

MONTHLY MENU PLAN - NUTRITION PROGRAM

Frederick Area Schools

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2. Meatballs, mashed potatoes, apple	3. Cheeseburger/bun, corn, applesauce	4. Tomato Soup, grilled cheese sandwich, crackers, orange	5. Meatloaf, curly fries, pineapple	6.
9. Corn Dogs, French fries, peaches	10. Sliced beef/bun, potato salad, pears	11. Chicken Enchiladas, corn, applesauce	12. BBQ/bun, baked beans, kiwi	13.
16. Pizza, corn, peaches, cookie	17. Chicken Drumstick, mashed potatoes, grapes	18. Pulled Pork/bun, tri tater, mandarin oranges	19. Goulash, green beans, banana, garlic toast	20.
23. Hot Dogs/bun, tater tots, pineapple, chips	24. Beef Stew, coleslaw, applesauce, dinner roll	25. Pork Rib Patty/bun, Carrots, apple	26. Chicken Nuggets, smiley tots, banana	27.
30. Messy Tacos/Chips Corn, applesauce	31. Chicken Patty/bun, California blend, peaches			

All meals include milk, bread, butter or margarine except where listed. In accordance with Federal law & US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.