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 our class under control better than Mrs. Maunu does. She was our class advisor from our seventh grade year on up through our junior year. She has stuck by us and tried to steer us in the right direction from our first day of junior high. We, the class of 1999, thankfully dedicate this yearbook to Mrs. Maunu.

Mrs. Maunu takes on the jobs of teaching business, math, and English classes. She also is the yearbook advisor and helps set up the concessions for the junior class to run during home games. She became the junior class advisor this last year after five long years with the senior class. I guess a person can only put up with our class for so long.

We remember many times when Mrs. Maunu has been there for us. We recall the days of float making (You couldn't tell what we were making, a deodorant stick or a cake?), electing class officers (How many recounts did we have?), late nights at school to finish the yearbook (It really only takes a week to put a yearbook together. If you hurry!), having our grammar corrected when we spoke, and always saying "yeah, but...". We ain't never had a better advisor! Thanks for being there Mrs. Maunu.


The class of 1999 would also like to remember our kindergarten teacher from twelve years ago, Mrs. Heis. She is presently the second grade teacher at Barnard Elementary and will be leaving for retirement after this year. We all remember the "Hi, Ho" song that we sang, the bingo games we played, and the nap times in the tent. It has been a long time since then but we still remember, and will continue to remember the good times that we had with you as our kindergarten teacher. Thank you Mrs. Heis from the class of 1999.





Richard Achen


Amy Farrell


Elizabeth Fonder


Dustin Jung


Neil Karjalainen


Justin Kopetsky


Suzanne Giovannettone


Alisha Groop



Christina Heilman



Jonathan Larsen

Lindsay Maunu



Ryan Riggs


Betty Jo Rohwedder


Travis Schaunaman


Twyla Sumption
Bridget Torrence


David Schlosser


Mitchell Wilson


Derek Sumption

## 9 <br> 9 <br> 9

## Class Motto

"Act as though you were to live forever, and live as though you were to die tomorrow.

## Class Flower

Blue Jipped Yellow Rose

## Class Colors

Black, Blue, and Gold



## JUNIORS

Derik Bretsch
Justin Brotzel Dalton Dosch Jon Fonder Rachel Inches

Robert Jenson Kimberly Kinslow Seth Klipfel Ryan Kolb Jennifer Kopetsky

Mike Mardian Darlene Napton Liisa Nixon Micheal Schmidt Emily Sheldon

Nicole Storm Leon Voeller Lindsey Voeller



## SOPHOMORES





Upper Left: Kayla Johnson happily leaves school at day's end! Above: Geometry class brings a variety of expressions. Left: Eric Jenson and Jared Voeller dance and Joel Heilman distributes candy. Float is pulled by Josh Larsen. Below: Adam Rahja receives yet another assignment. Bottom Right: Eric Jensen contemplates how to get out of work. Bottom Left: Sophomores wear their togas during a World History activity.


FRESHMEN

Lisa Achen Brandon Bain Jason Bender Misty Mahlke Jon Mardian

Jessica Ness Justin Nilson Ben Pitz Erin Schleder Justin Schmidt

Brian Schlosser Jordan Torrence Jake Voeller



Upper left: Erin Schleder and Lisa Achen Giggle over something Justin Schmidt said. Upper right: Jason Bender shows off the ship he built in English class. Left: Brian Schlosser solves a problem for the science class. Lower left: Kayla Johnson and Misty Mahlke are just hanging around before class. Lower right: everyone getting ready for class.


## EIGHTH GRADE

Rebecca Achen
Eric Bergan David Bretsch Jessica Brotzel Cody Bruns

Cody Clark Brittney Klipfel Christina Kopetsky Amanda Ness Matt Nixon

Shaina Riggs Taylor Rystrom Trinity Rystrom Andy Schaunaman Jessica Schmidt

Nicole Underberg


## Con



## SEVENTH GRADE



SIXTH GRADE

Michelle Achen Colby Cantwell Justin Ellefson Brent Haas Trent Huettl

Craig Larson Tyler Parsons Kassie Storm Danielle Taylor Teacher: Mrs. Ellefson


## FIFTH GRADE



Diana Huettl
Hope Martinson Joel Torrence
Lacey Voeller
Teacher: Mrs. Hegge
Kelsea Barondeau
Ryan Bergan
Jesse Brooks
Megan Dutenhoffer

Samantha Flinn
Reva Graves
Alex Hart
Justin Hart
Corley Hertel

## 4TH GRADE



## 3RD GRADE



Mikayla Barondeau
Christian Christianson
Elizabeth Earl
Matthew Ellefson
Ethan Emery

Renee Graves
Jamie Hart
Rebbeca Hubbs
Matthew Huettl
Christopher Lindquist

Blain Mikkonen
Jacob Perry
Nick Schaunaman Lucas Stoddard Jessica Walworth

Teacher: Mrs. Ullrich

## 2ND GRADE

Blake Boelens
J.F. Brixey

Brianna Cantwell Taylor Christianson Carson Elwein

Matthew Forsting Kathryn Groop Ashley Gunther Kelli Hart Rachel Hubbs

Matthew Jung
Nathan Maunu Ashlie Nilson Christopher Paulson Wyatt Sumption

Landon Voeller Andrew Wolter Allie Worthy Catlin Zinter


The second graders always seem to be learning in fun and creative ways.

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Shannyn Boothe Lee Brixey
Micah Christianson Toby Dollenbach Timothy Engelhart

Bryson Geffre Matthew Haas Matthew Heine Dustin Johnson Jamie Parsons

Chelsy Podoll Dustin Storm Steven Taylor Mrs. Brooks

KINDERGARTEN

Derek Barondeau Casson Campbell Casey Cantwell Levi Christianson Angela Goodall

Austin Gunther Bradon Haas Rachael Ham Caylee Hertel Russell Hubbs

Cecily Jones Brent Krueger Shannon Maunu Spencer Rall Luke Schaunaman

Krista Stoddard Stefani Sumption Tyler Sumption Erin Wolter Chelsey Zinter

Not Pictured Calli Crawford Miranda Erickson Jeryca Martell




3yrs Collin Engelhart, Brian Sumption, Blaine Lynde, Lauren Jung, Selucia Heintzman, Amanda Liebold


Back: Alex Bretsch, Heather Underberg, Adam Dutenhotter,
4-5yrs Mariah Gustafson, Abby Sumption, Alyxis Perry Front: Kelly Storm, Lexy Voeller, Courtney Schlosser, Kayla Haas, Brittani Boelens

## Art

This year a new Elm Valley staff member taught all of the art classes. Mrs. Foell could be found teaching art at both the elementary and junior high level. She endured quite a busy schedule during the $98-99$ school year. During study halls you could find her preparing art lessons and hanging works of art done by her students. Not only did students create projects, but there was also some art history incorporated into their lessons. Mrs. Foell also helped with Heritage Week in the beginning of January. Students that signed up for the bookmaking class first asked their relatives questions about their past. They then selected a particular event from their family past and put it into a story. Everyone has enjoyed the various art displays that can be found in the halls of FHS.


Above: The Jr. High art students display their artwork in "The Gallery." Middle: Mrs. Foell is hard at work hand painting paper. Bottom: "Food Art" is displayed in the hallway leading into the lunchroom.


## Homecoming or Not That is the Question

The students of Frederick High School went all out with Homecoming this year. The chosen theme was "Saturday Night Live", the popular late night comedy show. It was a challenge finding people to do skits for Coronation but everything was eventually pieced together. We were grateful to have the Juniors do a Bill Bradsky skit for us, "Justin Kopetsky, smartest Polock alive, tells kids who to vote for come election day; Jon Larsen, fast as a mongoose, ran into a slew once came out not a drop wet..." Nobody will ever forget the Cheerleader skit done by Ms. Labesky and Mr. Whaley. They got the spirit of the team and the crowd going with their hilarious cheers and corny actions.

Many students also participated in the dress-up days. They consisted of Red/Green Day, Clone Day, Hat Day, 70's Day, and Blue \& Gold Day. The Northstar spirit was flowing through the halls of FHS during the whole week. Everyone was excited for the game, but due to some unfortunate circumstances the game was postponed. Everyone remained in good spirits and made the dance that night a


Top right: Gary Kopetsky and Chris Sumption particpate in the Frederick Homecoming Parade as the Blues Brothers.
Center: The Junior float, 'Saturday Night Live' land shark, took first place among the different floats done by grades seventh through eleventh. Bottom right: Ms. Labesky and Mr. Whaley pose as guest cheerleaders from Roslyn.



Top left: The Homecoming Candidates pose with the crown bearers, Chelsey Zinter \& Tyler Sumption.
Center: Emily Sheldon and Jenny Kopetsky take time out for a picture on Clone Day. Bottom left: Some of the participants in 70's Day at FHS. Back row from left: Ryan Riggs, Travis Schaunaman, Joel Heilman, and Twyla Sumption.
Front row from left: Lindsay Maunu and Neil Karjalainen. Bottom right: The 1998 Homecoming Royalty Lindsay Maunu and Neil Karjalainen.

## 1998 Coronation

Coronation this year didn't feel the same as it had in the past. Without a game to cheer for that night, we were left wondering what we were doing all these festivities for. Skits put on by the students and teachers helped to cheer up the crowd. Christina Heilman dressed up as Mary Katherine Gallager, from the "Saturday Night Live" show, and presented the Master and Mistress of ceremonies for the night. She was seen thoughout Coronation livening up the crowd. The Juniors presented their skit of Bill Bradsky. They shared something special about every football player. Mr. Quimby took part in the short commercial skit of COOKIE DOUGH SPORT, the official drink of the Northstars. Pressure built up in the container to such an extent that it exploded when Mr. Quimby opened it, yet he still drank it. Now that is spirit! Last but not least were the guest cheerleaders from Roslyn, played by Ms. Labesky and Mr. Whaley. You would never believe the enthusiasm they had nor the laughter they received from the crowd. At the end of the program Lindsay Maunu and Neil Karjalainen were proudly crowned our Homecoming Royalty. They were chosen from among the other candidates: Alisha Groop, Elizabeth Fonder, Dustin Jung, and Ryan Riggs. It was a day filled with spirit. This year's Coronation program has to be ranked among the best.



## Elementary and Community Homecoming

Community and elementary contribute to the Saturday Night Live theme. Left: "Chicken Pluckers", Marie Schlosser, Pat Mikkonen, Joan Derry, Rayma Smith, and Caroline Jarvi graciously play as they travel through the parade. Middle Right: Preschool prepares for their trip down the street. Bottom Right: Edger Head watches incoming floats as Gene Pence prepares to drive the Community Store entry. Bottom Left: Hecla elementary also participates in the homecoming festivities.. Below: Legion members: Rich Bakeberg, Steve Winther, and Gary Huettl proudly


## Yearbook Staff

At the beginning of the school year the yearbook staff sold magazine subscriptions once again to earn money for publishing the Annual. They then attempted to achieve the deadlines, but this was quite difficult with the complex schedules of the members. However, the staff once again managed to complete the yearbook under the supervision of Mrs. Maunu.


# Student 




## Oral Interpretation

This year the team attended a meet at Northern State University before traveling on to the district contest under the guidance of Mrs. Tonya Zinter. In the local competition there were five run-offs in the categories of humorous, readers theater, poetry, serious prose, and duet. The students who advanced to districts include: Jessica Winther, serịus prose; Twyla Sumption, Suzi Giovannettone, Alisha Groop, and Elizabeth Fonder, readers theater; Kim Kinslow, humorous; Jenny Kopestsky, oratory; Kim Kinslow, and Liisa Nixson, duet; Alisha Groop, poetry; Suzi Giovannettone, serious plays.

Students that advanced to regions were the readers theater group; Alisha Groop, poetry; and Suzi Griovannettone, serious plays. All in all it has been a good year and we hope that next year is just as good.


Bottom left: Suzi Giovannettone prepares for the district meet. Bottom right: oral interp team Font row: Suzi Giovannettone, Jessica Winther, Twyla Sumption, Liisa Nixson, Alisha Groop; middle row: Mrs. Zinter, Emily Sheldon, Elizabeth Fonder, Jenny Kopetsky, Adam Achen; back row: Blaine Anderson, Kim Kinslow


# "Could I have fries 



One new addition to the Frederick High School was a window outside the secretary's office. This new addition helped to cut down on traffic in the office. It soon adopted the name "the Drive-Up Window" because of its resemblance to a fast food drive thru. The room switch of the teacher's lounge and the office was needed in order for the Drive-Up Window to be installed in a convenient location. This switch also made the school look a bit more official.
new additions to the Frederick High School such as: more TV's in the telecommunications room (the switch from microwave to fiberoptic), the addition of stair runners (People don't slip as much anymore.), marker boards (took the place of chalkboards), and new plaques in the lunchroom (Thanks to our sports teams who have done very well this year.) The senior hall took on a different look a couple of times this year.
Decorations and streamers were put up to show our appreciation of the girls and boys basketball teams going to state. New improvements keep appearing around the Frederick High School. What will be next?


# Snow Queen 

"From this Moment"

The theme for the $53^{\text {rd }}$ annual Snow Queen pageant was "From This Moment." This was the first year for a new title of Miss Elm Valley, which replaced Miss Frederick. The ladies vying for Miss Elm Valley were Amy Farrel, Elizabeth Fonder, Suzanne Giovannettone, Alisha Groop, Twyla Sumption, and Bridget Torrence. The three freshmen competing for the title of Jr. Miss Elm Valley were Lisa Achen, Misty Malke, and Erin Schleder.

While waiting for the judges' decisions, the audience was entertained by some of the local talent. The Klipfel Brothers sang a few Christmas selections. Kim Kinslow and Liisa Nixon showed their acting talent in the duet titled "The Odd Couple." Finally, Brittany Scholsser and Carli Ellwein sang a duet.

Before crowning the new queens Janel Walworth and Jessica Winther unveiled John Mikkonen as this years Frosty. The returning Jr. Queen, Jessica Winther then gave her farewell speech and crowned Misty Malke as the new Jr. Queen. After the returning Sr. Queen, Janel Walworth took her final walk. Suzanne Giovannettone was crowned the new Miss Elm Valley.


Top Right: Sr. Snow Queen candidates anxiously await the crowning of the 1998 Snow Queen.
Middle Right: Rich Bakeberg, emcee for the evening, looks up as he turns on music. Bottom Left: Jr. Snow Queen Candidates smile as they are introduced.


Bottom Middle: Frosty is unveiled.
Bottom Right: 1998 Snow Queens smile at the crowd.



The band members were quite busy during the 1998-99 school year. They began the year practicing their marching and the song "El Gato" for the Gypsy Day Parade on September 26. The band prepared many new songs this year to play at our football, basketball, and volleyball games. Not only was the Frederick/Hecla Bands invited to play at the Boys Basketball District Tournament, but also the Boys Basketball Region Tournament as well. There were a few members who attended the NSU music contest: Lindsay Maunu, Elizabeth Fonder, Christina Heilman, Suzanne Giovannettone, Jenny Kopetsky, Rachel Inches, Christina Kopetsky, Shaina Riggs, and Rachel Emery. They all came home with either a rating of a 1 or 2 .
Throughout the year the band also sold wreaths, boxed chocolates, and candy bars to raise money for next years trip. It was quite a busy year for the FHS band.

Top: Row 6-Travis Schaunaman, Emily Shelde Brett Riggs, Ryan Kolb, Cody Clark. Row 5-R Riggs, Jennifer Schmidt, Derik Bretsch, Robert Jensen, Dwight Pehl, David Bretsch, Cody Bruss Row 4-Matt Gustufson, Josh Dennert, Leif Martinson, Andy Schaunaman, Eric Bergan, Lis Achen, Rachel Inches, Justin Brotzel, Seth Klipf Justin Kopetsky. Row 3 - Chrissy Heilman, Jaso Jensen, Josh Underberg, Adam Rahya, Becky Achen, Jessica Schmidt, Amanda Ness, Liisa Nis Jon Fonder, Suzi Giovannettone. Row 2-Rache Emery, Jessica Heiman, Ashley Jung, Ashley Huettle, Dionne VanMeter, Beth Rahya, Nicole Underberg, Jessica Brotzel, Jessica Ness. Row 1 Chrissy Kopetsky, Shaina Riggs, Brittany Klipft Erin Schelder, Misty Malke, Jessica Winter, Tris Bunke, Jenny Kopetsky, Elizabeth Fonder, Lind Maunu.
Middle: Percussionists, Travis, Emily, Craig, Br and Cody show their enthusiasm while playing 0 of the band's pep songs.
Left: The pep band entertains the crowd at a ho football game.

## Chorus

This year the FHS music department received a treat: New risers and shells were purchased for the chorus to perform on. "I could really concentrate on my singing and not on being afraid that I'll fall off the back" commented Lindsay Maunu on the new risers.

Justin Kopetsky, Elizabeth Fonder, Ryan Riggs, and Suzanne Giovannettone participated in the South Dakota All-State Chorus this year held in Aberdeen. Christina Heilman, Rachel Inches, Elizabeth Fonder, and Suzanne
 Giovannettone performed a vocal selection at Small Group Contest, and received a 2 rating. It was quite an exciting year for the vocal members.


Above: Row 5-Amy Farrel, Alisha Groop, Lisa Achen, Rich Achen, Neil Karjalainen, Justin Brotzel, Kim Kinslow, Chrissy Heilman, Elizabeth Fonder, Lisa Nixon, Rachel Inches. Row 4-Jessica Winther, Trista Bunke, Misty Malke, Mike Schmit, Brett Riggs, Mike Mardian, Emily Sheldon, Jenny Kopetsky, Kayla Johnson, Lindsay Maunu. Row 3-Twyla Sumption, Nicole Underberg, Justin Kopetsky, Travis
Schaunaman, Seth Klipfel, Jessica Schmidt, Becky Achen, Shaina Riggs, Chrissy Kopetsky. Row 2Penny Martinson, Jessica Brotzel, Amanda Ness, Trinity Rystrom, Andy Schaunaman, Matt Nixon, Leif Martinson, Erin Schleder, Jessica Ness. Row 1Dionne VanMeter, Ashley Jung, Jessica Heilman, Rachel Emery, Eric Bergen, David Bretsch, Cody Clark, Cody Bruns, Taylor Rystrom. Not Pictured: Suzanne Giovannettone, Jon Mardian. Left: All-State Chorus Members-Suzanne Giovannettone, Justin Kopetsky, Elizabeth Fonder. Not Pictured: Ryan Riggs.

## Heritage Week

Heritage Week took place at Frederick High School in the early part of January. This project for Rural Challenge Development gave the students a chance to look back at their heritage and actually see where they came from. Teachers and members of the community helped out at the school and taught the students some nearly forgotten skills and past time activities that they may otherwise never have a chance to learn. Some of the different areas the students had to choose from were bookmaking, stamping, pot making, whittling, tin punching, woodworking, baking (fin bread, rosettes, etc.), quilting, crochet; card playing, and dancing. At the end of the week the students put on a program and invited the community to come and join them in a game of cards or in a dance. All the projects were put on display for people to see.

The students didn't know what to think about all of this at first but by the end of the week they were all having some fun. A couple of the students have carried their skills into their daily liyes. The Senior guys are occasionally found passing their time playing the card game Euchre. Some of the girls have taken on crocheting as a hobby. As the years pass by the students may find themselves looking back at this time and using the skills that they learned to their advantage. They might even be able to teach the next generation about their heritage.


Top left: Donna Sumption shows the students how to crochet. Middle left: Cards made by FHS students with the guidance of Mrs. Foell, Mrs. Rall, and Mrs. Zinter.
Bottom right: Ray and Pat Mikkonen show Jon Mardian and the rest of the class how to make homemade brown bread.
Bottom left: FHS students are learning how to bake some pepper nuts.



## Learning: The Vo-Tech Way

Only eight students enrolled at the Hub Area Technical School (HATS) from FHS this year. Amy Farrell, Lindsey Voeller, and Kim Kinslow were enrolled in Computer Information Systems; Jon Larsen and Darlene Napton in Electronics; Rich Achen, Derik Bretsch, and Robert Jenson in Auto Mechanics. On the bus ride to and from Aberdeen, the favorite past times are playing cards, studying for $7^{\text {th }}$ hour classes, or sleeping. Many times this
 year, people have fallen off of their seats while trying to sleep when Clem turned a corner too quickly or stopped for the red light by McDonald's or they stood up, thinking we had arrived at vo-tech, when Clem stopped for the railroad crossing right before the school.

When asked what she will remember most about HATS, Amy Farrell said, "The food! And the computers screwing up almost everyday."

When asked the same question, Rich Achen said, "Vocational is easy."


Top Right: Jon Larsen and Darlene Napton working on a project in Electronics. Middle Right: Robert Jenson (back row), Derik Bretsch (left front), and Rich Achen (right front) hanging out in Auto Mechanics.
Lower Left: Amy Farrell (left) and Lindsey Voeller (right) working on an assignment in Computer Information Systems.




$7^{\text {th }}$ Grade Class Officers:
Ashley Jung, Josh
Dennert, Rachel Emery
Below Left-Cooks:
Mary Luoma, Faye
Gunther Below Right--
Janitor: Rich Bakeberg


## The

The Frederick High School has added two new faces to their faculty this year, Mr. Kringen and Mrs. Foell.

Mr. Kringen moved from the Douglas School District near the Elsworth Air Force Base to Aberdeen. He taught junior high science at Douglas and moved on to teaching junior and senior high sciences at FHS. Mr. Kringen quotes," It is a lot different teaching high school students.'

Mrs. Foell is from Aberdeen where she temporarily taught eighth grade art at Holgate Jr. High and subbed at Central High School. She now teaches both elementary as well as high school art classes at FHS. Mrs. Foell quotes, "The trip from Aberdeen is a long one, but is worth it for the kids."


Bottom left: Mrs. McDowell working at her desk in her new office. Bottom right: The faculty Front row; Ms. Labesky, Mr. Karst, Mrs. Maunu, Back row; Mr. Quimby, Mrs. Zinter, Mrs. Foell, Mr. Kringen, Mrs. Barondeau, Mr. Whaley, Mrs. Brokaw. Middle right: Mrs. Rollo and Mrs. Foell working hard in the office. Top right: Mrs. Foell and Mrs. Zinter discussing the sophomore plans for homecoming.



## 1998-1999

## Elm Valley Administration

Randy Barondeau- CEO
Anne Hegge- Elementary Principal
Lela Tveit- Business Manager


1998-1999
Elm Valley School Board
Judy Bretsch
Dennis Kinslow
Kristie Mikkonen
Deb Schlosser- President
John Sumption


## Northstar Football

The 1998 football season looked hopeful in preseason practice, but again ended up being a large disappointment to the players and the fans. The Northstars endured their second straight winkles season, fighting through many close decisions, but ultimately, coming up a little short.

The 'stars were led by senior Dustin Jung with 689 yards of offense from the fullback position. Tanner Knecht led the
team through the air with 402 yards passing to nine different receivers. Unfortunately, Tanner's season was cut short when he sustained a broken collarbone during the DolandConde game. He was backed up for the remaining two games by senior Justin Kopetsky.
On the defensive side of the ball, Dustin Jung and Ryan Riggs paced the Northstars with 109 tackles each. They were followed up by teammate Mike

Schmidt who recorded 75 tackles.

Even though the 'stars finished 0-8, there were many bright spots. Dustin Jung earned All-Conference honors and Jon Larsen and Justin Kopetsky received the Academic AllState award. Also, freshmen Ben Pitz and Jordan Torrence received a lot of playing time that will benefit the Northstars in the upcoming season.

| Opponent | We | Them |
| :--- | :---: | :---: |
| Faulkton | 6 | 45 |
| Britton | 0 | 20 |
| Ipswich | 12 | 38 |
| Roslyn | 8 | 28 |
| Northwestern | 24 | 35 |
| Doland/Conde | 8 | 28 |
| Langford | 26 | 42 |
| Warner | 16 | 20 |

Above right: The Northstar defense pursues a tackle as the Ipswich running back tries for extra yards. Right: The defense is ready and loaded as they wait for the snap by the Ipswich Tiger offense.



Left: Senior Dustin Jung breaks out to the left to try to gain some yards after catching the fullback screen.
Below: Jung sets up to receive the kickoff from the Briton Braves.



Left: Senior Ryan
Riggs gets mauled by two Ipswich defenders as QB Tanner Knecht looks confused in the background.


## They shot for the stars...and made it!

This was one year for the Frederick-Hecla Northstars girls basketball team that the girls, parents, coaches and fans will never forget! With their new head coach, Terry Nelson, the girls knew that if they worked hard, stayed out of "La-La Land" and had fun, that they would have a rewarding year! Needless to say, the 'Stars had a very rewarding year!

The Northstars were able to win the Lake Region Conference title with a victory over the Warner Monarchs. The 'Stars then captured the District 2B title with wins over Warner and the Northwestern Wildcats. The girls then traveled to Webster to play the South Shore Comets in the Region 1B game. A victory would take them to the state tournament. It was a tough, close game and in the end the 'Stars were victorious and earned a berth to the State B's!

For the first time ever, the Frederick-Hecla Northstars qualified for a trip to the state tournament held in Aberdeen. Even though the Northstars got ranked ninth in the state poll, the girls knew what they were capable of and with a perfect record and entering as the number one seed, the 'Stars were ready to play ball and they knew that their final placement would not be a disappointment.

With the help of the fans, parents and coaches, the girls made the best of their time at the tournament! With a win over Timber Lake, the Northstars were able to play in the night session for the next two nights. After a tough loss to Willow Lake, the 'Stars were bound to bring home a trophy instead of a plaque. The Northstars rebounded from their loss from the night before and played with intensity against Mt. Vernon. Even though the 'Stars lost the night before, they were able to end the season with a victory!

Next year should be another great year for the Northstars! With hard work and determination, the 'Stars definately have a bright future in front of them!

"It was a fun year and I hope others get to see what state's like."
-Shaina Riggs
"It was a great experience and I will always remember going to the State B's."
-Jennifer Schmidt
"It was a great year and I hope others are able to go to State B's in the futur -Lindsay Maunu
"It was a great and successful year and I had a lot of fun!"
-Coach Karst


The bench concentrates on the game.


Left: Jennifer
Schmidt shooting a free throw. Right: Emily Elsen and Lindsay Maunu put up a double team during the Langford game.


Shania Riggs shooting two.


Brian Sieh shows his spirit!

Right: Lindsay Maunu watches as a teammate shoots a free


Lindsay Maunu steps up to the line.

| Warner | 49 | 46 |
| :--- | :--- | :--- |
| N. Sargent | 87 | 50 |
| Eureka | 84 | 44 |
| Ellendale | 79 | 72 |
| OT |  |  |
| Sully Buttes | 53 | 32 |
| Langford | 76 | 41 |
| Leola | 58 | 39 |



The Frederick-Hecla Northstars cheer on their teammates.

## Girl's Basketball Regions



## Girl's Basketball State



## BOYS BASKETBALL

The boy's season started with a loss to Waubay. However, the Stars didn't stay down long. Led by Ryan Riggs, Jesse Frohling, and Justin North, the team's leading scorers and rebounders, Frederick/Hecla managed to finish second in the Lake Region Conference. Warner, who finished first, was our only conference loss. Frederick/Hecla moved ahead to the districts as the second seed. After a first round bye, the Stars defeated Doland/Conde in the semi-finals. As fate would have it, the District Championship pitted the North Stars against the Warner Monarchs. In a shocker F/H knocked off the State's third rated team by a score of 59-42. In the Regional contest, the North Stars met another team they had lost to in the regular season. Waubay offered a challenge, but when the game was over the Stars had claimed a berth to the State Tournament for the second year in a row. As the sixth seed the North Stars lost a close game to Corsica in the opening round. Despite high hopes the Stars were defeated handily by the Consolation Champion Marion Bears. In the seventh place game the North Stars finished their season with a win over the Midland Vikings. Frederick/Hecla finished with an overall record of 18-7

[^0]
Opponent

ScoreWaubay

62-70
Northwestern 61-53
Langford61-58
Ellendale ..... 51-66
Oakes ..... 42-38
Edgeley ..... 57-49
Bristol ..... 72-63
Ellendale ..... 71-78 OT
Leola ..... 74-60
Edmunds Central ..... 66-59
Veblen/Rosholt ..... 66-42
Northwestern ..... 65-58
Britton ..... 53-72
Roslyn ..... 59-55
Warner ..... 66-77
Langford ..... 56-46
Bowdle ..... 74-34
Leola ..... 66-48
Doland/Conde ..... 54-46
DISTRICT RESULTS
Doland/Conde ..... 56-50
Warner ..... 59-42
REGION RESULTS
Waubay ..... 61-52
STATE RESULTS
Corsica ..... 61-66 OT
Marion ..... 48-63
Midland ..... 77-73


Above: Neil Karjalainen soars for yet another spectacular dunk!

Below: A Viking defender conquers Tanner Knecht forcing Riggs to shoot


# Boy's Basketball Regions 



## Boy's Basketball State



## Northstar Volleyball

Even though the Frederick-Hecla Northstars volleyball scason didn't end the way the team had hoped. the girls still had a lot of fun and showed that they could indeed play the game. Despite changes in the coaching staff and new uniforms. many things remained the same. Once again before each game you could hear the Northstars yelling "Together Everyone Achieves More... Whoa Stars!"; but the girls know that this was only one of the ways in which the 'Stars got ready for a game! However. what happened in the locker room is a different story! The girls would "touch the ceiling" (Jenny always got a helpful boost from the bench), wait for Liz Slaight to do her "thing" (Do Not Go In There!!), and of course who could forget the cheerleaders cheering for their "Red Hot" team?!!

The Northstars boasted a 7-12 record, their best yet. and recorded their first ever Lake Region Conference win over the Lumiord Lions. During the course of the year. our team was faced with many hardships. Fortunately, we were able to pull together and help each other through the tough times that we were dealt.

For the last four years, the seniors and those that followed, were encouraged, taught, and pushed to the limit by a coach who gave it her all and expected nothing less than the best from her team, Coach Brenna Lavold. The girls would like to thank her for never giving up on us and for teaching us to learn from our mistakes and that what you put into something is what you are going to get out of it.

With hard work and determination, the -Stars are sure to prove themselves and have the inspiration to be the brightest. shining "stars" in the area!!

Middle Right: Christina Heilman and Jennifer Kopetsky are showing a fine job of following the coaches advice....be down and ready and on your toes.....anticipate the ball! Right: Alisha Groop, Christina Heilman, Lindsay Maunu and Bridget Torrence, the only seniors on the team, will certainly be missed.



unior High team included Back Row: Coach Sieh, Brittney-Klipfel, Shaina Riggs, Jessica Brotzel, Amanda Ness, Coach Paul. Middle Row: Becky Achen, Jessi Shmidt, Beth Rahja, Christina Kopetsky, Ashley Huettl. Front Row: Ashley Jung, Jessica Heilman, Becky Torrence, Nicole Underberg.


"C" Team members are Back Row: Zabrina Treeby, Misty Mahlke, Brittney Klipfel, Shaina Riggs.Middle Row: Lisa Achen, Becky Achen, Jessica Winther. Front Row: Jessi Shmidt, Christina Kopetsky

SCOREBOARD

|  | us | them |
| :--- | :---: | :---: |
| Britton | 1 | 2 |
| Eureka | 2 | 0 |
| Northwestern | 0 | 2 |
| Edmunds Central | 2 | 0 |
| Leola | 0 | 2 |
| Doland-Conde | 0 | 2 |
| Roncalli JV | 1 | 2 |
| Leola | 0 | 2 |
| N Redfield | 0 | 2 |
| S Iroquois | 0 | 2 |
| U Warner | 0 | 2 |
| $\quad$ Britton | 2 | 1 |
| Tiospa Zina | 2 | 0 |
| Langford | 2 | 0 |
| Eureka | 2 | 0 |
| Warner | 0 | 2 |
| DISTRICTS |  |  |
| Eureka | 0 | 2 |
| Edmunds Central | 2 | 1 |
| Selby | 1 | 2 |

## Track and Cross Country

The 1998 Girls X-Country Frederick runners Chrissy Kopetsky and Shaina Riggs posted good times all season long and pushed the team to the 12th consecutive Lake Region conference title and also the Region 1B title. Shaina went on to state.
In the Boys division, runners Neil Karjalainen, Ryan Riggs, Travis Schaunaman, and Craig Karjalainen led the team to a conference title and a 2nd place finish in Regions. They all went on to state and Neil finished 9th.
The year was a good one not just for running, though.


Neil Karjalainen holds off a runner at the State Meet.


Varsity Squad Rachelle Zastrow Shannon Daly Samantha Slaight Michelle Bruns Shaina Riggs


Success followed both the Northstar boys and girls track squads in 1998. Both won the Lake Region Conference and the Region 1B Titles. A combined 16 athletes attended state, led by Neil Karjalainen who went in four events; the 800 m , $1600 \mathrm{~m}, 3200 \mathrm{~m}$, and 3200 m relay. The boys 3200 m relay team took home fourth place.
Next year looks promising as most of the athletes will return.


Varsity Squad
Travis Schaunaman Neil Karjalainen Ryan Riggs Jordan Widstrom Craig Karjalainen

## Statisticians,

## Managers, \& Fans

 "We are proud of our team!"Three of the major parts that add to a team are the statisticians, managers, and fans. The statisticians carefully watch the game as they keep track of team records. The managers are in charge of making sure the team has all of the necessary equipment. Finally, the fans are there to support the team through their trials and tribulations. A team would not be complete with out any of these three parts.


Above: Waubay cheerleaders do their pyramid at the Northstar pep fest Upper right: Craig cools himself off after a hard night of cheering. Middle right: stats, Trenia Rexinger, Amy Farrell, and Liisa Nixon keep a close eye on the football game vs. Ipswich. Bottom right: Fans, Travis Schaunaman, Neil Karjalainen, Seth Klipfel, Justin Brotzel show their enthusiasm for a great play.



Above: football cheerleaders, doing the school song are; Misty Malke, Kayla Johnson, Suzi Giovannettone, Twyla Sumption, and not pictured Elizabth Fonder. Left: basketball cheerleaders, in the pyramid after the school song are; MacKenzie Mertz, Elizabth Fonder, Suzi Giovannettone, Twyla Sunmption, Rachelle Zastrow, and not pictured Alicia Kruger.

## Cheerleading

The 1998-99 football cheerleading season once again started with practices beginning in August under the supervision of Sandy Dinger. This year we had five girls firing up the crowd instead of the usual four from the past. They were Twyla Sumption, Elizabeth Fonder, Suzanne Giovannettone, Misty Malke, and Kayla Johnson.
This year there was a slight change on the Boy's Basketball cheerleading squad Instead of a JV and Varsity squad of four each they decided to have one Varsity team of six. The cheerleaders were Twyla Sumption, Suzanne Giovannettone, Elizabeth Fonder, Rachelle Zastrow, MacKenzie Mertz, and Alicia Krueger. For the second consecutive year the ladies had the privilege of cheering at the State B Tournament.

Below: the basketball cheerleader lead the crowd in "Northstar Fans Get Ready".

The Football cheerleaders lead the crowd in a timeout cheer.


## Looking Back

The time has come For us to leave
To conquer your dreams
In yourself, you've got to believe
As you look at our class You will never know Where we'll end up
Or where everyone will go Classmates have come and gone And friends have too We've grown close throughout the years There was nothing we couldn't do

It's time to part And say our last good-byes Our futures are as bright As the stars in our eyes

Looking back On the days we've been together You can't help but laugh and smile And remember those times forever.

$\square$

$\square$




[^0]:    Team Picture
    Back: Terry Nelson, Jordan Widstrom, Jesse Frohling, Tim Lloyd, Aaron Dinger, Troy Telin, Seth Klipfel, Dan Karst, Troy Knecht Middle: Datton Dosch, Justin North, Tanner Knecht, Ryan Riggs, Jake Ruenz, Mike Schmit Front: Adrian Daly, Mike Stearns, Mclane Mertz, Neil Karjalainen

