

## MONTHLY MENU PLAN - NUTRITION PROGRAM

Frederick Area Schools

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1.	2.
5.	6.	7.	8.	9.
12.	13.	14.	15.	16.
19.	20. Hot Dogs/Bun, baked beans, chips, apple	21. Messy Tacos/Chips corn, applesauce	22. Cheeseburgers, French fries, peaches	23. Chicken Nuggets, mashed potatoes/gravy, mixed fruit
26. Breaded Beef Patty, mashed potatoes/gravy, pears	27. Chicken Patties, curly fries, grapes	28. Corn Dogs, California blend, potato salad, mandarin oranges	29. BBQ, tater tots, coleslaw, orange	30.

**All meals include milk, bread, butter or margarine except where listed.** In accordance with Federal law & US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.