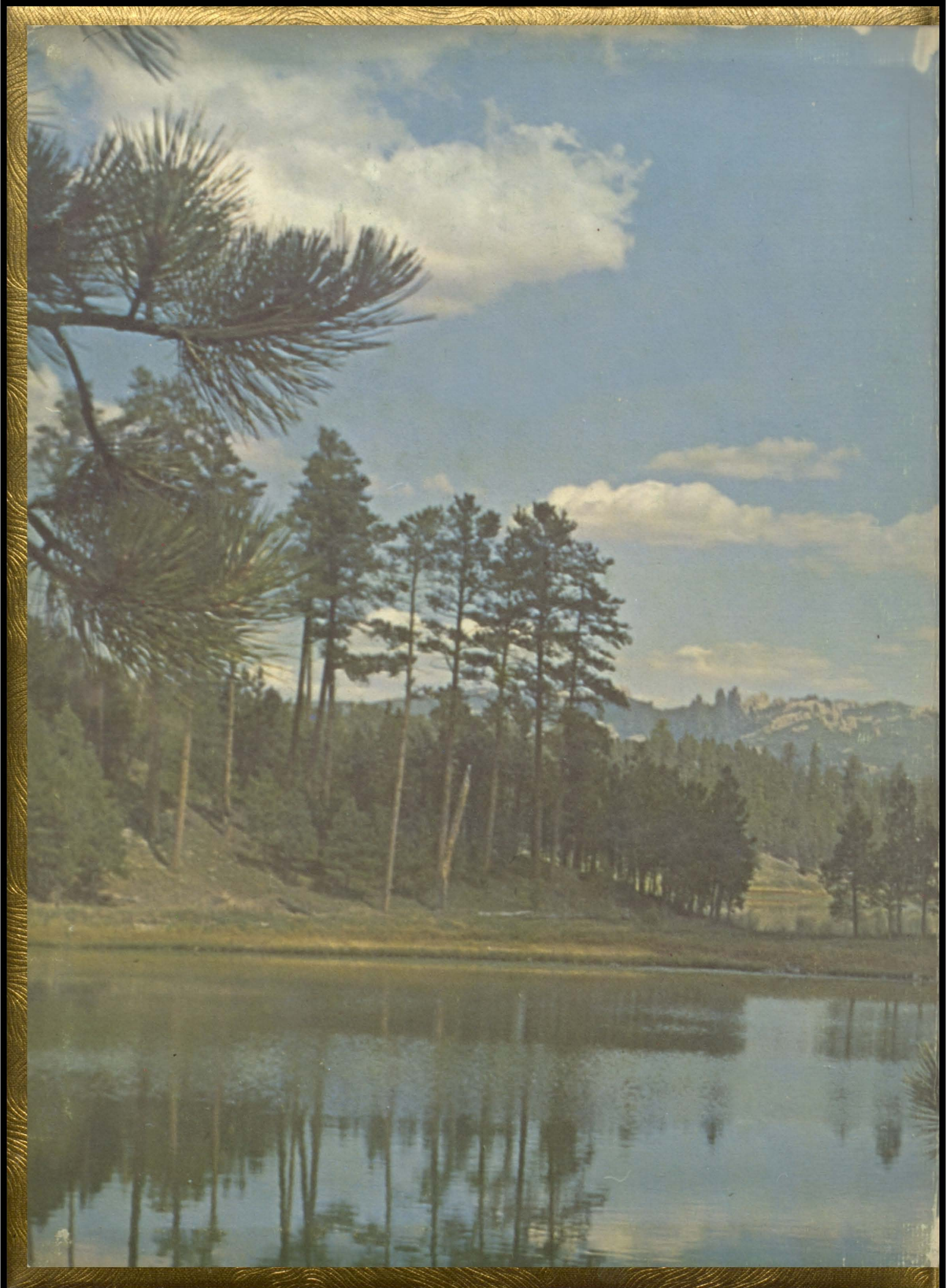


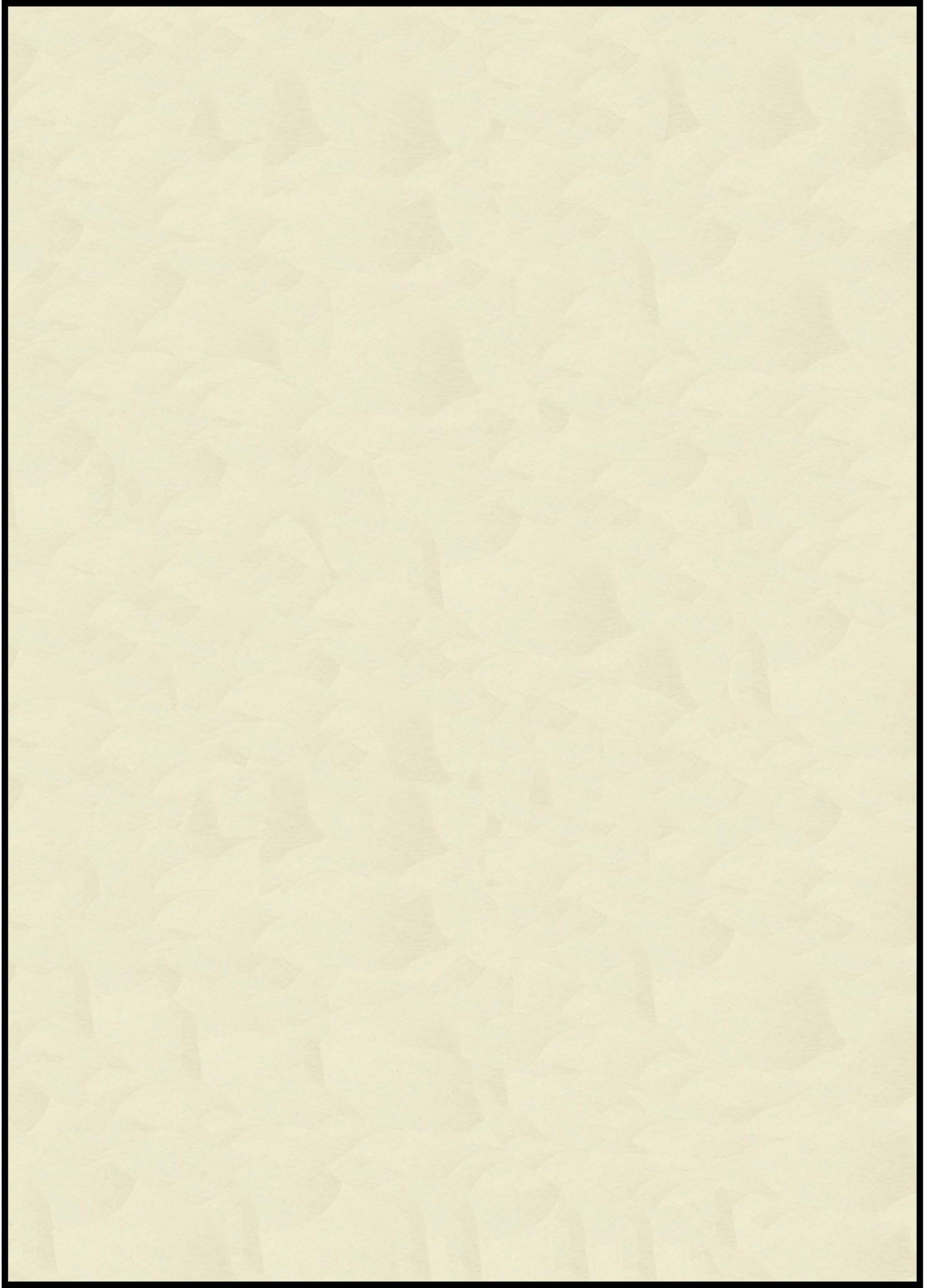


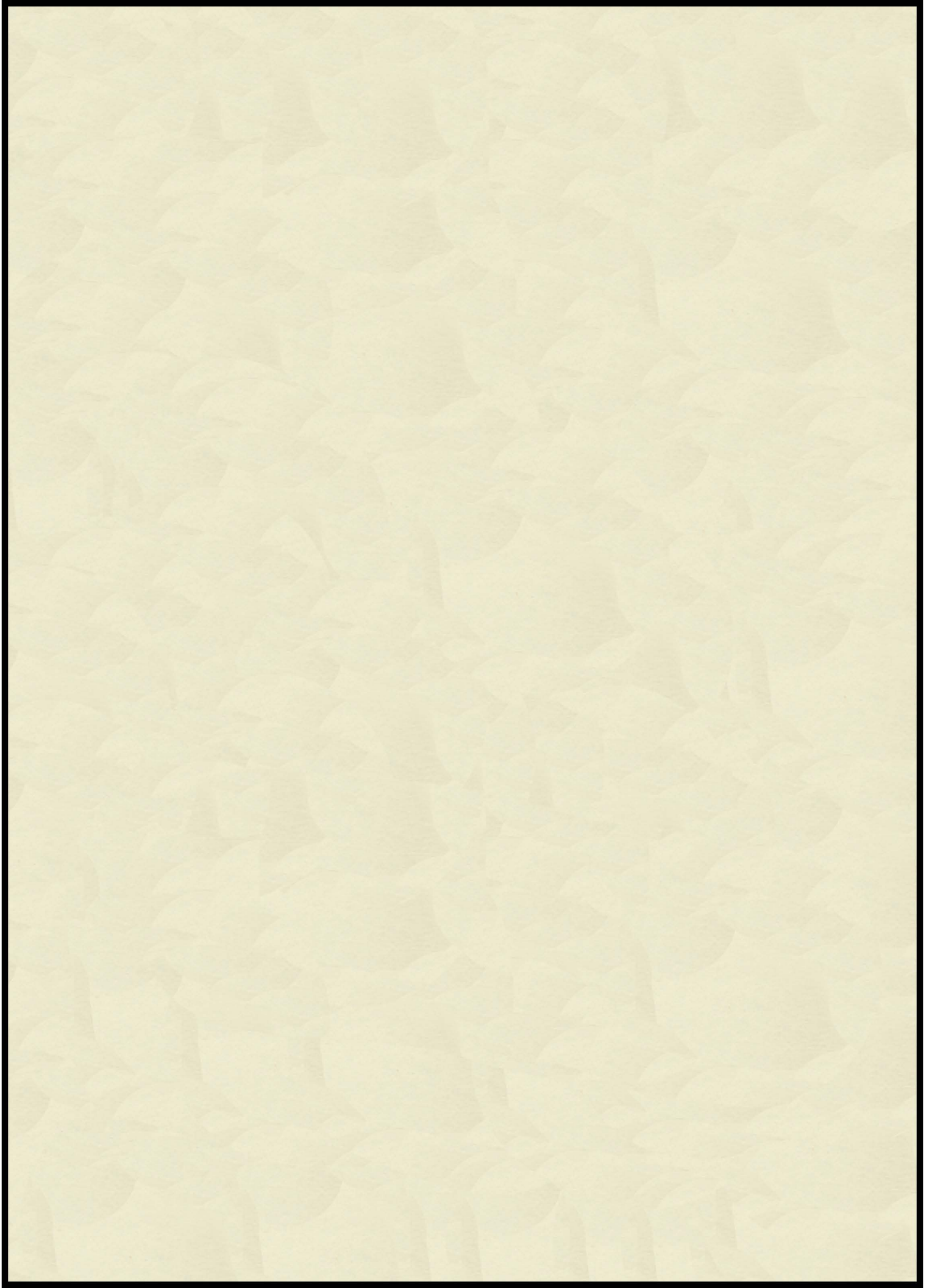
VIKING

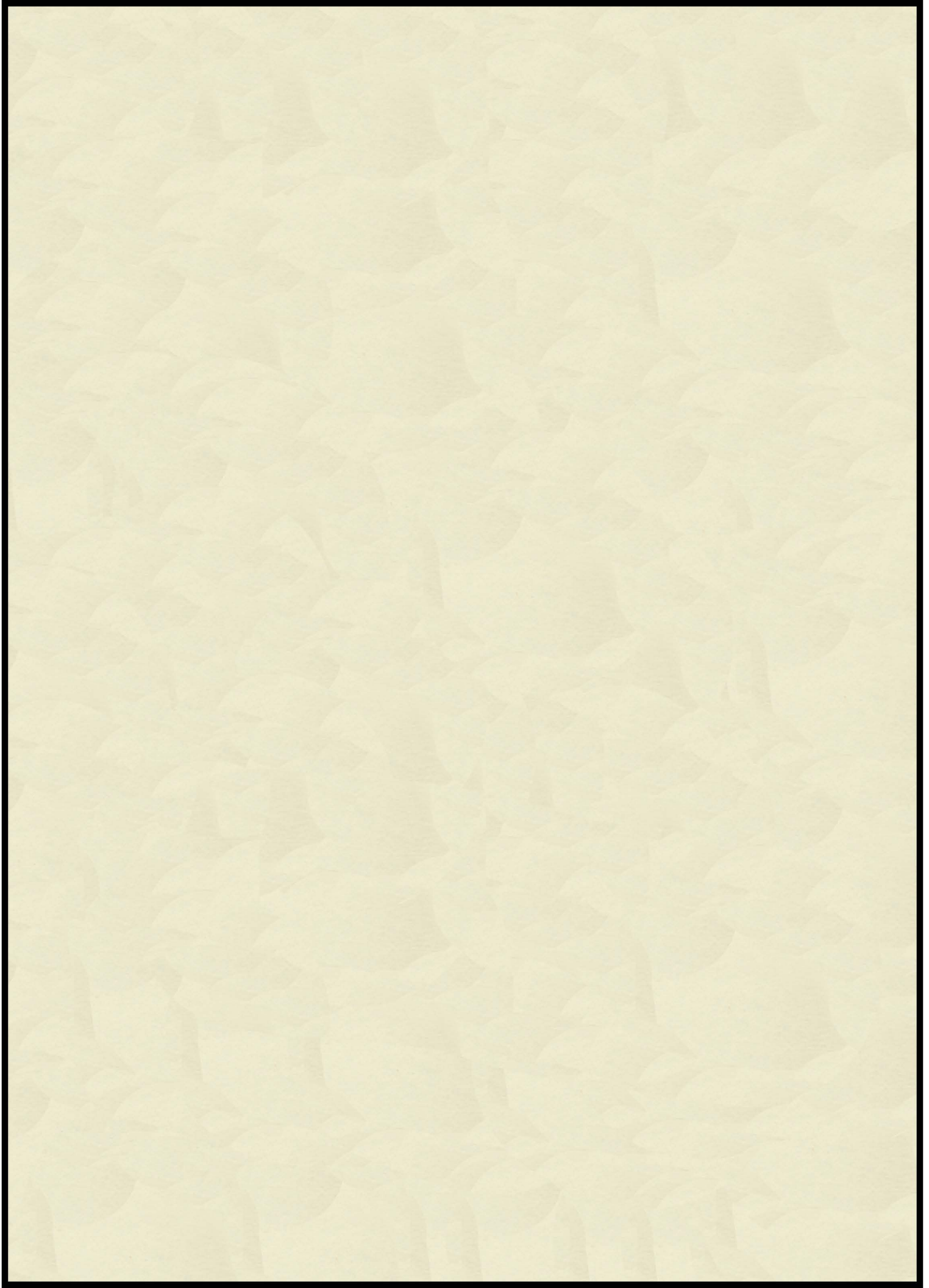
1969

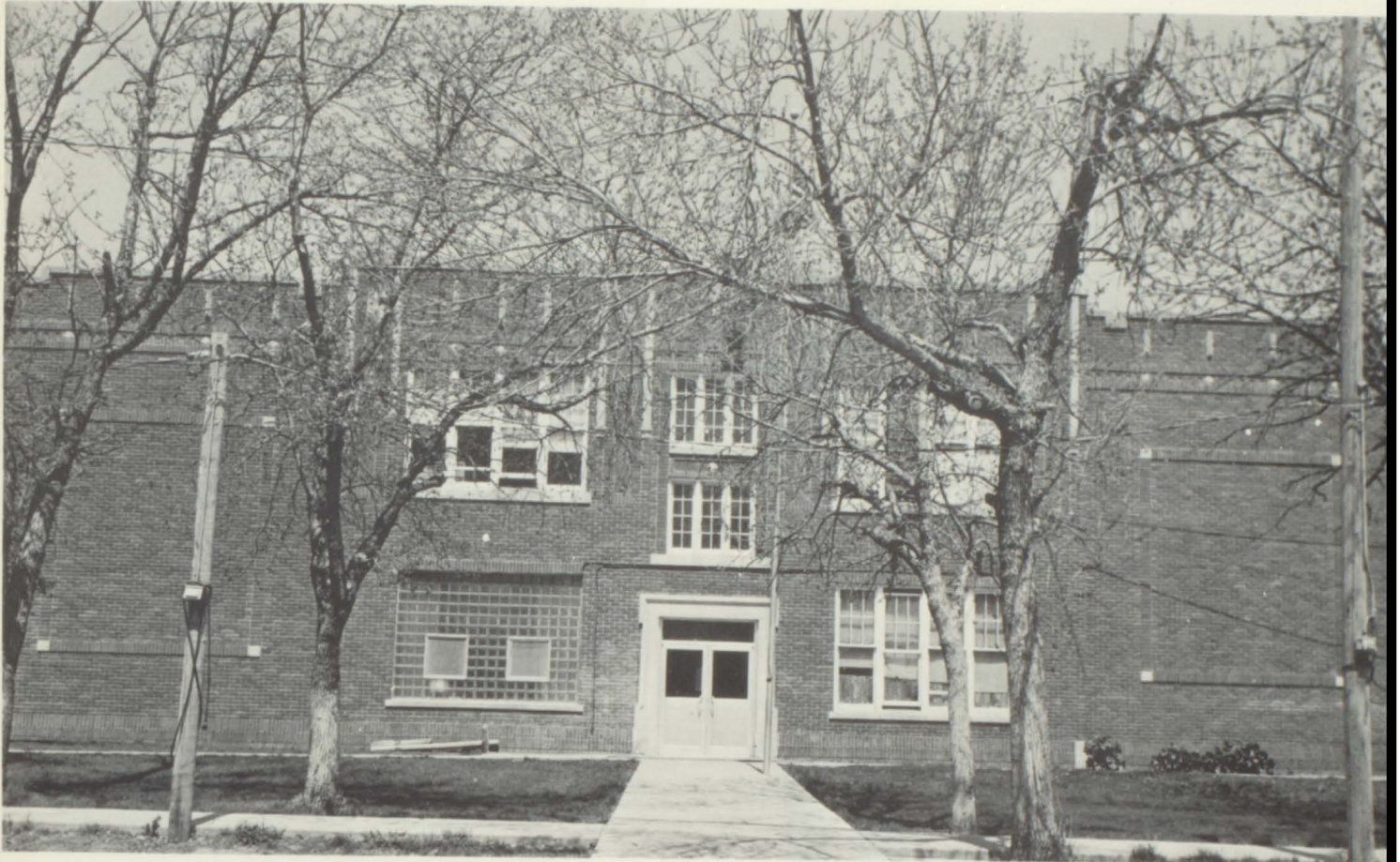












The 1969 Viking

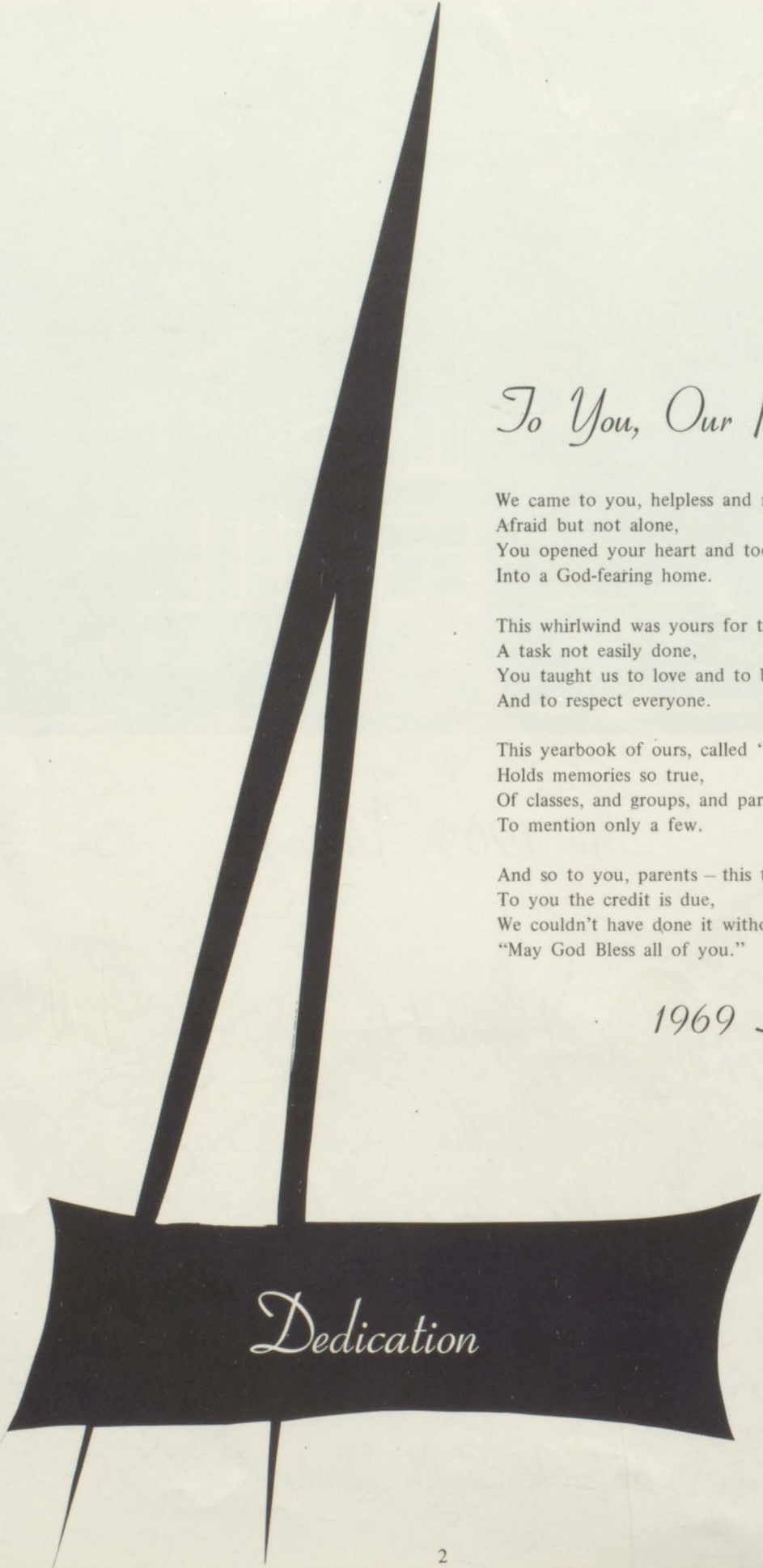
Presented by

the

Annual Staff of

The Frederick Senior High School

Frederick, South Dakota



To You, Our Parents

We came to you, helpless and needy
Afraid but not alone,
You opened your heart and took us
Into a God-fearing home.

This whirlwind was yours for the rearing
A task not easily done,
You taught us to love and to be honest
And to respect everyone.

This yearbook of ours, called "The Viking"
Holds memories so true,
Of classes, and groups, and parties
To mention only a few.

And so to you, parents – this tribute
To you the credit is due,
We couldn't have done it without you
"May God Bless all of you."

1969 Seniors

Dedication



Yearbook Staff Compiles Memories

Editors	Cathy Krogman Del Maupin		Mark Forsting Marsha Kotila
Asst. Editors	Vickie Borden Randee Elliott	Dramatics	Alice Barr Russell Bakken Roger Glaser
Activities	Keith Schlenker Lance Bunke Bill Kopetsky Leonard Sumption Debbie Krueger Arthur Storm Gale Gunderson Mike Dinger Gayle Jarvi	Faculty	Delores Sumption Kevin Luoma Aaron Rempher Kathy Cantwell Karen Fischer
Sports	Terry Ochsner David Golnitz Bruce Durham Scott Post Bruce Reisdorph Lee Podoll Brent Wiitala Susan Lahr	Grade Classes	Rhea Christianson Debbie Burow Sandy Carlson Ruth Forsting Martha Pulfrey Marcia Ronning
Music Vocal	Ranae Raisanen Roger Napton Barbara Mikkonen	Photography	Randy Jensen Wanda Head Nicky McKay
Instrumental	Colleen Callaghan Bob Cantwell Bob Rahja	High School Classes	Diane Geranen Bonnie Gelling Donna Wolter Linda Hart Leslie Luoma
		Advisor	Mary Anne Nelson

SUPERINTENDENT

OF

SCHOOLS



WARREN
THOMMEN

Administration Formulates Curriculum



PRINCIPAL ROBERT SORENSON
Psychology



PRINCIPAL ROGER PRUNTY—Social Science
Basketball, Track, Asst. Football

BOARD
OF
EDUCATION



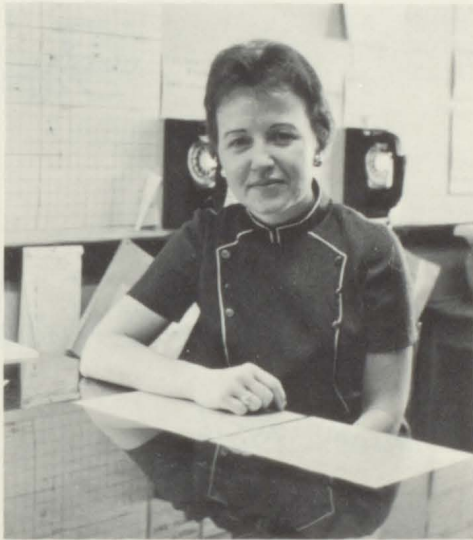
HAROLD TREEBY
LAUREN GLOVER
WILLIAM ELLIOTT
WILLIAM CANTWELL
FAY GLOVER
CHAIRMAN

SECRETARY
OF
NORTH BROWN



AGNES
DEMARCE

Secretaries and Counselors Assist Students



GLORIA GOODING
Secretary at Barnard



ETHEL BAKKEN
Secretary at Frederick



BETH FRANKLIN
Counselor



JIM McAREAVEY
Counselor



Bernice Rollo
English
Dramatics



Louis Nelson
Science
Mechanical Drawing
Driver Education



Marv Anne Nelson
Commercial
Publications



Kenneth Pudwill
Social Science
Football-Track
Asst. Basketball

Faculty

Students

Senior High

Faculty



Roger Kendall
Instrumental Music
Science



Emma Bates
German
English



John Hansen
Math
History



Margaret Elsen
High School Vocal Music



Jerry Tom
Science



Merri Nelson
Home Economics

Prepare

For Future

Junior High

Faculty



Frank DeRoos
Social Studies
General Business
Junior High Coach



Adrian Hoines
Mathematics
Social Studies



Marilyn Vietor
Special Education
Girls' Physical Education



Norman Selzle
English
Declam



BUS DRIVERS

Mike McKay, Mark Forsting, Roger Napton, Rodney Dosch, Randy Jensen, Lance Bunke, Lee Podoll, Harold Schlosser, Ray Hoss, Kevin Luoma, Keith Schlenker, Aaron Rempher, Norman Selzle, and Tom Hansen

The People We Appreciate



COOKS

Toody Hoss and Sylvia Mikkonen



COOKS

Loraine Krogman and Dorothy DeRoos

The "forgotten ones" would, perhaps, be an appropriate title for this page. But we will not forget the long hours the cooks spent preparing meals and washing dishes, the friendly "good mornings" of the bus drivers and the swish of the janitor's broom.



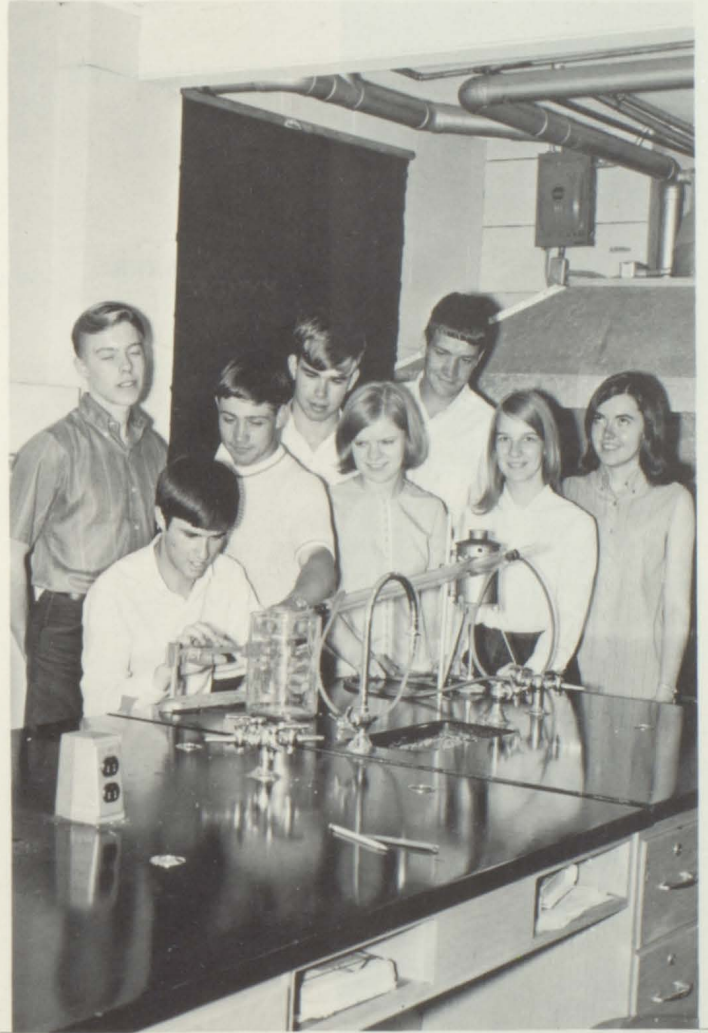
CUSTODIAN AND MECHANIC

Leo Weisser



CUSTODIAN

Ray Hoss



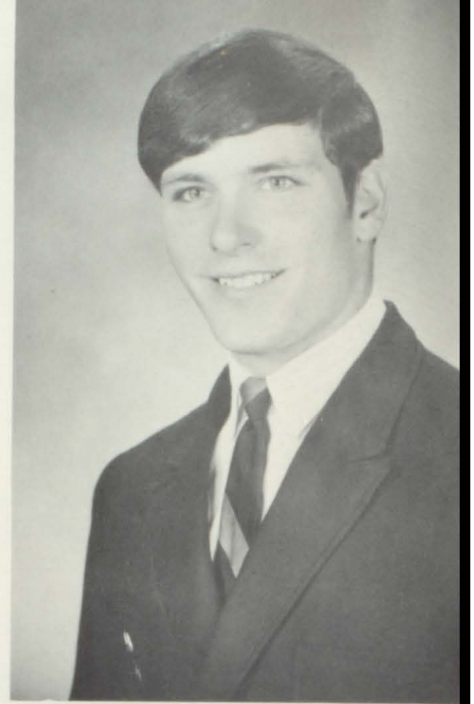
Classes

Seniors

RUSSELL BAKKEN



LANCE BUNKE



ALICE BARR



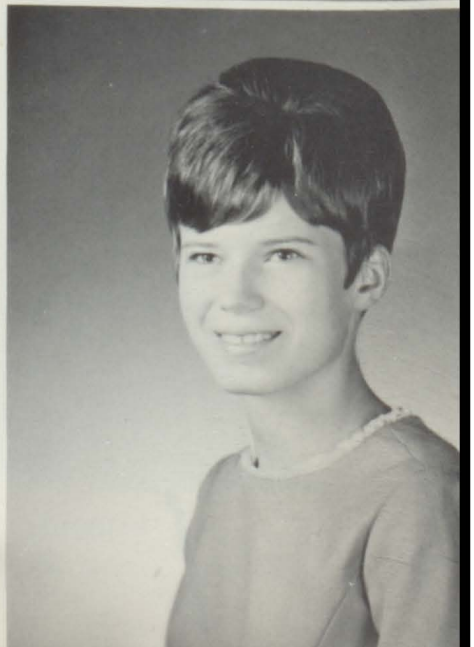
DEBBIE BUROW



VICKIE BORDEN



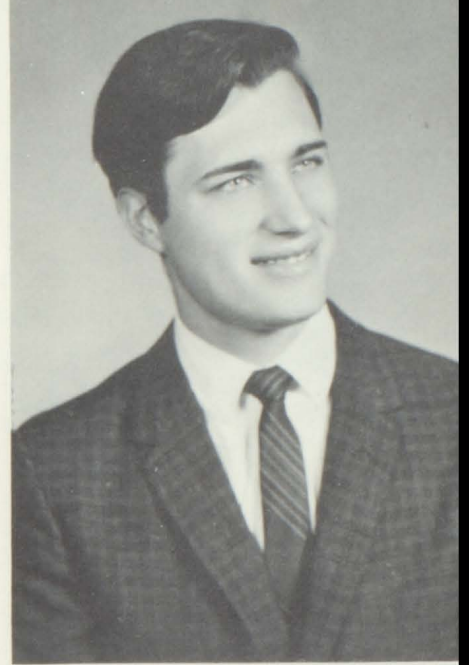
COLLEEN CALLAGHAN



Seniors



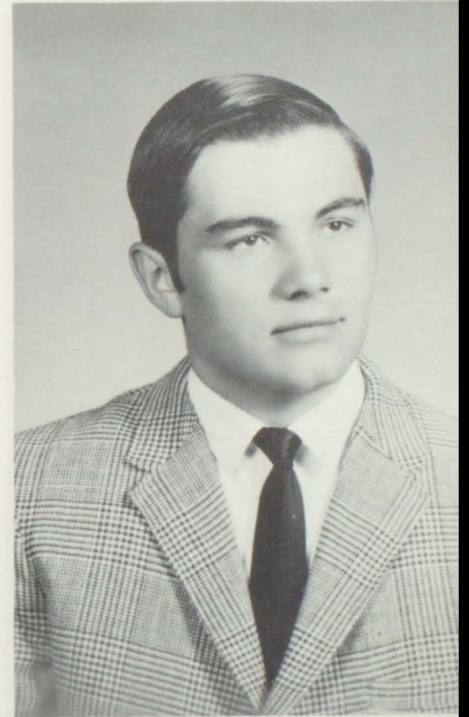
ROBERT CANTWELL



LYNN CRAWFORD



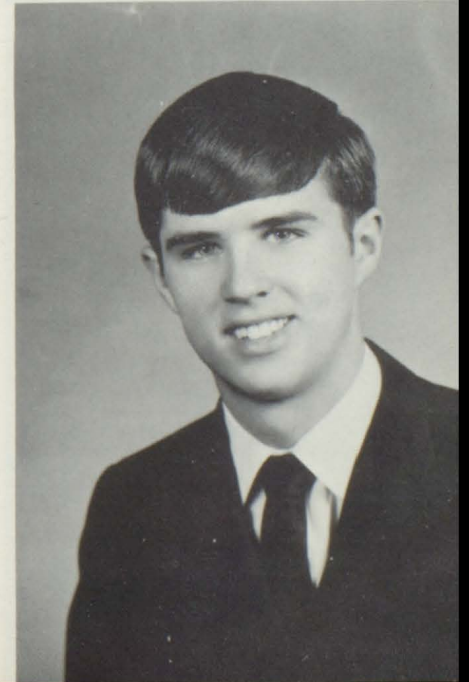
SANDRA CARLSON



MICHAEL DINGER



RHEA CHRISTIANSON



BRUCE DURHEIM

Seniors



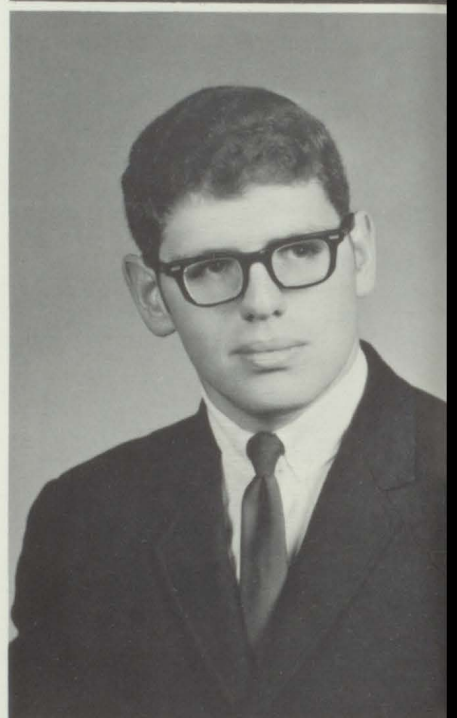
RANDEE ELLIOTT



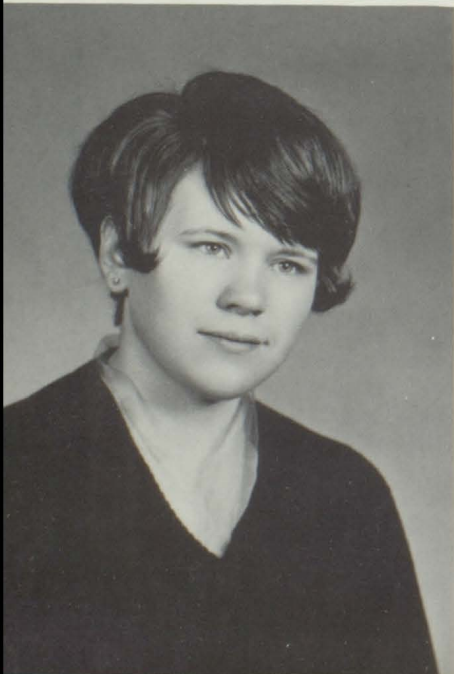
DIANE GERANEN



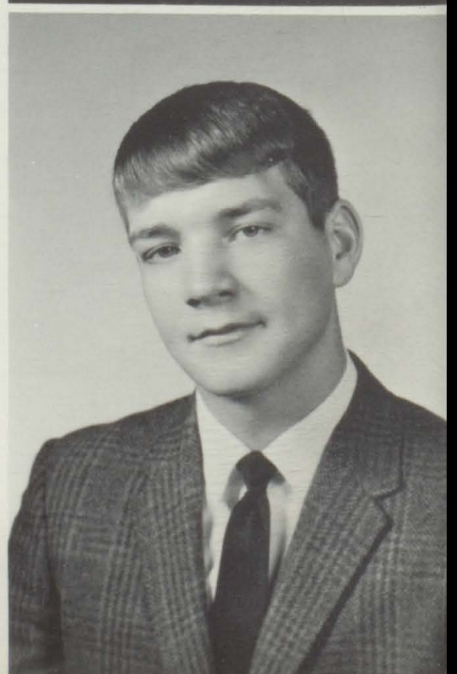
MARK FORSTING



ROGER GLASER



RUTH FORSTING



DAVID GOLNITZ

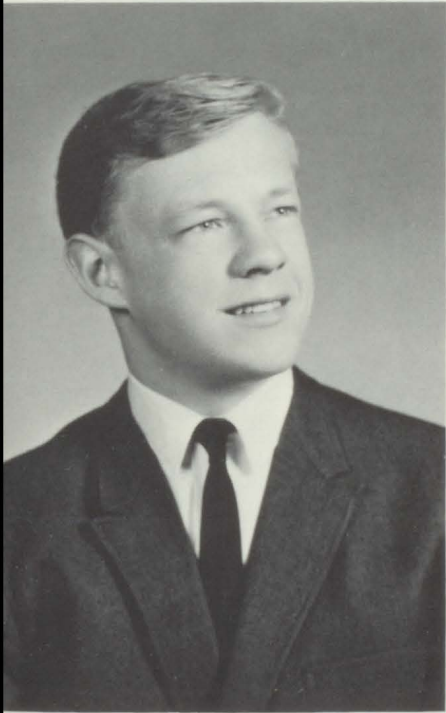
Seniors



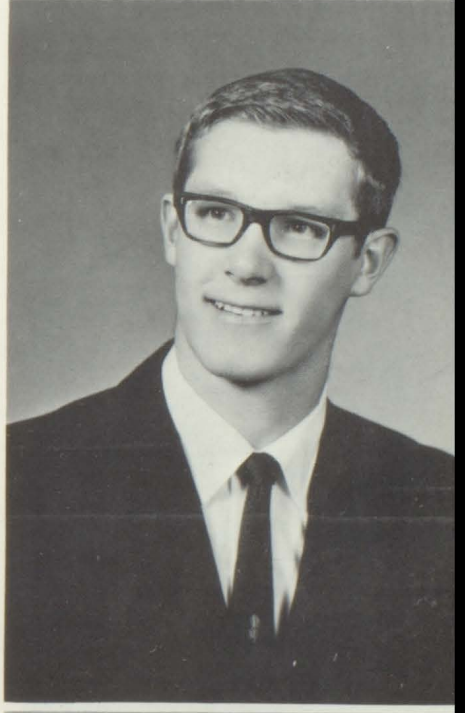
WANDA HEAD



CATHERINE KROGMAN



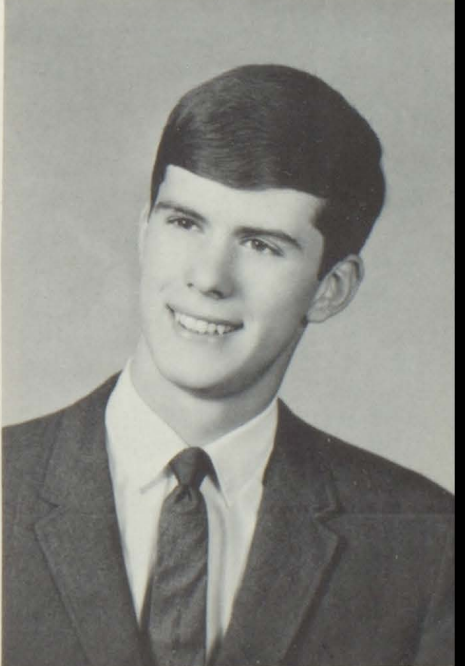
RANDALL JENSEN



KEVIN LUOMA



WILLIAM KOPETSKY



DEL MAUPIN

Seniors

NICOLETTE MCKAY



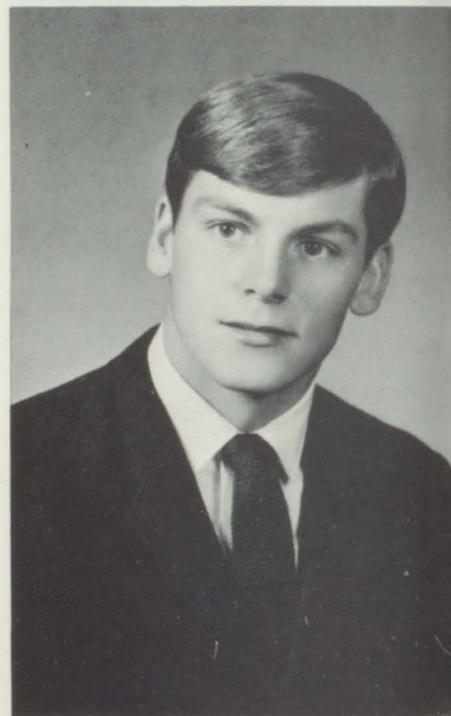
TERRY OCHSNER



ROGER NAPTON



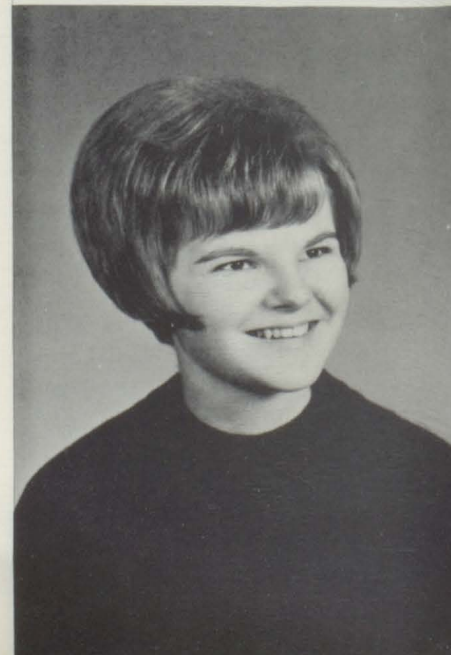
SCOTT POST



DENNIS NEUHARDT



RANAE RAISANEN



Seniors

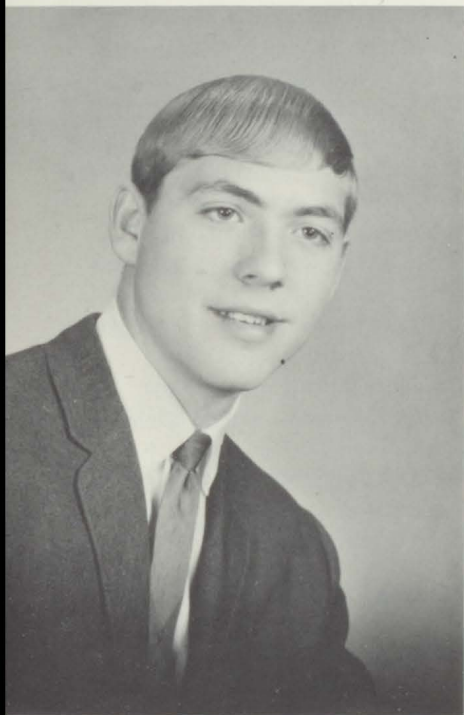
BRUCE REISDORPH



DELORES SUMPTION



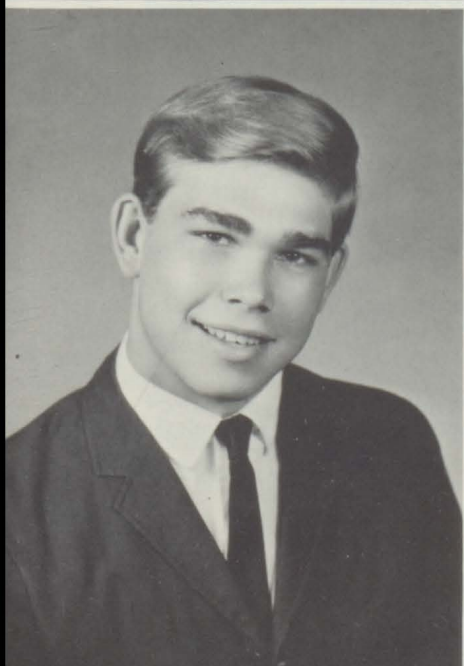
AARON REMPHER



LEONARD SUMPTION



KEITH SCHLENKER



DONNA WOLTER



Seniors



Seniors

BONNIE GELLING

SENIOR ACTIVITIES

Russell Bakken – Football 2; Basketball 1, 2; Track 1, 2, 3, 4; Cross Country 3, 4; Band 1; Class Play 4; Annual Staff 4; Paper Staff 4; Safety Council 2; Weight Lifting 4.

Alice Barr – Mixed Chorus 1, 2; Girls' Chorus 1, 2, 3; Majorette 1, 2, 3, 4; Class Play 3, 4; Class Officer 2; Annual Staff 4; Snow Queen Candidate 4.

Vickie Borden – Drill Team 4; Band 1, 2, 3, 4; Band Officer 4; Mixed Chorus 1, 2, 3, 4; Girls' Chorus 1, 2, 3, 4; Accompanist 3; Declam 3, 4; Class Play 3, 4; Class Officer 1, 3; Student Council Officer 4; Annual Staff 4; Librarian 4; Library Officer 4; Snow Queen Candidate 4; Girls' State 3; Citizenship Seminar 3; Honor Guard 3; Who's Who in American High Schools 4; Honor Student 4.

Lance Bunke – Basketball 1; Track 1, 2, 3, 4; Pep Club 1, 2; Band 1, 2; Mixed Chorus 1; Class Officer 3; Annual Staff 4; Safety Council 2.

Debbie Burow – Transfer from Ellendale 3; Cheerleader 3, 4; Mixed Chorus 3; Girls' Chorus 1, 2, 3; Class Play 4; Student Council 2; Annual Staff 4; Paper Staff 4; Snow Queen Candidate 4; Homecoming Candidate 4; G.A.A. 1, 2; F.H.A. 1, 2.

Colleen Callaghan – Pep Club 1, 2; Band 1, 2, 3, 4; Girls' Chorus 2; Annual Staff 4; Paper Staff 4; Library Club 2; Snow Queen Candidate 4; Safety Council 2.

Robert Cantwell – Football 2, 3; Basketball 1, 2; Cross Country 4; Track 1, 2, 4; Band 1, 2, 3, 4; Band Officer 2; Brass Sextet 3, 4; Class Officer 2; Annual Staff 4; Band Soloist 2, 4; Weight Lifting 4; Music Camp 3; Safety Council 2.

Sandra Carlson – Transfer from Groton 4; Pep Club 1; Band 1; Mixed Chorus 1; Girls' Chorus 1; Annual Staff 4; Librarian 1; Library Club 1; F.H.A. 2; Snow Queen Candidate 4.

Rhea Christianson – Cheerleader 1, 3, 4; Pep Club 2; Mixed Chorus 3; Girls' Chorus 3; Declam 2; Class Play 4; Annual Staff 4; Paper Staff 4; Library Club 2; Safety Council 2; Sweetheart Candidate 3; Snow Queen Candidate 4; Homecoming Queen 4.

Lynn Crawford – Track 2; Class Play 4.

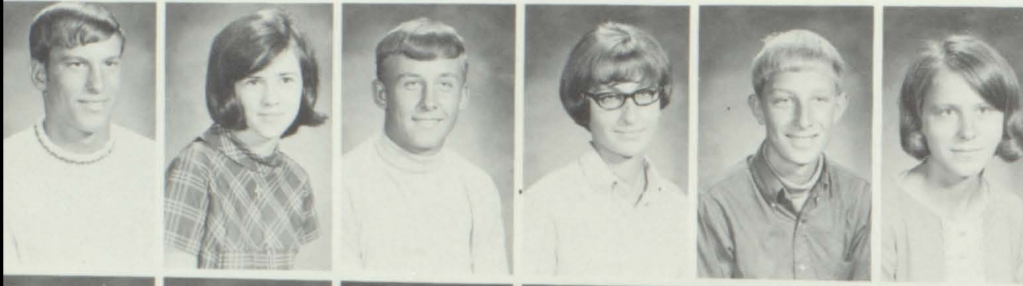
Michael Dinger – Transfer from Hecla 2; Football 1; Basketball 1; Mixed Chorus 2; Annual Staff 4.

Bruce Durham – Transfer from Leola 3; Football 2, 3, 4; Basketball 2; Track 3, 4; Mixed Chorus 1; Class Play 4; Student Council 2, 4; Paper Staff 4; Annual Staff 4.

SENIOR ACTIVITIES

- Randee Elliott – Pep Club 1, 2; Drill Team 4; Band 1, 2, 3, 4; Band Officer 2; Class Play 3, 4; Best Supporting Actress 3; Class Officer 1; Student Council 2, 3; Annual Staff 3, 4; Assistant Editor, Annual 4; Paper Staff, Editor 4; Librarian 4; Library Club 4; Snow Queen, First Runner-up 4; Girls' State Alternate 3; Math Contest 2; Safety Council 2; Citizenship Seminar 3, Alternate 2; Safety Council Representative 2, 3; U.S.D. Presidential Scholar 4; Homemaker of Tomorrow, Second Place in South Dakota 4; Honor Student 4.
- Mark Forsting – Football 2, 3; Basketball 1, 2; Track 1, 2; Band 1, 4; Class Play 3, 4; Best Supporting Actor 3; Student Council 2; Safety Council 2; Safety Council Representative 2, 3; Honor Guard 3; Boys' State Alternate 3; Paper Staff 2; Annual Staff 4; Honor Student 4.
- Ruth Forsting – Mixed Chorus 1, 2, 3; Girls' Chorus 1, 2, 3; Annual Staff 4.
- Bonnie Gelling – Mixed Chorus 1; Girls' Chorus 1; Class Officer 1; Annual Staff 3.
- Diane Geranen – Mixed Chorus 1, 2, 3; Girls' Chorus 1, 2, 3; Majorette 1, 2, 3, 4; Class Officer 4; Student Council 1; Annual Staff 4; Snow Queen Candidate 4; Homecoming Candidate 4; Sweetheart Candidate 1, Sweetheart Queen 4; First Place, Region Jaycee Road-e-o 2.
- Roger Glaser – Football 1, 2, 3, 4; Basketball 1, 2, 3; Track 1, 2, 3; Band 1, 2, 3, 4; Mixed Chorus 1, 2, 3, 4; Brass Sextet 1, 2, 3, 4; All-State Chorus 4; Declam 3, 4; Class Play 3, 4; Annual Staff 4; Paper Staff 4.
- David Golnitz – Football 1, 2, 3, 4; Basketball 1, 2, 3, 4; Student Manager 2, 3; Mixed Chorus 1, 2, 3, 4; Class Play 3, 4; Class Officer 1, 3, 4; Student Council 2; Annual Staff 4; Sweetheart Candidate 1, Sweetheart King 4.
- Wanda Head – Mixed Chorus 2; Girls' Chorus 3; Class Play 3; Annual Staff 4; Librarian 4; Library Club 4.
- Randall Jensen – Football 1, 2, 3, 4; Basketball 1, 2, 3, 4, Captain 4; Track 1, 3; Letterman's Club 2; Band 1, 2, 3; Class Officer 1, 2; Annual Staff 4; Homecoming Candidate 4; Safety Council 2.
- Bill Kopetsky – Basketball 1; Track 1; Annual Staff 4; Safety Council 2.
- Catherine Krogman – Pep Club 1, 2; Cheerleader 2; Drill Team 4; Girls' Chorus 3, 4; Declam 1, 2, 3, 4; Best Actress 3; Class Play 3, 4; Class Officer 1, 2; Annual Staff 3, 4; Editor 4; Paper Staff 4; Librarian 2, 4; Library Club 2, 4; Snow Queen Candidate 4; Safety Council Representative 3; Safety Council 2.
- Kevin Luoma – Football 3, 4; Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Cross Country 1, 2; Class Play 4; Class Officer 1, 4; Student Council 3; Annual Staff 4; Paper Staff 4; Honor Guard 3; Honor Student 4.
- Del Maupin – Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Cross Country 1, 2, 3; Student Manager 3, 4; Mixed Chorus 1, 2, 4; Assistant Director, Class Play 3, 4; Class Officer 2; Student Council 3, officer 4; Annual Staff, Editor 4; Paper Staff 4; Homecoming Attendant 4; Boys' State 3; Boys' Chorus 1, 2, 4; Outstanding Teenager 4.
- Nicolette McKay – Mixed Chorus 1, 2, 3, 4; Girls' Chorus 1, 2, 3, 4; All-State Chorus 4; Declam 4; Annual Staff 4; Paper Staff 4; Librarian 3, 4; Sweetheart Psyche 4.
- Roger Napton – Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Cross Country 2, 3, 4; Pep Club 2; Mixed Chorus 1, 2, 3, 4; Class Play 4; Annual Staff 2, 4; Safety Council 2.
- Dennis Neuhardt – Transfer from Forbes 4; Basketball 1, 2, 3; Track 2, 3; Letterman's Club 2, 3; Class Play 3; Class Officer 1, 2; Boys' State 3.
- Terrence Ochsner – Football 1, 2, 3, 4, Co-Captain 4; Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Band 1, 2, 3, 4; Class Play 3, 4, Best Actor 3; Student Council Officer 4; Annual Staff 4; Paper Staff 4; Sweetheart Candidate 2; Homecoming King 4; Stage Band 1.
- Scott Post – Football 1, 2, 3, 4, All-Conference 4; Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Band 1, 2, 3, 4; Mixed Chorus 1, 2; Brass Sextet 1, 2, 3, 4; Stage Band 1, 2; Class Play 3; Annual Staff.
- Ranae Raisanen – Mixed Chorus 1, 2, 3, 4; Girls' Chorus 1, 2, 3, 4; Accompanist 3, 4; Declam 3, 4; Class Play 3, 4; Class Officer 2; Annual Staff 4; Librarian 4; Library Officer; Snow Queen Candidate 4; Citizenship Seminar 3; D.A.R. 4; Crisco Homemaking Award 3; Honor Student 4.
- Bruce Reisdorph – Football 1, 2, 3, 4, Co-Captain 4, All-Conference 4, All-State, Second Team 4; Track 1, 2, 3, 4; Cross Country 1; Student Manager 1, 4; Band 1, 2, 3, 4; Mixed Chorus 1, 3, 4; Brass Sextet 3, 4; Class Play 4; Annual Staff 4; Paper Staff 4; Band Officer 3, 4; Sweetheart Cupid 4.
- Aaron Rempher – Football 1, 2, 3, 4; Basketball 1, 2, 3; Track 1, 2, 3, 4; Mixed Chorus 1, 2, 3, 4; Class Officer 1; Annual Staff 4; Sweetheart Candidate 3; Weight Lifting 4.
- Keith Schlenker – Football 1, 2, 3, 4; Co-Captain 4; Basketball 1; Track 1, 2, 3; Student Manager 2, 3; Class Officer 2, 3; Student Council 4; Annual Staff 4; Paper Staff 4; Homecoming Attendant 4; Boys' State 3; Outstanding Teenager 4; Honor Student 4.
- Delores Sumption – Cheerleader 1, 2; Band 1, 2; Mixed Chorus 4; Girls' Chorus 3, 4; All-State Chorus 4; Majorette 3, 4; Class Play 4; Class Officer 1; Annual Staff 4; Paper Staff 4; Snow Queen 4; Homecoming Candidate 4; Safety Council 2.
- Leonard Sumption – Football 2; Basketball 1, 2, 3, 4; Track 1, 2, 3, 4; Cross Country 3, 4; Annual Staff 4.
- Donna Wolter – Drill Team 4; Mixed Chorus 1, 2, 3, 4; Girls' Chorus 1, 2, 3, 4; Annual Staff 4; Snow Queen Candidate.

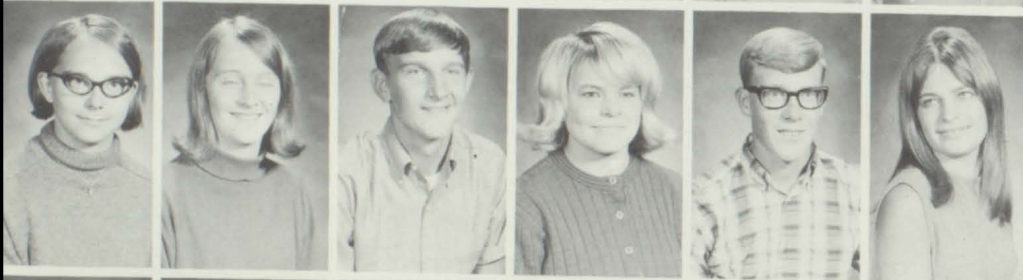
Juniors Prepare Prom for Seniors



Owen Bain
Kathleen Cantwell
Rodney Dosch
Karen Fischer
Gale Gunderson
Linda Hart



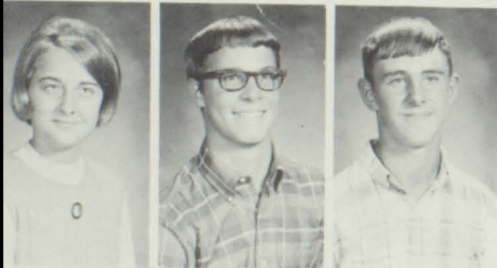
Gayle Jarvi
Marsha Kotila
Debra Krueger
Susan Lahr
Leslie Luoma
Michael Maunu



Barbara Mikkonen
Reeta Mincks
Leland Podoll
Martha Pulfrey
Robert Rahja
Marcia Ronning



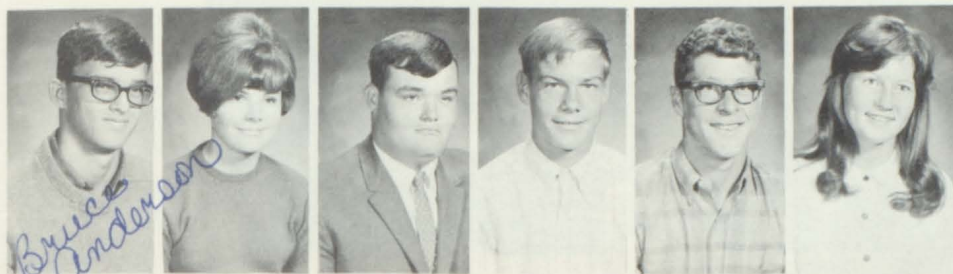
Wayne Schleder
Arnold Senger
Arthur Storm
Janet Sumption
Georgene Voeller
Raymond Voeller



Charlotte Weisser
Brent Wiitala
Lauren Witte



Sophomore Float Places First



Bruce Anderson
 Karen Bain
 Kenneth Bain
 William Bakken
 Rodney Barr
 Bonnie Berheim



Arthur Borden
 Miles Bretsch
 Patricia Cantwell
 Blaine Christianson
 Mary Connell
 Nancy Eissingar



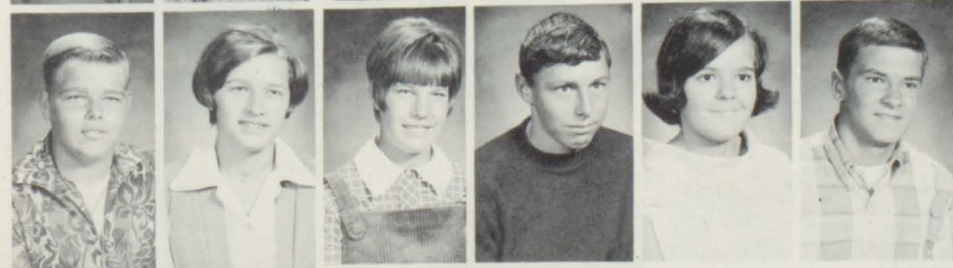
Theodore Forsting
 Charles Fuhrman
 Ramona Gustafson
 Diana Ham
 Barbara Heine
 Eugene Hieb



Katherine Hoss
 Alice Kopetsky
 Gerald Krogman
 Mike McKay
 Jeffrey Mahlke
 Sandra Maunu



Dean Olson
 Linda Olson
 Margaret Peterson
 Valora Podoll
 Pamela Prunty
 Mary Schaunaman



Ivan Schlenker
 Sharon Senger
 Jacki Smith
 Patrick Stoddard
 Margaret Sumption
 Mark Taylor



Penny Wells
 Tim Wilson

Not Pictured - Daniel Weekley



STUDENT COUNCIL

Seated: Terry Ochsner—V. President, Vickie Borden—Sec.-Treas., Del Maupin—President.
Standing: Wayne Schleder, Artie Borden, Pam Prunty, Lee Podoll, Gayle Jarvi, Keith Schlenker, Bruce Durham.

Student Council and Officers Guide Activities



SENIOR CLASS OFFICERS

Dave Golnitz—V. Pres.
 Diane Geranen—Sec.
 Kevin Luoma—Pres.

JUNIOR CLASS OFFICERS

Bob Rahja—V. Pres.
 Susan Lahr—Sec.
 Owen Bain—Pres.



SOPHOMORE CLASS OFFICERS

Tim Wilson—V. Pres.
 Nancy Eissinger—Sec.
 Mark Taylor—Pres.

STUDENT COUNCIL

Seated: Patti Smith—Sec.-Treas., Mike Rollo—President, Marcia Taylor—V. President. Standing: Rory Mikkonen, Daniel Rahja, Mark Ochsner, Jacquelyn Heine.



Junior High Officers Guide Students



NINTH GRADE CLASS OFFICERS

Leah Walworth—Sec.-Treas.
Daniel Rahja—President
Geraldine Witte—V. President

EIGHTH GRADE CLASS OFFICERS

Lavonne Podoll—Sec.-Treas.
Patti Smith—President
Sally Gustafson—V. President



SEVENTH GRADE CLASS OFFICERS

Carol Maunu—Sec.-Treas.
Mark Ochsner—President
Jane Schaunaman—Vice President

Freshmen Prepare for Senior High



Carol Bakken
 Monica Braa
 Nancy Breikreutz
 Karen Crawford
 Deborah DeMarce
 William DeMarce



Morris Forsting
 Teresa Forsting
 Timothy Gooding
 Dale Gunderson
 Wanda Hart
 Rita Head



Rochelle Hudson
 Janice Jensen
 Michael Jung
 Kenneth Klein
 Gary Kopetsky
 DeAnn Krueger



Deborah Larson
 Debra Maunu
 Robert Maunu
 Mitchel Mikkonen
 Karen Napton
 Peggy Nelson



Daniel Rahja
 Arthur Rempher
 Michael Rollo
 Ardell Saylor
 Neil Schaanaman
 Mary Schleder

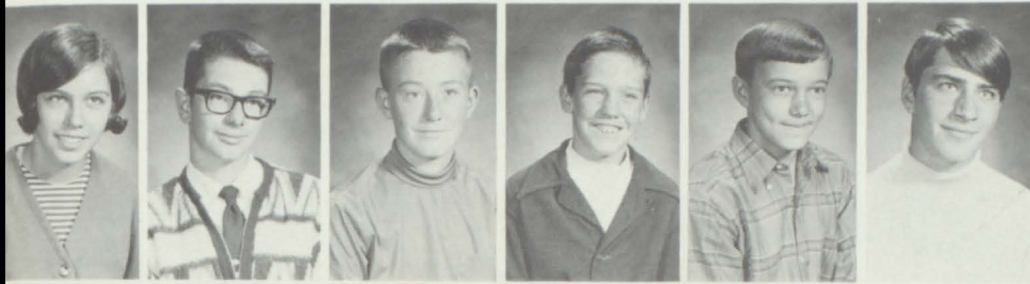


Ronald Stoddard
 Herman Storm
 Marcia Taylor
 Darwin Ulrich
 Brenda Voeller
 Leah Walworth



Brian Wells
 Kim Wells
 Geraldine Witte
 Michael Wolff

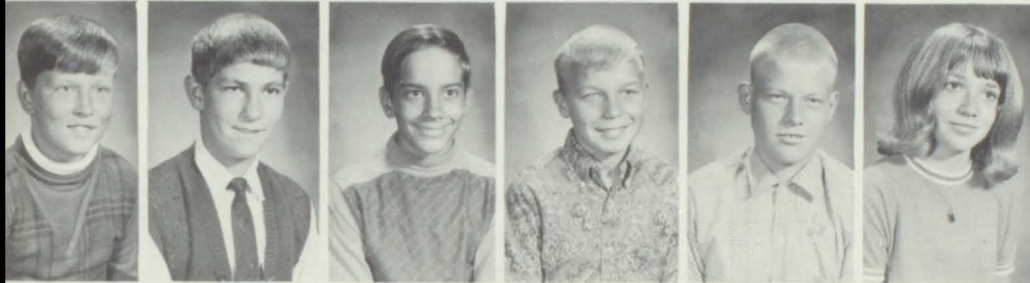
Eighth Graders Gain Knowledge



Elaine Bunke
 Stephen Butler
 Keith Cantwell
 Michael Cantwell
 Mark Christianson
 Mark Crawford



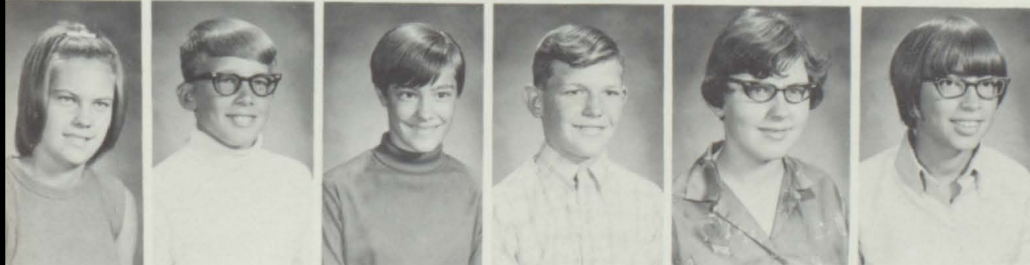
Willaim DesCamps
 Sheila Forsting
 Margie Fuhrman
 Sally Gustafson
 Susan Head
 Rosanne Lunzman



Richard Maunu
 Wayne Maunu
 Rory Mikkonen
 Richard Niva
 Mark Nixon
 Patty Pence



Yvonne Podoll
 Janet Ronning
 Leesa Rystrom
 Karla Schaunaman
 Jay Schlenker
 John Schlosser



Patti Smith
 Randall Smith
 Terry Voeller
 Wayne Voeller
 Nancy Wagner
 Karen Wolter



Seventh Graders Enter Junior High



Stephen Achen
 Michael Bain
 Konnie Berheim
 Karen Berheim
 Cheryl Bretsch
 Kevin Cantwell



David Dosch
 Alan Geranen
 Darlyne Head
 Jacquelyn Heine
 John Hieb
 Sonja Jarvi



Steven Karjalainen
 Marlene Klein
 Douglas Krueger
 Daniel Larson
 Carol Maunu
 Rebecca Maunu



Carol Napton
 Mark Ochsner
 Fritz Onken
 Kay Peldo
 Eugene Pence
 Calvin Raisanen



David Schauer
 Jane Schaunaman
 Adel Schlenker
 Janet Senger
 Kurt Smith
 Cynthia Stoddard



William Storm
 Dean Ulrich
 Jacqueline Wells
 Kim Wermersen
 Jacqueline Witte
 Tracie Wolff



Randall Wolter
 Kim Wright
 Jeffrey Zinter



IONE GREEN – 1st Grade



ALICE ANDERSON – 4th Grade



TOM HANSEN – 5th Grade

DORIS BORDEN – 6th Grade



*Grade
Faculty
Inspire
Students*



CHRISTINE THELEN – 3rd Grade



DELORES MORTRUDE – 3rd Grade



JANICE BLUMER – 2nd Grade
Junior High Vocal Music



SHIRLEY WOLFE – 4th Grade



MARTHA MARTEL – 5th Grade

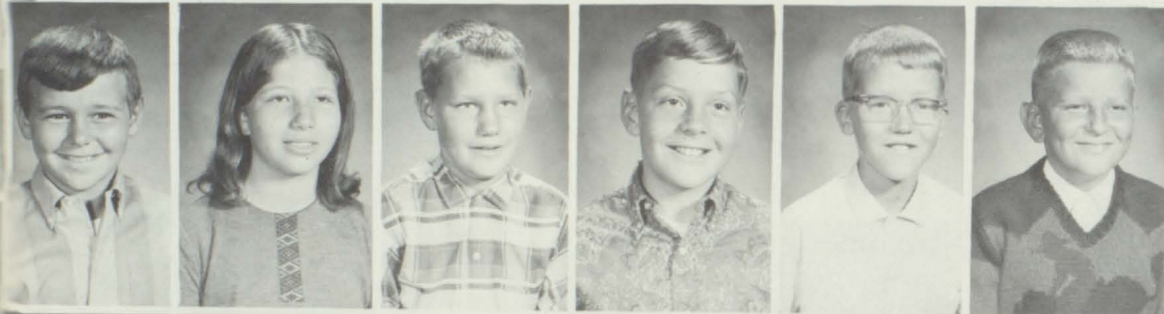
JUDITH DILL – 6th Grade



Sixth Graders Anticipate Junior High



Catherine Achen
 Marjo Anliker
 Douglas Braa
 Frank Bunke
 Michael Butler
 Kim Cantwe



Curtis Christianson
 Kim Christianson
 David DeMarce
 Randy Dennert
 Randall Dinger
 Albert Doscl



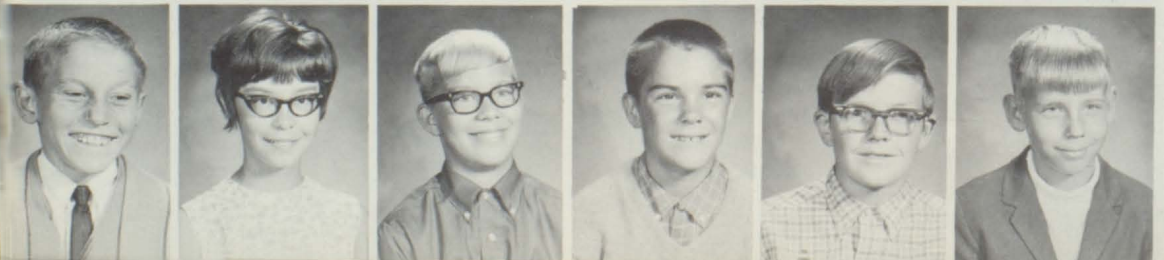
Twyla Durheim
 Steven Engelhart
 Linda Forsting
 Cathy Gelling
 Karen Hahne
 John Head



James Herman
 Virginia Hieb
 Randall Hixon
 Wayne Jarvi
 Joan Karjalainen
 Tracy Lahr

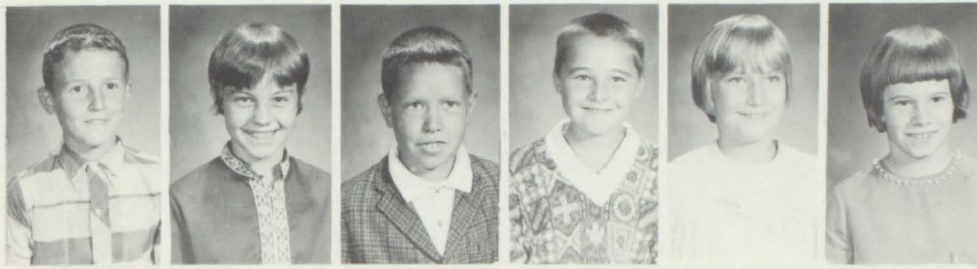


Billy Lunzman
 Bonnie Nixon
 David Peldo
 Patricia Rahja
 Russell Rollo
 Mark Ronning



Bernon Saylor
 Cindy Schlosser
 Palmer Taskerud
 Jeff Voeller
 Steven Voeller
 Rick Wermers

Fifth Graders Participate in Beginners' Band



Jeffrey Anlicker
Jeanette Bakken
Craig Bellika
Tony Bender
Marcia Braa
Barbara Callaghan



Karen Cantwell
Linda Connell
Kristie Derry
Laura Forsting
Madonna Forsting
Patricia Forsting



Daryl Fuhrman
Larry Ham
Greg Harrison
Charlene Hart
Martin Head
Mary Kay Heine



Susan Illies
Jaye Kendall
Vicki Kotila
Gregory McCullock
Ann Ochsner
Peggy Peldo



Janet Rosebrock
Lynne Rystrom
Vickie Schauer
Pearl Schaunaman
Dawn Schlenker
Gary Schlosser



Tamara Stoddard
Betty Storm
Colleen Taylor
Sharon Tom
Dale Ulrich
Mike Watkins



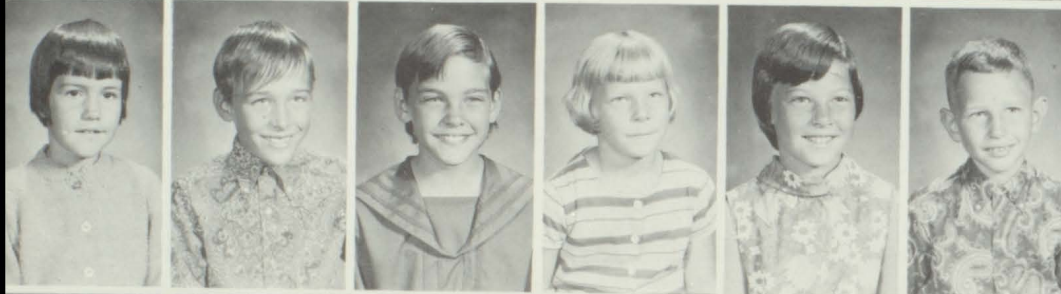
Melody Wells
Bernard Witte
Jill Wolff
Carol Wolter
Thomas Wright

Not Pictured — Cindy Maunu and
Ricky Head

Fourth Graders Perform in Christmas Program



Charles Achen
Lynette Anderson
Colleen Bain
Nancy Bretsch
Kelly Cantwell
Kraig Cantwell



Maureen Cantwell
Bryan Crawford
Christie Dennert
Kristin Eissinger
Calli Engelhart
Kipp Geranen



Daniel Gooding
Marcia Ham
Tamara Larson
Cynthia Martilla
Colleen Maunu
Julie Napton



Brian Peldo
Susan Peterson
Kevin Plummer
Cathryn Post
Kristine Reisdorph
Randy Reisdorph



Joyce Ronning
Kay Rosebrock
Harvey Schlosser
Susan Schoonover
Dennis Senger

Not Pictured - Lyle Chapin,
Melinda Hruby, Nancy Youngman.



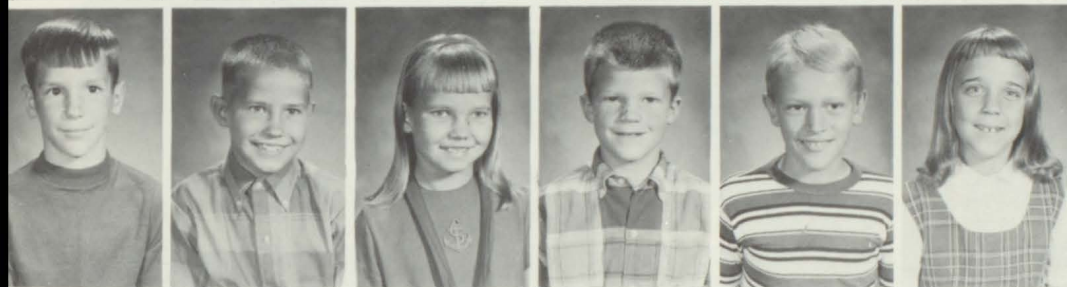
Third Graders Form Good Study Habits



Mark Bellika
Sherry Bender
Shirley Berniklau
Todd Breikreutz
Rodney Chapin
Ronald Claeys



Vickie Dennert
Brenda Emery
Carla Engelhart
Monty Forsting
Sharon Forsting
Kevin Hahne



Todd Harrison
Elmer Head
Denise Hemen
Brian Hertel
Darold Hieb
Julie Hixon



Roger Illies
Avis Jarvi
Brian Luoma
LaNette Nixon
Edward Peldo
Janeen Plummer



Nancy Plummer
Kent Reisdorph
Robert Rosebrock
Twyla Schlenker
Richard Senger
Gerald Signs



Joleen Speidel
Kendall Stoddard
Leslie Sumption
Kenneth Tom
Jeffrey Tveit
Scott Wright

Second Graders Are Eager to Learn



Blaine Anlicker
Mike Bakken
Nancy Berheim
Nancy Berniklau
Beth Cantwell
Charles Cantwell



Arnold Claeys
Chuck Dennert
Lance DeRoos
Patricia Emery
Darren Engelhart
Brian Ham



Connie Illies
Barbara Karjalainen
Kathleen Karjalainen
Keith Kendall
Brenda Luoma
Michael Luoma



Cathy Martilla
Connie Maunu
Sonja Niva
James Plummer
Tina Plummer
Karen Ronning



Todd Rosebrock
Toni Rystrom
Jenny Spitzer
Todd Voeller



First Graders Form New Friendships



Francis Achen
David Anderson
Troy Anlicker
Joel Bellika
Patricia Bender
Grant Bunke



Kermit Cantwell
Caroline Claeys
Melissa Dennert
William Dennert
Ernest Dinger
Troy Engelhart



Kelly Geranen
Kerry Hart
Kristie Heis
Mark Herman
David Hinz
Kelly McCulloch



Lisa McDowell
Richard Reisdorph
Karen Schlosser
Sandra Schoonover
Laurie Speidel
Kevin Tom

Not pictured—Karen Hruby





Standing: Marina Onken, Jean Senger, Tami Voeller, Jeffery Martin, Nola Schlenker, Darnell Crawford, Laura Hixon.

Seated: Lonnie Dinger, Bonita Tveit, Ronald Strand, Joel Durheim, Sandra Karjalainen, Lance Nixon. Not pictured: Jeffery Chapin.

Kindergarten Students Prepare for First Grade



Betty Hemen

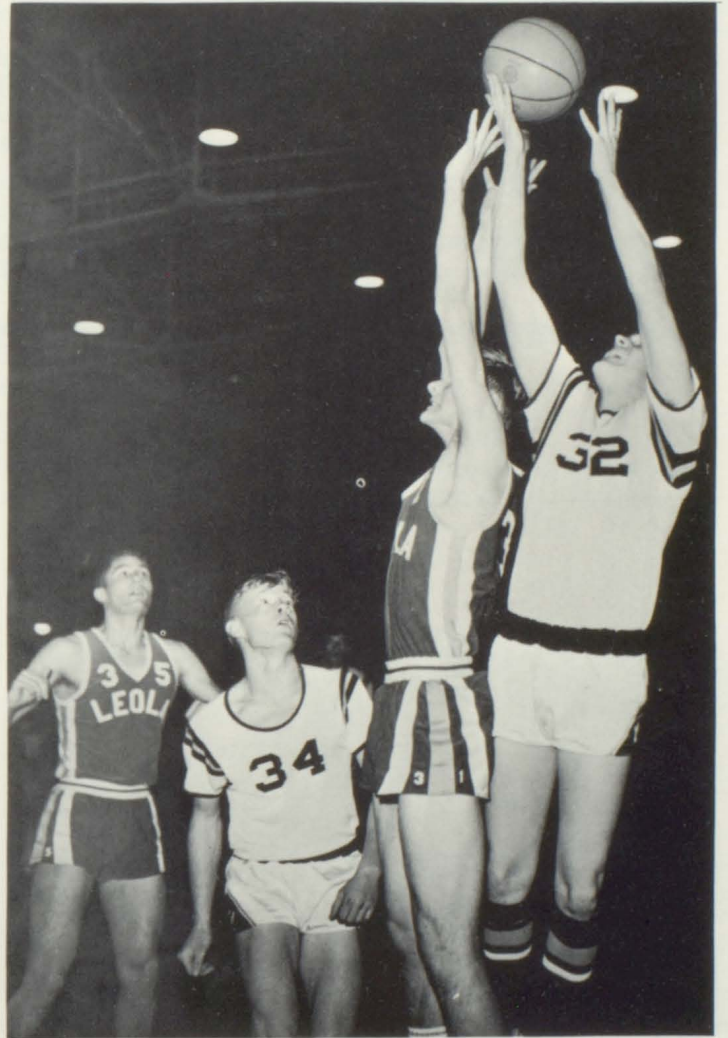


Shirley Heis



Standing: Scott Bender, James Rønning, Ruth Ann Head, Kent Braa, Lisa Maunu, Benjamin Forsting, Lana Bain, Brian Hemen, Scott Lunzman.

Seated: Owen Luoma, Kevin Tom, Kelly Wright, Julie Plummer, Darwin Hinz, Todd Hertel.



Activities



ROW 1: STUDENT MANAGER—Ken Bain, Tim Wilson, Brent Wiitala, Mark Taylor, Miles Bretsch, William Bakken, Arthur Borden, Rodney Barr, STUDENT MANAGER—Del Maupin. ROW 2: Rodney Dosch, Kevin Luoma, Roger Glaser, Aaron Rempher, Bruce Reisdorph, Bruce Durham, Gerald Krogman, Ivan Schlenker. ROW 3: COACH—Ken Pudwill, Scott Post, Owen Bain, Lee Podoll, Dave Golnitz, Terry Ochsner, Randy Jensen, Keith Schlenker, Raymond Voeller.

Spirited Vikings Give Fans an Exciting Season

Frederick

56
67
54
59
46
39
18
46
<u>14</u>
399

Tulare
Veblen
Roslyn
Bristol
Hecla
Warner
Langford
Eureka
Rosholt

Opponents

12
6
0
6
27
13
18
0
<u>30</u>
112



STUDENT MANAGERS

Ken Bain and Del Maupin



COACHES

Ken Pudwill and Roger Prunty



Football Squad Takes Conference Title

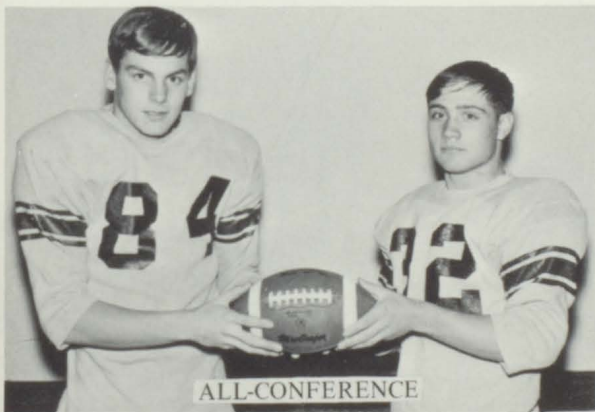
The Vikings finished their football season very successfully, compiling a record of seven wins, one loss, and one tie. They also tied for Lake Region Conference Champions, sharing the title with Langford.

The Vikings were able to score 399 points compared to 112 points by their opponents, for an average of 44.4 points per game. They had a total of 3203 yards in 382 attempts for the season and also had an average of 99 yards passing per game.

The leading yard gainer for the season was Bruce Reisdorph with 1099 yards, followed by Keith Schlenker, Randy Jensen, and Terry Ochsner, with 705, 557, and 308 yards respectively.

Bruce Reisdorph and Terry Ochsner tied for the Viking scoring leadership with 72 points each. They were followed closely by Randy Jensen with 70 points and Keith Schlenker with 64 points. Others contributing to the Viking attack were Scott Post with 53 points, Aaron Rempher with 37, and Ray Voeller with 12 points.

Leading the Viking defense was Randy Jensen with 80 tackles. He was followed by Terry Ochsner with 73, Dave Golnitz with 72, Aaron Rempher with 71, Roger Glaser with 69, Scott Post with 63, Keith Schlenker with 57, Owen Bain with 56, Lee Podoll with 49, Ray Voeller with 42, Bruce Durham with 29, and Kevin Luoma with 28.





Aaron



Roger



Keith

Seniors Lead Viking Victories



Bruce D.



Dave



Kevin



Randy



Terry

36



Bruce R.



Scott



ROW 1: Frank DeRoos, Brian Wells, Jay Schlenker, John Schlosser, William DeMarce, Dale Gunderson, Darwin Ulrich, Tim Gooding. ROW 2: Michael Jung, Neil Shaunaman, Kurt Smith, Archie Rempher, Daniel Rahja, Morris Forsting, Robert Maunu, Mitchell Mikkonen. ROW 3: Richard Maunu, Mark Ochsner, Michael Bain, Randall Smith, Kim Wermersen, William DesCamps, Mike Cantwell.

Junior High Gains Valuable Experience



COACH: Frank DeRoos

Barnard		Opponent
14	Hecla	35
14	Leola	25
13	Hecla	19
7	Frederick Sophs	38

CHEERLEADERS:

Janice Jensen, Patti Smith,
Peggy Nelson, Monica Braa,
Rochelle Hudson.





"A" TEAM

Roger Napton, Leonard Sumption, Arthur Borden, Terrence Ochsner, Lee Podoll, David Golnitz, Owen Bain, Scott Post, Randy Jensen, Kevin Luoma, Raymond Voeller, Delbert Maupin. Asst. Coach Ken Pudwill and Head Coach Roger Prunty.

Vikings Place Second in District

The Frederick Vikings, in their initial season in the Northern Conference, compiled a 4-3 record in conference play and a 13-9 overall record. The Vikings went on to take 2nd place in the District V Tournament after beating Eureka in first-round action of the district play by a score of 56-54. In the semi-final play the squad stunned a highly-rated Ipswich crew by a score of 77-54. Frederick's hopes for a district championship were ruined by Leola, as they defeated the Vikings by the score of 72-56.

Scoring leaders for the Vikings were as follows: Randy Jensen—266, Lee Podoll—264, Terry Ochsner—220, Scott Post—190, Owen Bain—179, Dave Golnitz—128, and Roger Napton with 68 points.

Top rebounders for the Vikings were Randy Jensen—197, Lee Podoll—164, Dave Golnitz—126, Owen Bain—121, Scott Post—92, and Terry Ochsner with 88 rebounds, respectively.



Terry Ochsner

CO-CAPTAINS



Randy Jensen



"B" TEAM

Row 1: Mike McKay, Dean Olson, Mark Taylor, Bill Bakken, Gerald Krogman, Rodney Barr, Brent Wiitala.
 Row 2: Ray Voeller, Tim Wilson, Artie Borden, Ivan Schlenker, Dan Weekley, Robert Rahja, Eugene Hieb.

"B" Team Builds for Future

"A" Team Scores

<u>Frederick</u>	<u>Opponents</u>	<u>Frederick</u>	<u>Opponents</u>	<u>Eureka Invitational</u>					
99	Veblen	76	77	Bristol	64	Frederick	44	Ipswich	56
45	Britton	46	52	Claremont	63	Frederick	60	Eureka	53
51	Langford	48	72	Eureka	66	<u>District V Tournament</u>			
57	Herried	65	61	Leola	67	Frederick	56	Eureka	54
56	Hecla	47	64	Ipswich	69	Frederick	77	Ipswich	54
97	Roscoe	61	62	Warner	57	Frederick	56	Leola	72
42	Agar	61	84	Doland	44				
81	Northville	78							
58	Groton	66							
64	Cresbard	57							

COACHES

Head Coach—Roger Prunty
 Asst. Coach—Ken Pudwill

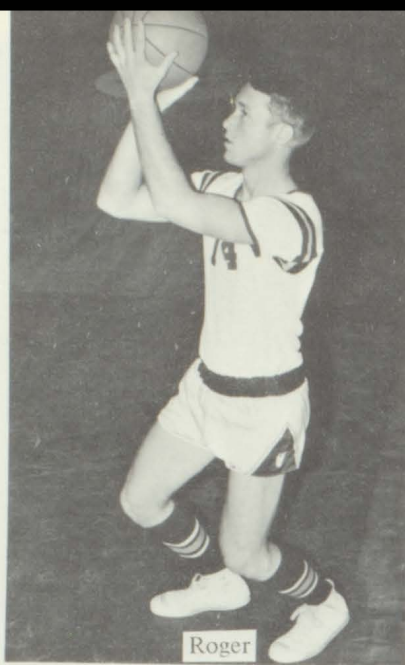
STUDENT MANAGERS

Ken Bain and Charles Fuhrman

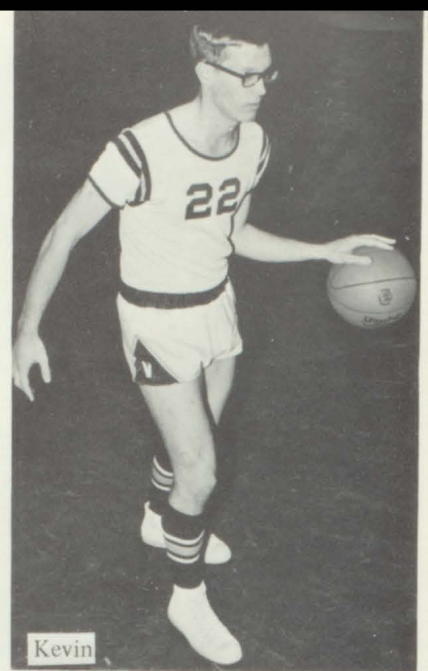




Terry



Roger



Kevin

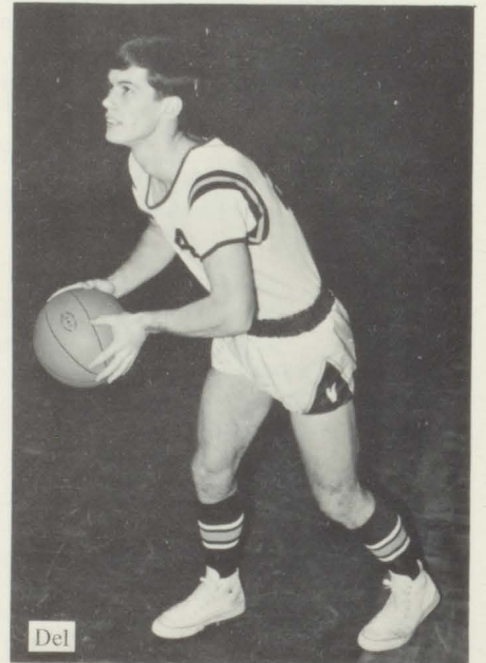


David

Seniors

Boost

Morale



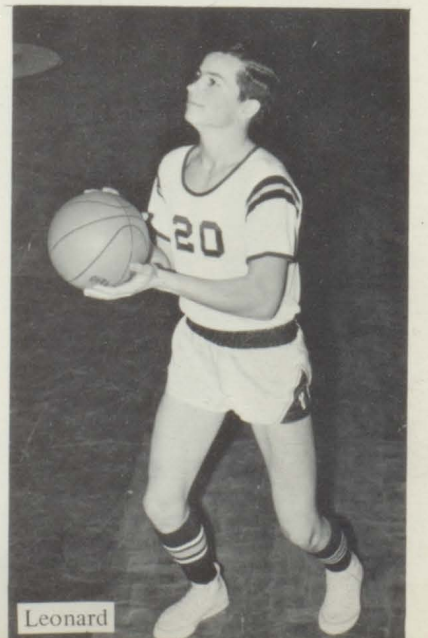
Del

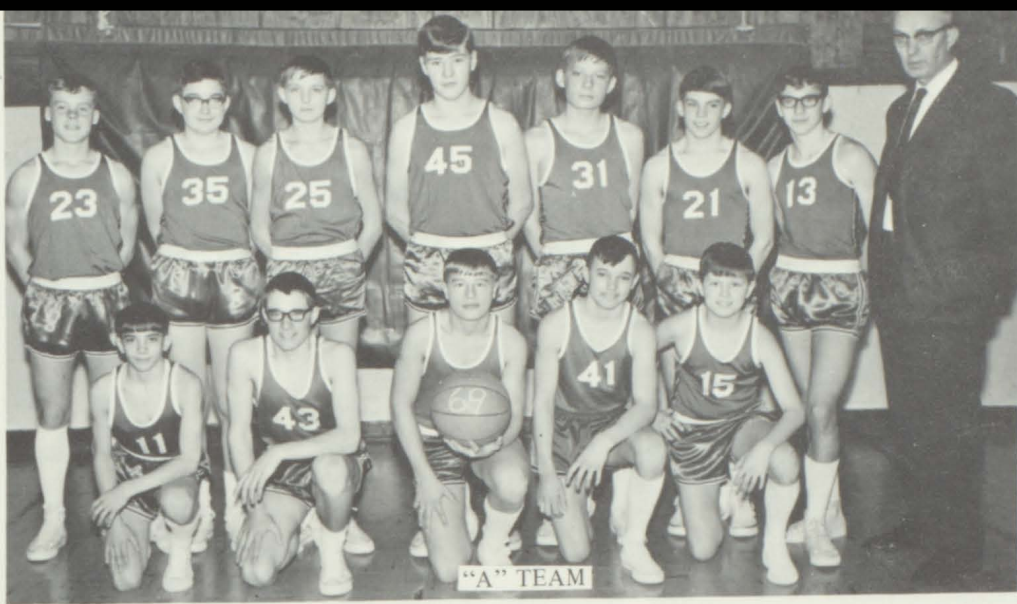


Randy



Leonard





Row 1: Rory Mikkonen, Neil Schaunaman, Mike Jung, Mark Christianson, Richard Maunu.
 Row 2: Dan Rahja, Mike Wolff, Morris Forsting, Bill DeMarce, Dale Gunderson, Mitchell Mikkonen, Archie Rempher. Coach: Frank DeRoos

Junior High Squad Gains Valuable Experience

Barnard "A"

67
49
55
44
76
36

Leola
Leola
Hecla
Warner
Ipswich
Ipswich

Opponents

58
51
41
30
64
51



STUDENT MANAGERS

Brian Wells and Tim Gooding



Row 1: Michael Cantwell, Mark Ochsner, Randy Smith, Richard Niva, Wayne Voeller, Kim Wermersen. Row 2: David Shauer, Stephen Achen, Mike Bain, Dean Ulrich, Jaye Schlenker, Wayne Maunu, Kevin Cantwell



Randy Shoots



Owen Shoots From Out



Scott Tips



Ballet???



Vikings Rejoice Over Victory



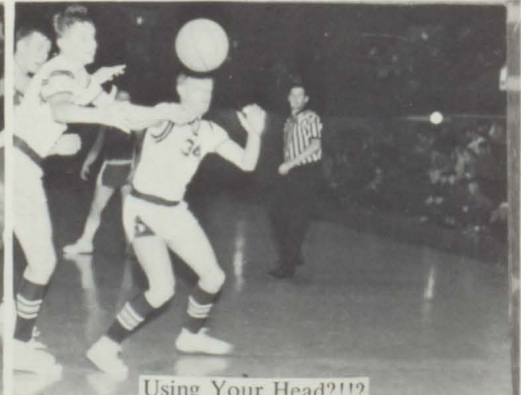
Vikings Control



It's a Bird!



Hai Karate!!



Using Your Head?!?





Row 1: Ivan Schlenker, Jeff Mahlke, Eugene Heib, Gerald Krogman, Mike McKay, Charles Fuhrman, Mark Taylor. Row 2: Rodney Barr, Tim Wilson, Bruce Reisdorph, Roger Napton, Raymond Voeller, Miles Bretsch, Daniel Weekley, Robert Rahja, Artie Borden, Bruce Durham. Row 3: Leonard Sumption, Robert Cantwell, Kevin Luoma, Terry Ochsner, Russell Bakken. Row 4: Scott Post, Lee Podoll, David Golnitz, Owen Bain, Del Maupin.



CROSS COUNTRY

Mike McKay, Leonard Sumption, Roger Napton, Russell Bakken, Bob Rahja, Bob Cantwell.

*Track and Cross Country
Keep Athletes Physically Fit*

The Viking Track Squad had a successful season as they finished 4th in the Conference meet held at Groton and were up in the running at the other meets they attended.

The Vikings sent four people to the State meet. Scott Post qualified in the high jump and pole vault. Leonard Sumption ran the two-mile. Del Maupin qualified in the pole vault. And Owen Bain qualified in the broad jump and placed 6th in the State meet.



TRACK CAPTAIN
Bruce Reisdorph



STUDENT MANAGER
Ken Bain





"A" CHEERLEADERS

Marsha Kotila, Gayle Jarvi, Barbara Mikkonen, Rhea Christianson, Debbie Burow

Cheerleaders Spark Team and Fans



"B" CHEERLEADERS

Nancy Eissinger, Valora Podoll, Pamela Prunty, Jacki Smith, Sandy Maunu



DECLAM STUDENTS

ROW 1: Karen Napton, Geraldine Witte, DeAnn Krueger, Sally Gustafson, Roseanne Lunzman, Monica Braa. ROW 2: Rita Head, Karen Crawford, Janice Jensen, Patti Smith, Deborah DeMarce, Elaine Bunke. ROW 3: Vickie Borden, Cathy Krogman, Debra Krueger, Margaret Sumption, Mary Schaanaman, Nancy Eissinger, Barbara Heine, Ranae Raisanen. ROW 4: Mr. Selzle—Director, Roger Glaser, Lee Podoll, Mike Rollo, Mrs. Rollo—Director.

*Students Rate Excellent in
District Declam*

Twenty-three students participated in the four divisions of the local declamation contests. There were 10 students from the senior high and 13 students from the junior high. The junior high contest winners were Janice Jensen in the dramatic division, Deborah DeMarce in the humorous division, and Karen Napton in the poetry division. The junior high winners then competed in the senior high contest. The winners were Margaret Sumption in the humorous division, Roger Glaser in the poetry division, Debra Krueger in the oratory division, and Nancy Eissinger in the dramatic division. There were four excellents in the district contest. The contests were under the direction of Mrs. Rollo and Mr. Selzle.



SENIOR HIGH WINNERS

Margaret Sumption, Roger Glaser, Deborah Krueger, Nancy Eissinger



JUNIOR HIGH WINNERS

Janice Jensen, Deborah DeMarce, Karen Napton



SENIOR PLAY CAST

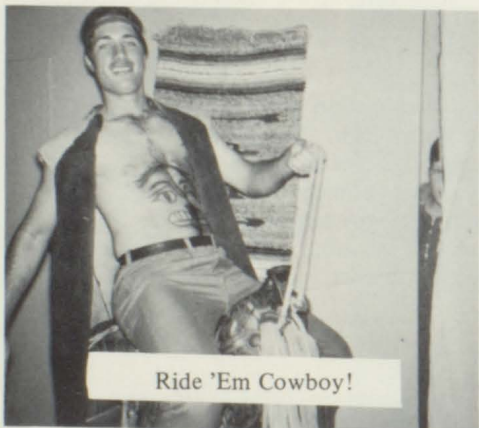
ROW 1: Cathy Krogman, Alice Barr, Rhea Christianson, Randee Elliott, Vickie Borden.

ROW 2: Del Maupin, Kevin Luoma, Roger Napton, Ranae Raisanen, Debbie Burrow, Delores Sumption, Bruce Reisdorph, Mrs. Rollo—Director. ROW 3: Russell Bakken, Mark Forsting, Roger Glaser, David Golnitz, Terry Ochsner, Lynn Crawford, Bruce Durheim.

Seniors Present "Girl Crazy!"

Danny Churchill, a playboy, (Dave Golnitz), gets shipped to the family ranch in Arizona because his uncle thinks a year out where men are men and girls are scarce is just what Danny needs.

Danny turns the place into a swank dude ranch and soon it's full of girls, cowboys, Indians and other colorful characters. There's a western girl, (Randee Elliott), who interests Danny very much. Soon Danny's past catches up with him and his happy situation is suddenly a shambles. Mrs. Bernice Rollo was the director. Student directors were Del Maupin and Terry Ochsner.



Ride 'Em Cowboy!



Custerville's Leading Citizens



Duh!!!



Custerville Ladies' Aid!



Mail Handler & Male



The Great American Cover-Up



Juniors Present "The Haunted Chair!"

Nellie Kennedy..... Debbie Krueger
 Liza Lee..... Janet Sumption
 Lazy Lee..... Mike Maunu
 Lucille Page..... Leslie Luoma
 Doctor Stanley..... Robert Rahja
 Bob Stanley..... Wayne Schleder

Peggy Moore..... Kathy Cantwell
 Jeffrey Fallen..... Owen Bain
 Mrs. Kitty Burlove..... Martha Pulfrey
 Inspector Gilhooley..... Lee Podoll
 John Baxter..... Bruce Anderson
 Mrs. Mable Moore..... Barbara Mikkonen



Victim of Circumstances



Only the Embalmer Knows



Togetherness



A Quiet Night at Home



Gotcha!



Oh, No You Don't Lady!



Row 1: Sonja Jarvi, Patti Smith, Sally Gustafson, Janet Ronning, Peggy Nelson, Mike Rollo, Diana Ham, Pam Prunty, Kathy Cantwell. Row 2: Vickie Borden, Carol Bakken, Alan Geranen, Cheryl Bretsch, Susan Lahr, Monica Braa, Marjorie Fuhrman, Colleen Callaghan, Mark Ochsner, David Dosch, Marcia Ronning, Randee Elliott, Karen Bain, Ramona Gustafson. Row 3: Robert Cantwell, Marsha Kotila, Stephen Achen, Bruce Reisdorph, Karla Schaunaman, Patty Pence, Deborah DeMarce, Leesa Rystrom, Karen Wolter, Jackie Smith, Terry Ochsner, Brenda Voeller, Owen Bain, Jay

Band Receives

In the fall of 1968 the Senior Band marched in the Frederick Homecoming Parade, September 27. They also marched in Northern's Gypsy Day Parade, in Aberdeen, on October 12, where they received a second rating for Parade Marching. They also displayed their talents at the University of North Dakota—Ellendale Branch Homecoming Parade, October 19. They played and performed a routine to the tune of "Sunny."

The band furnished high-spirited music for the home football and basketball games. They furnished music for the drill team during the half-time of the home basketball games. The band highlighted the season by performing at the District V Tournament in Aberdeen.

The band received a set of drums in time for the marching season. They also received a number of new songs for both pep band and concert performances.



BAND OFFICERS

Terry Ochsner – Vice President
 Marsha Kotila – Treasurer
 Bruce Reisdorph – President
 Nancy Eissinger – Publicity
 Scott Post – Custodian
 Vickie Borden – Secretary



Schlenker, Fritz Onken, Brian Wells, Mary Schleder, Marcia Taylor, Mitchell Mikkonen, William DeMarce, Scott Post.
Row 4: DIRECTOR—Mr. Kendall, Roger Glaser, Kurt Smith, Robert Rahja, Jeffrey Zinter, Terry Voeller, Steven Karjalainen, Randall Smith, Randall Wolter, Barbara Mikkonen, Patsy Cantwell, Georgene Voeller, Mark Forsting, Rory Mikkonen, Daniel Rahja, Kay Peldo, Nancy Eissinger.

New Uniforms

The Senior Band is a combination of Frederick Senior High and Barnard Junior High musicians. The 61 members are under the direction of Mr. Roger Kendall.

Kathy Cantwell was chosen to attend the Music Camp at the University of South Dakota at Vermillion. Kathy is sponsored by the Alpha Circle.

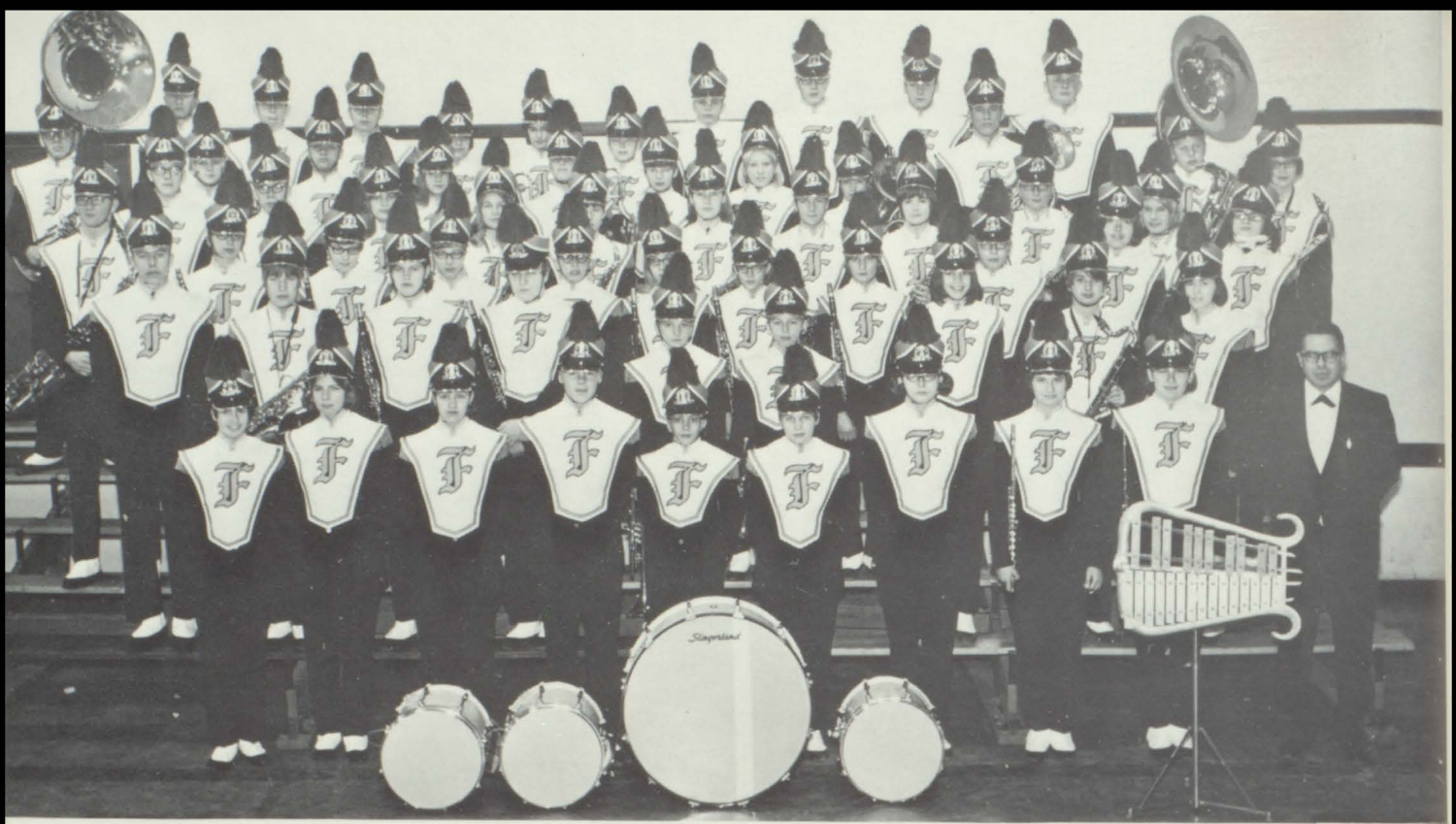
The band is proud to be outfitted in new uniforms this year. For the marching uniforms they wear a Napoleonic overlay, spats, and an Alamo shako with plume. For concert performances they remove the overlays, spats, and shakos for a black tie. The band would like to extend a big "Thank You" to the Band Boosters Club for getting these uniforms.

The band received an excellent rating at the Region 4 Music Contest held in Aberdeen April 11th and 12th. Those receiving excellent ratings were: Ramona Gustafson, Jacki Smith, Brass Sextet, Flute Trio, and Roger Glaser.

SOLOISTS

Jacki Smith — Tenor Saxophone
 Ramona Gustafson — Alto Saxophone
 Roger Glaser — Bass Horn
 Robert Cantwell — Trumpet
 Kathy Cantwell — Flute





Row 1: Patsy Cantwell, Nancy Eissinger, Georgene Voeller, Daniel Rahja, Rory Mikkonen, Kay Peldo, Barbara Mikkonen, Diana Ham, Pam Prunty, Director Mr. Kendall Row 2: Mark Forsting, Jacki Smith, Patti Smith, Deborah DeMarce, Steven Karjalainen, Randall Wolter Row 3: Terry Ochsner, Karen Wolter, Sally Gustafson, Karla Schaanaman, Randall Smith, Patty Pence, Leesa Rystrom, Sonja Jarvi, Carol Bakken, Susan Lahr, Kathy Cantwell Row 4: Robert Rahja, Jeffrey Zinter, Marcia Ronning, Randee Elliott, Colleen Callaghan, Marjorie Fuhrman, Mark Ochsner, Karen Bain, Alan Geranen, Vickie Borden, Cheryl Bretsch Row 5: Roger Glaser, Marsha Kotila, Bruce Reisdorph, Brenda Voeller, Stephen Achen, Janet Ronning, Peggy Nelson, Terry Voeller, Owen Bain, David Dosch, Monica Braa Row 6: Robert Cantwell, Jay Schlenker, Brian Wells, Mary Schleder, Marcia Taylor, Fritz Onken, Mitchell Mikkonen, William DeMarce, Scott Post, Mike Rollo, Kurt Smith, Ramona Gustafson

The Band Plays On

Row 1: Catherine Achen, Patricia Rahja, Randall Hixon, Jeffrey Voeller, Albert Dosch, Wayne Jarvi, Tracy Lahr Row 2: Cindy Schlosser, Director—Mr. Kendall, Rick Wermerson



Junior Band



Row 1: Gregory Harrison, Kristie Derry, Vickie Kotila, Jaye Kendall, Janet Rosebrock, Ann Ochsner, Lynne Rystrom, Carol Wolter, Susan Illies. Row 2: Charlene Hart, Thomas Wright, Russell Rollo, Director—Mr. Kendall



Colleen Taylor, Jeanette Bakken, Madonna Forsting, Barbara Callaghan, Director Mr. Kendall

*Beginner and Junior Band Members Strive
For Senior Band*

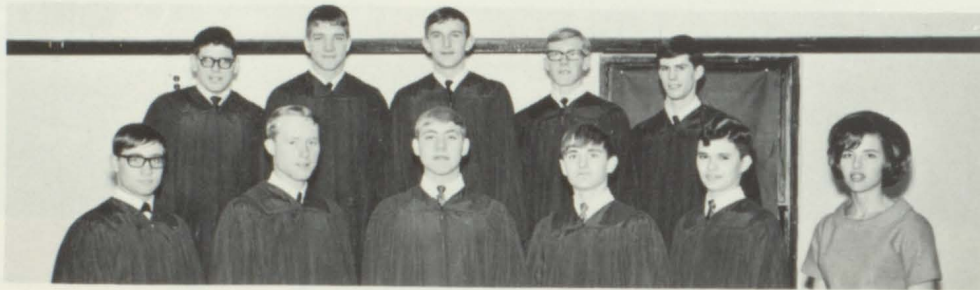
Row 1: Steven Engelhart, Randall Dennert, Tracy Wolff
Row 2: Director—Mr. Kendall, Mark Ronning, James Herman





MIXED CHORUS

ROW 1: Bonnie Berheim, Barbara Mikkonen, Linda Hart, Marcia Ronning, Pam Prunty, Karen Bain, Gayle Jarvi, Barbara Heine, Janet Sumption, Ranae Raisanen, Director—Margaret Elsen. ROW 2: Delores Sumption, Sharon Senger, Nancy Eissinger, Debra Krueger, Jacki Smith, Ramona Gustafson, Donna Wolter, Vickie Borden, Nicky McKay, Martha Pulfrey. ROW 3: Dean Olson, Mike McKay, Bruce Reisdorph, Roger Napton, Aaron Rempher, David Golnitz, Lee Podoll, Robert Rahja, Del Maupin, Roger Glaser.



BOYS' CHORUS

ROW 1: Bruce Reisdorph, Roger Napton, Aaron Rempher, Mike McKay, Dean Olson, Director—Margaret Elsen. ROW 2: Roger Glaser, David Golnitz, Lee Podoll, Robert Rahja, Del Maupin.

Chorus Rates Excellent at Contest

The Girls' Chorus received a superior rating at the District 4 Contest in Aberdeen. The Mixed Chorus and Triple Trio received excellent ratings. Mike Rollo received a superior rating on his piano solo and Ramona Gustafson received an excellent. Janet and Delores Sumption, and Roger Glaser received good ratings on their vocal solos and The Boys Quartet received a superior.

The vocal groups performed at the Christmas program, Spring Concert, P.T.A., Baccalaureate, and Commencement.



GIRLS' CHORUS

ROW 1: Bonnie Berheim, Barbara Mikkonen, Linda Hart, Marcia Ronning, Pamela Prunty, Karen Bain, Gayle Jarvi, Barbara Heine, Janet Sumption, Sandra Maunu, Ranae Raisanen, Mrs. Elsen. ROW 2: Charlotte Weisser, Diana Ham, Catherine Krogman, Leslie Luoma, Katherine Hoss, Reeta Mincks, Karen Fischer, Valora Podoll, Mary Schaunaman, Margaret Peterson. ROW 3: Delores Sumption, Sharon Senger, Nancy Eissinger, Debra Krueger, Jacki Smith, Ramona Gustafson, Donna Wolter, Vickie Borden, Susan Lehr, Nicolette McKay, Martha Pulfrey.



ALL-STATE CHORUS

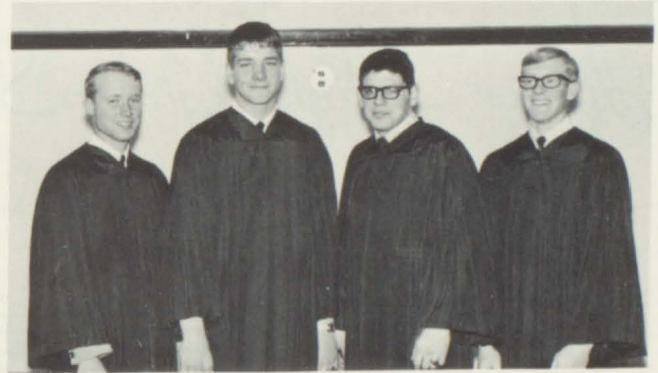
Roger Napton, Nicolette McKay, Delores Sumption, Roger Glaser.

"The Beat Goes On!"



TRIPLE TRIO

ROW 1: Janet Sumption, Karen Bain, Gayle Jarvi, Delores Sumption. ROW 2: Nancy Eissingner, Barbara Mikkonen, Jacki Smith, Debra Krueger, Linda Hart.



BOYS' QUARTET

Roger Napton, David Golnitz, Roger Glaser, Robert Rahja.

Accompanists



Ramona Gustafson



Ranae Raisanen



Jacki Smith



ROW 1: Director—Mrs. Blumer, Rosanne Lunzman, Cheryl Bretsch, Jane Schaunaman, Elaine Bunke, Carol Bakken, Patti Smith, Janice Jensen, Nancy Breitreutz, Rita Head, DeAnn Krueger, Shelly Hudson, Monica Braa, Peggy Nelson. ROW 2: Susan Head, Sally Gustafson, Jackie Heine, Carol Maunu, Mary Schleder, Leah Walworth, Debbie Larson, Karen Crawford, Becky Maunu, Kim Wright, Terry Voeller. ROW 3: Yvonne Podoll, Nancy Wagner, Debra Maunu, Wanda Hart, Janet Ronning, Brenda Voeller, Cindy Stoddard, Karen Berheim, Marlene Klein, Patty Pence, Sonja Jarvi.

Junior High Girls Sing at Christmas Program



The Junior High Girls' Chorus is composed of 30 members under the direction of Janice Blumer. The group sang several selections at the Christmas program, one of which was accompanied by Cheryl Bretsch on the bells, Patti Smith on the clarinet, and Peggy Nelson on the piano.



Accompanist—Peggy Nelson



ROW 1: Susan Lahr, Randee Elliott, Martha Pulfrey, Karen Bain, Kathy Cantwell. ROW 2: Charlotte Weisser, Cathy Krogman, Alice Kopetsky, Peggy Peterson, Linda Hart, Marcia Ronning, Linda Olson, Vickie Borden, Barbara Heine. ROW 3: Ramona Gustafson, Mary Schaunaman, Leslie Luoma, Reeta Mincks, Donna Wolter, Karen Fischer, Kathy Hoss.

Vikettes Perform at Games While Majorettes Lead the Band

A new feature this year was a girls' drill team. The VIKETTES performed at half time of home basketball games. The high school band furnished the music for the various modern dance and marching routines. Randee Elliott was student manager and choreographer, assisted by Susan Lahr.



MAJORETTES

Alice Barr, Gayle Jarvi, Diane Geranen, Delores Sumption, Vallie Podoll

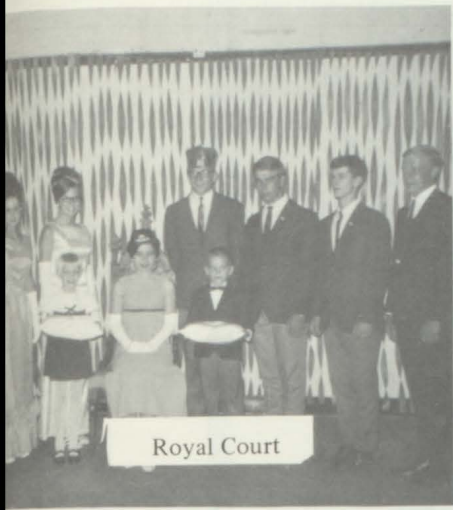




Queen Rhea

*Homecoming
Royalty*

King Jerry



Royal Court



Crown Bearers



Coronation



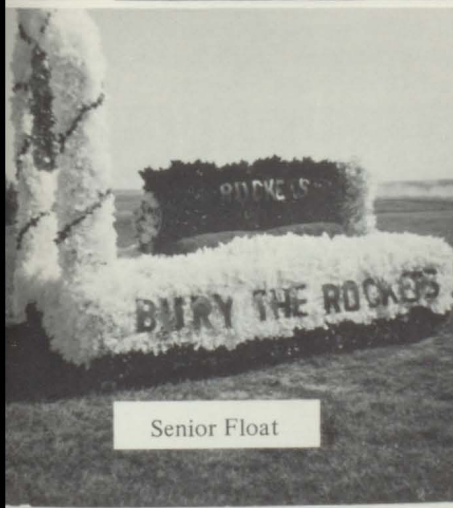
"Happiness Is"



Royalty



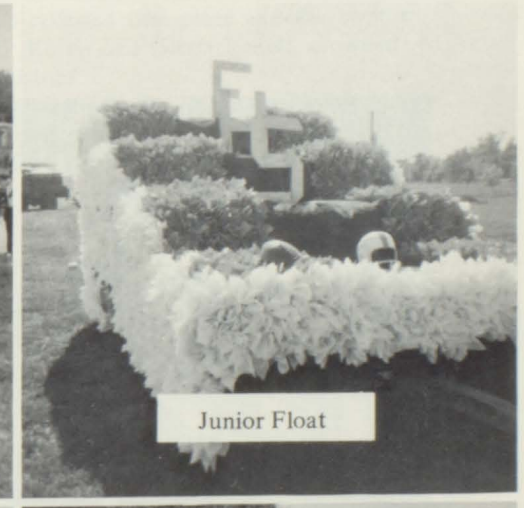
Queen Rhea



Senior Float



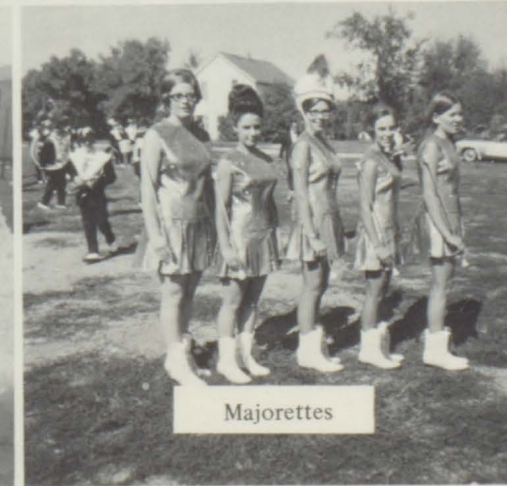
March on!



Junior Float



Freshman Float



Majorettes



Sophomore Float



Queen Rhea and King Terry

Six Seniors Are Attendants to Royalty



Diane and Randy



Debbie and Del



Delores and Keith



ROYAL COURT

Debbie Burow, Delores Sumption, Diane Geranen, Karen Ronning, Rhea Christianson, Terry Ochsner, Todd Rosebrock, Keith Schlenker, Del Maupin, and Randy Jensen.

Coronation Highlights Homecoming

The homecoming activities began on Thursday, September 27, with a Pep Fest. The band played, cheerleaders led cheers, and the classes acted out their skits. In the skit competition the freshmen received first place and the seniors took second place. As the evening came to a climax, the royalty of 1967, Kathy Kotila and Glenn Podoll, crowned Rhea Christianson and Terry Ochsner as the royalty of the 1968 Homecoming activities.

With Friday came more thrills and excitement. At 1:30 the parade was held. Participating in the parade were the Hecla and Frederick marching bands, a few walking groups, class floats, and other floats and cars entered by the different business places of Frederick. The sophomores took first in the float competition and the seniors second. That evening the Vikings downed the Hecla Rockets on the football field, with a 46-27 win. The Sunny Blue Trio provided the music for the dance which concluded the activities for the 1968 Homecoming.



HONOR GUARD

Susan Lahr
and
Wayne Schleder

MASTERS OF CEREMONY

Bruce Reisdorph
and
Bruce Durheim

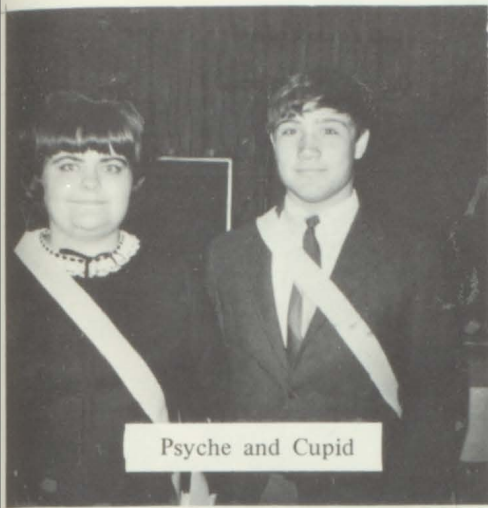




Queen Diane

*Sweetheart
Royalty*

King David



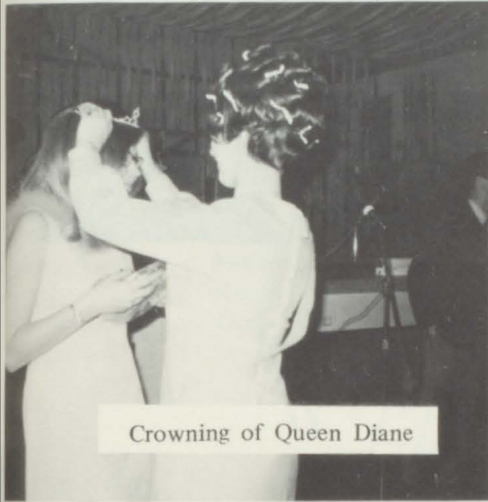
Psyche and Cupid



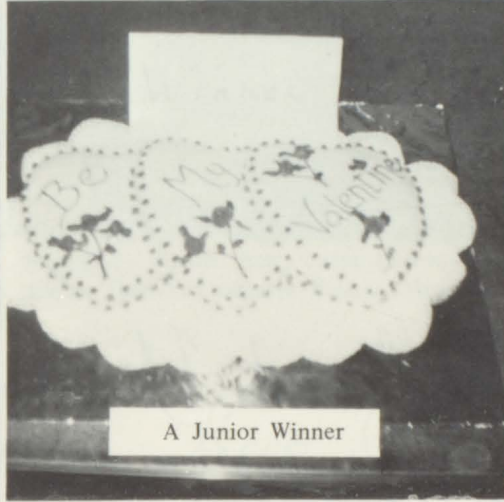
Nancy and Jim



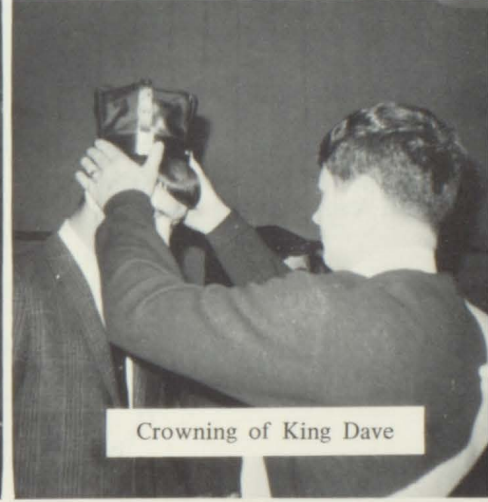
Senior High Royalty



Crowning of Queen Diane



A Junior Winner



Crowning of King Dave



Valli and Tim



Junior High Royalty



Reeta and Ray



8th Grade Candidates



9th Grade Candidates



7th Grade Candidates

PAPER
STAFF



Editors: Susan Lahr and Rande Elliott. Section Heads: Cathy Krogman, Kevin Luoma, Marcia Ronning, Keith Schlenker, Karen Fischer.

Row 1: Debbie Krueger, Barbara Mikkonen, Marsha Kotila, Wanda Head, Rhea Christianson. Row 2: Linda Hart, Martha Pulfrey, Debbie Burow, Georgene Voeller, Kathy Cantwell, Nicky McKay, Delores Sumption, Colleen Callaghan, Leslie Luoma. Row 3: Russ Bakken, Bruce Reisdorph, Terry Ochsner, Del Maupin, Bruce Durham.



*Paper Staff and Yearbook Staff
Edit Publications*



Row 1: Martha Pulfrey, Leslie Luoma, Donna Wolter, Marcia Ronning, Delores Sumption, Susan Lahr, Nicky McKay, Ranae Raisanen. Row 2: Roger Napton, Kevin Luoma, Aaron Rempher, Brent Wiitala, Bruce Reisdorph, Arthur Storm. Row 3: Keith Schlenker, Bob Rahja, Scott Post, Lee Podoll, Terry Ochsner, Leonard Sumption.

YEARBOOK STAFF



Row 1: Colleen Callaghan, Linda Hart, Karen Fischer, Wanda Head, Alice Barr, Ruth Forsting, Bonnie Gelling. Row 2: Marsha Kotila, Debbie Burow, Rhea Christianson, Debbie Krueger, Diane Geranen, Kathy Cantwell, Barbara Mikkonen. Row 3: Roger Glaser, Gale Gunderson, Lance Bunke, David Golnitz, Russell Bakken, Bruce Durham.



FREDERICK LIBRARIANS

Seated: Randee Elliott, Cathy Krogman, Ranae Raisanen, Susan Lahr, Vickie Borden, Barbara Mikkonen, Marsha Kotila. Standing: Wanda Head, Leslie Luoma, Kathy Cantwell, Debra Krueger, Georgene Voeller, Karen Fischer, Charlotte Weisser, Marcia Ronning, Nicolette McKay, Linda Hart, Martha Pulfrey.

*Librarians Keep Order and
Aid Students in Research*



BARNARD LIBRARIANS

Seated: Deborah DeMarce, Patty Pence, Mr. Selzle. Standing: Tracie Wolff, Jacqueline Wells, Janice Jensen, Monica Braa, Carol Bakken, Michael Cantwell, Karen Napton, Rosanne Lunzman, Wanda Hart, Janet Ronning.



LEE PODOLL, GAYLE JARVI, OWEN BAIN

During Boys' State, Lee Podoll represented Frederick at TV and Radio City. His duties were reporting on all of the activities at Boys' State while it was held at Northern State College.

Gayle Jarvi attended Girls' State on June 8-14 at Dakota Wesleyan University at Mitchell, South Dakota. She learned about city, county, and state governments. Gayle was sponsored by the Frederick American Legion Auxiliary.

Boys' State was held June 1-7 at Northern State College in Aberdeen. Owen Bain represented Frederick at Boys' State. They learned the principles of State government and the operations necessary to run a democratic form of government. Owen was sponsored by the Frederick American Legion.

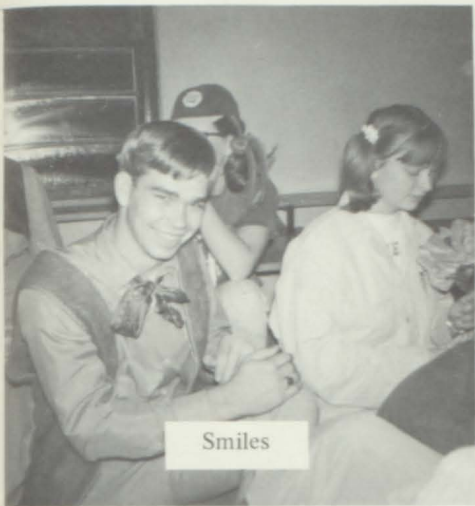
Students Attend Seminars



Mary Ann Connell and Nancy Eissinger were alternate winners in the Northern Electric Cooperative Essay Contest. They toured the Basin Electric Plant at Bismarck, North Dakota, on June 23-24. They wrote essays and presented them before a panel of judges. Mary and Nancy were chosen from a group of twenty contestants.



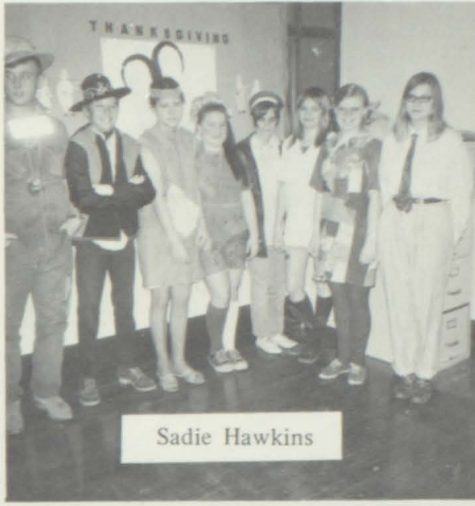
Georgene Voeller and Karen Fischer attended Art Camp at Northern State College. The camp was held on June 22. They were sponsored by the PTA and the Alpha Circle.



Smiles



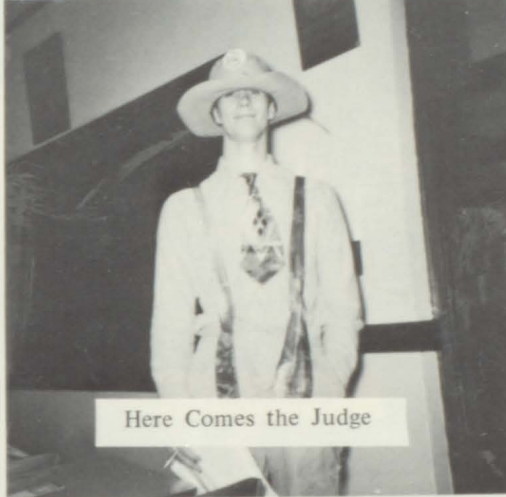
Our Gang



Sadie Hawkins



Girls! Girls!



Here Comes the Judge



Our Sunday Best



Country
Corn Flakes



Mr. Hippie



Musical Chairs



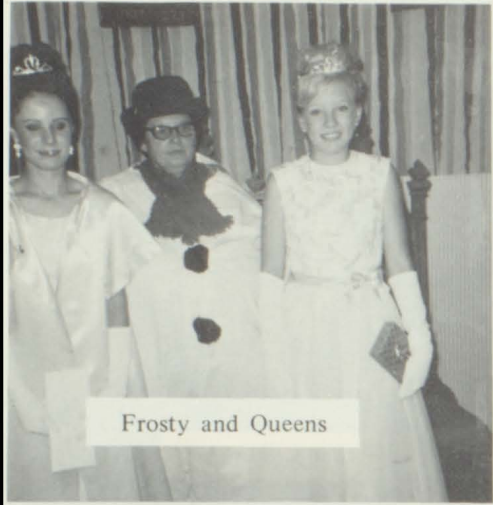
Just Thinking



Old Friends



Sign Here



Frosty and Queens



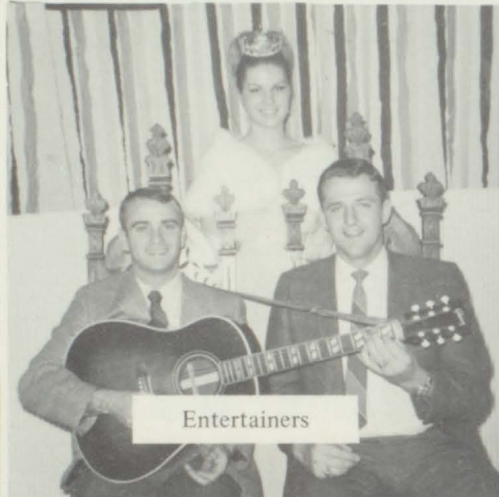
Winners



Queen's Court



Snow Queens!



Entertainers



Happy Moment



Queen's Court



Santa Claus



Smile—Tim!



Odd Couple



Game Action?



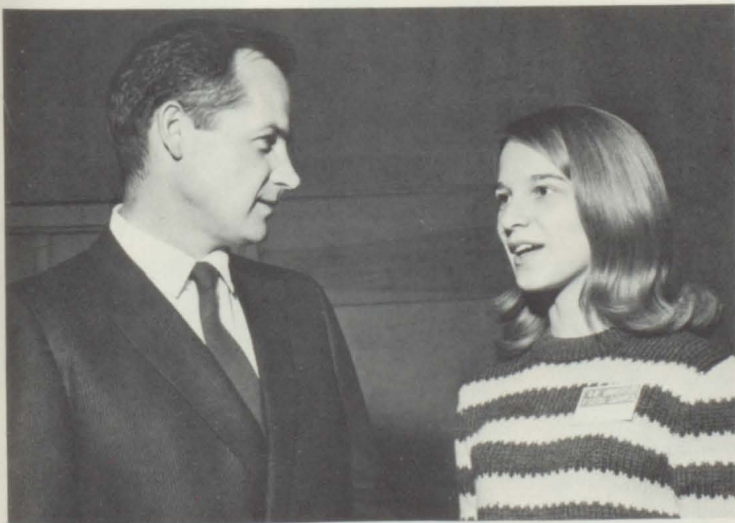
Delores Sumption
"Miss Frederick"



Peggy Ann Nelson
"Miss Barnard"

Delores Sumption was chosen 1969 Senior Snow Queen and competed in the state contest in Aberdeen on January 18. Randee Elliott was chosen runner-up. Peggy Ann Nelson was chosen Junior Snow Queen and entered competition on January 15 in Aberdeen.

Students Receive Honors



Randee Elliott received a Presidential Scholarship from the University of South Dakota. The University commended Randee on being one of the top one hundred scholars in the state of South Dakota as determined by National Merit Scholarship scores, grade point averages, and accomplishments in extra curricular activities. She was awarded a one-year tuition scholarship at the University of South Dakota.



The Safety Council Convention was held at Pierre, November 15-16. Students chosen to attend were Margaret Sumption, Mark Taylor, Mary Schaunaman, and Dean Olson. Mr. and Mrs. Nelson accompanied the students.



HOMEMAKER OF TOMORROW

Randee Elliott

Randee earned second place in the state in the Betty Crocker Search for the Home-maker of Tomorrow and received an educational grant. She also won the S.D.E.A. Essay Contest on "Why I Plan to Become a Teacher" and received a cash prize and scholarship.

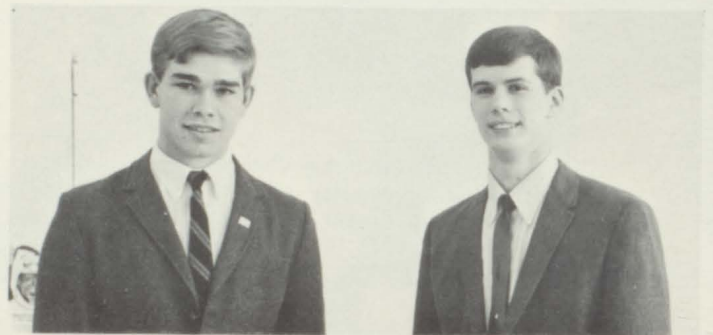


D.A.R.

Ranae Raisanen

Ranae was selected as the D.A.R. representative from F.H.S. for her dependability, leadership, patriotism, and other outstanding qualities.

*Students
Are
Active*



OUTSTANDING TEENAGERS

Keith Schlenker and Del Maupin

Keith Schlenker and Del Maupin were selected as Outstanding Teenagers of America for 1969. The Outstanding Americans Foundation is dedicated to encouraging young people to take full advantage of the opportunities in America. This honor is based on ability and achievement. They will compete with other winners in their state for the Governor's trophy.



MUSIC CAMP 1968

Robert Cantwell

Robert was chosen to attend Music Camp at the University of South Dakota in June of 1968. He was sponsored by the Alpha Circle.



MUSIC CAMP 1969

Kathleen Cantwell

Kathy was selected to attend Music Camp at the University of South Dakota in June of 1969. She is sponsored by the Alpha Circle.



When You and I Were Young





Intermission



Time Out for Punch



Deep in Conversation



We Could Have Danced All Night



Waiters & Waitresses



The Phil Weinacht Combo



Officers Lead Grand March



Keep in Step



Row 1: Delores Sumption, Colleen Callaghan, Debbie Burow, Ranae Raisanen, Sandra Carlson, Rande Elliott, Cathy Krogman, Rhea Christianson. Row 2: Diane Geranen, Donna Wolter, Ruth Forsting, Alice Barr, Bonnie Gelling, Wanda Head, Vickie Borden, Nicky McKay. Row 3: Roger Napton, Mark Forsting, Bruce Durheim, Bruce Reisdorph, Aaron Rempher, Keith Schlenker, Lynn Crawford, Mike Dinger. Row 4: Bill Kopetsky, Leonard Sumption, Dennis Neuhardt, Randy Jensen, Lance Bunke, Roger Glaser, Kevin Luoma. Row 5: Del Maupin, Scott Post, Terry Ochsner, David Golnitz, Robert Cantwell, Russell Bakken.

Seniors Graduate May 22

CLASS FLOWER – YELLOW ROSE

CLASS COLORS – APPLE GREEN AND NILE GREEN



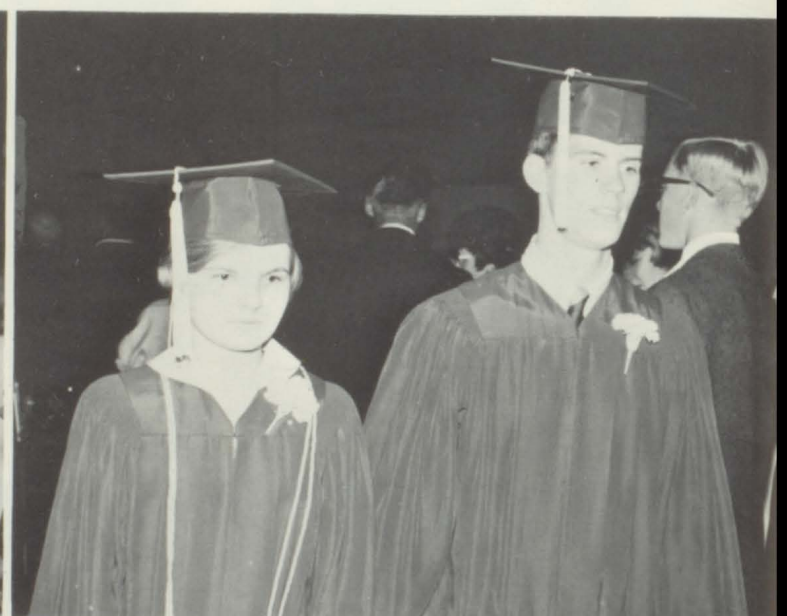
HONOR STUDENTS

Row 1: Rande Elliott, Vickie Borden, Ranae Raisanen.

Row 2: Kevin Luoma, Keith Schlenker, Mark Forsting.



"We've Crossed the Bay,



the Ocean Lies Before Us."



