


## Time 0ut For Appreriation

## The class of 1995 would like to dedicate this yearbook to Mr. Blasdell!!



What other teacher would have a collection of strange hats, ties and other memorabilia in his room?? Mr Blasdell is a very special someone to all at Frederick High School.

To this man of great generosity and creativity, the class of 1995 dedicates this yearbook.

Mr Blasdell, (otherwise known as Mr B., Grandmaster B or Charlie), has been counselor, english teacher, oral interpretation and drama coach to the seniors for the past three years. He is a teacher who has the ability to motivate students to learn while having fun.

Besides just teaching literature, Mr B . incorperates post high school information into his classes. He makes sure his students are thinking about their futures. Whenever anybody has questions about a college or career, the information is practically in their hands before the sentence is finished.

Mr Blasdell has a laugh that will make you smile and an unending ability to listen.

To a great friend and teacher, the seniors would like to show their gratitude and extend best wishes in the future.



Jason Mark
Cox

## CLASS FLOWER:

Daisy


Sara
Mercedes
Dieter


Amanda
Jo
Cruse


Dacey
Lea
Cutler

## CᄃASS

The greatest doing whit people



Stacy Lynn Ness


Amanda Lynn Nixon


Wyatt Jofin

Scepaniak


Dustin
James
Scfrmierer

## CLASS COLORS: <br> Green and Silver



James
Curtis
Sfieldon


Paul
Winston
Sumption


Justin

Boy how times have changed!


Pictured are the seniors in the "good old days" TOP: (1 to r) Jason Cox, Stacy Ness, Dacey Cutler MIDDLE: Paul Sumption. BOTTOM: Dustin Schmierer and Sara Dieter


They look so innocent! Pictures are TOP: (1 to r) Wyatt Scepaniak, Justin Wallace, Marianne Marttila. BOTTOM: Jim Sheldon, Amanda Cruse and Amanda Nixon


Try and guess what hour this picture was taken? Seems as if Paul Sumption does the same thing all day every dayl
S


Even after football season was over, Justin Wallace could still S be seen wearing his \#11 jersey!


Big coincidencel Little Miss Organizer, Stacy Ness, is caught with her planner in front of herl (I wonder if she really even uses it?)


Well Jason Cox and Wyatt Scepaniak, that's what you get for letting the girls do your hair. (Jason does not look as if he likes his new look!)


Exactly how likely does this picture appear to be? Dustin Schmierer and school work?!


Excuse Mel But exactly what is it Dacey Cutler is up to this time? (Don't ever let her small size deceive youl Her spirit is as wild as a stallion!)

Jim Sheldon is definitely concentrating about something! (Whether it's about the game, his girl, or the party later that night, no one knows.) Right: Off on her own, yet still amoung us, Mandy Cruse is always doing her own thing.



Obvously this is a forced smile! Marianne Marttila can't actually enjoy doing her school work that much, can she?


Amanda Nixon and Sara Dieter were kind enough to stop talking for a quick snapshot. (Ever wonder what they whisper about with each other and their friends?)


Jeremy


Jennifer Paul
Sandra Pehl

Jesse
Rystrom
Gwen
Schaunaman
NOT PICTURED: Elisabeth Scholz


## Every Minute Counts

"Every minute counts" was a phrase often said and sometimes followed by the Junior class this year. Though they didn't always start things on time, they always pulled it off, sometimes with just seconds to spare. For the juniors, 94-95 was a time to remember.


Indie
Bobzien Josh Bobzien

AJ Clifford Nate Deuter


Jason Goebel


Ellen
Groop
Ryan Inches Elisha Jung


Daniel
 Olson
 James Sumption Jared Torrence
Brad
Wollman
Organizing for the chili supper and working on the float that took first place this year kept the sophomores quite busy. Even with everyting going on they still found time to have fun and make it "A time to remember"!

Nathan
Bakeberg Connie R

Lynn Huettl Brian Jenson

Chris Maunu Joni Napton Jessica Nilson

Travis Olson

Daniel Podoll Anne Sheldon

Warren Sumption Janel Walworth


## Time Management

There's no holding back the freshmen of FHS. Whether its competing with their teachers or competing in sports, these first-year high schoolers show their spirit. Along with the challenge of the first year of high school, these students are in a variety of extra-curricular activities, ranging from football to oral interpretation. This fun-loving group of teens really know how to manage their time!


ABOVE: Can you see the look of anticipation on the faces of the "Frosh", as they wait for
the next event in the Freshmen Olympics?


Elizabeth Fonder Suzanne Giovannettone

Alisha Groop Dustin Jung

Neil Karjalainen

Justin
Kopetsky
Jonathan Larsen
Lindsay
Maunu

Ryan


Twyla Sumption

Eric
Thompson
Bridget Torrence


The Roadrunner and Wile E: Coyote on the eighth grade float.

## Time and Again...

Are the eighth graders the smartest students at FHS? Well, it can't be proven, but they did often have the most students on the honor roll.


With such a big class the 7 th graders made quite an entrance to FHS. They seemed to always be together. Walking to class, or to the store each and everyone was spotted with
 a smile!

$$
6
$$

## Time To Shine

Being the oldest at Barnard is pretty tough work. But all of
the fifth and sixth graders have enjoyed it very much. "The little kindergartners look up to us." The sixth graders are pretty
excited to attend FHS next year, but right now is their time to shine.


Sixth Graders are: BACK ROW: Chelsea Ruhoff, Mrs. Ellefson, Dwight Pehl, Jennifer Storm, Jennifer Schmidt, Joshua Larsen, Trenia Rexinger, Eric Jensen. MIDDLE ROW: Trista Bunke, Joshua Underberg, Rosalee

Flying Horse, Adem Achen, Alaina Sanderson. FRONT ROW: Jared Voeller, Craig Karjalainen, Adam Rahja, Brett Riggs, Jessica Winther.
Fifth Graders are: BACK ROW: Jordan Torrence, Brandon Bain
,Jessica Ness, Ben Pitz, Misty Malke. MIDDLE ROW: Justin Schmidt, Brian Schlosser, Whitney Ruhoff, Mrs. Hegge, Jason Bender, Jonathan Mardian. FRONT ROW: Kimberly Maunu, Jennifer Gobel, Erin Schleder.

who [ares ADout time?
AS THE THIRD AND FOURTH GRADERS "CONTINUE TO MOVE ON THROUGH THEIR ELEMENTARY YEARS, THEY WON'T BE LOOKING BACK UNTIL THEIR

HIGH SCHOOL YEARS. IN THEIR WORLD NOTINHG MATTERS EXCEPT TODAY AND TOMORROW."


## A Learning Time

As the clock ticked by, the second and first graders learned the value of time by completing lessons and projects assigned in math, spelling,
reading, social studies, and writing. They used extra energy by participating in art class, music class, and physical education classes scheduled during periods on various
days. Both classes participated in the Homecoming parade by dressing as cartoon characters. They also performed musical numbers at the Christmas concert.


Second Graders are FRONT ROW: Kassie Storm, Trent Huettl, Mrs. Heis, Craig Larson, and Danielle Taylor. BACK ROW: Colby Cantwell, Tyler Parsons, Corey Niles, Justin Ellefson, Jared Middleton, and Anthony Sanderson.

First Graders are: FRONT ROW: Megan Duttenhoffer, Joel Torrence, Corley Hertel, and Jesse Brooks. MIDDLE ROW: Mrs. Brooks, Reva Graves, Alex Hart, Shelley Lux, Alyssa Middleton, Lacey Voeller, and Hope Martinson.


The Kindergarteners include Front Row: Mrs Colleen Wallien, Brittany Schlosser, Christa Haas, Travis Dallenbad, Chelsea Duttenhoffer, Travis Hart, Brandon Taylor Back Row: Alex Jones, Casey Dennert, Kelli Nixon, Mickey Schlosser, Erik Nixon, Carli Ellwein, Shrylle Mikkonen NOT PIC-

## A Time For New Experiences

Fourteen anxious students, taught by Mrs. Collen Wallien, began their school experiences with kindergarten. Throughout the year, they learned many new things. To help them work with the alphabet, they drew and displayed a symbol, item, or animal for each letter of the alphabet.

One science project included planting popcorn in baggies which actually grew in the bags but not outside!! The class completed several art projects, especially for the holidays. At Christmas time, the Kindergarteners made gifts for their parents.

As a special treat before Christmas, they joined the first graders in going to the movie "The Lion King" in Aberdeen.

To end the busy year, the group put on a program for their parents.

# Barnard Student Life 

Barnard students have been very active this year. They participated in the Homecoming parade, Christmas concert, and various other activities.

The Barnard Tag Team Members along with the upper classmen, sold T-shirts to raise money for guest speaker, Sally Roesh Wagner.
Also this year, the fifth graders graduated from the DARE program.
When asked what time of the day they liked best, most
 students responded, "Recess!!"


Above: The Fourth Graders wait in line for lunch at McDonalds. They are celebrating with Christina Kopetsky, who became a finalist for her stamp design.


## TELE[(OMMJJNI[HTIUN



ABOVE: Marianne Marttila and Stacy Ness work on Spanish assignments in the telecommunication room.

RIGHT: The Art Through the Eyes of the Lakota students work on their beading project as we sneak in for a quick picture. Pictured are Dacey Cutler, Amanda Nixon, Darren Dosch, and Dustin Schmierer.

BELOW: Here's a look at the equipment close-up. Pay close attention to the quad-screen on the right television set.



TOP: This is a look at the telecommunication room from the student's point of view.

ABOVE: Stacy Ness, Jessica Ibanez, and Heldi Marttila work on their Spanish II assignments. The boxes in the back contain the equipment that had not been set up yet.

BELOW: Mrs. Lone from Bristol teaches on screen to the Spanish II class.


## CHANGING WITH THE TIMES

This year Frederick High School has expanded its academic possibilities by setting up a telecommunication system. The system now makes it possible for the students to take classes that were not offered to them before. The courses being taken this year are Art Through the Eyes of the Lakota, Jounalism, Spanish I, Agricultural management, Spanish II, and Physics.

The Telecommunication system is connected with five other neighboring high schools that are also hooked up to the system. Bristol High School teaches Spanish I and Spanish II. Groton teaches the Agricultural management class. Hecla High School teaches both the Journalism class and the Physics class. From our school, Mrs. Brokaw and Mrs. Schanzenbach are currently teaching the Art Through the eyes of the Lakota Class.

The Telecommunication system had many problems getting on line at first. There was a delay in getting the equipment shipped, and then there were various technical difficulties that slowed things down. The system wasn't completely set up and running properly unit the end of the first semester.

A lot of work was put in to get the system ready to go. The ceiling was lowered, a new lighting system was installed and carpet was also installed. Four television sets, two video camera's and microphones were added to the room. Television sets were also placed in Mr. Barondeau's and Mr. Getty's offices to moniter any acitivity taking place in the telecommunication room.

Northern High Tech Modules once again visited the halls of FHS this year.

By using the modules, students were able to learn about robotics, lasers, computer mill programming, bio-technology and career guidance. With the Discovery comT puter program, they had information about various colleges and universities at their finger tips.

Throughout the year, various modules were used during class time to elaborate on "traditional" learning styles.

## AHEAD

 OF OUR TIME
an "It was all good, "Jistin Waliace

- "lt's the wave of the filture," iessica Baniez
- "I liked working with the video modules. Our project turned out really goad." Shella Napton


ABOVE: Nathan Bakeberg concentrates on moving a robotic arm.


ABOVE: Can you see something "fishy" about this picture? Warren Sumption works on the Robotics Lab. BELOW: Stacy Ness \& Amanda Cruse are busy putting together their poetry video project on the Video Commucations Lab.



ABOVE: Dustin Schmierer and Paul Sumption are working hard in the library which was expanded during the summer of '94.

BELOW: Jessica Ibanez takes time to do a little bit of research.


## Library <br> Expansion

At the end of the 199394 school year, Mrs. Brokaw was busy packing up books in the library. Over the summer, the divider between the library and the assembly room was moved. The result of the remodeling was a more permanent division between the two "rooms".
The library section was expanded, while in turn, the old assembly (now history room) was made smaller.

With extra room added to the library, teachers could bring entire classes in to do research and not have to worry about being cramped for space.
A benefit to the students was having the research equipment spread out, rather than having everything crowded into a corner.
The library expansion is just another example of how Frederick High School is changing with the times.


The telecommunications system put in place at FHS allowed a new cultural class to be taught. Teresa Schanzenbach and Jackie Brokaw instructed students on the ways of the Lakota Indians. Together they worked on many projects throughout the year. They finished a turtle wallhanging, now displayed in the telecom room (pictured at top left). It represented the thirteen months of the Lakota calendar. On Native American Awareness Day, the students went down to the elementary school to give a program for the younger kids. Each high school student was responsible for one part of the presentation. From November 28 to December 1, Dallas Chief Eagle, an experienced and well-traveled hoop dancer, worked with the FHS students as part of the Artists-in-Schools program. On December 1, the Lakota class sponsored a program which included hoop dancing by Chief Eagle and junior high students, and the presentation of Peace Medals to supportive members of the community. The Lakota Art students had a good time this year learning about a different way of life.



Above: Mrs. Brokaw and Mrs. Schanzenbach are caught by the camera while enthusiastically teaching their class.


Middle: Dacey Cutler, Amanda Nixon, Darren Dosch, and Dustin Schmierer work hard at making beaded braclets in their class. Above: Dacey cutler and dallas Chief Eagle watch as Darren Dosch presents a peace medal to Richard Bakeberg at the Dallas Chief Eagle performance.


TAG Team members for $94-95$ were (back row) Justin Kopetsky, Anne Sheldon, Ellen Groop, Heidi Marttila, Advisor Tonya Zinter, Gwen Schaunaman, (center) Daniel Podoll, Jennifer Kopetsky, (front row) Travis Schaunaman, and Megan DesCamps.

## TAGTEANT

For part of their program in the 94-95 school year, the TAG (Talented and Gifted) Team of FHS sponsored a guest speaker to visit with the students. Sally Roesch Wagner, a former professor of women's studies and author of numerous books, spoke at both the elementary and high school. She explained how different women's roles in society were in the 1800 s, how far society has come since then, and also how far society has yet to go before putting the sexes on equal ground.

To raise some of the money needed for Wagner to speak at Elm Valley, the TAG team sold environmental T-shirts. The T-shirts were popular at FHS, and many students could be seen sporting the earth-friendly logos.


Left: The Sweetheart Royality and their court are: Jessica Ibanez, Elisabeth Scholz, Queen Sandra Pehl, Dustin Schmterer standing in for the King Jon Ellwein, Nathan Bakeberg standing in for Jeramy Jenson and Darren Dosch. Right: The Student Council for the 1994-95 school year were (back row) Mitch Wilson, 8th grade; Russ Inches, junior; Wyatt Scepaniak, SC president; Daniel Podoll, freshman; (front row) Jennifer Kopetsky, 7th grade; Ellen Groop, sophomore; and Stacy Ness, senior.


## Sturdent Councic

The 1994-95 Student Council decided to do something different this year. In the past, the Student Council's main responsibility was planning Homecoming in the fall. This year, in addition to their Homecoming duties, the Student Council put on a Sweetheart Dance in February. Candidates for a Sweetheart King and Queen were chosen from the Junior Class by the seniors. The royalty, who were crowned at the the Sweetheart Dance, were Jon Ellwein and Sandra Pehl. The TI and Improv groups also sponsored the festivities.

FHS saw a lot of changes in the '94-'95 school year. Several room changes were made, such as the English room moving to the junior high area, the history room moving to the old English room, and the old Governmentroom becoming the Telecommunications room. Changes in faculty occured as well. Cynthia Rall took charge of the science classes, and Janel Barondeau took over some of the computer and math classes. Jerome Lee took Mr. Shetler's position as head basketball coach and history teacher, while Bill Kurtz replaced Mr. McIntosh as football coach, P.E. teacher and government teacher. Liz Labesky is also back at FHS after a three-year absence. All in all, the teachers of FHS helped make '94-'95 a time to remember!


## Itouch trefuture. Itach'

-Christa McAuliffe


TOP: The faculty of FHS pause in their busy day to pose for a picture. Front Row: Teresa Schanzenbach, home ec and art; Jerome Lee, social sciences and coaching; Tom Whaley, math. Back Row: Liz Labesky, music; Bill Kurtz, social sciences and coaching; Sue Maunu, business and math, Charlie Blasdell, counseling and English; Jackie Brokaw, library , English and Lakota Art; Cindy Rall, science and drill team; Janel Barondeau, computer and math. Not pictured: Tonya Zinter, Gifted and Special Ed.; Randy Barondeau, Principal; and Laurel McDowell, Secretary. BOTTOM: Laurel shows her famous smile for the camera.


RIGHT: Uncle Sam, D. Schmierer, assisted the Kids Voting float. BELOW: Sara Dieter's lookin' sweet in her hippie clothes!


## H <br>  <br> M <br> E <br> C <br> O <br> M <br> I <br> 



Above: Hippie/Hip-hop Day was the theme for Wednesday of Homecoming week. Here, Joe Ness is all decked out in his "hippie threads". PEACE, BROTHER!


TOP: The freshmen procede to blow a ball across "water" to beat their classmates in the Frosh Olympics. ABOVE: J. Cox, J. Larsen, C. Olson, W. Scepaniak, J. Paul, and S. Pehl get ready for Wacky Hair Day--obviously!!

## A Time for Memories

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Homecoming week proved to be exciting yet disappointing. Although the girls basketball team and football team each suffered a loss, that didn't keep our spirits down. The coronation ceremony was celebrated on Thursday with skits being performed and royalty being crowned. This year's king and queen were Wyatt Scepaniak and Dacey Cutler. The Homecoming parade was another crowd attraction.
With all the screwed-up hair-dos and crazy clothing, Homecoming '94 was definitely a time to remember!


ABOVE: The 1994 Homecoming Royalty and their court are simling pretty. Standing in back are Marianne Marttila, Stacy Ness, Jason Cox and Justin Wallace. Sitting, are Shrylle Mikkonen, Dacey Cutler, Wyatt Scepaniak and Cody Gustafson.


In the summer of 1994, FHS sent six students to Northern State University's campus for the Teen Institute Program. This year, the TI students were involved with the Peer Education Tract. They were taught how to organize and prepare presentations for students as well as adults.

Their presentations dealt a lot with prevention of the use of drugs and alcohol, and peer pressure. The


TI sudents had help from the Improv students on a presentation to the Barnard 5th and 6th grades on November 23. Programs were also presented at Hecla and Ipswich later in the school year.

Teen Institute, along with Improv, once again this year, sponsored "Reality 101", a multi-media production which was shown to the junior and senior high students.


A total of nine students attended the Improv Training workshop at Storm Mountain this summer. Stacy Ness, Marianne Marttila, Dustin Schmierer, Joe Ness, Joely Larsen, Jeramy Jenson, Jessica Ibanez, and Christina Olson went as campers and Wyatt Scepaniak was a Peer Trainer.
This year, the Improv team, along with the Teen Institute members traveled to Barnard to talk to the 5th and 6th grades about decision making, self esteem and peer pressure. They also traveled to Ipswich and Hecla to perform for their grade school and junior high students.

Charlie Blasdell was the teams' advisor. He had this to say about the team, "In helping other students, Improv members often find answers to their own problems." Peer Trainer Wyatt Scepaniak said about his experience, "I've learned a lot the past two years and made a lot of new friends. I hope to return again next year."

TOP PICTURE: Improvers in action. BOTTOM PICTURE: Back row: Jeramy Jenson, Dustin Schmierer Front row: Joely Larsen, Jessica Ibanez, Christina Olson, Joe Ness, Stacy Ness, Marianne Marttia, Advisor, Charlie Blasdell


ABOVE: Marianne Marttila was caught practicing for her duet, "The Importance of Being Ernest."

ABOVE: Coach Charles Blasdell BELOW: Reader's Theater Bottom row: Elisha Jung, Lynn Huettl, Heather Rystrom Top Row: Indie Bobzein, Ellen Groop, Jill Schleder


## Succesful Year for Declam

Where could you find 21 people climbing on a bus at 5:00 in the morning, carrying pillows and sometimes wearing slippers?

When can you find a number of people talking to themslves, and to walls for hours at a time?
THE DAY OF AN ORAL INTERP MEET !

The oral interpretation team from FHS traveled to meets in Milbank, Clear Lake and at Northern State University. The group did very well this year, claiming the 2nd place sweepstakes trophy at Clear Lake \& having six people advance to Regions Jessica Ibanez was awarded with highest honors at the state level in the oratory category.

Students advancing to Districis:
Readers Theater......Elen Groop, Indie Bobzein, Lynn Huettl, Heather Rystrom, Jil Schleder, Elisha Jung.
Drama $\qquad$ Jason Coobel
Humor $\qquad$ Jennifer Paut

Students advacing to Regions:
Drama. ..........Shelia Napton
Duet............. Heldi and Marianne Martila
Poetry ........... Stacy Ness
Prose........... Gwen Schuanaman

## Student advancing to State: <br> Oratory..........Jessica lbanez

BELOW: Oral Interp Team; BOTTOM ROW: Jason Goebel, Elisha Jung, Indie Bobzein, Ellen Groop, Lynn Huettl, Connie Goebel, Twyla Sumption MIDDLE ROW: Suzanne Giovannettone, Elizabeth Fonder, Jill Schleder, Heather Rystrom, Kim Kinslow, Jennifer Paul, Darlene Napton BACK ROW: Jessica Ibanez, Heidi Marttila, Marianne Marttila, Jeramy Jenson, Sheila Napton, Stacy Ness, Gwen Schaunaman.



Above: ( L to R) Jason Goebel, Wyatt Scepaniak, Heidi Marttila, Paul Sumption, and Stacy Ness in one stanse from the play. Middle:Joely Larsen applies make-up to Stacy Ness's face before the contest at NSU. Bottom: Cast and
crew pose for a group picture. (front)Jessicalbanez, Jeramy Jenson, Jason Cox: (middle) Stacy Ness, Heldi Marttila; (back) Marianne Marttila, Wyatt Scepaniak, Paul Sumption, Jason Goebel, Joely Larsen, Mr. Charles Blasdell.


This year's One-Act play contest was a complete success. The play was entitled "Trifles" by Susan Glaspell. The play portrayed an old farm house and the investigation of a murder.
 The suspect is the wife of the dead victim who is being held. Now she is to be tried by her peers, two women whose husbands are investigating the murder. However, the two women analyze the condition of the house and what appears to be uncritical evidence to discover the real story.

The Frederick team did not advance from Regionals; but they did receive spectacular reviews from the judges. At the competion they competed against nine other schools and Stacy Ness received a "Superior Actress" Award.

## BAND

Band members were happy to have Liz Labesky once again teaching in Frederick. The group accomplished many things this year. With her return, plans for a trip to Minneapolis, MN were begun for the spring of 1996. Members raised funds for this by selling pies and candy.

Like always, the band performed at not only the boys basketball games, but a few of the girls games as well. For this purpose they learned many new pep songs to add to their repertoire.

Miss Labesky's ideas and the students' enthusiasm combined for many new and interesting twists at several of their performances this school year.


Band members include: FRONT ROW: Sandy Pehl, Heidi Marttila, Alisha Groop, Anne Sheldon, Janel Walworth, Lynne Huettl, Lindsay Maunu, Jennifer Kopetsky,Bridget Torrence, Marianne Marttila, Jessica Ibanez, Gwen Schaunaman, Sara Dieter, and Elizabeth Fonder. ROW 2: Jeramy Jenson, Brian Jenson, Darlene Napton, Suzzanne Gionannettonne, Jon Fonder, Dalton Dosch, Lindsey Voeller, Liisa Nixon, Joni Napton, Chris Maunu, Daniel Podoll, and Nate Cantwell. ROW 3: Ryan Riggs,, Warren Sumption, Jesse Riggs, Derik Bretsch, Robert Jenson, Seth Klipfel, Megan DesCamps, Justin Brotzel, Leon Voeller, Betty Jo Rohwedder, Jennifer Paul, and Justin Kopetsky. BACK ROW: Emily Sheldon, Sheila Napton, Christina Olson, Joely Larsen, Kim Kinslow, and Ryan Kolb.


RIGHT: The FHS band is pictured marching in the Homecoming Parade. They also marched at the Gypsy Day Parade in Aberdeen.


LEFT: Marianne Marttila performed a flute solo at the small group music contest in Aberdeen. MIDDLE: The flutes in the band performed the "Star Spangled Banner" at the Holiday Tournament in Ellendale and at a few home games. They also went to contest with a flute ensemble selection. Pictured are, Front: Jenny Kopetsky, Bridget Torrence, Lindsay Maunu, Elizabeth Fonder, Back: Marianne Marttila, Jessica Ibanez, Lynn Huettl and Gwen Schaunamann. RIGHT: Jeramy Jenson also played a solo at music contest.


ABOVE: Girls Vocal Ensemble (L to R) Jessica Ibanez,
Marianne Marttila, Joely Larsen. BACK: Suzanne Giovannettonne,
Heidi Marttila, Shella Napton, Stacy Ness, Elizabeth Fonder


## BLAST FROM THE PAST

The FHS choir recieved a blast from the past this year with the return of Miss Labesky. Miss Labesky was a director at FHS for three years before leaving in 1991.

With Miss Labesky's return came the return of the "Pop, Popcorn, and Pop's" concert. The theme for the concert was appropriately titled "Blast from the Past."

A girl's ensemble traveled to music contest with the song "The Ashgrove." They received an excellent rating.


ABOVE: All-State Chorus members; Marianne Marttila, Nate Dueter, Daniel Podoll, Heidi Marttila, and Director Miss. Labesky.


LEFT: 1994-95 Choir FRONT: Lindsay Maunu, Suzanne Giovannettonne, Bridget Torrence, Kim Kinslow, Emily Sheldon, Alisha Groop, Elizabeth Fonder. (2nd Row) Loreana Loza, Lynn Huettl, Janel Walworth, Anne Sheldon, Joni Napton, Betty Rohwedder, Connie Goebel, (3rd Row) Heidi Marttila, Stacy Ness, Sheila Napton, Joely Larsen, Marianne Marttila, Sara Dieter, Jessica Ibanez. TOP: Jesse Riggs, Chris Maunu, Leon Voeller, Daniel Podoll, Nate Deuter


## Once in a Lifetime...

The Snow Queen Pagent in Frederick took a

O
 W縞 different form this year. Instead of being held in the $g y m$, it was at the Frederick Legion. The girls themselves collected donations to send the winners to the South Dakota Snow Queen Pagent in Aberdeen. Co-chairs for the event were Stacy Bretsch and Jessica Ibanez.

Taking the place of the big program like in past years, the contestants had a quiet dinner with the judges. To end the evening, the girls were introduced and the queens were crowned in front of family and close friends.



TOP LEFT: Pictured are Sara Dieter, 1st runner-up, Marianne Marttila, Miss Frederick 1995, Stacy Bretsch, Frederick Snow Queen Co-chair, Connie Goebel, Miss Jr. Frederick, and Lynn Huettl, 1st runner-up.
MIDDLE LEFT: Sara and Marianne were the only two senior contestants.
BOTTOM LEFT: The junior contestants were Jessica Nielson, Joni Napton, Lynn Huettl and Connie Goebel. TOP RTIGHT: Marianne was crowned Snow Queen by the 1994 Queen, Tanya Bender.
ABOVE: The moment Connie was crowned Jr. Snow Queen was a tearful and extremely joyful occasion.


The 1994 football cheerleaders came together to form a team. Over the summer the ladies attended the SDSU Jacks Cheerleading Camp. At the camp they learned how to do lifts properly. They also learned a "hip hop" dance routine. The camp was an all day event. This is the first camp that Frederick and Hecla has attended together as a team. The three Hecla cheerleaders were Jodi Lloyd, Shirley Himanga and Toni Dinger. The two Frederick cheerleaders were Jessica Ibanez and Jennifer Paul.


Above: The Northstar cheerleaders met at a Vikings vs. Rockets basketball game at home.
Below: The Ladies are practicing hard during the summer, a few weeks before the 1st football game. From left to right are Shirley Himanga, Toni Dinger, Jessica Ibanez, Jodi Lloyd and Jennifer Paul.



THE TIME OF THEIR LIVES
This year there were five cheerleaders, three juniors and two freshmen. Even though there was a two year difference the ladies got along really well. They had a new advisor, Doreen Emery. They also held a pee-wee cheerleading clinic for the grade school. The kids performed at a girls basketball game. The clinic was put on by the cheerleaders and also by a few volunteers. The ladies continued their cake raffles so that they could order new tops. They learned two eight count routines to do during pep-band songs. "I had the time of my life," said Connie Goebel.


Top left: The ladies are doing a floor cheer during quarter-break at a home game.
MIddle left: The ladies stop cheering long enough to take a group photo. Back row from left to right are: Joni Napton and Connie Goebel. Front row: Joely Larsen, Jennifer Paul, and Sheila Napton.
Bottom left: The ladies are cheering on the boys for a Vikings victory. Above: Signs were made and hung in the cheering area to add more school spirit .

The 1994 Northstar Team Front Row: Heidi Marttila-video, Justin Wallace, Brad Wollman, Jesse Riggs, Nathan Bakeberg, Darren Dosch, Warren Sumption, Jared Torrence, Stacy Ness-stat. Second Row: Joely Larsen-stat., Josh Glover-manager, Kyle Schroeder, Leopoldo Raposo, Daniel Podoll, Joe Ness, Jim Sumption, Jeremy Skoglund, Paul Sumption, Nate Deuter, Dustin Schmierer, Jon Ellwein, Sandy Pehlstat. Third Row: Terry Nelsoncoach, Jason Cox, Jeremy Bakeberg, Josh Dieter, Jim Sheldon, Russell Inches, Justin Knect, Ryan Inches, Perry Dinger, Wyatt Scepaniak, Josh Bobzien, Daniel Napton, Bill Kurtzhead coach, BJ Richter

Right: Kyle Schroeder is slashing through the Northwestern defensive line.

## G00D




Above: The Northstar Players are scrambling for a fumble.

# $\mathfrak{w h t}[\mathrm{H} \mathrm{THE}$ [LOCKK!! 

 NORTHSTAR SCOREBOARD| Faulkton-Cresbard | 23 | 2 |
| :--- | :---: | :---: |
| Britton | 6 | 22 |
| Ipswich | 8 | 42 |
| Roslyn-Bristol | 8 | 22 |
| Northwestern | 12 | 20 |
| Doland-Conde | 34 | 24 |
| Langford | 20 | 44 |
| Warner | 6 | 24 |



Top: Justin Wallace is taking the hand-off from Jim Sumption. Above: Jon Ellwein cuts to the outside.


The 1994 FrederickHecla football season was some what of a disappointment to new Head Coach Bill Kurtz and his players. The Northstars finished the season with a 2-6 record. Coach Kurtz said, " It was a fun first year of coaching for me, but the seniors did not realize they were seniors until the last game."

The Northstars started off the year by defeating the Faulkton-Cresbard Raiders. After that game, everything went downhill, with a loss in a close game with Britton, playing a tough Ipswich team, and a disappointing defeat on Homecoming to Roslyn-Bristol. The other three losses came from Northwestern, Langford and Warner. The only other win was over Doland-Conde.

Wyatt Scepaniak and Jason Cox were selected for All-Conference and Jason was selected as part of the All-Area team.

Jon Ellwein led the team with 611 yards rushed and Jim Sumption threw for 692 yards. Justin Knect was the leading receiver with 13 catches. Jason Cox ended the season with 101 tackles, followed closely by Wyatt

As the score books were completed and the the equipment was turned in, the seven seniors ended the season knowing they would miss playing football and wishing they could start the year over.

LEFT: Jon Ellwein rushes the ball as the Northwestern defenders hang on.

## A

RIGHT: Front row: Bridget Torrence, Alisha Groop. Second row: Amanda Nixon*, Lynn Huettl, Lindsay Maunu, joni Napton, Marianne Marttila*. Third row: Coach Whaley, Heidi Marttila, Joely Larsen, Sheila Napton, Coach Lee. Back row: Jessica Ibanez*, Sandra Pehl, Dacey Cutler, Christina Olsen, Stacy Ness*.
*Stats

## TIME 0UT!!



The Lady Vikings pulled through another difficult season. Their only win came from the season opener against the Veblen Cardinals.

The Lady Vikings lost thier only senior, Dacey Cutler to a knee injury early on and Lindsey Voeller to a broken wrist. This forced them to end the season with a total of only thirteen girls.

The lack of players wasn't the only challenge for the Lady Vikings. They also had to adjust to a new coach, Jerome Lee.

Despite the difficult season, Sandra Pehl was selected to be a part of the AllConference team.

Coach Lee had this to say about the 1994 girls basketball season. "Despite a frustrating year in the win-loss column, the Lady Vikings showed much enthusiasm throughout the year. Graduating no seniors and with the experience they gained from this season's campaign, the girls have prepared themselves for a much better season next year."

## $\square \wedge$



Above: Coach Whaley and Coach Lee look on as Dacey Cutler and Sandra Pehl wait to present their parent's flowers



LEFT: Front row: Alisha Groop, Jennifer Kopetsky, Megan DesCamps, Darlene Napton. Second row: Coach Lee, Lindsay Maunu, Joni Napton, Lynn Huettl, Bridget Torence, Coach Whaley. Not Pictured: Lindsay Voeller.

## VIKINGS



Above: Joely Larsen and Lynn Huettl position themselves as Sandra Pehl drives to the corner.


1994 LADY VIKINGS SEASON RECORD 1-17

US THEM
Veblen 5840

Edmunds
16
66
Central
Ellendale $16 \quad 78$
Aberdeen 1460
Northwestern 2892
Hecla 4166
Leola $18 \quad 84$
Langford $35 \quad 90$
Roslyn $34 \quad 66$
Tiospia Zina $30 \quad 54$
Hecla 4559
Bristol $\quad 37 \quad 70$
Eureka 3659
Doland-Conde 2544
Aberdeen 3759
Tiospia Zina $37 \quad 71$
Warner $30 \quad 71$
Districts
Northwestern $13 \quad 75$

## BOYS BASKETBALL

The Vikings had a rebuilding year. Only one senior started, and the others fell to injury early in the season. This made the younger boys step up to the varsity level. The season did have some great moments. When Jim Sumption broke the all time leading score in a single season by averaging 32 points per game. He also averaged nine rebounds per game. Jon Ellwein averaged five assists for the Vikings.

Overall the Vikings ended the season with a 5-14 record. In the first round of the district tournaments they were defeated by the Warner Monarchs. We feel that in the season to come the players will have good experience, and should be fun to watch.
The Vikings received new shooting shirts and new basketball shorts this season. The student manager was Russell Inches and the statisticians were: Stacy Ness, Sandra Pehl, and Heidi Marttila.


ABOVE: Josh Bobzien jumps high, reaching for the ball.


TOP: Jon Ellwein shoots his shot while the rest of the Vikings get into rebound position.MIDDLE: Frederick Vikings are fighting for that rebound position. BOTTOM: Jon Ellwein is deciding whether to pass the ball or shoot the ball.


## VICTORY... WHEN THE CLOCK RUNS DOWN!!!

Varsity basketball players are: Coach Jerome Lee, Jason Cox, Justin Wallace, Josh Bobzien, Paul Sumption, Josh Dieter, Nathan Bakeberg, Ryan Inches, Darren Dosch, Wyatt Scepaniak, Jon Ellwein, Daniel Napton, Warren Sumption, Jeremy Bakeberg, Assistant Coach, Bill Kurtz, and Jim Sumption.



FAR LEFT: Jon Ellwein and Jeremy Bakeberg hustle after the basketball. LEFT: Wyatt Scepaniak models the new shooting shirts while warming up before a game. Wyatt also is wearing the new shorts purchased for the uniforms this year.
BELOW: Jim Sumption was often seen making yet another attempt for points to maintain his 32 point average. Jeremy Bakeberg watches for a possible rebound.

## 1994-95 BOYS BASKETBALL SCOREBOARD

| WE | THEY |  |
| :--- | :---: | :--- |
| 93 | 49 | EDMUNDS CENTRAL |
| 59 | 66 | ROSLYN |
| 59 | 79 | HECLA |
| 51 | 70 | NORTHWESTERN |
| 60 | 93 | EDGELY |
| 46 | 76 | OAKES |
| 47 | 48 | ELLENDALE |
| 60 | 92 | HECLA |
| 70 | 103 | LANGFORD |
| 73 | 72 | ROSLYN |
| 66 | 61 | ROSHOLT |
| 63 | 72 | RONCALLI JV |
| 63 | 65 | BRISTOL |
| 76 | 57 | LEOLA |
| 70 | 72 | DOLAND-CONDE |
| 80 | 72 | RONCALLI JV |
| 67 | 118 | WARNER |
| 96 | 108 | LANGFORD |
| DISTICTS |  |  |
| 45 | 79 |  |

WARNER


# Black Magic 

## A Time For Magic

Black Magic, that is. This year the nine members of Black Magic accomplished a lot. Beginning in November, the drill team began to make up and practice routines. All the routines that they performed were choreographed by students. Black Magic performed at five home basketball games, and they also performed at Districts and State B's. Along with their performances Black Magic held a raffle to raise money to add sequins to their uniforms and to attend the North Dakota Dance and Drill competition in Bismark on January 28. While there, the team members got an idea what a drill team competition is like, and gained new ideas for routines. Black Magic's year was filled with flair, funk, and most definitely fun!!!



TOP: The members of Black Magic join hands while dancing to "Roll Back the Rock". ABOVE: Black Magic awes the crowd with their funky hand actions. LEFT: Who is that crazy girl with the bowtie and black bug-eye glasses? Heidi Marttila goes incognito for adance to the "Pink Panther" theme during BM's February 10th performance.


BLAEK MAGLE BLACK MAGLL BLACK MA


## Sports Year In Review



Jason Cox and Wyatt Scepaniak were chosen to take part in the Down Under Bowl because of their accomplishments in football. They had several fundraisers which included a stew supper and a cash raffle. During the summer, the two will travel to Australia where they will play football.


Two girls from FHS advanced to the state track meet in the spring of '94. Daecy Cutler advenced in the 100 m and 200 m races.
She placed 9th in the 100 and took 6th place in the 200! Sheila Napton advanced from


Jim Sumption led the state in overall number of points during the 94-95 boys basketball season. As a sophomore, he has already broke 1000 career points!!!



## Handicapped Group

The Frederick High School mascot, for a time could have been mistaken for a student wearing a knee brace and carrying crutches. Injuries in basketball and football reduced numbers on all teams. Luckily a sports medicine expert visited the school every Monday.

There were even reports of a crutchaided race that took place at a girls basketball game. Apparently the two students were in a hurry to get to the concessions stand.

LEFT: Pictured are Derek Sumption, Elizabeth Fonder, Dacey Cutler, Dustin Schmierer, Warren
Sumption and Russ Inches.



Three foreign exchange students made Frederick High School their home during the 94-95 school year. Elisabeth Scholz from Germany stayed with Steve andJudy Winther of Barnard from August until June. Nadia Carvalho of Brazil spent the first semester with Roger and Alice Napton. Elisabeth and Nadia, along with Sheila Napton, traveled to California on a bus trip over Christmas vacation. Lorena Loza from Ecuador, who stayed with Rich and Ellen Schlosser during the second semester, adapted to her new surroundings by becoming a part of the drill team. All three attended junior classes. For each of these students, the time they spent attending FHS was definitely a remarkable experience.


Nadia Carvalho and Elisabeth Scholz pose while sitting in their usual spot against the wall during lunch break. Aren't they cute?!!


Lorena Loza shows us her home country of Ecuador on the world map. She is also holding the Ecuadoran flag.



1. Getting up with the Sun! School started fifteen minutes earlier this year than in the past.
2. Spirit shakers are sold by junior concessions at the home games.
3. Everyone is slowly getting used to the new telecommuications classes.
4. New Macintosh computers are used by the yearbook staff to help produce the annual.
5. Computers were donated to the FHS business dept. by the Aberdeen Finance Corp.
6. A newsletter produced by the Journalism class, the office staff and the PTA is sent to parents each month.
7. New teachers: Mrs. Barondeau, Mr. Kurtz and Mr. Lee joined the FHS staff.
8. Plans are underway for a volleyball program next year.
9. Many rooms gained new identities as their uses and names were changed.
10. A new design for Northstar jackets was sported by those who purchased them this school year.


ABOVE: Jason Cox's girlfriend says that he must really like his new STARS coat...he won't even let her borrow it.

TOP: These students were caught showing off their spirit at a home basketball game. ABOVE: Pictured are school board members Donna Schlosser, Gary Huettl, Dennis Kinslow, Wayne Schleder, and Kathy Getty of Aberdeen Finance Corp. The computers were donated to be used by FHS business classes.


## MUSIC VIDEO

1. WATERMELON CRAWL
2. RED STROKES
3. BOOGY WOOGY CHOO CHOO TRAIN
4. ENTER SANDMAN
5. ROCK MY WORLD LITTLE COUNTRY

CELEBRITY COUPLE

1. TOM CRUISE \& NICOLE KIDMAN
2. O.J. SIMPSON \& NICOLE BROWN
3. LYLE LOVETT \& JULIA ROBERTS
4. RICHARD GERE \& JULIA ROBERTS
5. TOM ARNOLD \& ROSANNE ARNOLD GIRL

## ACTRESS

1. SHARON STONE
2. JULIA ROBERTS
3. KATHY IRELAND
4. WYNONNA RIDER
5. DEMI MOORE

## MOVIE

1. SPEED
2. DUMB AND DUMBER
3. ACE VENTURA
4. THE MASK
5. LITTLE WOMEN
POP
6. COKE
7. MOUNTAIN DEW
8. PEPSI
9. MELLOW YELLOW
10. DR. PEPPER
T.V. SHOW
11. HOME IMPROVEMENT
12. MARRIED WITH CHILDREN
13. MY SO CALLED LIFE
14. BEVERLY HILLS 90210
15. THE SIMPSONS

SINGER

1. GARTH BROOKS
2. DIAMOND RIO
3. DEAD EYE DICK
4. METALLICA
5. PEARL JAM

FOOD

1. PIZZA
2. TACO
3. STEAK
4. SPAGHETTI
5. BACON CHEESEBURGER

## ACTOR

1. JIM CAREY
2. BRAD PITT
3. KEANU REEVES
4. TOM CRUISE
5. STEPHEN BALDWIN

## CELEBRITY

1. BRAD PITT
2. OJ. SIMPSON
3. JIM CARRY
4. DAVE LETTERMAN
5. ADAM SANDLER

RESTAURANT

1. MCDONALDS
2. STEAK AND BUFFET
3. THATZA PIZZA
4. MILLSTONE
5. TACO JOHN'S

## FOOTBALL TEAM

TALK SHOW

1. COWBOYS
2. VIKINGS
3. FORTYNINERS
4. STEELERS
5. CHARGERS

CAR

1. DODGE VIPER
2. FORD MUSTANG
3. FORD PROBE
4. CHEVY CORVETTE
5. DODGE STEALTH
6. OPRAH
7. LATE NIGHT WITH DAVE LETTERMAN
8. MONTEL WILLIAMS
9. RICKI LAKE



In 20 years I can see myself...
"living on the beach somewhere listening to old Jimmy Buffett tunes and drinking iced tea with an island girl," Wyatt
"Early retirement would be nice." Dustin
"with my own practice and raising a family," Sara
"living in Utah working for an engineering company," Jim
"farming and traveling," Paul
"coaching in the NFL," Jason
"head of a computer firm or counselor at a high school," Stacy
"as a veterinarian," Dacey
"hopefully with a good steady job," Mandy N.

## My advice for the younger generation of FHS students is...

"Be young and have fun. Don't study too much. Study hall is a good time to catch up on sleep." Wyatt
"This is one of the greatest times of your life. Hang out with your friends. Have fun. Do what you want to do, whatever that might be." Justin
"Take school seriously, but still have a little fun." Amanda C.
"Don't be latel" Jason Cox
"Enjoy your high school years. Take time to do something off the wall once in a while." Marianne
"Have fun in school with your friends while you can because you may not see them very much after high school." Mandy N.

## My best memory of FHS is...

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## ALL-TIME GRERT品

Best Attitude:
Best Dressed:
Perfect Date:
Moodiest:
Gerius Matertal:
Biggest Moochier:
Teacher's Fet:
Biggest Pranlister:
Dreamer:
Most Sociable:
Coolio:
Corniest:
Neat Freak:
Accident Prone:
Most Likety to Succeed:

Blggest
Procrastinator:
Most Athietic:
Biggest Storyteller:
Book Worm:
Teacher's Terror:
Idealist:
Fitendiliest:
Hardest Worker
foutside of schiooll: Sara Dieter

Jim Sheldon

Sara Dieter paul Sumption Dacey Cutler Justin Wallace Martanne Martilla Paul Sumption Dacey Cutler Jason Cox Stacy Ness Paul Sumption Amanda Cruse Wyatt Scepaaniak Martarine Martila paul Sumption Dacey Cutler Jim Sheldon Amarida Cruse Dustin Schmierer Stacy Ness Wyatt Scepantak Martanne Martila Justin Wallace Sara Dieter Dustin Schmierer Mandy Nixon Justin Wallace Sara Dieter Jason Cox

Stacy Ness Paul Sumption

## Amanda Cruse Justun Wallace

 Dacey Cutler Wyatt Scepantak Dacey Cutler Dustin Schmierer Mandy Nixon paul sumptionDacey Cutler Jason Cox Martanne Martila paul Sumption Stacy Ness Dustin Schmierer
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[^0]:    "hanging out with my friends and playing sports," Justin
    "Slave Day and Prom (decorating, mostly)," Dustin
    "the stupid things everybody did, and laughed at," Amanda C.
    "the people and my classmates and the fun times we had playing practical jokes on each other," Sara
    "seventh hour bell and winning LRC last season," Jim
    "beating Warner in 1993 and winning the Conference Football Championship," Paul
    "finally getting done with decorations for prom and being able to sit back and relax," Marianne
    "my junior year," Stacy
    "when Wyatt and I went to Wallace's to get chairs for prom...On the way back, they flew out of the pick-up and rolled down 28111" Dacey

