

MONTHLY MENU PLAN - NUTRITION PROGRAM

Frederick Area Schools

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3. Chicken Patty/Bun, corn, applesauce	4. Breaded Beef Patty, Mashed potatoes/gravy, pears	5. Fish Square/Bun, tater tots, banana	6. Pizza, corn, cottage cheese, peaches	7
10. Corn Dogs, French fries, mixed fruit	11. BBQ, potato salad, apple	12. Hot Dogs/buns, baked beans, orange	13. Chicken Nuggets, carrots, mandarin oranges	14.
17. Hot Ham & Cheese Sandwich, peas, pineapple	18. Burritos, corn, cottage cheese, peaches	19. Chili, cinnamon roll, crackers, apple	20. Chicken Strips, tater tots, pears	21.
24. Pork Rib Patty/Bun Carrots, peaches	25. Breaded Boneless Chicken Drumsticks, tri tater, mixed fruit	26. Scalloped Potatoes/Ham, cheese sticks, California blend, applesauce	27. Messy Tacos/Chips, corn, banana	28.

All meals include milk, bread, butter or margarine except where listed. In accordance with Federal law & US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.