertel, Monte Podoll, Todd Breitkruetz, Robert Rosebrock, and Greg Harrison.



ABOVE: Co-Captains Greg Harrison and Kerry Wilson.
RIGHT: Coach Denny Bladow.





UPPER LEFT: Larry Marske goes in for a jump shot. LOWER LEFT: Kerry Wilson takes a shot from the outer court.



1975-76 Basketball Scoreboard

Hosmer	38	Frederick	47
Conde	51	Frederick	36
Langford	87	Frederick	39
Roscoe	64	Frederick	51
Roslyn	48	Frederick	45
Bristol	74	Frederick	62
Eureka	62	Frederick	43
Warner	73	Frederick	60
Hecla	70	Frederick	52
Conde	57	Frederick	38
Langford	77	Frederick	39
Hecla	69	Frederick	47
Bristol	62	Frederick	47
New Effington	63	Frederick	40
Northwestern	56	Frederick	42
Warner	87	Frederick	72
Leola	75	Frederick	46
Roslyn	46	Frederick	39
Fullerton	85	Frederick	49
District V Tournament			
Leola	71	Frederick	44
Eureka	63	Frederick	59

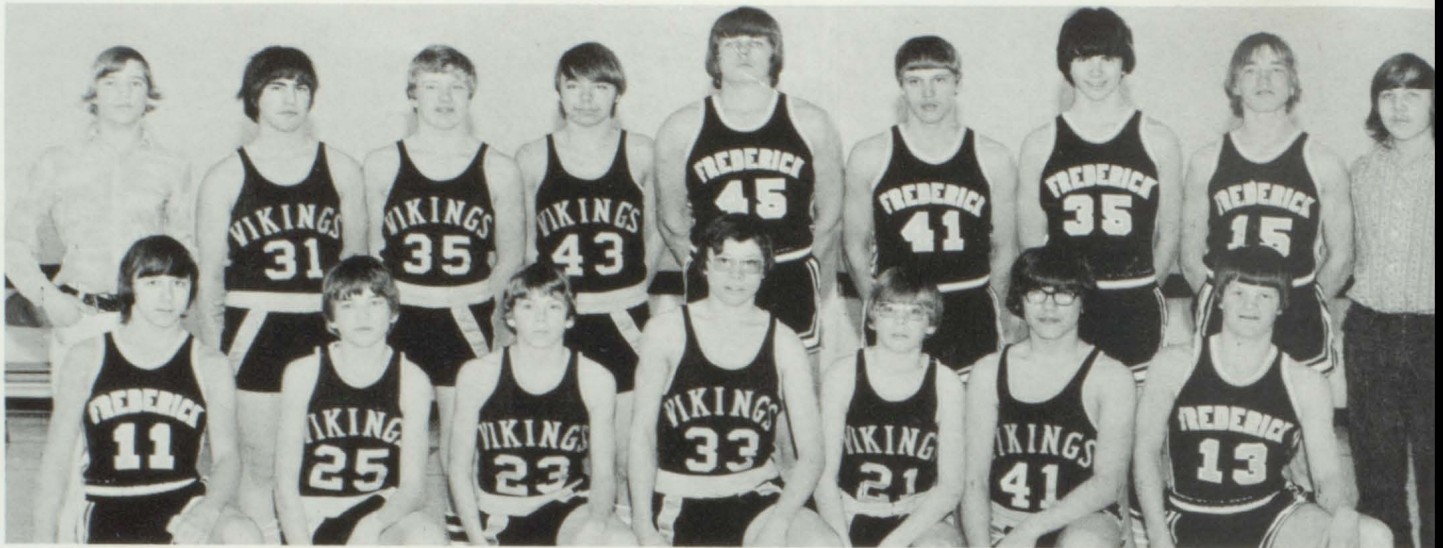
The Vikings gained needed experience as many underclassmen saw action in every game throughout the season. With the experience gained this season, the Vikings should improve their 1-20 record and return to being a conference contender again next year. Leading scorers for the season were Larry Marske and Kerry Wilson with 342 and 226 points. Greg Harrison added 95, while Mark Sulzle and Todd Harrison came through with 93 and 90 respectively. Larry Marske was leading rebounder with 317, and Kerry Wilson collected 226. Larry Marske was named to the Lake Region Conference All-Star team, and Kerry Wilson received honorable mention. Larry was also chosen as Ace of the Week by the Sioux Falls Argus Leader.

LEFT: Scorekeeper Jeff Tveit



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Vikings Build for Future Years



BACK: Student Manager John Mahlke, Todd Voeller, Michael Luoma, Brian Luoma, Monty Forsting, Darold Hieb, Mark Sulzle, Robert Rosebrock, and Student Manager Dawayne Huettl. FRONT: Scott Wright, Todd Rosebrock, Keith Kendall, Ronald Claeys, Arnold Claeys, Gerald Signs, and Brian Hertel.

The Viking 'B' team battled with their challengers coming out ahead not always in points, but in experience and teamwork which should help them come back strong for a good season next year. Several players showed much potential and saw much action on the court in both the 'B' and 'A' games. Leading scorers for the Vikings were Darold Hieb, Monty Forsting, Robert Rosebrock, and Brian Hertel, respectively. The Viking 'B' team proved to be a fine young ball club of whom Frederick fans could be justly proud.

1975-76 Scores

Opponents	FHS	Opponents	FHS
Hosmer	31 44	Conde	44 27
Conde	36 29	Langford	47 16
Langford	46 35	Hecla	31 33
Roscoe	28 49	Bristol	58 46
Roslyn	34 36	New Effington	31 30
Bristol	63 40	Northwestern	52 20
Eureka	68 20	Warner	58 23
Warner	49 24	Leola	66 34
Hecla	42 35	Roslyn	32 34

BELOW: Robert takes a 20-foot jump shot. LOWER RIGHT: Brian puts one up in heavy traffic.



Barnard Bullets Develop Skills



BACK ROW: Student Manager Wade Jensen, Jim Jung, Danny Huettl, Troy Engelhart, William Dennert, Coach Ward Grote, Wayne Boughton, Ernie Dinger, Kermit Cantwell, Roland Couser, Mark Herman, Rick Reisdorph, David Hinz, Kerry Hart, David Adnerson, and Student Manager Kent Braa. FRONT ROW: Jim Mahlke, Darwin Hinz, Joel Durheim, Jim Ronning, Jeff Martin, Todd Ellwein, David Couser, Scott Bender, Lonnie Dinger, Owen Luoma, Todd Hertel, and Roger Metzinger.

Seventh		Eighth	
Barnard	Opp.	Barnard	Opp.
15	18 Roncalli	32	27
19	12 Hecla	36	22
27	10 Conde	20	34
18	16 Hecla	22	19
22	18 Roncalli	38	25
9	28 Langford	21	36
17	31 Warner	14	37
17	24 Langford	31	28
26	23 Warner	22	39
20	19 Leola	15	68
10	24 Leola	22	55
Tournament:			
39	22 Langford	32	38

The Seventh Grade ended the season with a 6-5 record. The top scorers were Roger Metzinger (73) and Todd Ellwein (46). Top rebounder was Scott Bender (133). Roger Metzinger was selected as most valuable player. The most improved player was Scott Bender.

The Eighth Grade ended the season with a 5-6 record. The top scorers were Kermit Cantwell (160) and David Hinz (55). The top rebounder was Kermit Cantwell (218), Kermit Cantwell was selected as most valuable player. The most improved player was Troy Englehart.

BELOW: Cheerleaders for the Barnard Bullets were Kara Reisdorph, Karen Schlosser, Tami Voeller, Laura Hixon, and Kelly McCulloch.



BELOW: Lana Bain served as scorekeeper for the teams.



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STANDING: Kris Reisdorph, Joyce Ronning, Brenda Emery, Peggy Peldo, Jaye Kendall, Julie Marske, Christie Dennert, Denise Hemen, Colleen Bain, Cheryl Brotzel, and Lanette Nixon. KNEELING: Co-captain Colleen Taylor, Coach Don Quimby, Student Manager Debbie Huettl, and Co-captain Marcia Rexinger.

Girls Gain Skills in Basketball

The first scheduled season of girl's basketball was something new to both the players and the fans. The "A" team (1-6) was headed by Julie Marske who had 55 points in the regular season. The "A" team also participated in the first annual Lion's Club Invitational Doubleheader. Co-captains were Marcia Rexinger and Colleen Taylor. The "B" team (6-1) was led by Candy Wilson who had 59 points. They outscored their opponents 155 to 132.

1975 GIRLS BASKETBALL SCORES

OPPONENT	A	FHS	B	FHS
Hecla	66	20	15	22
Hecla	39	22	20	35
Conde	39	19	18	21
Langford	37	18	29	18
Roslyn	32	21	19	24
Warner	32	16	15	16
Bristol	35	37	16	19
Lion's Club Invitational				
Roncalli	36	33		
District V				
Ipswich	38	20		
Leola	30	22		

ROW 1: Sherry Bender, Rietta Vossler, Vickie Dennert, Connie Maunu, Brenda Sulzle, and Candy Wilson. ROW 2: Karen Ronning, Joleen Speidel, Calli Engelhart, Julie Napton, Nancy Plummer, Nancy Grieben, and Brenda Vossler. ROW 3: Coach Don Quimby and Student Manager Debbie Huettl. NOT PICTURED: Vileen Olson.



Girls Qualify for State Track Meet

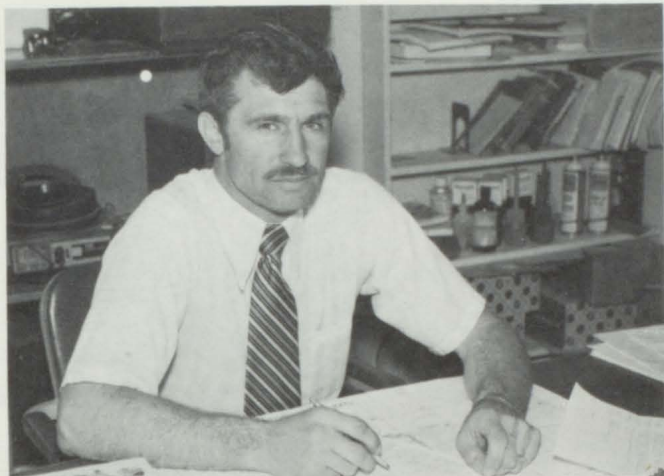
The Frederick Girls' Track Team placed no lower than third in any track meet during the 1976 season. In the Lake Region Conference Track Meet, Frederick won with a total of 106 points while the next highest team had 53. In Region IA, the team took third, and allowed seven people to qualify for the State Meet in a total of ten events as follows: Lynne

Rystrom-110 yard low hurdles, 220 yard relay, 440 yard relay, 880 yard relay; Colleen Taylor-100 yard dash, 440 yard relay, 880 yard relay, medley relay; Char Hart-high jump, long jump, 440 yard dash; Peggy Peldo-discus; Avis Jarvi-440 yard relay, 880 yard relay, medley relay; Ronda Grieben-100 yard dash and medley relay; and Julie Marske-440 yard relay, 880 yard relay, medley relay.

The State Track Meet preliminaries were held in Spearfish on Friday, May 21, and the finals in Rapid City on May 22. Lynne Rystrom received 4th in the 110 yard low hurdles, and Peggy Peldo earned 5th in the discus.

Colleen Taylor led in team points with 168 followed by Lynne Rystrom with 165. Others that added needed points were Julie Marske with 146 points, Char Hart with 143, and Avis Jarvi with 141.

All records from previous years were either broken or tied during the 1976 season.



Coach Don Quimby reviews girls' track schedules.

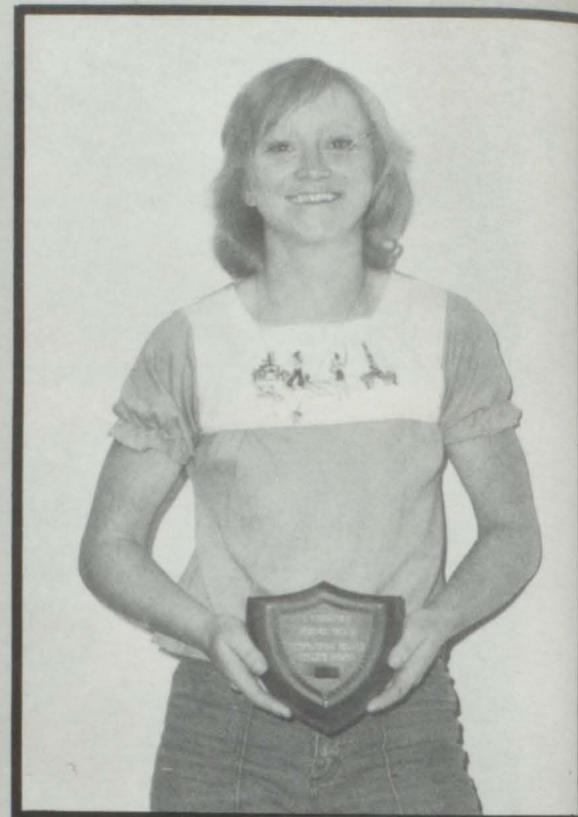
BACK: Cheryl Sulzle, Kelly McCulloch, Kelly Geranen, Ronda Grieben, Kara Reisdorph, Tami Voeller, Laurie Speidel, Nita Tveit, and Student Manager Mary Heine. MIDDLE: Colleen Taylor, Lynne

Rystrom, Avis Jarvi, Kris Reisdorph, Marcia Rexinger, Patty Emery, and Lanette Nixon. FRONT: Tricia Forsting, Peggy Peldo, Julie Marske, Candy Wilson, and Charlene Hart.



1976 Girls' Track Meets

April 6	Northwestern	2nd
April 13	Britton Invitational	1st
April 23	Sisseton	
April 27	Groton Kiwanis	3rd
May 6	LRC Meet	1st
May 8	Aberdeen Relays	1st
May 10	Redfield	3rd
May 15	Region IA	3rd



LEFT: Avis Jarvi and Mary Heine, student manager, take a break between track events. ABOVE RIGHT: Charlene Hart holds the Larry Desautels award for being the outstanding female athlete at the Aberdeen Relays.

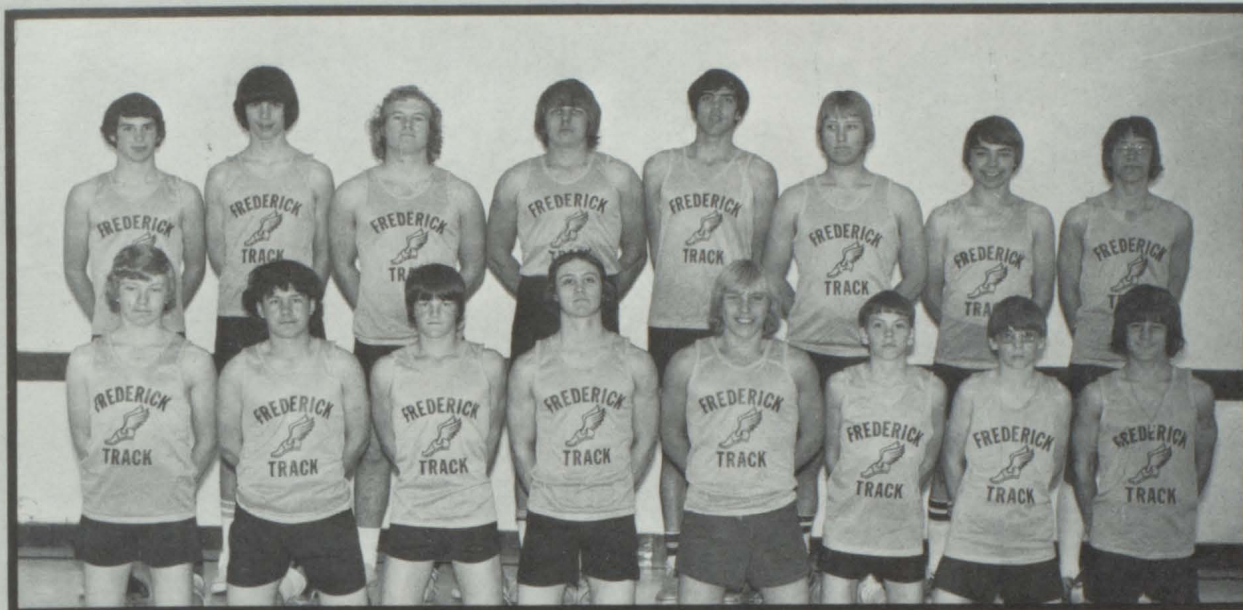
Athletes Improve Physical Strength

Six Frederick High School athletes qualified for membership in three bench press divisions--175, 200, and 225 pound classes. Bench press and other weightlifting activities are participated in on the boys' own time. The purpose of this activity is to improve their physical strength for other sports endeavors. Kerry Wilson was the only one in the 225 pound category, while Daryl Fuhrman, Monty Forsting, Eddie Peldo, and Darren Engelhart pressed 200 pounds, and Kent Reisdorph pressed 175 pounds.



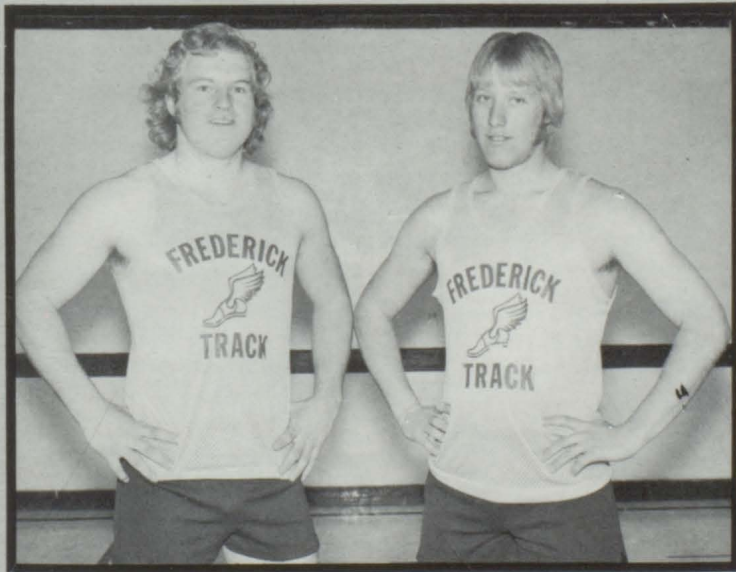
BACK: Kerry Wilson, Monty Forsting, and Daryl Fuhrman. FRONT: Darren Engelhart, Eddie Peldo, and Kent Reisdorph.

Tracksters Take Second in LRC



BACK ROW: Todd Harrison, Mark Sulzle, Kerry Wilson, Monty Forsting, Larry Marske, Daryl Fuhrman, Brian Luoma, and Todd Breitkruetz. FRONT ROW: Michael Luoma, James Plummer, Brian Hertel, Kent Reisdorph, Ed Peldo, Keith Kendall, Arnie Claeys, and Darren Engelhart. NOT PICTURED: Coach Ken Pudwill.

This year the track team competed in seven meets and compiled a total of 251 points. Todd Harrison led the team with 53 points followed closely by Kent Reisdorph and Daryl Fuhrman with 50 and 46 points respectively. The group took second place in the conference with 57 points as Kerry Wilson placed first in both the shot put and the discus. The 440 and 880 yard relay teams, consisting of Kent Reisdorph, Todd Breitkruetz, Todd Harrison, and Daryl Fuhrman, showed well in the Aberdeen Relays and the Regional by taking second in the 440 at Aberdeen and placing third in the 880 in the Regional meet.



LEFT: Track co-captains Kerry Wilson and Daryl Fuhrman. ABOVE: Student Manager Ronald Claeys.



God grant that the love of liberty and a thorough knowledge of the rights of man may pervade all nations of the earth, so that a philosopher may set foot anywhere on its surface and say, THIS IS MY COUNTRY!

--Benjamin Franklin

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