

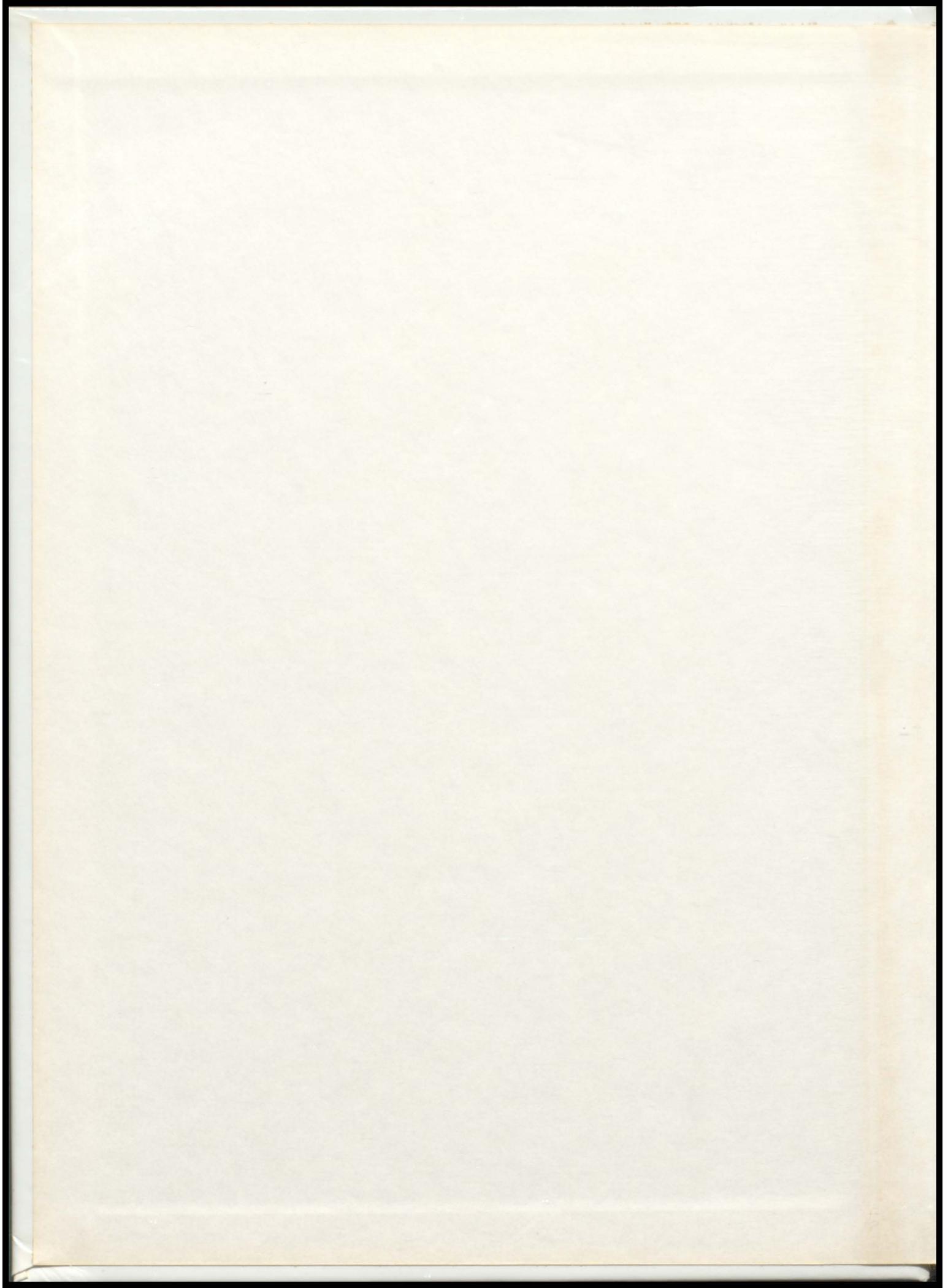
*Viking*

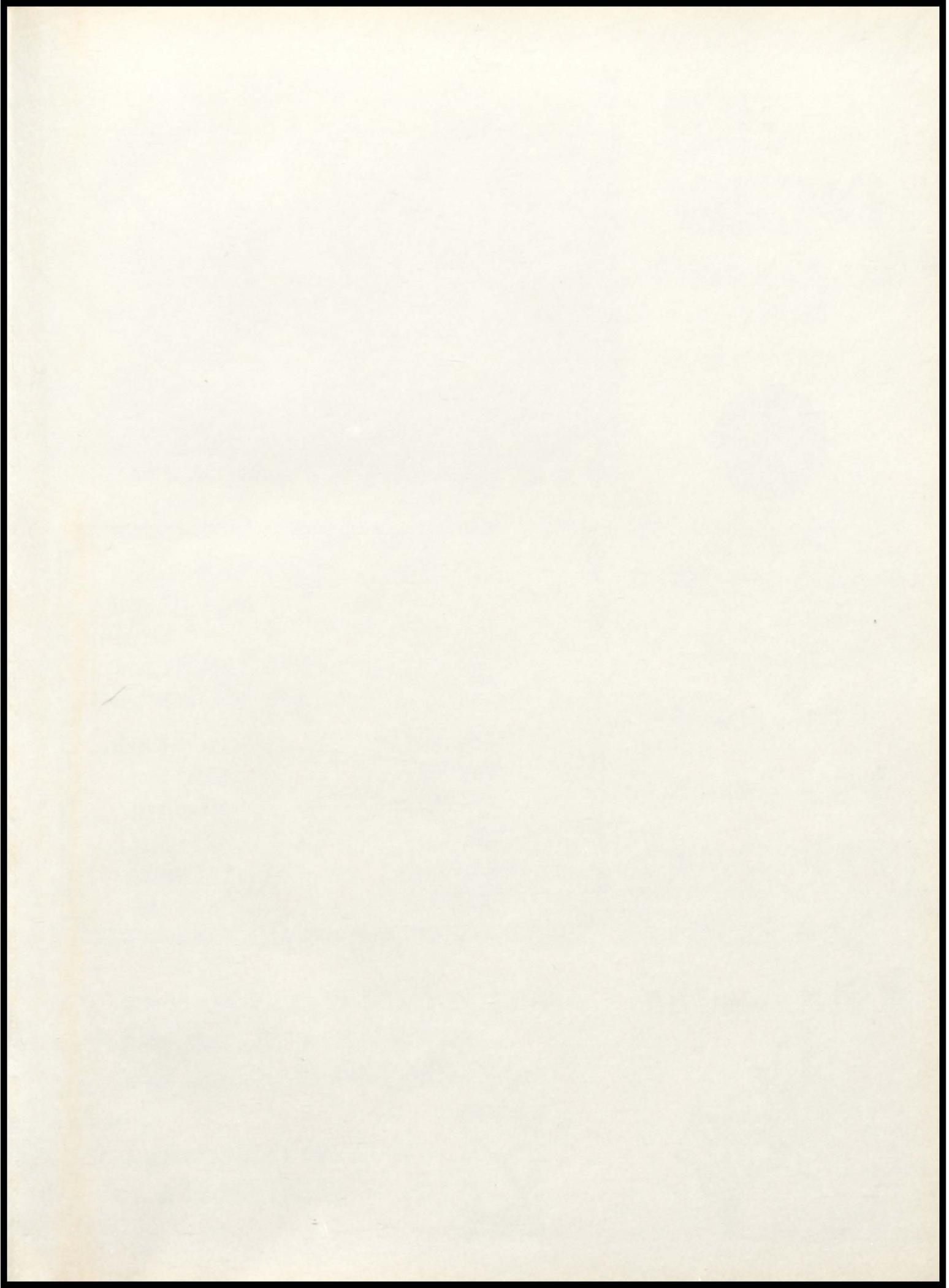
**RIGHT HERE**

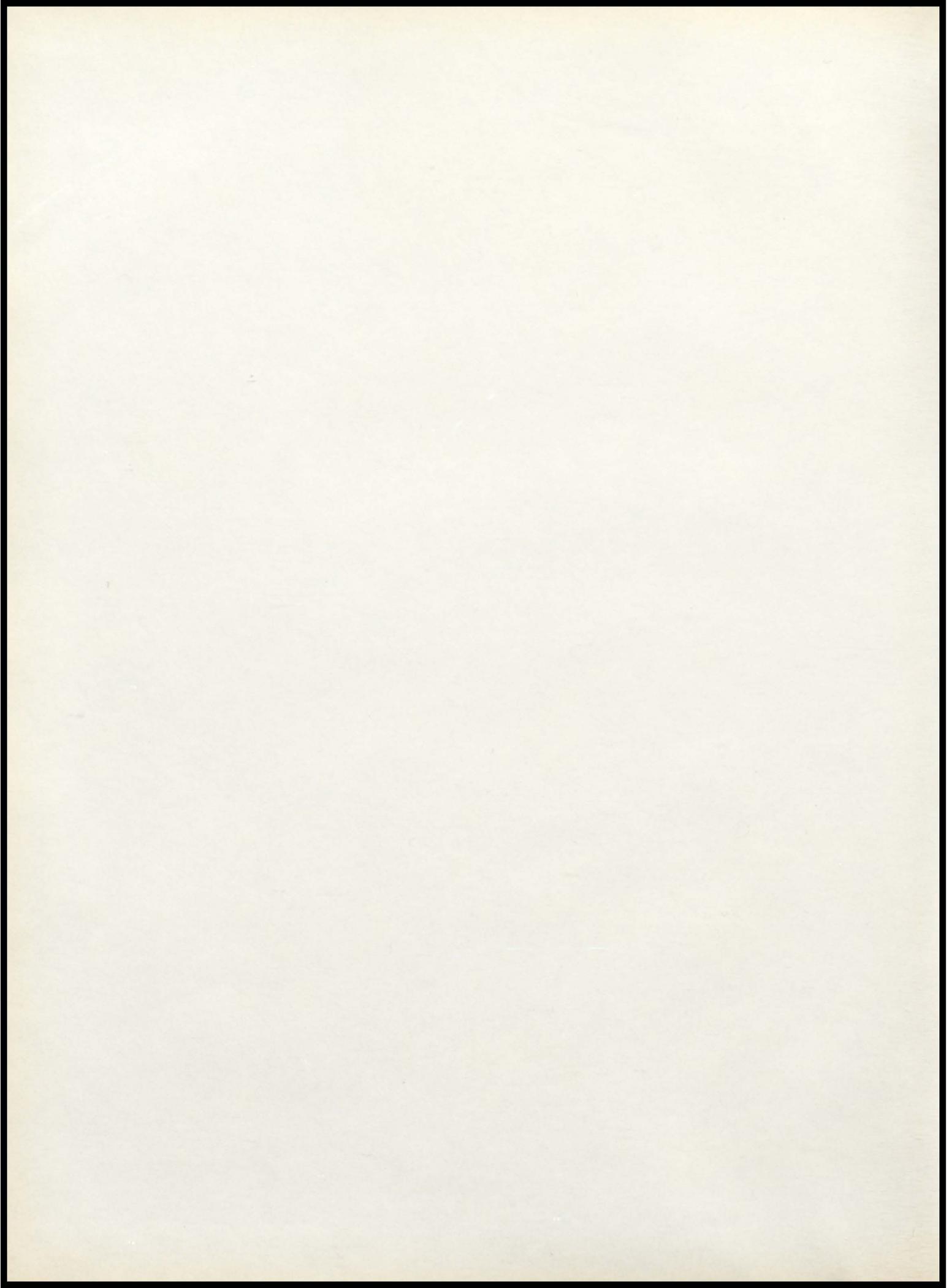


**RIGHT NOW**

1996









# THE VIKING

Frederick, SD  
57441

Volume 43



## *Yearbook Staff*

Advisor...Mrs. Maunu

Tri-Editors:

Jessica Ibanez, Heidi Marttila, and Sheila Napton

Photographer...Ellen Groop

Senior Members:

Joely Larsen

Jennifer Paul

Sandra Pehl

Chrissy Piotrowski

Kate Swaton

Junior Members:

Ellen Groop

Elisha Jung

Daniel Napton

Christina Olson

Jesse Riggs

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*To see a world in a grain of sand,  
And heaven in a wild flower,  
To hold infinity in the palm of your  
hand,*

*And eternity in an hour.*

*William Blake*



# Dedication

We the Senior Class of 1996, after thinking long and hard, have decided to dedicate this 1996 Viking to our mascot, the Viking.

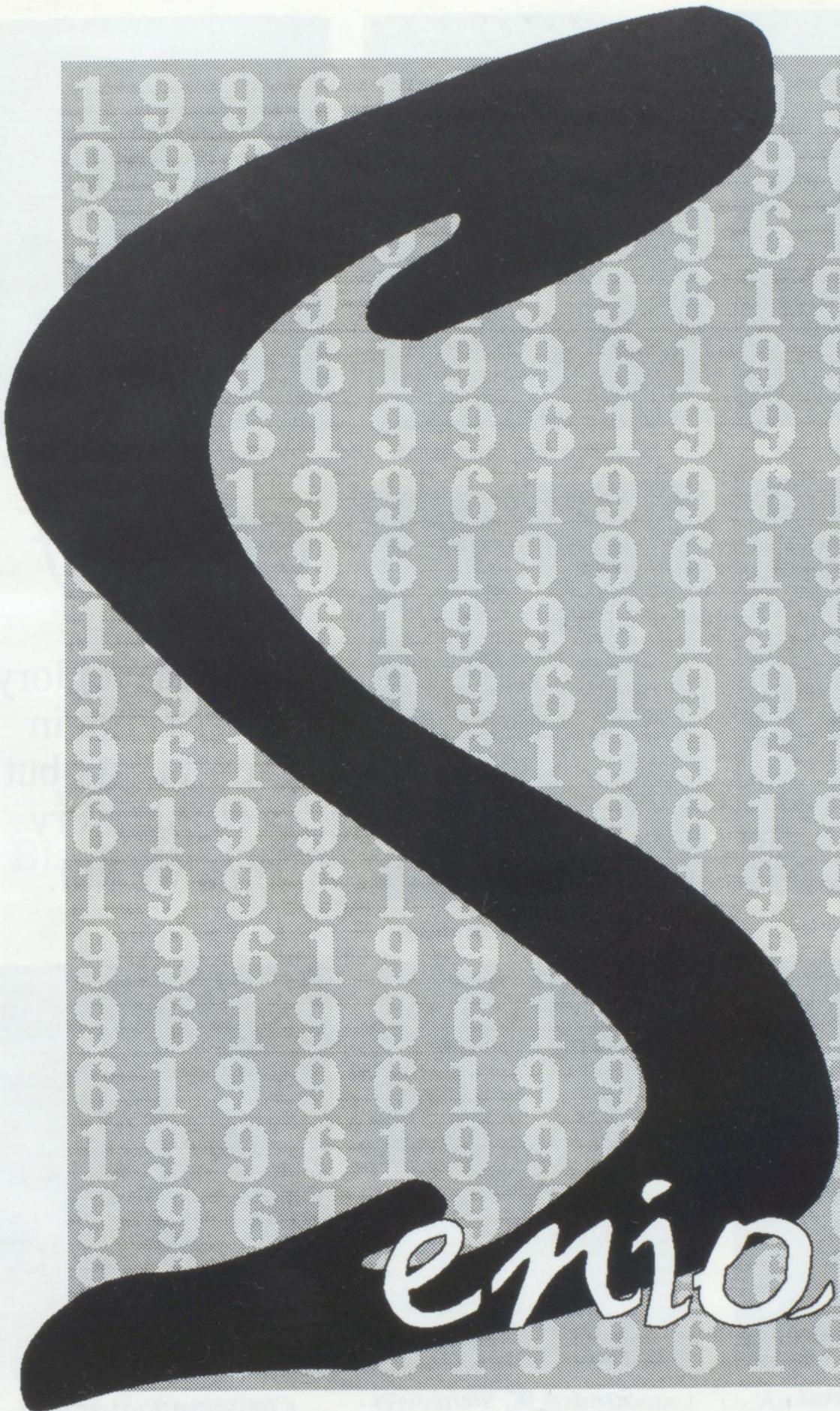
After this school year comes to an end, the Viking as the Frederick High School mascot will be retired, and the Northstar will take over. The mighty Scandinavian warrior has seen FHS through state championships and struggling seasons. Through the years, Frederick athletes and fans have been inspired to show their Viking pride. Our Viking was a loyal supporter, keeping his look of strength and courage even through our lowest times.

However, we have not yet given up hope of the Viking's return. If Michael Jordan and Magic Johnson can do it, so can our Viking!

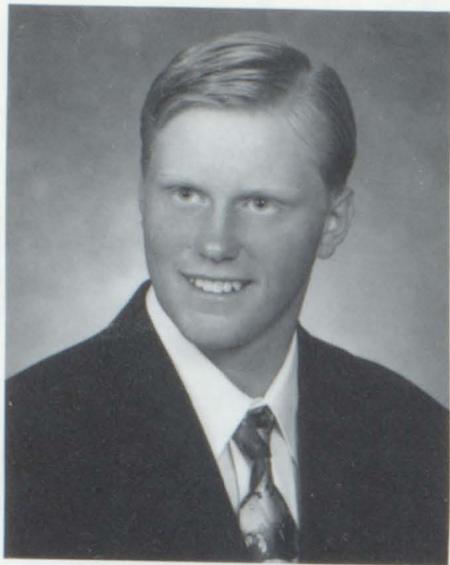


The Class of 1996 crowds around their beloved Viking. Back row: Joely Larsen, Kate Swaton, Jon Ellwein, Jesse Rystrom, Russ Inches, Jeramy Jenson, Jeremy Bakeberg, Christine Piotrowski and Sheila Napton. Front row: Darren Dosch, Jennifer Paul, Sandra Pehl, Gwen Schaunaman, Jessica Ibanez, Heidi Marttila and Joe Ness.

*The Year  
of the Viking*



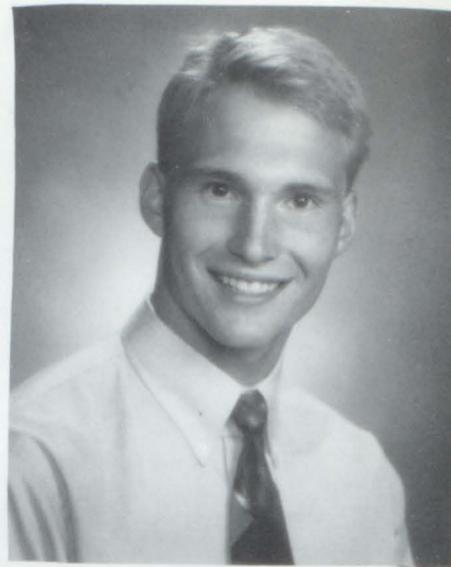
Seniorz



*Jeremy T. Bakeberg*



*Darren R. L. Dosch*



*Jonathan M. Ellwein*

# *Class of*

*Motto:*

Our greatest glory  
consists not in  
never failing, but  
in rising every  
time we fall.



*Joely E. Larsen*



*Heidi M. Marttila*



*Jennifer N. Paul*



*Sandra K. Pehl*

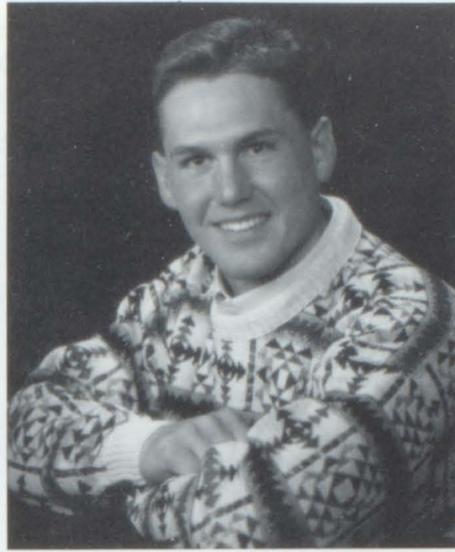


*Christine Piotrowski*





*Jessica L. Ibanez*



*Russell S. Inches*

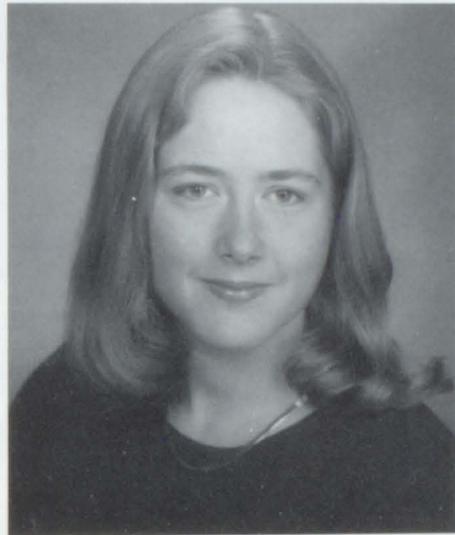


*Jeramy R. Jenson*

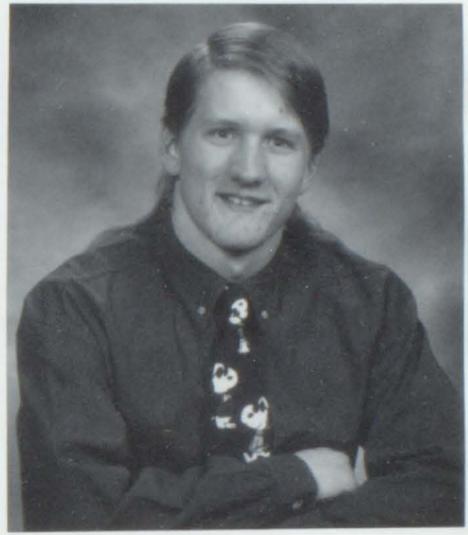
# 1996

*Class Flower:*  
Iris

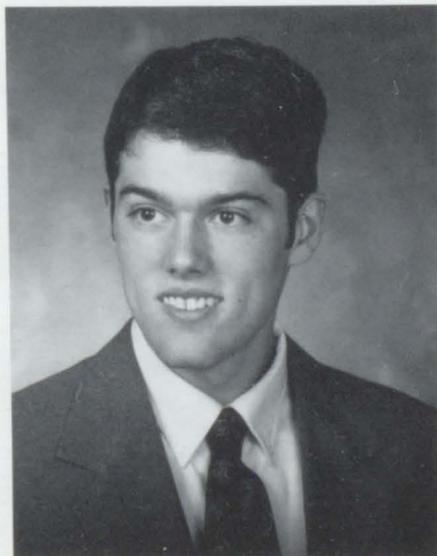
*Class Colors:*  
Royal Blue,  
Black and Silver



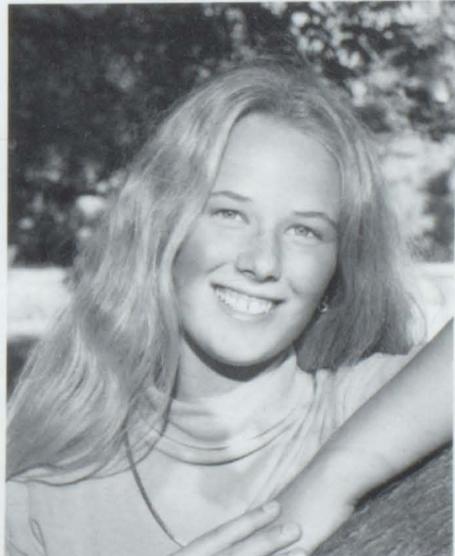
*Sheila L. Napton*



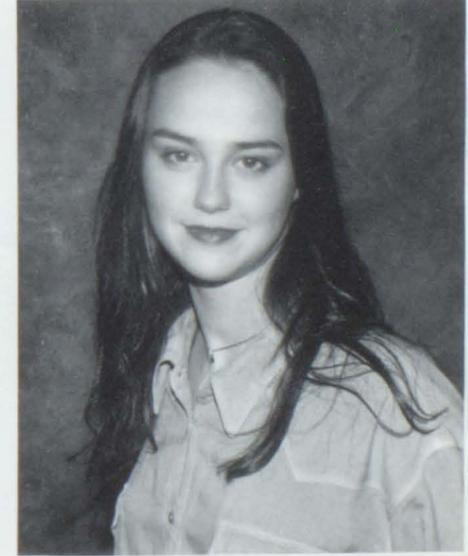
*Joseph W. Ness*



*Jesse A. Rystrom*



*Gwen M. Schaunaman*



*Katarzyna K. Swaton*

# Through the Years...







Sandy tries to act innocent, but we all know the truth.



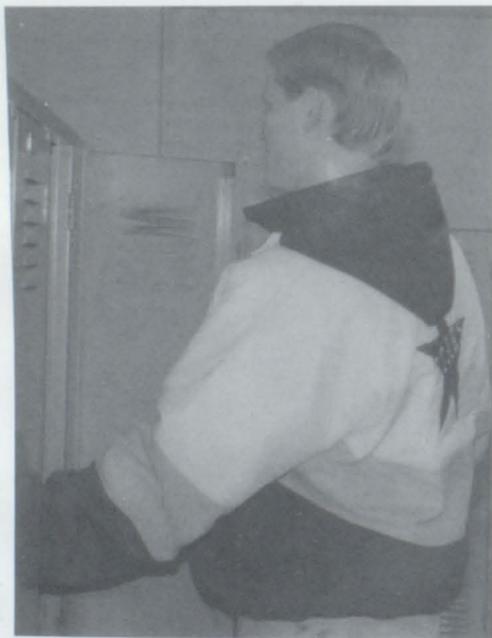
This is fake! Kate is just pretending to study!



The seniors are still trying to all fit on the lunch tables during lunch time. They have done this since seventh grade, but the tables seem to get smaller and smaller.



Above: In physics class, Russ studies his magazine while Gwen studies the T.V. screen. Does it look better sideways, Gwen?



Jeremy closes his eyes in fear of what he might pull out of his locker. (Oh, no! It's pulling me in!)



Above: Chrissy, our happy German foreigner, was often seen with a smile on her face.

Left: These three senior girls show the cooks how it is done at their drill team taco supper. Sheila serves up the fry bread, Joely happily dishes out the lettuce while Heidi is being really cheesy.





Exhausted from their baseball game, Jon and Jesse take a break on third base.



Sheila with her new-found attitude tells people how it is.



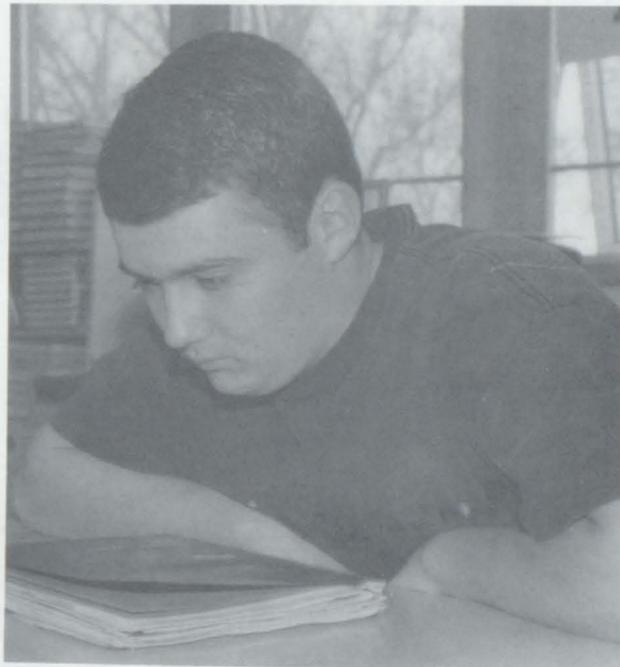
Since seventh grade, Jennifer has been known for chewing on pens, and they weren't always just her own!



# S E N I O R S



Above: Could it be that Joe has some hidden musical talent? Maybe, but here he is just counting the number of keys to get bonus points in sociology.



Above: Space Cadet Bip, known to the every day world as Darren, uses his x-ray vision to read his notes.



Left: Jessica can't believe that Kate still hasn't finished her cookie from lunch.

# SENIORS 1996



# SENIOR SURVEY



**Most Accident Prone:** Joely Larsen  
Jon Ellwein

**Most Athletic:** Sandra Pehl  
Jon Ellwein

**Biggest Storyteller:** Jennifer Paul  
Jeremy Bakeberg

**Biggest Flirt:** Joely Larsen  
Joe Ness

**Biggest Dreamer:** Jessica Ibanez  
Jesse Rystrom



**Class Snoozers:** Joely Larsen  
Jon Ellwein

**Class Blushers:** Gwen Schaunaman  
Russell Inches

**Class "Angels":** Heidi Marttilla  
Darren Dosch

**Biggest Moochers:** Sandra Pehl  
Jon Ellwein



**Moodiest:** Jennifer Paul  
Jeremy Jenson

**Funniest Laugh:** Joely Larsen  
Jesse Rystrom

**Class "Clowns":** Sandra Pehl  
Jon Ellwein

**Most Organized:** Jessica Ibanez  
Darren Dosch

**Best Attitude:** Sheila Napton  
Russell Inches

**Most Unorganized:** Jennifer Paul  
Jeremy Jenson



**Best Dressed:** Jessica Ibanez  
Darren Dosch

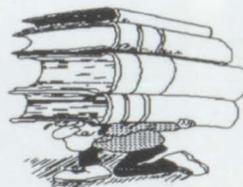
**Most Talkative:** Jennifer Paul  
Jesse Rystrom

**Most Sociable:** Sandra Pehl  
Joe Ness

**Biggest Procrastinator:** Jennifer Paul  
Joe Ness

**Most Gullible:** Jessica Ibanez  
Jeremy Jenson

**Most School Spirit:** Sheila Napton  
Darren Dosch



**Most Timid:** Gwen Schaunaman  
Darren Dosch

**Hardest Worker in School:** Heidi Marttilla  
Russell Inches

**Best Smile:** Jessica Ibanez  
Jon Ellwein

**Hardest Worker Outside of School:** Sandra Pehl  
Jesse Rystrom

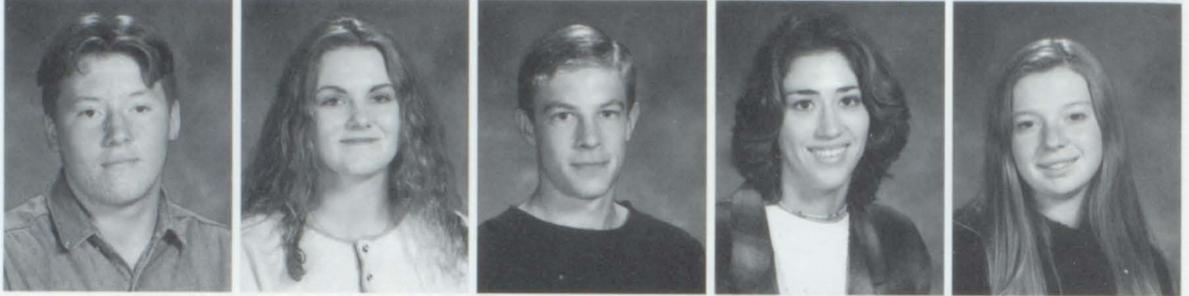


# JUNIOR CLASS

A.J. Clifford  
Jason Goebel  
Ellen Groop  
Ryan Inches  
Elisha Jung



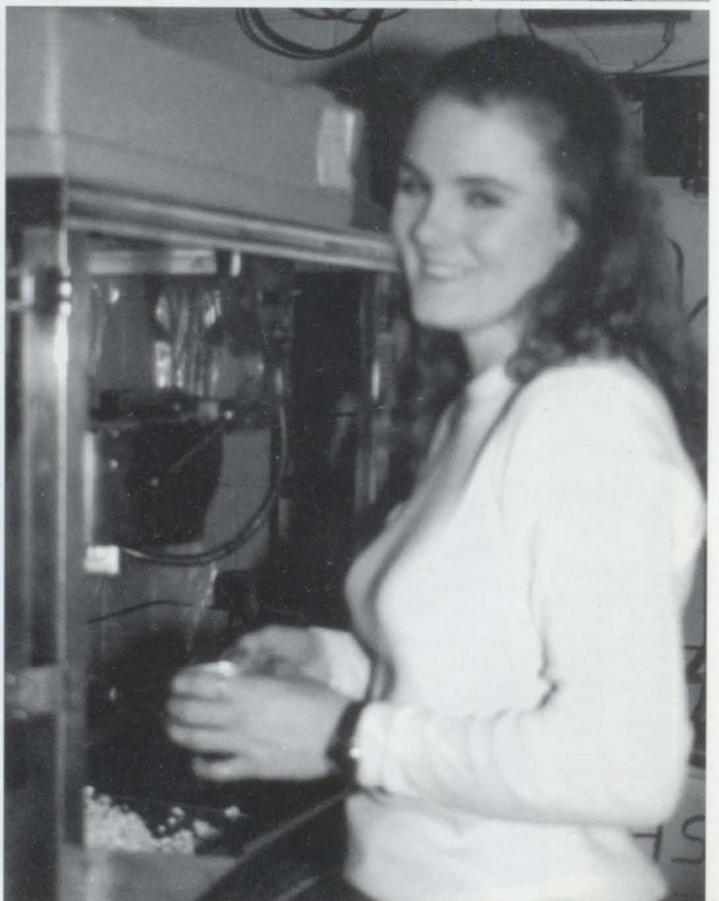
Daniel Napton  
Christina Olson  
Jesse Riggs  
Heather Rystrom  
Jill Schleder



James Sumption  
Jared Torrence  
Brad Wollman



Not Pictured  
Nate Deuter

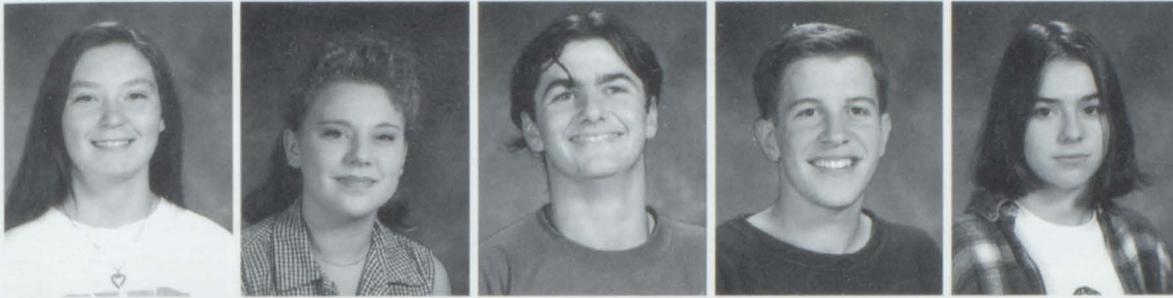




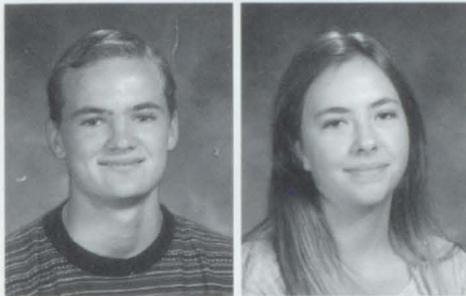
# SOPHOMORE CLASS



Nathan Bakeberg  
 Connie Goebel  
 Lynn Huettl  
 Brian Jenson  
 Chris Maunu



Joni Napton  
 Jessica Nilson  
 Travis Olson  
 Daniel Podoll  
 Anne Sheldon



Warren Sumption  
 Janel Walworth

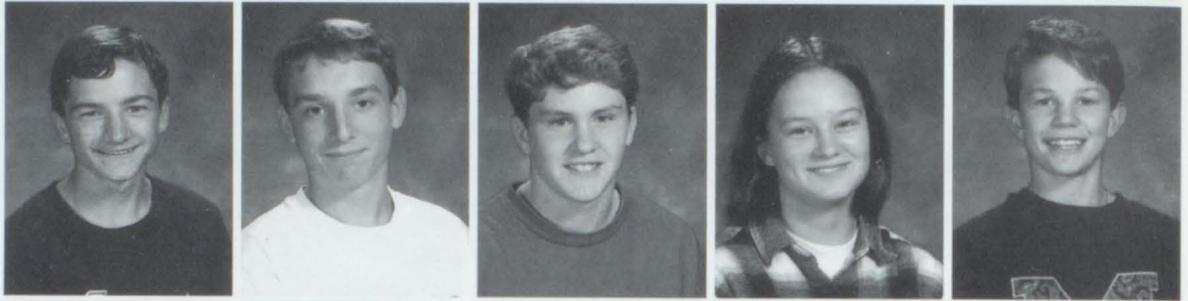


# FRESHMEN CLASS

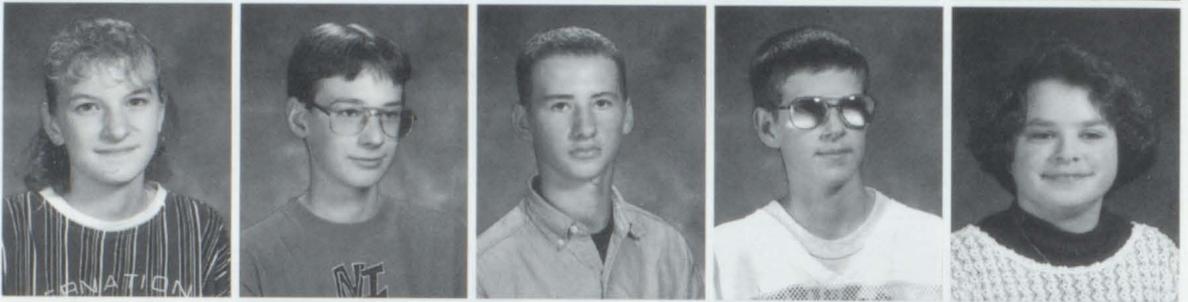
Jo Breeding  
Elizabeth Fonder  
Suzanne  
Giovannettone  
Alisha Groop  
Dustin Jung



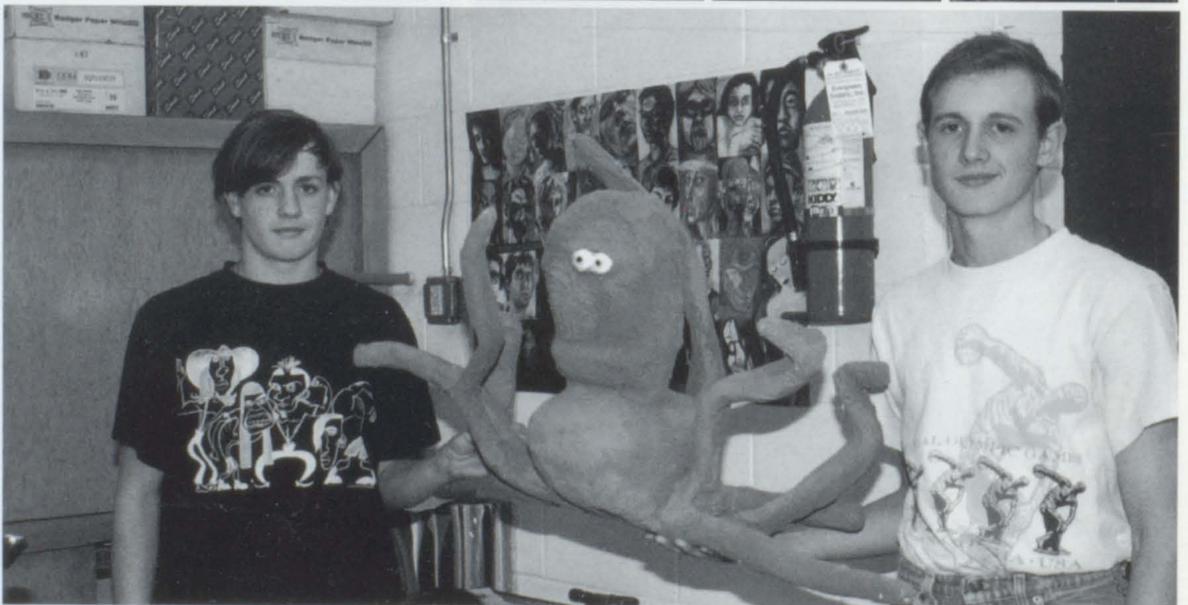
Neil Karjalainen  
Justin Kopetsky  
Jonathan Larsen  
Lindsay Maunu  
Ryan Riggs



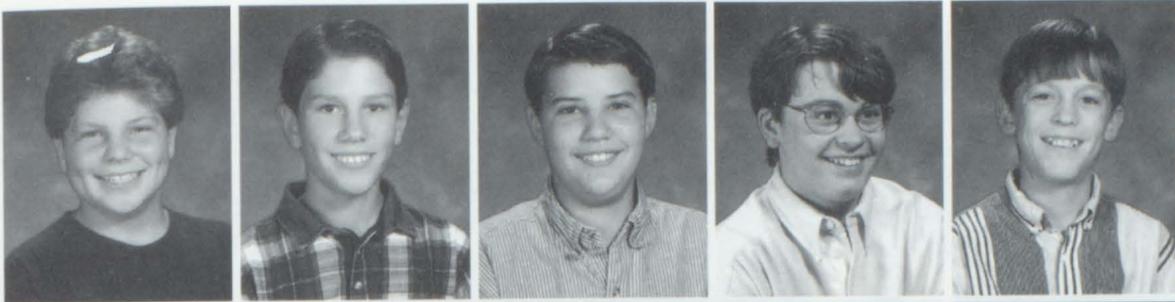
Betty Jo Rowedder  
Travis Schaunaman  
David Schlosser  
Derek Sumption  
Twyla Sumption



Eric Thompson  
Bridget Torrence  
Mitch Wilson  
Joshua Voeller



# EIGHTH GRADE



Derik Bretsch  
Justin Brotzel  
Dalton Dosch  
Jonathan Fonder  
Robert Jenson



Kimberly Kinslow  
Seth Klipfel  
Ryan Kolb  
Jennifer Kopetsky  
Michael Mardian



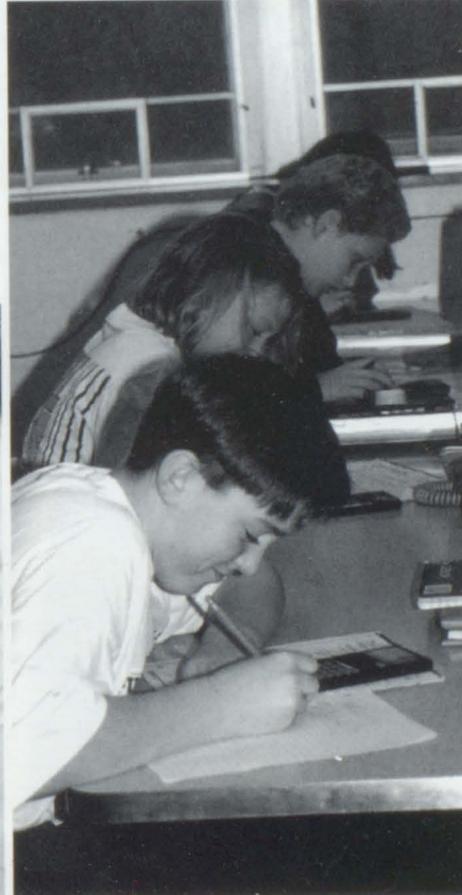
James Maunu  
Darlene Napton  
Liisa Nixon  
Emily Sheldon  
Nicole Storm



Lindsey Voeller



Not Pictured  
Tony Claymore



# SEVENTH GRADE

Adam Achen  
Trista Bunke  
B.J. Deuter  
Eric Jenson  
Kayla Johnson



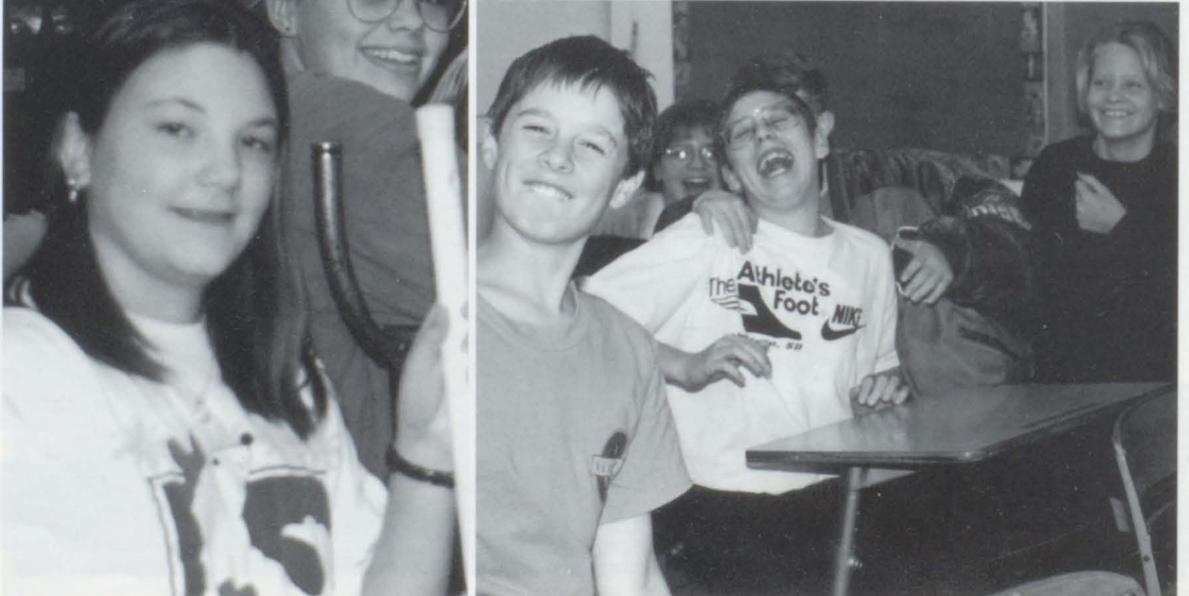
Craig Karjalainen  
Joshua Larsen  
Dwight Pehl  
Adam Rahja  
Trenia Rexinger



Brett Riggs  
Chelsea Ruhoff  
Kara Rydberg  
Jennifer Schmidt  
Jennifer Storm



Joshua Underberg  
Jessica Winther



# FHS FACULTY

## Mr. Barondeau

Principal and Athletic Director. **College:** NSU. **Home Town:** Onaka. **Pet Peeve:** People who don't listen. **Favorite TV show:** Cheers. **Embarrassing moment:** he fell into a baby buggy and the baby started to cry!

## Mrs. Barondeau

**Classes:** Computer I, II, 7th, and 8th, Pre-Algebra. **College:** NSU. **Home Town:** Wolsey. **Favorite TV show:** Home Improvement.

## Mrs. Brokaw

**Classes:** Lakota Arts, 8-12th grade English. **College:** NSU and Jamestown. **Home Town:** Forbes. **Pet Peeve:** Late work. **Favorite TV show:** Home Improvement. **Embarrassing moment:** she said something over telecom that should not have been said.

## Miss Labesky

**Classes:** 5-12th grade band, K-12 chorus. **College:** USD and NSU. **Home Town:** Aberdeen. **Pet Peeve:** when people throw good food away. **Favorite TV show:** Andy Griffith. **Embarrassing moment:** she was late for a concert because she forgot her saxophone.



FHS faculty for 95-96 are, Back row: Mr. Kurtz, Mr. Whaley, Mr. Lee; Middle row: Miss Labesky, Mrs. Barondeau, Mrs. Rall, Mrs. Schanzenbach, Mrs. Maunu, Mrs. Brokaw and Front row: Mr. Barondeau. Not pictured is Secretary Mrs. McDowell.

## Mr. Kurtz

**Classes:** K-12th grade P.E., World History, Psychology, and Sociology. **College:** DSU. **Home Town:** Whitwood. **Pet Peeve:** When people say "worsher" instead of washer. **Favorite TV show:** Home Improvement. **Embarrassing moment:** the homecoming skit.

## Mr. Lee

**Classes:** US History, Civics, Geography, Government, and Social Studies. **College:** BHS. **Home Town:** Java. **Favorite TV show:** Law and Order. **Embarrassing moment:** he put the wrong numbers in the score book.

## Mrs. Maunu

**Classes:** General Business, Elem. Geometry, 7th English, Accounting I, II, Econ, and Business Law. **College:** DSU **Home Town:** Langford. **Pet Peeve:** Students saying "ain't got". **Favorite TV show:** Home Improvement.

## Mr. Whaley

**Classes:** Geometry, Algebra I, II, Senior Math, 7th grade math. **College:** NDSU and Moorhead. **Home Town:** West Fargo. **Favorite TV show:** Home Improvement. **Embarrassing moment:** he put the wrong words together while playing basketball.

## Mrs. McDowell

FHS Secretary. **Home Town:** Redfield. **Pet Peeve:** Liars. **Favorite TV show:** NYPD Blue. **Embarrassing moment:** she wore two different colored shoes to school.

## Mrs. Rall

**Classes:** 7-9 science, Chemistry, Physics, and Biology. **College:** SDSU. **Home Town:** Pierre. **Favorite TV show:** ER.

## Mrs. Schanzenbach

**Classes:** Lakota Arts, Home Economics, and K-10th grade Art. **College:** SDSU. **Home Town:** Miller. **Pet Peeve:** Pessimistic people. **Favorite TV show:** Gilligan's Island.



# Sixth

Back: Jordan Torrence, Brandon Bain, Benjamin Pitz, Jessica Ness, Misty Mahlke  
 Middle: Jennifer Goebel, Kimberly Maunu, Whitney Ruhoff, Erin Schleder  
 Front: Jonathan Mardian, Justin Schmidt, Brian Schlosser, Jason Bender, Zacharia Breeding



# Fifth

Back: Amanda Ness, Jennifer Lux, Jessica Brotzel, Shaina Riggs, Brittney Klipfel, Trinity Rystrom, Taylor Rystrom  
 Middle: Christina Kopetsky, Jessica Schmidt, Mrs. Hegge, Nicole Underberg, Rebecca Achen  
 Front: Cody Clark, Andrew Shaunaman, Cody Bruns, Eric Bergan, David Bretsch, Matthew Nixon



Back: Ashley Huettl, Becky Torrence, Jessie Powell, Jason Jenson, Cody Mahlke, Logan Voeller, Lef Martinson  
 Middle: Trisha Rohwedder, Ashley Jung, Mrs. Bergan, Elizabeth Rahja, Rachel Emery  
 Front: Joshua Dennert, Wyatt Wilson, Jordan Seaman, Justin Ryman, Matthew Gustafson

# Fourth



Back: Trent Huettl, Coby Cantwell, Jesse Duran, Justin Ellefson, Tyler Parsons  
 Front: Danielle Taylor, Kassie Storm, Mrs. Ullrich, Jared Middleton, Craig Larson

# Third



# SECOND

Back row: Alyssa Middleton, Shelley Lux, Kelsea Barondeau, Jayme Bain, Diana Huettl, Hope Martinson; Middle row: Reva Graves, Corley Hertel, Teacher Mrs. Heis, Megan Dutehoffer, Lacey Voeller; Front row: Joel Torrence, Justin Hart, Alex Hart, Ryan Bergan, Jesse Brooks.



# FIRST

Back row: Kelli Nixon, Carli Ellwein, Mickey Schlosser, Erik Nixon, Cody Gustafson; Middle row: Christa Haas, Chelsea Dutenhoffer, Teacher Mrs. Brooks, Brittany Schlosser, Shrylle Mikkonen; Front row: Alex Jones, Travis Dallenbach, Brandon Taylor, Casey Dennert, Travis Hart.



# Kindergarten



Back: Jessica Walworth, Elizabeth Earl, Mikayla Barondeau, Ethan Emery, Matthew Huettl, and Nick Schaunaman. Middle: Jamie Hart, Renee Graves, Mrs. Wallien, Matthew Ellefson, and Cole Adema. Front: Lucas Stoddard, Blain Mikkonen, Jacob Perry, and Christian Christianson.

## What I wanna Be . . .

**Cole Adema** - mechanic and veterinarian

**Mikayla Barondeau** - artist

**Christian Christianson** - construction worker

**Elizabeth Earl** - veterinarian

**Matthew Ellefson** - farmer

**Ethan Emery** - basketball, baseball, and football player

**Renee Graves** - movie star



**Jamie Hart** - moviestar

**Matthew Huettl** - baseball player

**Blain Mikkonen** - mechanic

**Jacob Perry** - doctor

**Nick Schaunaman** - scientist

**Lucas Stoddard** - dog catcher, fireman, fisherman, and hunter

**Jessica Walworth** - movie star



# Two Aliens Landed in Frederick

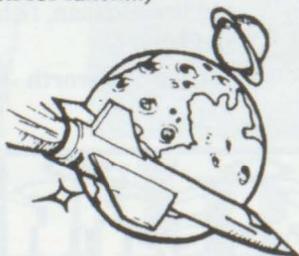
It was a very dark night. Everybody was sleeping. A small community was covered with fog. Everyone lived happy in this little town... until the next day. The citizens weren't aware of how their lives would soon be changed. Two strangers planned to experience the American way of life. They decided to visit Frederick High School and stay there for 10 months. One alien girl was from the planet Poland, one from the star Germany. They didn't know what was waiting for them at Frederick High School. From outside, the building seemed to be so quiet and calm, but appearances are deceiving...

You can never imagine what it is to be a foreign exchange student at Frederick High School...life is a hurry there and everything goes so fast.

So, they had to get used to many things. First there were the lockers that caused difficulties. Always all the books fall out and pencils would mysteriously disappear in the messy lockers. Furthermore, the Americans must have different eating habits. They are obviously very speedy, so the aliens could never catch up and stayed in the lunchroom until the bell rang. (see picture)

Anyway, instead of making the list of difficulties longer, the two strangers would like to thank their friends, teachers and host families: Chrissy stayed with John, Annikki, Marianne and Heidi Marttila and Kate was hosted by Randy, Stacy, Jordan and Alex Bretsch. The aliens thank them for the help that made their stay better and funnier.

To conclude, the strangers give you their motto: Life at Frederick High School is like a box of chocolates, you never know what you're gonna get. (Not even for lunch...)



Chrissy Piotrowski from Germany and Kate Swaton from Poland are pictured while having their "neverending" lunch.

## Living in America!

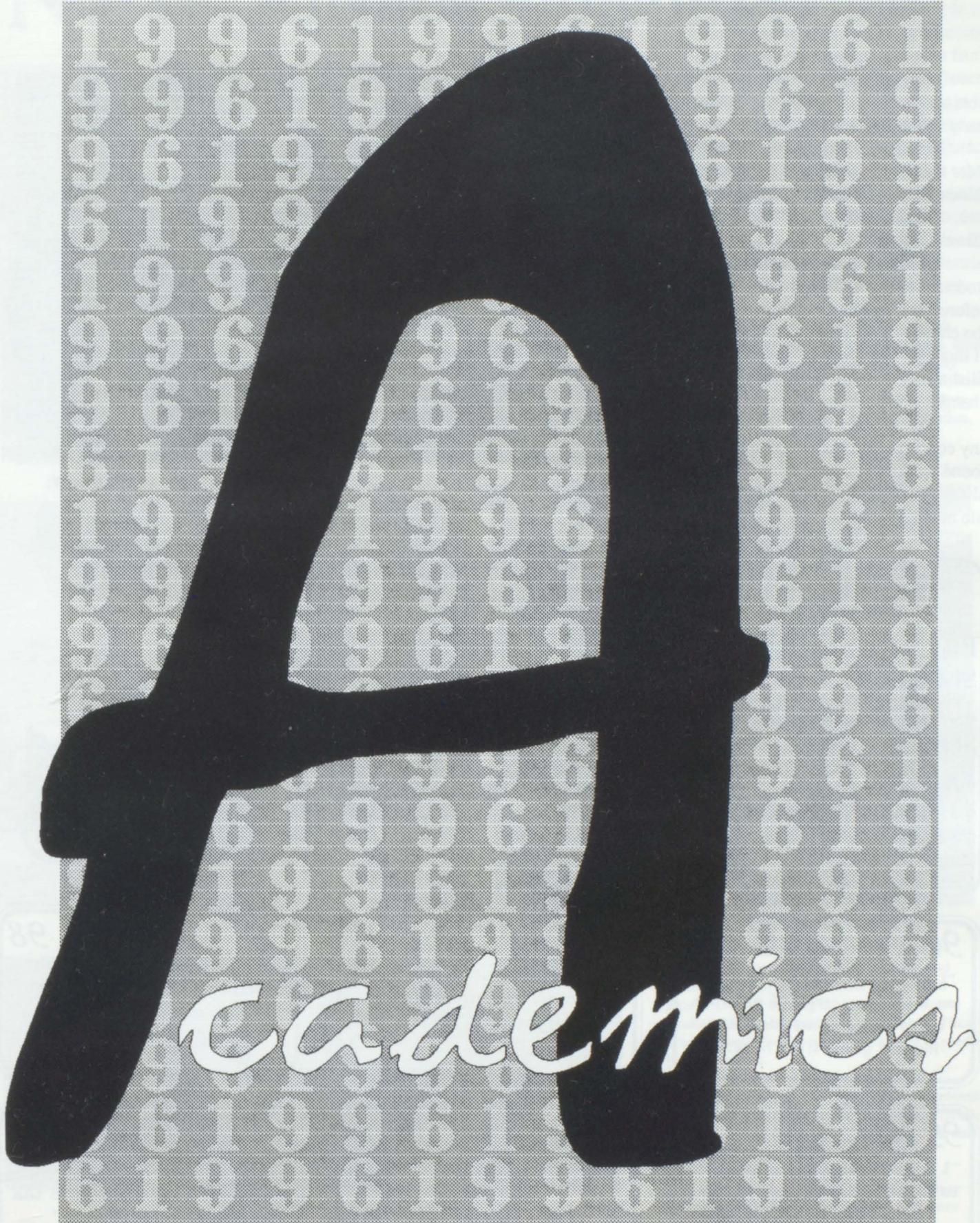
"Holy  
shnikees



-Chrissy and Kate



"I've never seen two people laugh so much," said Daniel Napton. Maybe the Americans had to get used to some things too.



*academica*

# Student Council

This year's student council took on a more active role. They helped introduce many new things into FHS.

New 20 oz. pop machines replaced the older models. Reactions to the new machines were enthusiastic.

"20 oz., yeah, yeah!" said Senior Jon Ellwein.

The council also arranged for the students to watch "Tommy Boy" the day before Thanksgiving vacation. "It was way too cheesy," said Senior Chrissy Piotrowski. "I thought it was funny!" stated Junior Elisha Jung. Overall the reaction to the changes was positive.

If problems arose or the students had any concerns, the student council could be found working on a solution. They were always busy thinking of ways to improve life at FHS.



BACK ROW: Nathan Bakeberg, Justin Kopetsky, and Nate Deuter. MIDDLE ROW: Sandra Pehl and Jennifer Schmidt. FRONT ROW: Jennifer Kopetsky.

## OFFICES

**PRESIDENT:** Sandra Pehl  
**SEC./TREAS.:** Jessica Ibanez  
**JUNIOR:** Nate Deuter  
**SOPHOMORE:** Nathan Bakeberg  
**FRESHMEN:** Justin Kopetsky  
**8TH GRADE:** Jennifer Kopetsky  
**7TH GRADE:** Jennifer Schmidt



## Student Council

## Resolutions



96 Sandra Pehl 96

"I hope Hecla co-oping with us will be successful and the up-and-coming students have a great time here."

97 Nate Deuter 97

"I would like to see more foreign language classes offered at FHS."

98 N. Bakeberg 98

"I hope the co-op with Hecla will benefit both the schools and the students."

99 Justin Kopetsky 99

"I would like the students to have more access to the Internet."

00 Jenny Kopetsky 00

"I would like our school's technology systems to be continuously updated and accessible to all students."

01 Jenny Schmidt 01

"Having more of the students ideas put into the school's decisions."

# New Classes

A few new classes have been added to this year's agenda. Honors English is taught by Mrs. Nyberg from Groton High School over the telecommunications system. Mrs. Maunu from FHS teaches Business Law and General Business. High school P.E. is taught by Coach Kurtz, also from FHS. These classes have been added to the schedule because they are subjects that are becoming more important throughout college and into real life. There is also a new teacher added to the list of faculty; Mrs. Trautmann of Hecla is the instructor for Spanish I & II.

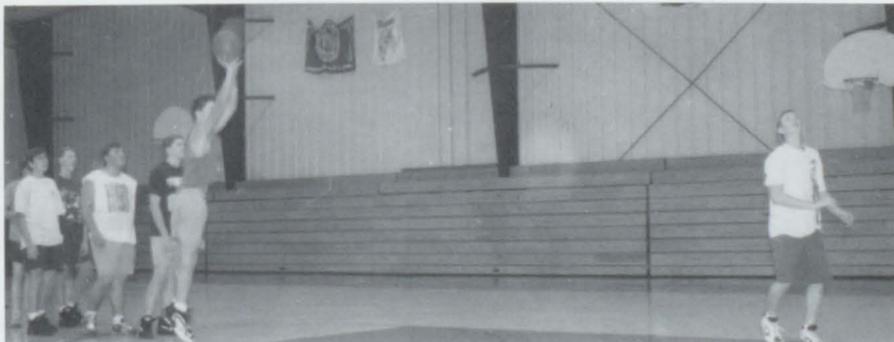


Clockwise from lower left, the general business class students are Jason Goebel, Elisha Jung, Jessica Nilson, Mrs. Maunu, Jeremy Bakeberg, Jon Ellwein, Joe Ness, Jesse Rystrom, and Dan Napton. Throughout the year they studied business creation, ethics, production, marketing, and careers.



Middle Left: Business Law students are, standing, Jason Goebel, Heidi Marttila and Elisha Jung and seated, Sheila Napton and Jessica Ibanez. During the semester the class studied different aspects of personal law. They studied simulated cases and attempted to predict their outcomes.

Middle Right: Honors English class students are, at the back table, Sheila Napton and Heidi Marttila and in front, Joely Larsen and Jeremy Jenson. Students also in the class but not pictured are Jessica Ibanez and Gwen Schaunaman. The students studied grammar and vocabulary, as well as reading literature such as Shakespeare.

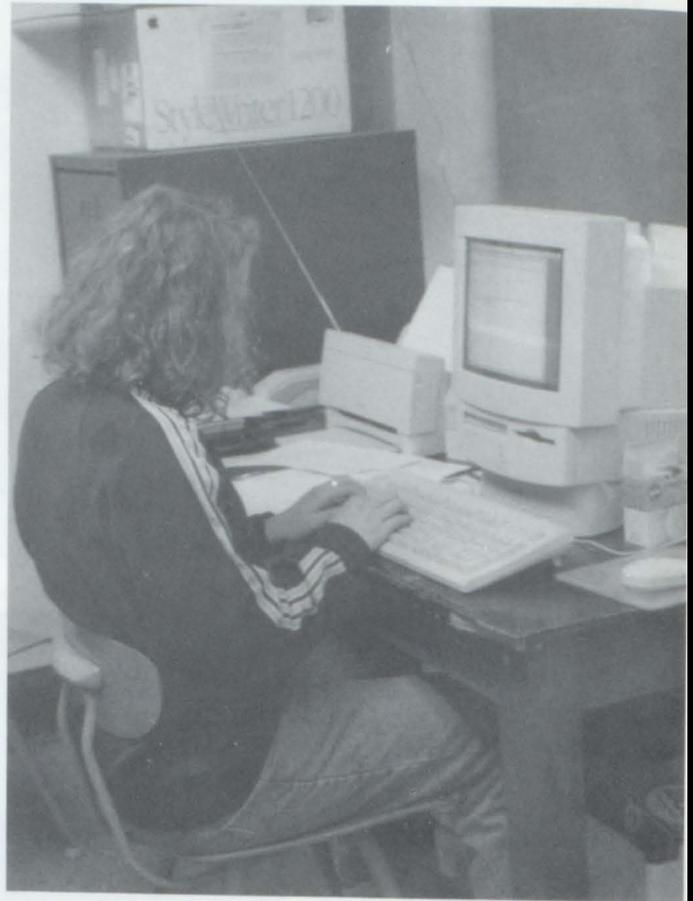


The physical education class is studying tennis, badmitten and volleyball. They also hope to do a little bowling. Above: Dustin Jung is "Shootin' the Rock". Also pictured: Mitch Wilson, Dave Schlosser, Brad Wollman, Jon Larsen and Eric Thompson.

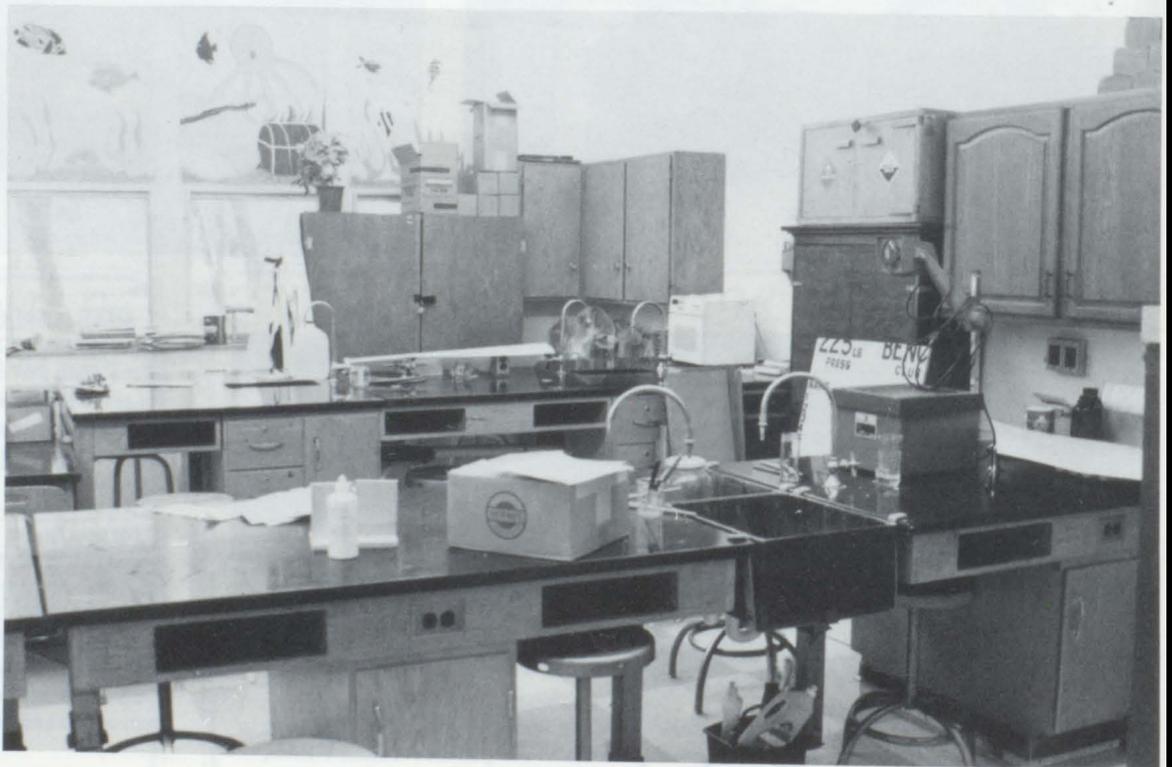
# CHANGES IN SCHOOL

As it does every year, in 1995 Frederick High School was changing with the times. Here are some of the ways that FHS became "new and improved":

- Used lab tables, from Miller High School, were purchased to expand the science room.
- LOCKERS FOR EVERYONE!! New lockers were added in many parts of the school.
- Frederick and Hecla co-oped in cross-country and track this year.
- Volleyball was added as a third girl's sport.
- Driver's education was offered to those interested as a summer course.
- The science room has switched places with the art room.
- Art students painted a sign depicting the conference teams and their mascots for the gym.
- A printer was added to the computer in the telecommunications room. The computer was new last year.
- Tile was added to the downstairs hallway in the high school, as well as the science and art rooms.
- A bright new teal color graced the walls throughout the school.
- The drill team got flashy new uniforms.



ABOVE: Christine Piotrowski works at the computer, used mostly by Journalism students. The computer was also used last year, but this year a new printer was added. RIGHT: The new lab tables in the science room gave the students more working space when doing their labs.



*"Do what you can, with what you have, where you are."*

*-Theodore Roosevelt*



LEFT: A mural painted by sophomore art students was added to the entryway near the front door to the school. ABOVE: The new Powerade machine in the lunchroom was very popular with the students. BOTTOM RIGHT: Tile was added to the main hallway and the art and science rooms. BOTTOM LEFT: Volleyball Coach Tammi Long helps Alisha Groop work on her vertical.



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### March On!

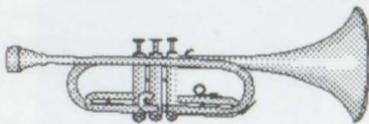
As the largest Frederick High School band in many years, the 1995-96 57-member Viking Band got off to a powerful start. The thirteen seventh graders who moved up from Barnard added a new dimension to the group's sound.

Marching band began the year, as the musicians awed the onlookers of the Homecoming and Gypsy Day parades with "Trailblazer."

Throughout the year, the band appeared at numerous football and boys basketball games, as well as one girls basketball game. The band also performed in the Christmas and spring concerts.

Band members worked hard all year fund-raising for their trip to Minneapolis May 10-12. The students held a wreath sale before Christmas and furnished a scalloped potato supper before the funfest in November. They also had a candy sale before Valentine's Day.

The group had a lot of fun this year both during performances and practices. "The coolest part of band was watching half the band play hockey with a juice bottle top during rehearsal for the Christmas concert," said Senior Band Representative Sandra Pehl.



ABOVE RIGHT: Band council members for the 1995-96 school year are, Back row: Jared Torrence, Junior rep.; Jennifer Schmidt, 7th grade rep.; Warren Sumption, sophomore rep.; Sandra Pehl, Senior rep.; Sheila Napton, Sec./Treas.; Front row: Jennifer Koptesky, 8th grade rep.; Suzanne Giovannettone, freshman rep. and Jessica Ibanez, president. BELOW RIGHT: The Frederick High School Band is "looking sharp" as they march in line down Main Street in the homecoming parade.



THE WHOLE CREW. Here are the members of the 1995-96 Fredrick High School Band. SIXTH ROW: Craig Karjalainen, Kim Kinslow, Christina Olson, Joely Larsen, Travis Schaunaman, Ryan Inches, Sheila Napton, Ryan Kolb, Jennifer Storm, Emily Sheldon; FIFTH ROW: Robert Jenson, Derik Bretsch, Ryan Riggs, Warren Sumption, Jesse Riggs, Jennifer Schmidt, Dwight Pehl, Jeramy Jenson, Brian Jenson, Adam Rahja; FOURTH ROW: Adam Achen, B. J. Cantwell, Justin Brotzel, Seth Klipfel, Betty Rohwedder, Jennifer Paul, Justin Koptesky, Jared Torrence; THIRD ROW: Jon Fonder, Dalton Dosch, Nate Cantwell, Danile Podoll, Chris Maunu, Joni Napton, Darlene Napton, Suzanne Giovannettone, Kara Rydberg, Chelsea Rhuhoff, Liisa Nixon; SECND ROW: Josh Underberg, Lindsay Maunu, Bridget Torrence, Elizabeth Fonder, Gwen Schaunaman, Jessica Ibanez, Jennifer Koptesky, Trista Bunke, Lindsey Voeller; FIRST ROW: Miss Labesky, Lynn Huettl, Anne Sheldon, Janel Walworth, Jo Breeding, Alisha Groop, Heidi Marttila, Sandra Pehl, Jessica Winther.







FOURTH ROW: Justin Kopetsky, Nate Deuter, Nathan Bakeberg, Ryan Inches, Jesse Riggs, Daniel Podoll, Chris Maunu, Kim Kinslow; THIRD ROW: Anne Sheldon, Nicole Storm, Betty Rohwedder, Joely Larsen, Sheila Napton, Heidi Marttila, Bridget Torrence, Joni Napton, Trenia Rexinger; SECOND ROW: Connie Goebel, Elizabeth Fonder, Darlene Napton, Emily Sheldon, Janel Walworth, Lynn Huettl, Jo Breeding, Jessica Ibanez, Lindsay Maunu, Jennifer Kopetsky; FIRST ROW: Miss Labesky, Brett Riggs, Trista Bunke, Kara Rydberg, Suzanne Giovannettone, Alisha Groop, B. J. Deuter, Chelsea Ruhoff, Kayla Johnson, Jessica Winther.



The 1995 All State Chorus members smile for the camera. They are Chris Maunu, Daniel Podoll, Joely Larsen and Heidi Marttila.

## "Scooby dooby dooby dooby do!"

At the beginning of every chorus practice, Miss Labesky thought of nifty little sayings for the singers to warm up to.

Chorus this year was quite different from last year's chorus, when there were just five guys to carry the low parts. This year there were nine guys to belt out those low notes!

The All State Chorus concert was held in Aberdeen this year, so it was a short drive for our members. Frederick's 1995 All State representatives were Joely Larsen, soprano; Heidi Marttila, alto; Daniel Podoll, tenor and Chris Maunu, bass.

Besides music contest, the chorus had two performances: the Christmas concert and the spring concert. A small group also performed at the Christmas concert. The girls group (Jessica Ibanez, Elizabeth Fonder, Sheila Napton, Suzanne Giovannettone and Heidi Marttila) sang "All Through the Night".



# Oral Interp

## New Schedule and Instructor for Declam

The oral interp team at FHS went to two meets this year. They traveled to Milbank on October 2 and they performed at Northern State University on October 14. The team also performed at the District meet on November 1. Tonya Zinter was the team's new coach this season. Participants who advanced to the region meet were Jessica Ibanez in Oratory, Suzi Giovannettone in Humorous, and Gwen Schaunaman in Poetry. The Region meet was November 21 in Aberdeen. The State competition was in Huron on December 1. Jessica Ibanez was the only member to advance to the state competition, which she did for the third year in a row.



The oral interp team is on their way to their first meet in Milbank. Back Row: Jason Goebel, Anne Sheldon, Janel Walworth, Lynn Huettl, Heidi Marttila, Ellen Groop, Heather Rystrom, Chrissy Piotrowski, Sheila Napton, Elisha Jung, and Coach Tonya Zinter. Front Row: Elizabeth Fonder, Suzi Giovannettone, Jenny Kopetsky, Jill Schleder, Twyla Sumption, Jessica Ibanez, and Gwen Schaunaman.

### Students Advancing to Districts

Readers Theatre.....	Janel Walworth Anne Sheldon Lynn Huettl Heather Rystrom Jason Goebel
Drama.....	Sheila Napton
Humorous.....	Suzi Giovannettone
Duet.....	Ellen Groop Jill Schleder
Poetry.....	Gwen Schaunaman
Prose.....	Elisha Jung
Oratory.....	Jessica Ibanez

### Students Advancing to Regions

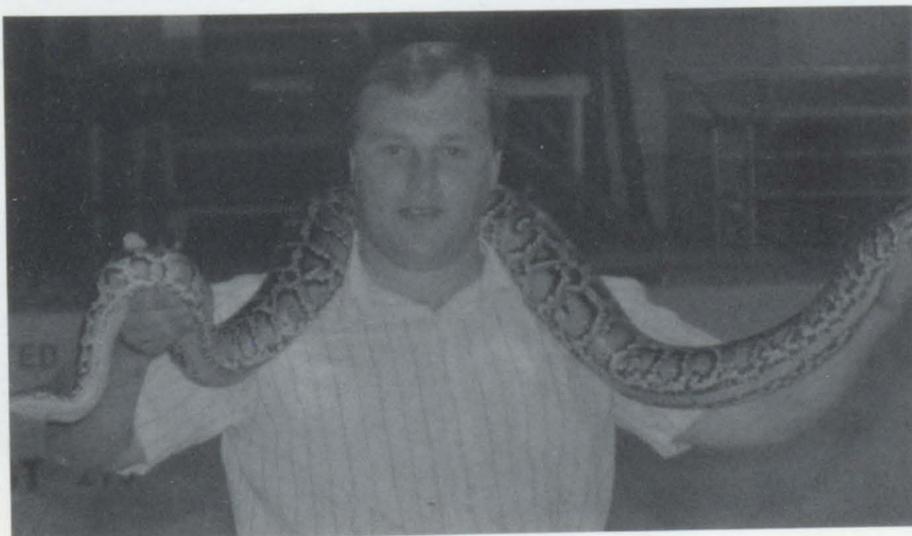
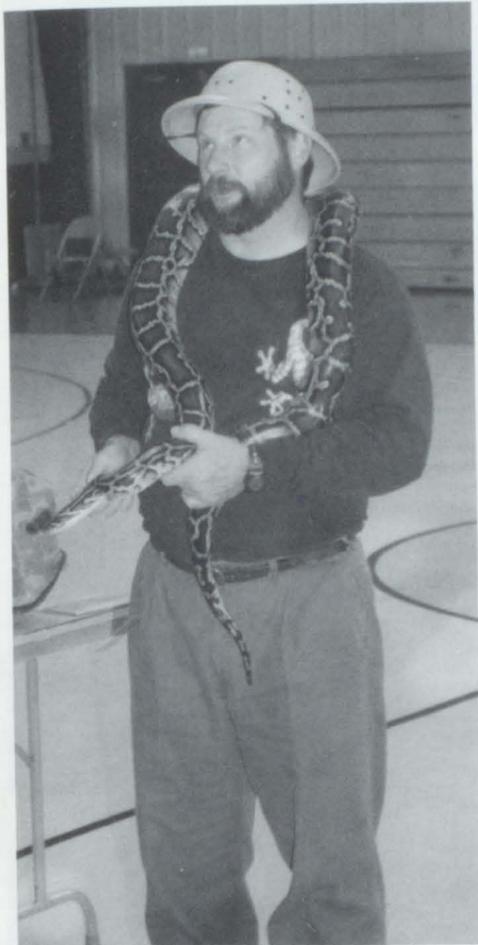
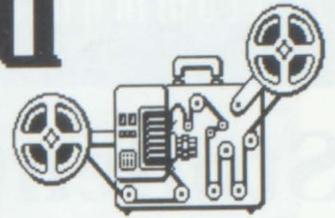
Oratory.....	Jessica Ibanez
Humorous.....	Suzi Giovannettone
Poetry.....	Gwen Schaunaman

### Students Advancing to State

Oratory.....	Jessica Ibanez
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# Lyceums and Programs



This year we had a wide variety of programs. Some were entertaining whereas others were sobering. Our serious programs included a real life reminder of the effects of drunk driving and also a multimedia production. Both programs encouraged students to stay off drugs and to make the right choices.

FHS students were entertained by feats of juggling in October, and a variety of animals in November. The endangered species program brought smiles to many faces. Different animals, which were relatives of endangered species, were brought out for the students to see. Some of the animals seemed common where others were exotic.

In the juggling program many volunteers were asked out to learn the skill and art to juggling. Though the volunteers only juggled scarfs and other non-threatening objects, our entertainer was more daring and juggled flaming torches.

The year was filled with many activities and programs for us to watch and participate in. All of the lyceums were exciting and entertaining.



Top left: We had our own private zoo for an hour in November. Snakes, spiders, lizards, birds, ferrets and more were brought out to give us a little more knowledge about the animal kingdom. To the left, Mr. Kurtz had the unique experience of wrapping a usually nightmearsish creature, a python, around his neck.

Also pictured above our entertainer is juggling torches. He also showed us talents in balancing and making us laugh.

## Students Enjoy Technology

The telecommunications system, now at Frederick for the second year, has become a part of life for FHS students. In their telecommunication classes students not only got to take a subject that would not otherwise be offered but they interact with people they wouldn't otherwise have the chance to talk to.

Through telecommunications other schools got to experience some of FHS' "personalities." Joely Larsen explained, "When we went to government day and saw some of the Groton guys we are in class with, they complained because we hadn't taken Jeramy along. They said, "We're missing our daily hour of Jer!" Joely is a student of the Honors English class taught by Mrs. Nyberg of Groton.

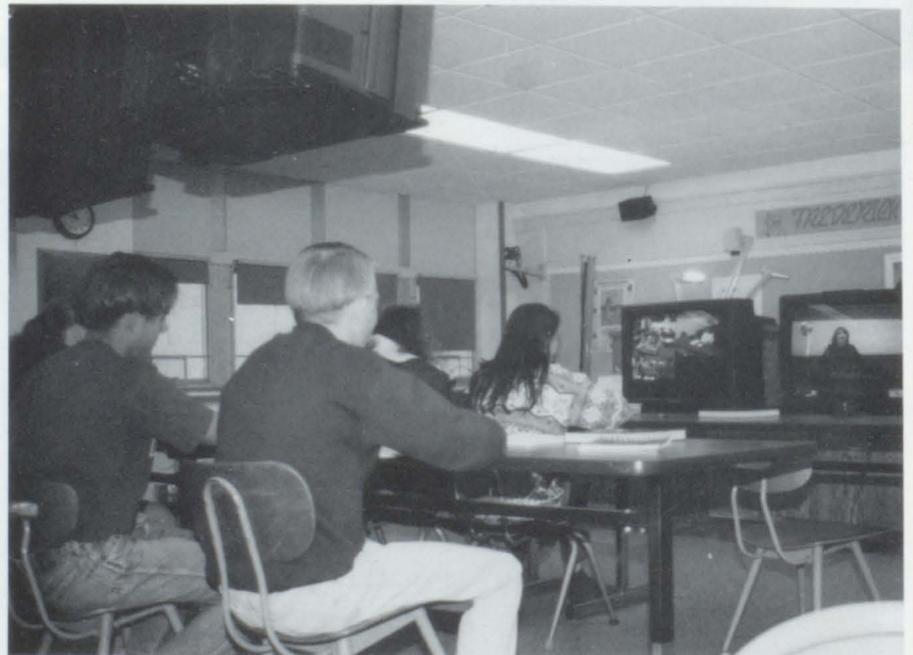
Other classes offered over the system were Lakota Arts, taught by Mrs. Schauenbach and Mrs. Brokaw of FHS; Journalism I and II, taught by Mrs. Ruenz of Hecla; Spanish I and II, taught by Mrs. Trautmann of Hecla and Ag Management, taught by Mr. Remmele of Groton.

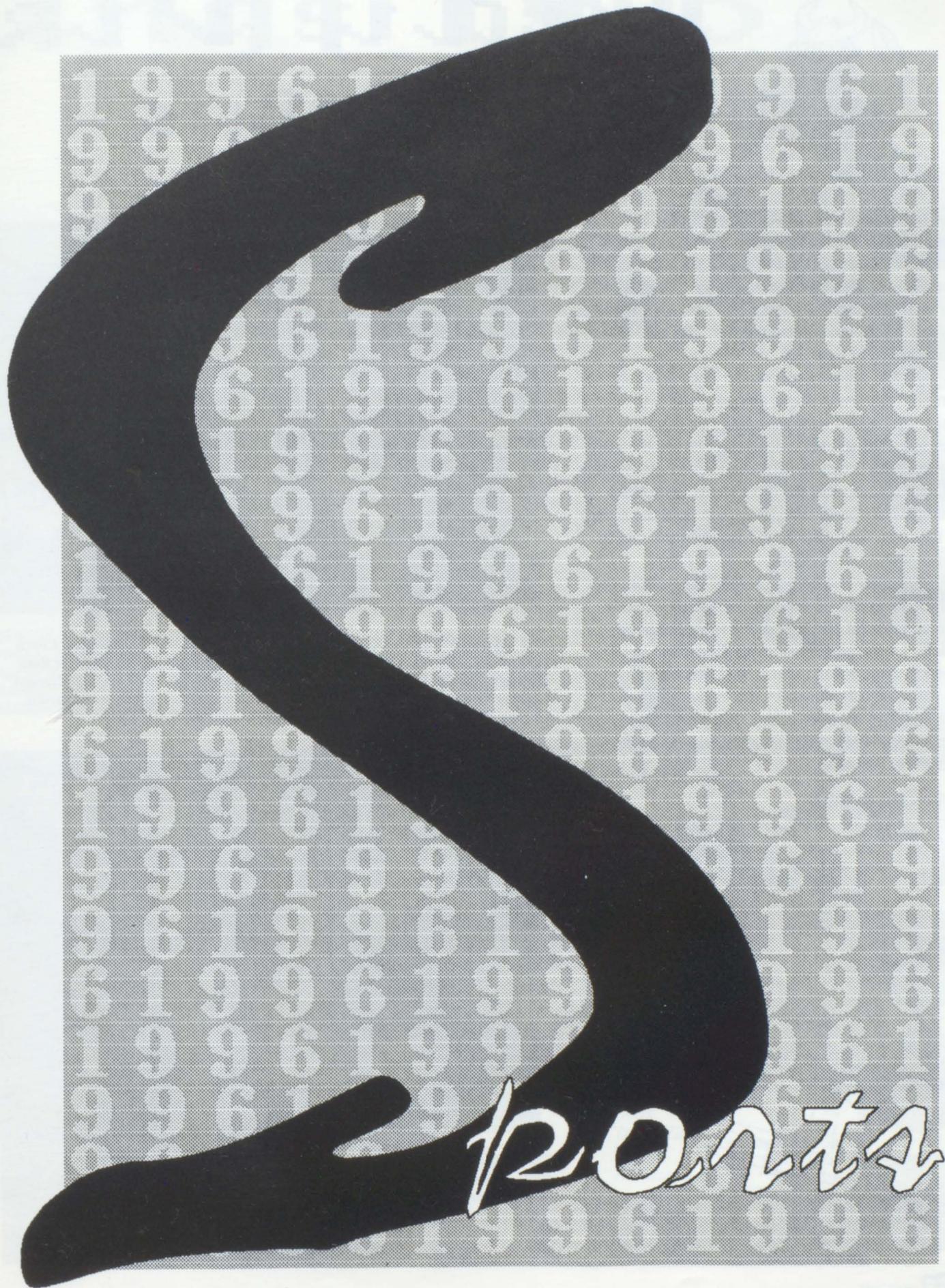
The telecommunications system was also used for adult education. Several evening courses on topics such as "Family Law", "The Horrible Headache" and "Conversational Spanish" were held throughout the year. The system was also used in the fall for a community discussion when Frederick and Hecla schools discussed the co-oping of the two schools in all sports.



**ABOVE:** Journalism I students Jared Torrence, Nate Cantwell and Christina Olson discuss the next week's story assignments.

**RIGHT:** Here is a picture of the system from the teacher's perspective. **BOTTOM:** Journalism I students watch their teacher, Mrs. Ruenz from Hecla, on the right screen. The left screen shows other schools that also take the class.





*porta*



# Lady Vik Right Here

The 1995 basketball season got off to a slippery start. Their first game against the Hecla Rockets was postponed due to the poor floor conditions caused by high humidity. The game was stopped with the score tied 12 to 12 with five minutes left in the second quarter. The game was rescheduled for Sept. 25.

As the season went on the Lady Vikings learned many lessons and gained many bruises. While the bruises were mending, we came up with a few unusual statistics. Joely Larsen led the Lady Vikings with the most trips to the emergency room and Joni Napton had the most steals completed while on her knees. Sheila Napton held the record for the most fouls called on her while she was at the other end of the court.

For their last home game of the season, the Lady Vikes went all out against Tiospa Zina. It was a hard fight and both sides were cheering widely. Unfortunately, Tiospa Zina came out ahead by four points. The crowd was impressed by the valiant effort shown by the Lady Vikes.

For the six seniors this year's season will be remembered for it's bruises, free fries and, of course the fish song.



1995 VARSITY MEMBERS ARE, Back Row: Manager Twyla Sumption, Coach Jerome Lee, Assistant Coach Tom Whaley, Stat. Elizabeth Fonder; Middle Row: Manager Suzanne Giovannetonne, Alisha Groop, Bridget Torrence, Joni Napton, Lindsay Maunu, Stat. Jessica Ibanez; Front Row: Sheila Napton, Joely Larsen, Chrissy Piotrowski, Sandra Pehl, Jennifer Paul and Heidi Marttila.



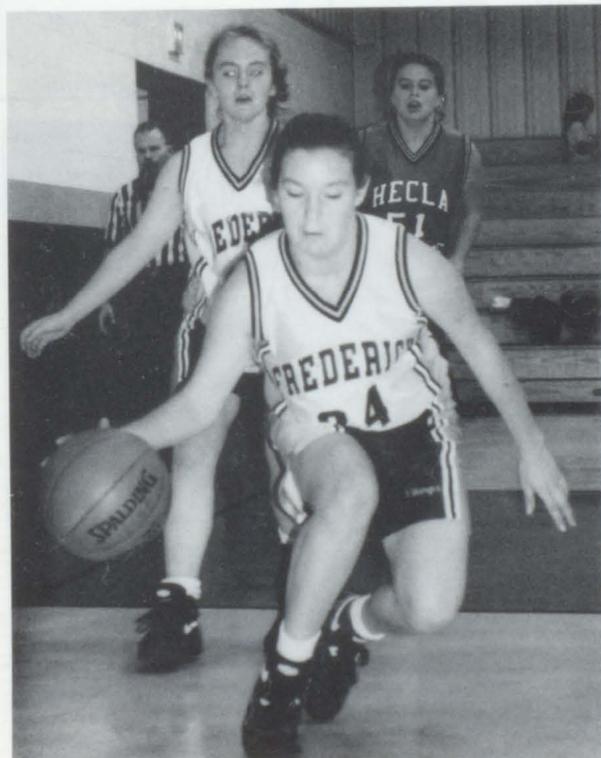
SENIORS: Back row: Sheila Napton, Chrissy Piotrowski, Heidi Marttila. Middle Row: Joely Larsen, Jennifer Paul, and Front Row: Sandra Pehl. RIGHT: Joni Napton tries to control the ball as she falls to the floor.

# ings 1995

## Right Now



**JUNIOR VARSITY ARE**, Back Row: Lindsay Maunu, Darlene Napton, Joni Napton, Jennifer Schmidt, Bridget Torrence, Jennifer Schmidt, Coach Tom Whaley; Middle Row: Lindsey Voeller, Chelsea Ruhoff, Alisha Groop, Kara Rydberg, Trista Bunke, Jennifer Kopetsky. Front Row: Manager Suzanne Giovannetonne, Manager Twyla Sumption, Stat. Jessica Ibanez, Stat. Elizabeth Fonder.



### Scoreboard

<u>We</u>		<u>They</u>
21	Edmunds Central	52
27	Ellendale	64
31	Aberdeen J. V.	80
45	Bristol	64
54	Veblen	35
27	Northwestern	71
42	Hecla	51
35	Tiospa Zina	53
19	Leola	71
40	Langford	82
44	Doland/Conde	74
32	Roslyn	69
29	Warner	93
31	Hecla	48
42	Tiospa Zina	46
50	Eureka	60
36	Aberdeen J. V.	64
<u>Districts</u>		
23	Northwestern	64

# Frederick- Hecla

# North

The 1995 Frederick-Hecla Northstars started the season with a disappointing loss to Faulkton in overtime. However, this didn't dampen the spirits of the players. They kept pushing forward and managed to end the season with a 2-6 record. The strong spirits of the Northstars also helped to boost two of their players, Josh Thorpe Hecla and Jon Ellwein of Frederick, to the All-Conference team. Jim Sumption of Frederick was also recognized for his efforts with honorable mentions.

The Northstars rushing was led by Jon Ellwein of Frederick with 99 carries for 410 yards and two touchdowns. The second leading rusher was Jim Sumption of Frederick who had 55 carries for 310 yards, six touchdowns and 3 extra points. The Stars quarterback, B. J. Richter of Hecla completed 59 passes out of 159 attempts; ten of these were for touchdowns and five were for extra points. His passes amounted to 875 yards for the season. The leading receivers for the Northstars were Justin Knecht and Josh Thorpe, both of Hecla. Justin received 20 passes for 305 yards and four touchdowns, while Josh received 19 passes for 224 yards and two touchdowns.

The stars tackling was led by four seniors: Jon Ellwein, Joe Ness, and Darren Dosch, all of Frederick, and Josh Thorpe of Hecla. Josh led the four with 87 tackles and 2 sacks. Next was Jon with 67 tackles, followed closely by Joe with 65 tackles and 1 sack and Darren with 63 tackles and 3 sacks.

According to Coach Bill Kurtz

## SCOREBOARD

WE		OT	THEY
20	Faulkton		28
6	Britton		28
20	Ipswich		28
20	Roslyn		14
36	Northwestern		0
0	Doland/Conde		14
6	Langford		36
0	Warner		49

"I think we had all the weapons we needed, but we couldn't get it together when it counted."

*Darren Dosch*

"I think that we were all very talented, but we just weren't sure how to use it."

*Jon Ellwein*

"By what I learned this year hopefully we will improve for next year."

*Jim Sumption*

leadership was not a problem for the team. "I feel that although we had good senior leadership these guys were never given the opportunity to lead a team before. I think even though we were 2-6 we were in all of our games. The underclassmen we have returning are all good quality kids and I expect to have a more experienced and stronger team next year." Terry Nelson returned this year as assistant coach for the Stars. The junior high team was put under the new leadership of Rob Clyde from Trinity Bible College in Ellendale.

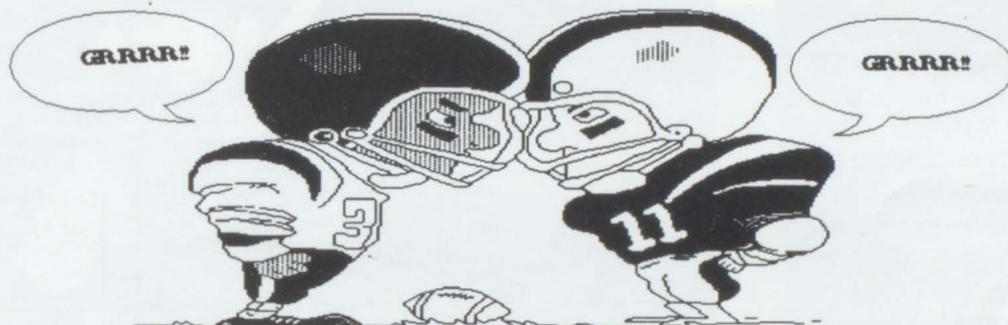




# stars '95

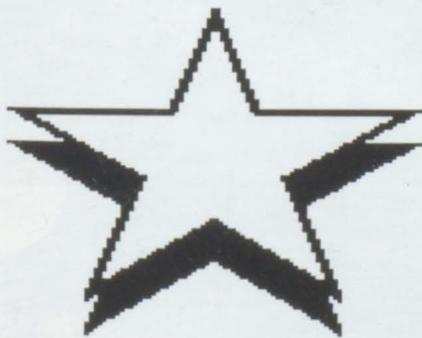


Fourth Row: Jeramy Jenson, Wade Berreth, Ryan Inches, Perry Dinger, Josh Thorpe, Josh Glover, Daniel Napton, Justin Knecht, Jeremy Bakeberg, Derek Dinger. Third Row: Jessica Ibanez, Jon Larsen, Joe Ness, Jon Ellwein, Jeremy Skoglund, B.J. Richter, Jim Sumption, Dustin Jung, Jesse Riggs, Brad Wollman, Sheila Napton. Second Row: Cody Lilla, Nathan Bakeberg, Nate Cantwell, Darren Dosch, Jared Torrence, Warren Sumption, Ryan Riggs, Daniel Podoll, Carla Casey. First Row: Toni Dinger, Jennifer Paul. Not Pictured Statisticians Joely Larsen, Sandra Pehl, Heidi Marttila, Russell Inches, and Joni Napton.



Left: With a gleam in his eye and a mischievous look on his face, Jon Ellwein carries a punt return for 30 yards.

Right: Jim Sumption attempts to take on the entire Warner line. Will he make it?!



# FOOTBALL CHEERLEADING

## Times are changing

This year there was a little twist to the usual cheerleading squad: instead of five cheerleaders and two advisors there was six cheerleaders and one advisor. Advisor Sandy Dinger from Hecla, enjoyed her fifth year advising the ladies. They also sold popcorn filled megaphones as a fund-raiser together.

Carla Casey was the only junior. This was her first year as a football cheerleader. Cody Lilla and Sheila Napton, both seniors, were also cheerleaders for their first year. Senior Toni Dinger a second-year cheerleader, while Jessica Ibanez and Jennifer Paul were both seniors and have been football cheerleaders for three years.



Top: Megaphones sitting there just waiting to be sold. Center left: Jennifer, Sheila, Carla, and Toni pumping the crowd up at the game. Center right: "How funky is your chicken?" Entertainment is the true essence. Bottom: The Northstar cheerleaders are from left to right Jessica Ibanez, Carla Casey, Jennifer Paul, Toni Dinger, Sheila Napton, and Cody Lilla.



# NORTHSTARS

# BASKETBALL CHEERLEADING

## The Power of Two

Boys basketball cheerleading went through big changes this year. They started off with five cheerleaders, and then four, then three, and finally just two. With just two cheerleaders the girls had to make the most of everything and pull together all their cheerleading capabilities. Instead of attending all the away games the girls were only allowed to attend the Hecla game, the Leola game and the Northwestern game. They were also able to attend districts and the Ellendale Christmas Tournament.

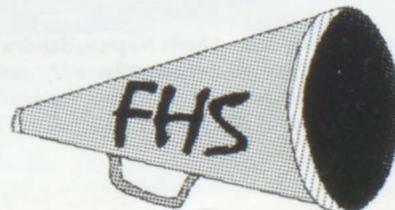
The ladies were seen working at the computer quite frequently making locker signs, designing programs, and organizing parents night. They raffled off a queen size comforter to raise money for the squad next year.

The cheerleaders were Sheila Napton and Jennifer Paul. Sheila has been a cheerleader for three years on the high school level and two years at the junior high level. Jennifer has been a cheerleader on the high school level for four years and on the junior high level for two. The girls have been partners for their whole high school and junior high careers.



Top: Sheila cheering the Vikings on for a victory against the Rosholt Rams. Bottom left: "Vikings you can do it" Jennifer is giving subtle encouragements to the boys. Bottom right: The Viking cheerleaders are from left to right Sheila Napton and Jennifer Paul.

# FREDERICK VIKINGS



# DRILL TEAM DRILL TEAM

## BLACK MAGIC ADDS A JV TEAM

Black Magic began the year long before their first performance. The first meeting was held in early September. Parents, dancers and Advisor Cindy Rall discussed purchasing new uniforms. To raise money the girls had two car washes and numerous raffles throughout the year. Finally on January 20 the all senior squad danced onto the floor decked out in new skirts, leotards, and sequined over lays.

This was Black Magic's third year of action. It also included a new addition to the dance squad at FHS. 1995-96 was the first time there was a JV dance squad. The members of the original team welcomed the addition in the hope that Black Magic lives on long after they leave.



Above: Heidi Marttila, Jennifer Paul, Sandra Pehl, Joely Larsen, Kate Swaton, Chrissy Piotrowski, Sheila Napton, Jess Ibanez, and Advisor Cynthia Rall.



Above: The Varsity girls begin a kick-line. Sheila Napton, Sandra Pehl, Kate Swaton, Chrissy Piotrowski, Jennifer Paul, Heidi Marttila

## VARSITY PERFORMANCES

DECEMBER 12  
"TECHNO-MIX"

HOLIDAY TOURNAMENT  
"BUSINESS OF LOVE"

JANUARY 5  
"BUSINESS OF LOVE"

JANUARY 20  
"JOCK JAMS"

JANUARY 23  
"JOCK JAMS"

FEBRUARY 8  
"JOCK JAMS"



# DRILL TEAM DRILL TEAM



Above: Elizabeth Fonder, Jo Breeding, Jessica Winther, and Kim Kinslow jam to their country routine.

## LEARNING THE MOVES

Frederick High School welcomed a new addition to their already fantastic dance line. "More Magic" joined FHS as the first Junior Varsity dance squad.

The eight girls began their practices in late August with the help of 1995 graduate Marianne Marttila and senior Jessica Ibanez. The girls learned a routine and spent many hours practicing for their October 16 performance.

Member Suzi Giovannettone said this about her first experience on the floor; "I wasn't sure we were ready, but we pulled through."

The girls continued the hard work. They began choreographing their own routines too.

## JV PERFORMANCES

OCTOBER 16  
"HIP-HOP MIX"

DECEMBER 27  
"TECHNOTRONIC MIX"

JANUARY 5  
"TECHNOTRONIC-MIX"

FEBRUARY 8  
"COUNTRY -MIX"



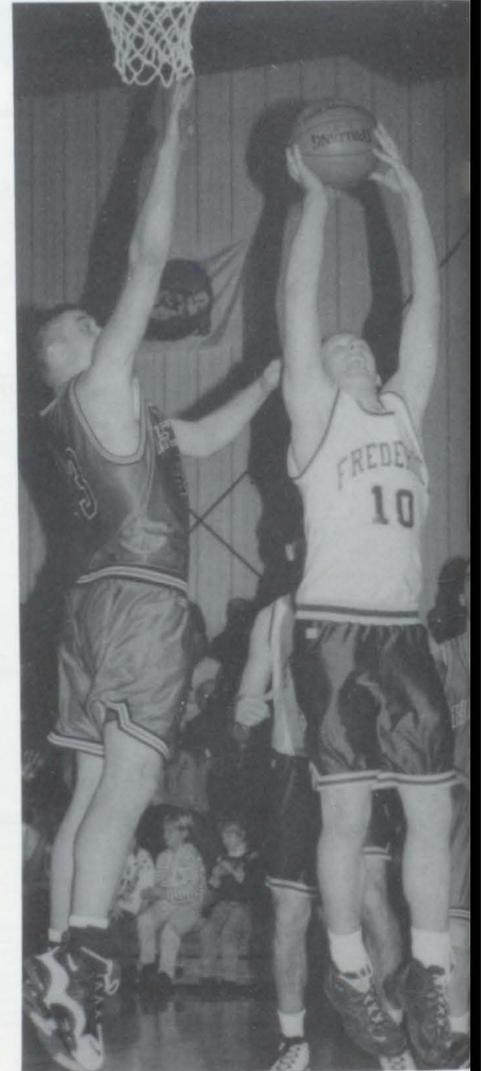
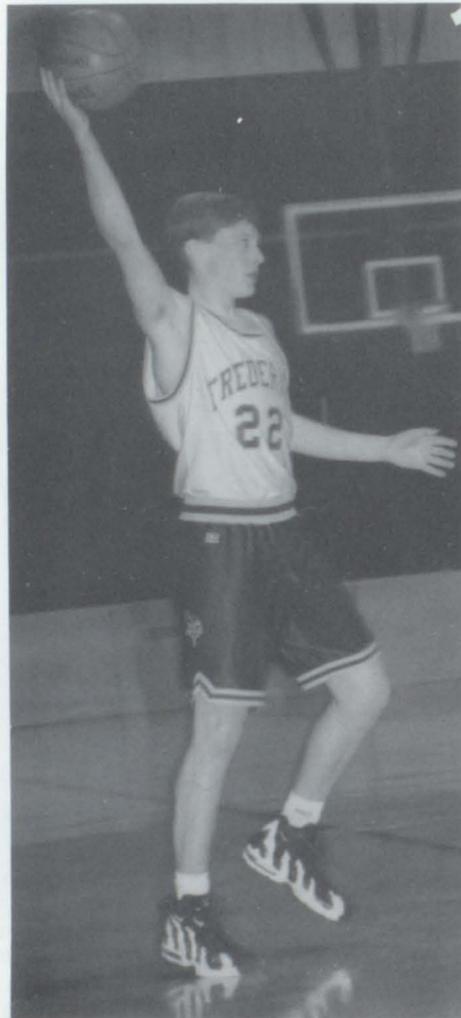
Junior Varsity Drill Team, Above: First row: Jessica Winther. Middle Row: Suzi Giovannettone, Trista Bunke, Twyla Sumption, Trena Rexinger. Third Row: Advisor Cynthia Rall, Elizabeth Fonder, Kim Kinslow, Jo Breeding.



# BOYS BASKETBALL



Right: Back row: Coach Lee, Dustin Jung, Ryan Inches, Dan Napton, Nathan Bakeberg, Justin Kopetsky, Daniel Podoll, Coach Kurtz. Middle row: Jesse Riggs, Travis Schaunaman, Jeremy Bakeberg, Jon Ellwein, Jim Sumption, Warren Sumption, Chris Maunu, Jared Torrence. Front row: Dave Schlosser, Neil Karjalainen, Ryan Riggs, Jon Larsen, Darren Dosch, Nate Deuter. Bottom Left: Jon looks for the pass, Bottom Middle: Jesse goes for the alley-oop. Bottom Right: Jim tries the dunk???



WHAT'S THE  
**SCORE**

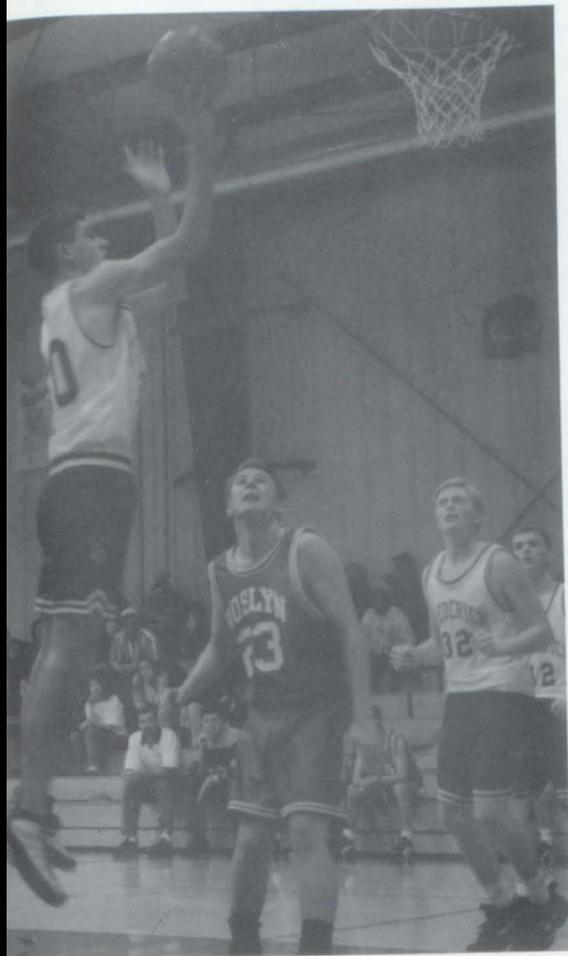
WE	OPPONENT	THEM
94	Edmunds Central	53
66	Hecla	89
80	Northwestern	79
77	Doland-Conde	70
63	Ellendale	70
40	Edgeley	69
73	Oakes	58
77	Langford	85
67	Hecla	81
83	Roslyn	89
90	Langford	96
85	Roslyn	96
107	Rosholt	74
59	Roncalli JV	76
53	Warner	76
76	Leola	85
83	Bristol	44
District Tournament		
75	Langford	72
73	Warner	97

## VIKINGS

The 1995-96 Boys Basketball season was a memorable year for two reasons. First, it was the last year of the Frederick Vikings because we will be co-oping with Hecla next year. Second, Jim Sumption had an average of 35 points per game. He had a total of 662 points for the season. The second leading scorer was Jon Ellwein with 187 points.

Many players were seen roaming the halls this year after school until 5:00. This was because they shared the court with the girls Volleyball team. The practice times rotated every other week.

The Frederick Vikings avenged two regular season losses to Langford with a victory in the District Tournament. In the second round we lost to Warner. The Vikings ended the season with a 7-12 record.



Far Top Left: Ryan shoots the bunny while Jeremy and Darren wait for the rebound. Far Bottom Left: Nathan brings the ball down the court. Top Left: several players were caught "looking at the blimp flying above." Bottom Left: Darren tries to take out a few defenders with a pick.



# VOLLEYBALL

Volleyball was introduced to Frederick as a new sport this year. The team of eleven girls, 7 through 10 grade, faced some tough times but pulled together as a team to win two matches, both over Warner.

Head Coach Tammy Long and Assistant Coach Brenna Lavold, both from Ellendale, guided the girls throughout the season. They learned to work together at something new and to cooperate to get the job done. The girls did a great job considering it was their first year as volleyball team members. They learned volleyball techniques and correct procedures.

Preparations for the upcoming season were thought out thoroughly and included new uniforms and judges stands.

The community learned a lot as they were introduced to the new extracurricular activity. Parents from around the area were big fans as their daughters participated in the sport for Frederick High School.

## 1995-96 GIRLS VOLLEYBALL SCORES

WE	THEY	
0	3	Tiospa Zina
0	3	Roncalli JV
0	3	Tiospa Zina
1	3	Leola JV
0	2	Doland-Conde
0	2	Warner JV
0	3	Webster JV
0	3	Edmunds Central
3	0	Warner 'C' Team
0	3	Langford
0	3	Leola Varsity
3	0	Warner Jun. High
0	3	Edmunds Central

**RECORD:** 2-13 (Matches)

Matches are played either best of 2 games out of 3 or best 0 games out of 5.

A game consists of 15 points, or a win by 2 points.

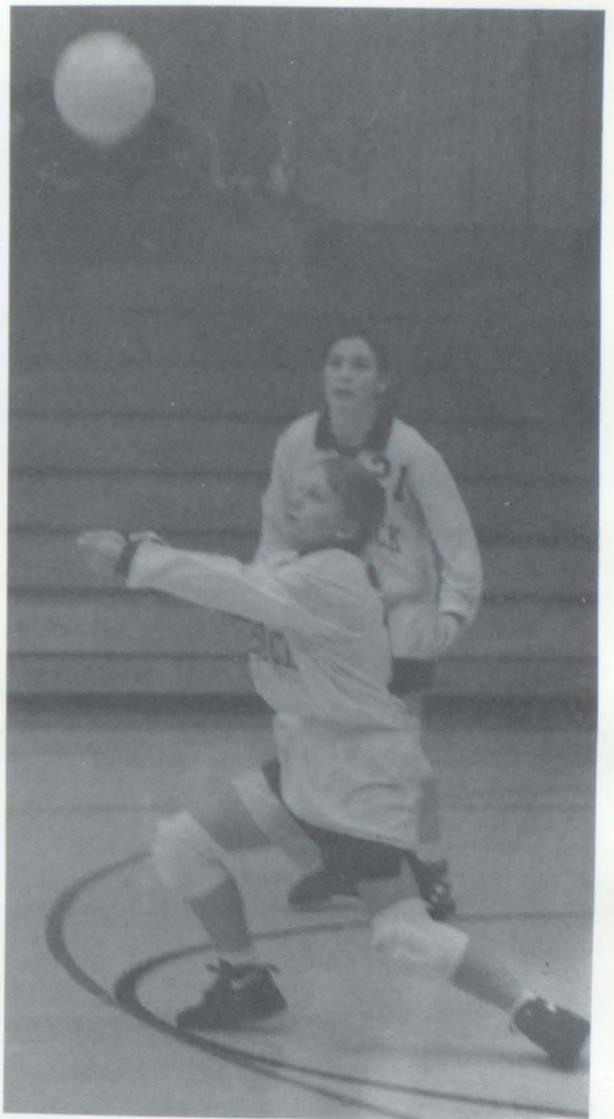


Right: Joni Napton waits for the okay to rack up points for the Lady Vikings.

Far Right: Jennifer Schmidt practices her spike with assistant coach Brenna Lavold.







Above: Alisha Groop digs as part of "The Plan of Attack" to overcome Warner's Lady Monarchs. Top Right: Jenny Kopetsky helps bumps the Vikings to another victory. Below: Lady Viking's team photo. Back row: Head Coach Tammy Long, Bridget Torrence, Darlene Napton, Jennifer Schmidt, Nicole Storm, Joni Napton, Assistant coach Brenna Lavold. Middle row: Jenny Kopetsky Front row: Lindsey Maunu, Alisha Groop, Liisa Nixon. Below Left: Bridget Torrence practices bumping the ball to obtain a victory.



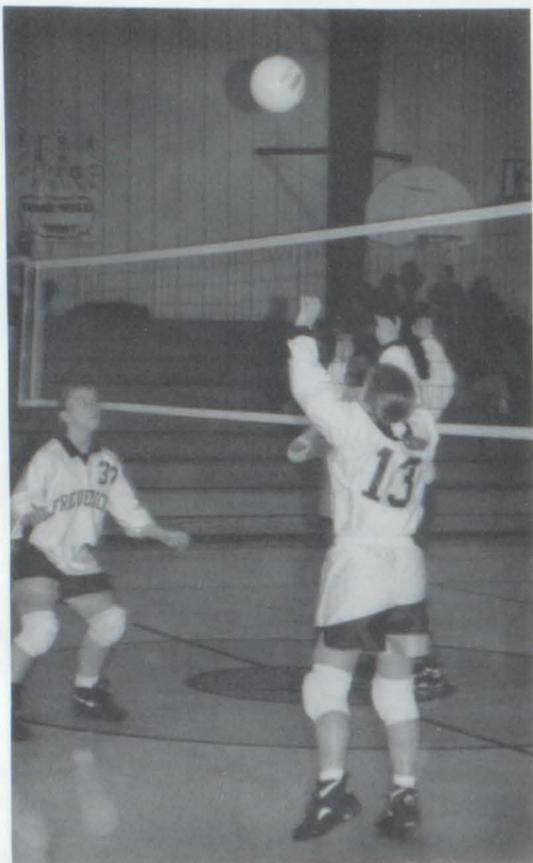
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olleyball

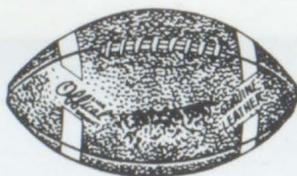
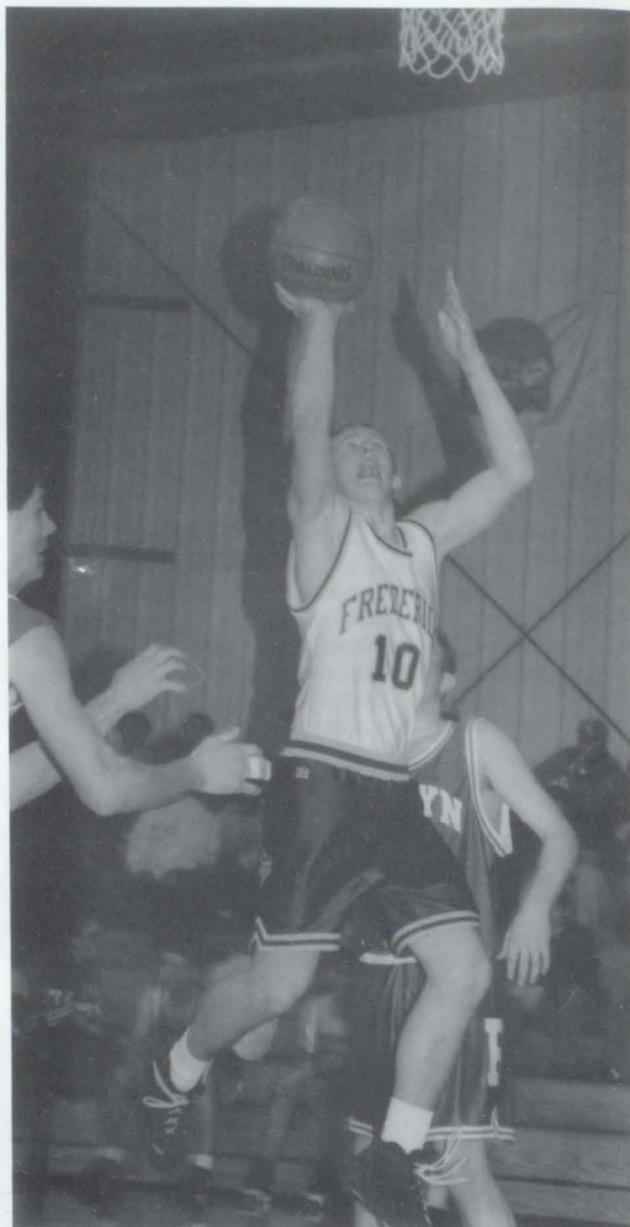


# SPORTS YEAR IN REVIEW



Above: "Got it!" Viking volleyball players Alisha Groop and Jennifer Kopetsky use team strategy to help them win.

Right: Jim Sumption puts it up over the heads of his Roslyn Viking defenders.



The final year of the Viking had many memorable moments. The Northstars finished with a record of 2-6. They endured a soaking rain for the Doland-Conde game. By the third quarter, taking stats was impossible and the cheerleaders waterproof uniforms would have served better as sponges.

The Lady Vikings finished with their usual record of 1-17, but also made valiant efforts against Eureka and Tiospa Zina.

The Vikings finished with a record of 7-12 after advancing to the second round of districts by upsetting Langford, but falling to a tough Warner team. It was the first time in three years that Frederick had advanced past the first district game.

The first-year Frederick Viking volleyball team made a good effort with a season record of 2-13. The team, made up mostly of eighth graders and freshmen, played contenders who were juniors and seniors during regular season games. When the girls finally played teams their own age, they dominated the competition and remained the only undefeated team in the tournament.

Track and cross country were combined with Hecla in preparation for next year, when all sports will be combined with Hecla.

FHS received statewide recognition because of Jim Sumption's achievements. He was named "KSFY Athlete of the Week" in January. He also broke several records (including a few of his own from previous years) at the Dakota Holiday Tournament.



*student Life*



# Homecoming

## Trying Something New

This year's coronation festivities were a little different from last year's schedule. The coronation ceremony was held after the homecoming parade. All six candidates rode in the parade and then the king and queen were crowned that afternoon during the community pep rally. This year's candidates were Darren Dosch, Russell Inches, Jon Ellwein, Sandy Pehl, Joely Larsen, and Jessica Ibanez. The 1995 Homecoming Royalty were Russell Inches and Sandy Pehl.

Our annual homecoming dress up week also took a new route this year with a several new dress up ideas. Monday the idea was to dress as your favorite movie star, Tuesday's theme was Beach Day, Wednesday was Redneck Day, Thursday was Hat and Sunglasses Day and it was also the first day of float building. Friday was of course Maroon and Gold Day.

This year the high school students did not participate in the coronation skits, although there was a skit resembling a mock trial that starred Judge Frito (Heidi Marttila), Marsha Kluck (Miss Labesky), and Mr. Kurtz.

The evening events started off with a junior high football game against Roncalli. At 5 p.m. the Sophomore class held a chili supper that was prepared by Wendy's Restaurant of Aberdeen. At 7 p.m. the Frederick Hecla Northstars played football against Northwestern with a score of 36-0 in favor of the Northstars.

To wrap up the day the Homecoming dance was held in the Gymnasium from 10 p.m. to 1:30 a.m.. The evening music was provided by D&M DJ Service which was sponsored by TORCH funds.



# ming '95



Left: 1996 Homecoming Royalty were crowned after the parade on Friday. Pictured are Ethan Emery, King Russell Inches, Queen Sandra Pehl, and Renee Graves.

Right: "Friends" of the eighth grade class listen to early rock and roll on this 50s theme float. The laid-back listeners were impressive enough to win the eighth graders first place in the float competition.

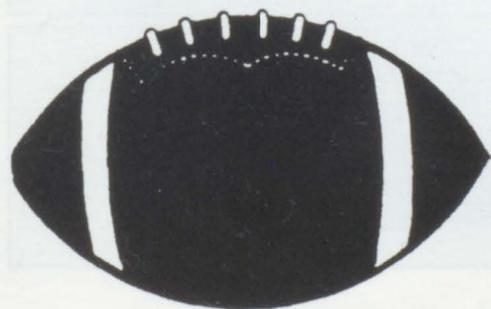
Below: Left to right, Logan Voeller, Josh Dennert, Trisha Rohwedder, Rachel Emery, Ashley Jung, and Mathew Gustafson are in their best "hippie" clothes as they walk to their starting positions for the homecoming parade.



## BLAST FROM THE PAST

Left: Beach Day brought out some funky summer fashions. The goggled girl in the back is Kate Swaton. Posing in front are Mrs. Schanzenbach, Miss Labesky and Jessica Ibanez.

Right: Coach Kurtz seems amused at the antics of the lawyers trying to convict him of "politically incorrect behavior" at the W.H. Kurtz trial.



# STUDENT LIFE

## What A Life!

Well, what is there to say about the Frederick High School students? If you take a look at the "What Do You Do?" Survey, the students can definitely be considered very studious and religious.

On weekdays they mainly go to school and do homework, and on weekends they spend most of their time working and attending church. During their lunch hour the students are given just enough time to satisfy one of their most basic needs: eating.

Is there any time left for student life after school at all?

It seems that Frederick High School does give its students the great opportunity of education (which we all, of course, really appreciate) and 20 minutes to eat. But it does not leave any free time for personal enjoyment and enrichment to let them expand their physical and mental horizons. (What "poor creatures" they are!)

Look at the pictures: students are still trying to make the best of it!



Left to Right: Chelsea Ruhoff, Kara Rydberg, Jessica Winther, Trena Rexinger, Brett Riggs, Dwight Pehl, Adam Rahja. 7th graders are enjoying their lunch hour on the benches outside school.



## "What Do You Do?" Survey

### On Weekends

1. Work
2. Church
3. Watch T.V.
4. Sleep
5. Ice skating
6. Fishing

### On Weekdays

1. Go to school
2. Do Homework
3. Watch T.V.

### During Lunch hour

1. Go to the store
2. Eat
3. Hang out

## "What Would You Never Do?" Survey

### On Weekends

1. Go to school
2. Nothing
3. Drink

### On Weekdays

1. Homework
2. Go to school
3. Do drugs
4. Go to Aberdeen

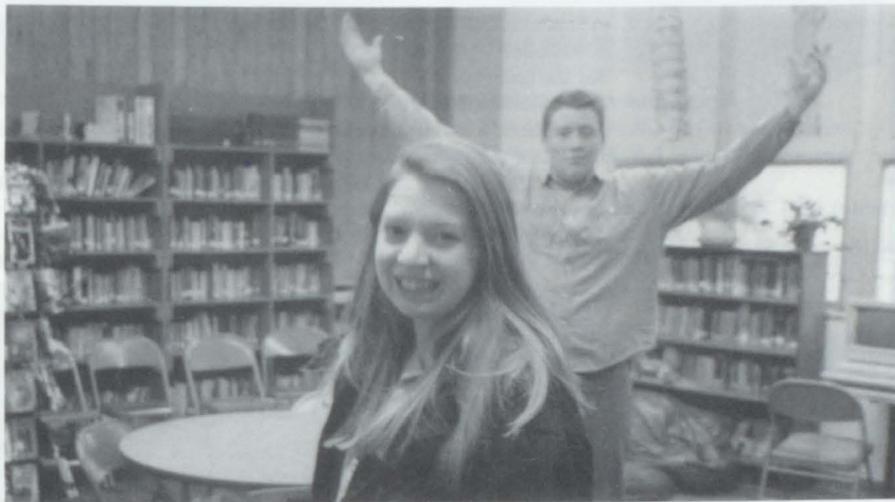
## "Top Snacks" Survey

1. Doritos
2. Carmel Apple Suckers
3. Mello Yello
4. Whatchamacallit

# STUDENT LIFE



7th grader Kara Rydberg munches on a lunch time treat.



Top Picture: Front row: Jessica Ibanez, Kim Kinslow. Back Row: Kate Swaton and Chrissy Piotrowski. It seems these four girls are ALWAYS eating. This time just happens to be the Indian Taco fundraiser.



Middle: Jill Schleder and Daniel Napton enjoy the library during their free time.

Bottom: Bridget Torrence and Jennifer Storm relax in the halls during lunch.



# Frederick Snow

The theme for this year's Snow Queen contest was "Through the Years." Many students from different grades helped to entertain and bring the theme to life while the judges made their decisions. The first grade girls sang a Santa song, told what their favorite subject was (most liked math), and received some candy from Frosty. The junior high girls also provided entertainment by giving a fashion show of dresses "through the years," from the 50's to the 70's.

As every year Frosty was present and music was played. This year's Frosty was hard to guess, but was unveiled to be Hanky Martilla. Marie Schlosser and some of her students, Christina Kopetsky and Brittany Klipfel, provided music for the night on the piano.

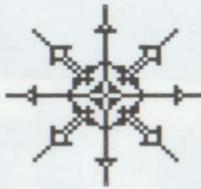


Above: 1st graders, Carli Ellwein, Christa Haas, Brittany Schlosser, Shrylle Mikkonen and Chelsea Dutenhoffer sing a Christmas song for the audience.

Left: Marianne Martilla unveils Frosty.

Down Left: Because of a long, hard day of work some contestants relax and take a break for a bite to eat.

Below: The seventh and eighth grade girls participated in a fashion show. Each girl chose a dress that was from either the 50s, 60s, or 70s. Pictured here, Lindsey Voeller shows off her 50s era dress.





# Queen 1995



Above: Looking forward to their first Snow Queen contest, the freshmen girls await the judges' decisions. The Junior Frederick Snow Queen candidates are Alisha Groop, Suzanne Giovannetonne, Elizabeth Fonder, Betty Rohwedder, Twyla Sumption, Lindsay Maunu and Bridget Torrence.

Below Right: Feeling good after being crowned, the queens share smiles. Frederick 1995 Junior and Senior Snow Queen winners are Betty Rohwedder and Jessica Ibanez.

Below: With apprehension, the Senior girls wait anxiously for the results. The Senior Snow Queen candidates are Jessica Ibanez, Joely Larsen, Heidi Marttila, Sheila Napton, Jennifer Paul, Christine Piotrowski and Kate Swaton.

There were many contestants this year for the 1995 Snow Queen contest. Seven girls each from the freshmen and senior classes competed. Each contestant did and looked her best. For the seniors Sheila Napton took Miss Congeniality, second runner-up was Kate Swaton, Jennifer Paul was first runner-up and Jessica Ibanez was chosen as the senior Frederick Snow Queen.

In the freshmen class Bridget Torrence was second runner-up, Suzanne Giovannetonne was first runner-up, and Betty Rohwedder was chosen as Junior Miss Frederick.

Throughout the night the junior and senior contestants told a little about their hobbies, plans and activities. The Junior Snow Queen candidates told the audience what their favorite activity was and why. The Senior Snow Queen candidates spoke about their future plans. Last year's South Dakota Snow Queen, Erin Knecht, was also present to give a short welcome to the audience.



# What's News 95-96

SOME OF THE TOP STORIES FROM THE YEARS 95 TO 96.

The jury has been selected. The case has begun and TV cameras have started rolling. Even a hot-line number as been formed for you to voice your opinion. Keep reading for the verdict.

It was "All O. J. all the time" when 1995 began, but two stories surpassed the Simpson saga over the next 12 months: the appearance of homegrown terrorism in Oklahoma City, and the dispatch of 20,000 U. S. soldiers to bloodstained Bosnia. The assassination of Israeli Prime Minister Yitzhak Rabin also topped the list of 1995 events.

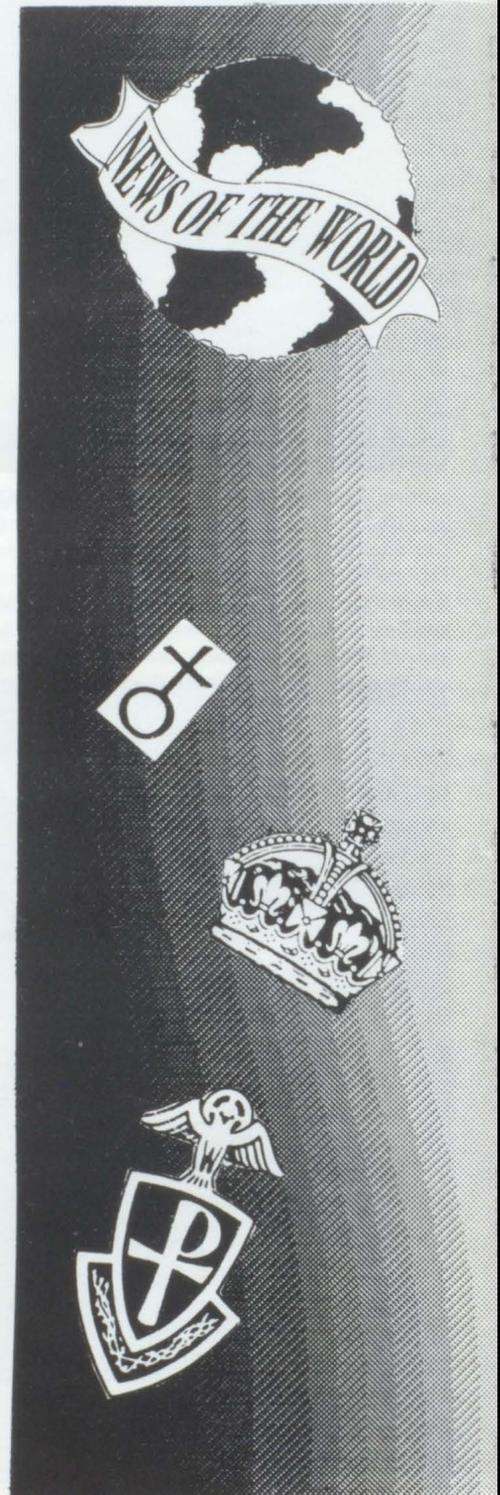
Another tragedy happened in early 1996 and at press time we were still not aware of the consequences. Michael Jackson and Lisa Marie Presley-Jackson had separated. (Isn't that a shocker!) In the same fashion, the artist formerly known as Prince, now known as @#^%\$!\*&, is reportedly engaged to his back up singer. (Another shocker!) \*\*\*News Flash! *The time is running out to cast your vote. Hurry and call in! This decision can drastically effect your life. Don't hold your breath or you just might change your color. Also watch out for impostors.*

Do you know this quote? "I am the most important witness in the trial of the century. If I go down, their case goes bye-bye." These are the words from the key witness in the O.J. Simpson trial, Mark Fuhrman. (What a guy!) More on the trial: Kato Kaelin, the friendly house guest, is mooching more money off his new found fame by writing a book and starring in some low budget films.

\*\*\*News Flash! *Have you used the 1-800 number to voice your opinion? The choices are: ###, @@@, \$\$\$.* (use your codes on the bottom of the page to decipher the choices.)

The verdict to the exciting case is on the bottom of the next page. Now look over to the page that is connected to this page (to the right), did you find it? On this page we just mentioned you can find events that occurred in each month of the school year.

Answers for decoding: ###=Blue  
M&M, @@@=Pink M&M, \$\$\$=Purple  
M&M



# HAPPENINGS THROUGHOUT THE SCHOOL YEAR

## AUGUST

On August 29th a devastating thing happened to many students across America: School Began!!!! (Why Me?!?)

Also in August, Susan Smith was sent to prison for the murder of her two young sons.

## SEPTEMBER

In September, Shanna Faulkner was released from the Citadel. Faulkner was the first female to be admitted to the all male training camp.

Also in September, the shelling of a marketplace area in Sarajevo caused the death of 43 people and 80 people were wounded.

## OCTOBER

On the eleventh of October the trial of the century finally came to an end. The jury found O. J. Simpson not guilty for the murders of Nicole Brown Simpson and Ronald Goldman. At the beginning of the trial 33 lawyers predicted "guilty" and 11 "not guilty".

Another occurrence in October was the Million Man March. Millions of men marched to Washington to demonstrate for equality for black men.

The United Nations had its 50th birthday. But the U. N. couldn't really enjoy their anniversary because of some unsettled conflicts: it needs money and a clearer mission. But there is no consensus on how it should reform.

## NOVEMBER

In the middle of November, Prime Minister Yitzhak Rabin was assassinated by a 25-year-old Israeli.

The peace keeping troops were ready to go to Bosnia.

In the race for the presidency, candidate Collin Powell dropped out.

## DECEMBER

This year, Christmas was celebrated in this month. What a change!!!

Troops were now deployed to Bosnia. For the soldiers it probably was not a merry Christmas.

"Toy Story", the first fully computer animated film came into the movies.

For \$39.95 on pay per view, viewers were able to watch the 86-second fight between McNeeley versus Tyson.

## JANUARY

The blizzard of '96 was the hot topic at the beginning of the year.

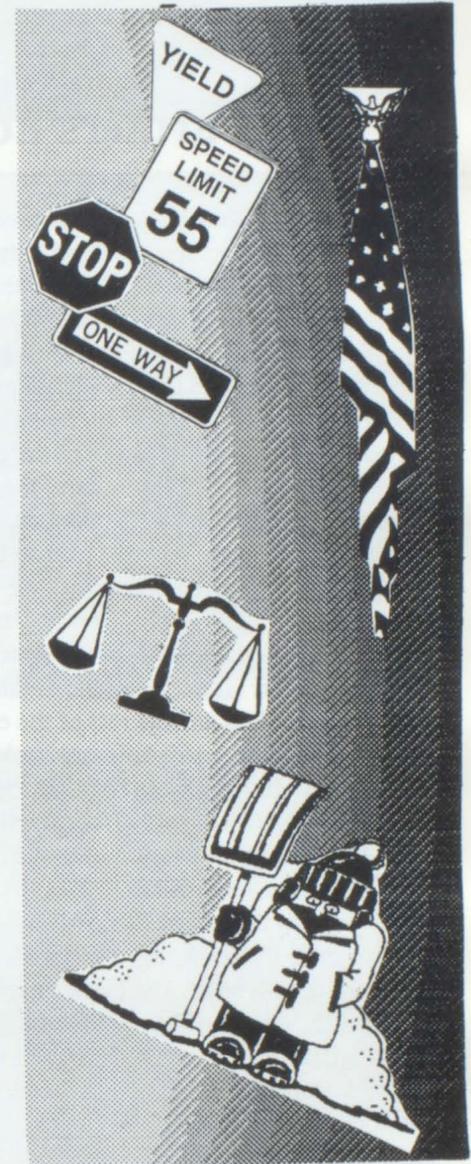
The Aberdeen area had nine inches of snow and wind gusted up to 60 mph. In comparison a tropical storm is classified as a hurricane when winds reached 75 mph. Temperatures dropped down to 20 below zero with a windchill factor of 70 to 75 below zero (pretty coooooold, huh?) Due to this extreme weather Frederick High School closed its doors for a total of five days.

In this year's 38th Super Bowl, the Dallas Cowboys dominated over the Pittsburgh Steelers with the score 28-17.

## FEBRUARY

Charles and Diana FINALLY divorced. An American peace keeper was killed in Bosnia.

South Dakotans are happy. It has been decided that the speed limit on South Dakota roadways will be changed to 65 mph on highways and to 75 mph on interstate highways. The new bill will be in affect on April 1, 1996. But the people in Montana are really happy. Their government decided not to have a speed limit anymore at all. This state is now known as the state of unlimited "Montanabahns".



In the year 1995 the M&M company decided to add a little spice by dropping the color tan and adding another color that would be decided by the nation.

When the votes were counted the color blue had won the heart of the nations people. We hope the color blue truly enlightens your life.

# Barnard Student Life

## Fun Furthers Education

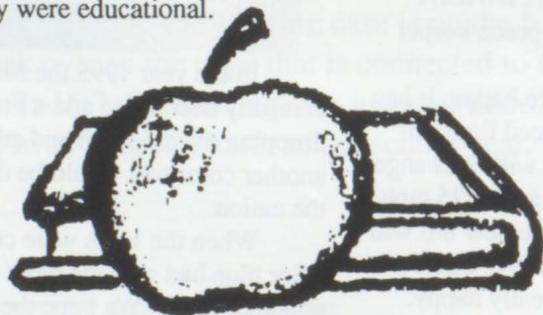
Barnard students have had a very active and exciting year. They of course experienced the fun of playing at recess and gym class, but they have also had a few new experiences. Two new educational programs were discovered that brought more enthusiasm and fun to learning.

The "Read 25 Club" was a new reading program that Mrs. Sheldon designed to encourage the students to read more. To become a member of the club, each student would have to complete 25 ten- minute sessions of reading. All of the students received a free book to start them off on their reading challenge. As soon as they became a member of the club they were given computer time on the new educational programs.

The Wetlands Discovery Trunk was another big success. Mrs. Ullrich introduced this learning tool to her third grade class and the rest of the elementary school. The trunk contained many different books and games about the Wetlands. It had a giant floor puzzle, animal hides, lifesize animal puppets and more. The Wetlands discovery trunk taught them about everthing from Shorebird migration to exotic plants and animals.

Not only did the Barnard students get the opportunity to experience the trunk, but Eureka, Leola, and Warner schools experienced it also. The trunk travels from school to school across the countryside.

Both the "Read 25 Club" and the Wetlands Discovery Trunk were a lot of fun for the students at Barnard, but best of all, they were educational.



Above: Mrs. Sheldon enthusiastically explains the "Read 25 Club" to the sixth grade students.

Below: Draw!! Mrs. Schanzenbach instructs the fourth grade students on how to bring out their creative sides.





Top: Mrs. Zinter keeps the attention of the Kindergarten class as she prepares to read a story.  
 Above: First grade students Travis Dallenbach, Chelsea Duttenhoffer, and Shrylle Mikkonen are obviously eager to learn.



Top: First graders Reva Graves, Joel Torrence, and Hope Martinson proudly show off their community display.  
 Middle: The third graders are in awe with the choices at the Book Fair during National Book Week.  
 Above: The fifth graders work hard to learn their beginner band music.



# FHS FAVORITES

## *Song*

1. I Swear
2. Lump
3. Kiss from a Rose

## *Movie*

1. Dumb and Dumber
2. Seven
3. Billy Madison

## *Music Video*

1. Any Man of Mine
2. Sold
3. Only Wanna be with You

## *TV Shows*

1. Superman
2. Beverly Hills 90210
3. Home Improvement

## *Talk Shows*

1. Oprah
2. Dave Letterman
3. Ricki Lake

## *Cars*

1. Camero
2. Mustang
3. Viper

## *Clothes*

1. Levis
2. No Fear
3. Wrangler

## *Singer*

1. John Michael Montgomery
2. Garth Brooks
3. Alan Jackson

## *Couple*

1. Tom Cruise, Nicole Kidman
2. Dave Pirner, Wynona Ryder
3. Richard Gere, Cindy Crawford

## *Actor*

1. Jim Carey
2. Keanu Reeves
3. Brad Pitt

## *Actress*

1. Sandra Bullock
2. Julia Roberts
3. Sharon Stone

## *Celebrity*

1. O.J. Simpson
2. Jim Carey
3. Kathy Ireland

## *Model*

1. Kathy Ireland
2. Cindy Crawford
3. Nikki Taylor

## *Loony Toon Character*

1. Tazmanian Devil
2. Bugs Bunny
3. Tweety Bird

## *Drink*

1. Powerade
2. Orange Juice
3. Shirley Temple

## *NFL Team*

1. Dallas Cowboys
2. Minnesota Vikings
3. San Fransisco 49'ers

## *NBA Team*

1. Chicago Bulls
2. Orlando Magic
3. Phoenix Suns

## *Major League Baseball*

1. Atlanta Braves
2. Cleveland Indians
3. Seattle Mariners

## *Sports Stars*

1. Michael Jordan
2. Troy Aikman
3. Deion Sanders

## *College Football*

1. Nebraska Cornhuskers
2. Michigan Wolverines
3. Notre Dame Fighting Irish

## *Restaurant*

1. McDonalds
2. Steak and Buffet
3. Pizza Hut

## *Food*

1. Pizza
2. Tacos
3. Chinese

## *Pop*

1. Mello Yello
2. Mountain Dew
3. Coke

# Remember When...

The Senior Class got together and decided on a few of their fond (or not-so-fond) memories. Here's to the Class of 1996--may they live long and prosper!



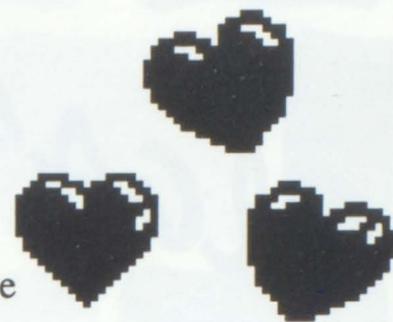
Sitting in the hall during the sixth grade  
Valentine's Day party

Jon falling out of the tree

The "sunflower-seed-in-the-ear" scenario

Seventh grade track initiation

The very first Freshman Olympics (and we  
actually won an event!)



J. J.'s "Quaker Oats" shirt

New Kids on the Block sweeping the nation

Kissing tag

Dress-up day

The "Hi-ho" song

Square dancing

Climbing the rope

Missoula Children's Theater

Our seventh-grade field trip to Johnson's  
Gulch (that belt thing)

Chickery-chick

Darren as the chicken

Jennifer's attack of hunger in seventh grade  
(the pen incident)

Jessica's bubble trouble before the sixth  
grade Homecoming parade

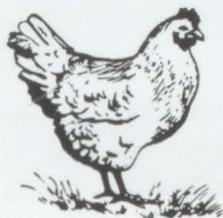
The "Twin Towers"

R-R-R-R-Rubber, C-C-C-Cement

Jesse's "Alice, Alice, the British are  
coming!"

Joe's "Unbelievable!"

"Can I have your pizza?"



# Class of 1996



Jeremy Bakeberg  
Darren Dosch

Jon Ellwein  
Jessica Banez

Russ Inches  
Jeremy Jensen

Joely Larsen  
Heidi Marttila

Sheila Napton  
Joe Ness

Jennifer Paul  
Sandra Pehl

Christy Piotrowski  
Jesse Rystrom

Gwen Schaunaman  
Kate Swaton









